



The

Absentee Shawnee

News

7136

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FRAZIER FOLLOWS NO-HITTER WITH PERFECT GAME



NORMAN — Andee Frazier's going to have a hard time topping what she did Friday afternoon at the Hall of Fame Stadium complex in Oklahoma City. All she did was maybe enjoy the best day any pitcher has ever had in the circle. The Little Axe senior, who has already tossed the Indians to back-to-back state fast-pitch titles, began the day with a 2-0 victory over Class 2A No. 1 Drumright. She allowed no hits, walked one batter and struck out 15 of the 22 Tornadoes she faced. It turned out to be just a warm-up. Next up, Lone Grove. Against the Longhorns, Frazier was perfect. Nobody reached first base, giving her her first perfect game to go with several previous no hitters. Also, she struck out 20. Her fielders only

had to make one play in seven innings. The Indians, ranked No. 1 in Class 3A, prevailed 4-0. An iron woman, Frazier's record is Little Axe's record: 13-2.

It was a great day for softball in Oklahoma City. Good weather, terrific teams, a day of play while others were in school. It may have had something to do with Frazier's success.

"I was a lot more relaxed today," she said. "We've bonded really well, so I was a lot more relaxed." Frazier, who's pretty good at the plate, too, with three home runs this season, has given her verbal commitment to play college softball at Missouri-Kansas City, an NCAA Division I program.

After throwing the no-no at Drumright, she started thinking about doing even better about halfway through the Indians' meeting with Lone Grove.

"I thought I could throw another no-hitter," she said. "And then I thought, if I could do really well, I could throw a perfect game." It is diamond etiquette not to remind a pitcher of their being on the precipice of history. The hurler who hasn't allowed a hit can be a lonely figure in the dugout. But Frazier was very aware of her standing. "The last inning, I was like, 'Oh my gosh, one more batter, what am I going to do,'" she said. Like there was any question. There wasn't. Only perfection.

By Clay Horning, The Norman Transcript August 25, 2012 (Reprinted with permission by The Norman Transcript) Clay Horning 366-3526 cfhorning@normantranscript.com

(Update: The following day on Saturday, Little Axe won their final game of the Hall of Fame Festival beating 3A Chelsea 11-0 in five innings. Frazier pitched another no hitter and hit a grand slam for the Lady Indians. The win brings her High School career record to 75-6 through mid-season. Frazier is a senior at Little Axe High and has numerous awards throughout her career, including High School Athlete Of The Year as a Junior in 2011.)

ATTENTION !!!! ELECTION PROCESS

The Election Commission will offer a review about the Election process on:

Thursday, September 20, 2012
AST Resource Center
6:30 - 8:00 p.m.
and

Tuesday, September 25, 2012
Title VI Building - Shawnee
6:30 - 8:00 p.m.

You will receive the Election Ordinance and discuss **qualifications, ballot counting** process, Oath process, violations of the Oath, campaigning, etc.

The Election Commission will present problem areas that can be corrected with revisions. The revision process will be reviewed. Please call 275-4030 ext. 150 to pre-register so that adequate copies of the ordinance will be available.

Bring a highlighter.



COME JOIN THE DEFENSIVE LINE

THIS OCTOBER 2012

WITH THE



ABSENTEE SHAWNEE DOMESTIC VIOLENCE DEPARTMENT
FOR **DOMESTIC VIOLENCE AWARENESS MONTH**

Week of October 1st - 5th

Executive Committee



GEORGE BLANCHARD
GOVERNOR



ISSAC GIBSON
LT. GOVERNOR



TERI REED
SECRETARY



KATHY DEERE
TREASURER



JEFFREY GIBSON
REPRESENTATIVE

Governor's Corner

Greetings fellow Tribal members:

I want to start by conveying my sympathies to all Tribal members who sustained losses due to the wild fires in the Little Axe area last month. Rest assured that the Tribe is doing all we can to support and help you all with this tragedy.

I think we should all give a heartfelt THANK YOU to Lt. Governor Isaac Gibson Jr. for his and his crew's extraordinary efforts to help save not only our tribal property, but also other resident's property in the Little Axe area. These guys really went above and beyond in protecting residents and property. I also have to congratulate the Tribal Police Department, and the Emergency Response team for their efforts. The co-operation between our Tribal Police and Emergency Response team and the County Emergency Response entities should go a long ways in advancing the relationship between our Tribe and the local entities. Thanks to all of you for your efforts.

Thanks must be given to all Tribal Departments and personnel who made the effort to gather donations and items for our Tribal members who sustained losses due to this emergency.

I want to thank all of the Executive Committee members for their cohesion and team spirit in the way we are conducting Tribal business. It is refreshing to see everyone working so hard

together on some very important issues for our Tribe. I feel that this group has accomplished more, with their unselfish work ethic and dedication to Tribal members than we have seen in a long time. Thank you all again.

As always, if you have any concerns or questions, please contact us any time.

Governor George Blanchard.

Can I go with you?

Hi ta pe Ka we ta ma la

You can't go with me.

Ti we ge we Ke ti we ta me

Are you going to town?

Hi ho ta wa na ke Ke si hi

What are you going to buy?

Na he wa Ke si ta pa ni

I need flour.

Lok' ki ni Ne ti ki wi ti

Stop that.

Ko li ge

Can we go now?

Hi ta pe Howa Ka Wa pi fa pa

I was good all day.

Ne lo lawe Na Kes Qa

I'm getting sleepy.

Ne ki to qi Ma

I'm going to go to sleep.

Ne si pi na pi

I love you.

Ke ti Qa la ma la

Lt. Governor's Report

I hope all is well with you.

For those of us that live in the Little Axe area the fire was devastating. Fortunately we suffered no

loss of life or extreme damage. Regardless of how minimal or large, it was terrible. The community stuck together during the entire time. It is good to know that in times of need you live where everyone will jump right in there and help each other!

ROADS CONSTRUCTION:



Kings Road in Johnson Community was completed the 3rd week of August. Due to the low traffic volume this route was eligible for a chip and seal. Asphalt was used on the routes in the Little Axe area where traffic volume is higher. Big Jim Dance Ground Road and Alameda are the only two (2) routes left on the current contract the Tribe has with Cleveland County. The Tribal Police Department's Little Axe satellite office will require parking and entrance/exits; bids are being accepted for the Harrah Smokeshop parking lot and funds have been committed towards the parking of the child care center at Little Axe. Once these projects are complete it will be time to re-evaluate the transportation improvement plan. Please contact this office regarding any route you think is important to the tribe and its membership so we can prioritize our next improvement plan.

BIA SELF GOVERNANCE

I know that it was stated in last month's issue of the Absentee Shawnee News that the Tribe would not conduct face-to-face negotiations due to federal travel restrictions. At the last minute

Mr. Kenneth Reinfeld, Lead Negotiator for the Department of the Interior-Office of Self Governance contacted the Tribe to let us know that he would be in the area visiting with another tribe and he would be glad to take time to come and visit with us regarding next year's funding. Mr. Reinfeld felt, as did I, that due to the financial situation of the entire country that taking the time to sit down and discuss this would be beneficial to the Tribe and the federal government. Over all things went well. There will be a reduction in funding but not to the extent the Tribe will not be able to continue to provide services with the provision of services.

TRIBAL COMPLEX BUILDING RENOVATION

The Secretary's Office approached the Executive Committee several months back regarding carpet for Building No. 1. Her efforts paid off; the building is currently being carpeted and the building looks great. The North building was renovated several years back and still looks very good. Although our tribal complex is old, it has a lot of history and is a very interesting and unique place to work. Occasional renovations must be made. Hopefully we can continue to make improvements here and there and keep the complex and the buildings nice.

I hope all goes well for you in the upcoming month.

Isaac Gibson,
Lieutenant Governor

Secretary's Report

Greeting Tribal Members:

The hot summer months are coming to an end and I am hopeful

that fall will bring the rain that we desperately need here in Oklahoma and around the country to stave off the extremely dry conditions. The wild fires we have been experiencing have been scary and, unfortunately, devastating for some.

Here locally, we experienced some fires in the central Oklahoma area that were very close to Thunderbird Casino-Norman and near my family home. I was asked to evacuate my home three times and each time I found that our tribal maintenance department and police department were nearby to help protect tribal lands in the area as best they could. It helped ease my panic when I knew that our guys were on the scene to help. Lieutenant Governor Isaac Gibson and our maintenance crew were outstanding as were our police department. Our police department was all over the place to assess the situation and take action as necessary. Tribal Police Chief Brad Jackson and Captain Tad Johnson were outstanding among others from our police department. Our maintenance department and police department worked hand-in-hand with the other (state, county, community) fire and police departments and were a great asset. You could tell that the fire department and police department were glad that our guys were there to help them. There were countless others who donated supplies, helped families, passed on information, checked on family and tribal members, brought water to the fire fighters, helped to move assets out of harm's way, and even people who just cruised the area to help in any way they could. Many thanks to all that helped the community during these wild fires. I am always amazed at how our tribe, employees, and community stick together during the hard times. Thanks to all of you.

As always, I attend a multitude of meetings during the month to keep updated on the various projects and issues affecting our tribe. This includes casino updates, investment meetings, health board meetings, department head meetings, Executive Committee meetings, board meetings, planning, finance, and project meetings. My monthly updates do not include a lot of detail regarding these meetings, but I will be glad to answer any questions you have on

any specific topic. I attended the health board meeting this week. The health board has the authority to hire the Executive Director for health and they have been working to find a replacement for Gary Wabaunsee who retired a few months ago. The board took action to confirm the hiring of interim-Executive Director Beverly Felton to this top job in health. Congratulations to Mrs. Felton on her promotion. I'm sure Beverly will do a fine job.

We occasionally have openings on our standing committees and boards. If you would like to be considered for one of these positions, please fill out the application form and forward it to my office. You can attach a resume or a list of your qualifications with the application. You will find the application form in this newsletter.

CULTURAL PRESERVATION PROJECT

Our summer program to document the lives and stories of tribal members is coming to a close as our interns return to school in the next couple of weeks. We have several stories that are in the review process and will be completed soon. This

month we are featuring a story written by Ashley Brokeshoulder on Johnnie Mae Bettelyoun. The story is titled "Strength and Determination". I hope you enjoy the article on Johnnie Mae and all of our future stories.

As mentioned last month, the stories and profiles we record will be maintained in our Cultural Preservation Department. We want to preserve our history by documenting these stories for future generations.

CASINO UPDATE

Due to the devastating fires in the area, Thunderbird-Norman was forced to be closed for a few days. This set them back a bit, but they have picked up right where they left off.

July turned out to be a great month for Thunderbird Entertainment Center. The Jeep Patriot giveaway brought in large crowds throughout the month. Free Cash Flow (money available for transfer to the Tribe) was up from \$111,000 in July 2011 to \$456,000 in July 2012.

The 65 inch television promotion has been very popular and we continue to hear positive feedback on the give-a-ways.

For September, there will be a promotion for "deluxe BBQ trailers" that are all aluminum and stainless steel constructed. These BBQ trailers are just in time for football season and perfect for tailgating.

Thunderbird Entertainment Center, INC are diligently working to reduce expenses and recently announced it is projecting transfers to the Tribe of \$3,000,000 in 2012 compared to \$1,800,000 in 2011.

ENROLLMENT

The following is a list of our enrollment activity from our enrollment department through the month of July.

- 3,731 total enrolled tribal members
- 15 deceased in 2012 through the end of June 2012
- 4 enrollment rejections
- 2 voluntary relinquishment
- 2 blood quantum corrections

Occasionally, our enrollment department is made aware of violations to our Absentee Shawnee Tribal Membership Ordinances. Information about a violation could come from a number of sources including a tribal member, enrollment department from another tribe, a family member, etc. When we receive information about a violation, it is the enrollment department's duty to investigate and remedy the situation. That is what they are hired to do. Our ordinance states that you can only be enrolled with one tribe. If we are notified of a violation, we work with the individual(s) to correct the situation so that we are under compliance with our laws. We will continue to do our job to investigate any and all violations that we are made aware of. We appreciate your continued support in helping us clear up any violations and seeing that our enrollment ordinances are followed.

If you plan to enroll a minor applicant, please include a photo with your enrollment application so we will have a picture on file. Pictures can be emailed to: Larry Buckley at larryb@astribe.com or Darrell Larney at dlarney@astribe.com.

STATE INDIAN SOFTBALL TOURNAMENT

The State Indian Softball Tournament for fast pitch was held July 27-29th at the Boomer Softball

Complex in Oklahoma City. Our tribe was well represented in this tournament in both the men and women's division. Elsewhere in this newsletter, I've included some history about this tournament and posted some pictures that were sent to me of spectators, players, and teams. Thanks to all of you who represented the Absentee Shawnee Tribe.

CONVENIENCE STORE

The convenience store and the restaurant in Little Axe were shut down for a few days during the recent fires. We were able to keep the fuel pumps working during the emergency situation to provide fire fighters with fuel. Our new pay-at-the-pump system allowed us to operate while we were closed for credit card purchases.

The new system has been well received by the public and gas sales have increased by 35% since they were installed. Our research before installation indicated a 16% increase, so we are very pleased with the 35%.

SERVICE IMPROVEMENTS AT THE AST COMPLEX

We are constantly looking for ways to improve our service to the public. We made a number of improvements to our telephone equipment last year. We are now investigating some additional software that will let us know how we're doing in answering your calls. This new software will provide us with information on the number of calls answered for each department and the number of calls that eventually went to voice mail because we didn't answer the phone. We do not currently have a tracking system that will provide us with this information. The new software will also provide us with information on hold times, and high call volume times for each hour of the day, by department, so that we can adjust our staffing requirements. We are also looking at installing time clocks to help us keep track of employee time for payroll purposes. These enhancements should help us to improve service and to understand our staffing needs so that we can work more efficiently.

If you have any issues or concerns that you would like addressed in the newsletter, please let me know.

Teri Reed – Secretary
teri@astribe.com
405-275-4030 Ext 104

Treasurer's Report

Greetings Absentee Shawnee Tribal Members,

School is back in session already! Let's keep our children, youth, and others uplifted in prayer for their attitudes, minds to be open to learning, and safety. Encourage these students to do their best of their ability in academics, music, and sports.

My condolences go out to the Edwards and Washington families on their loss of a loved one.

Your elected officials are continuing progressing in the areas of economic development, educating our tribal members, and services for the tribal members. Below is the list of activities for the month:

ASEDA Board Monthly meeting, held every second Friday, 10 am, Governor's conference room. Serves as Ad Hoc non-voting member. Activities of the various economic development projects are discussed and monthly reports are presented.

AS Health Board and LSWN Board Meeting, held every third Tuesday, Little Axe Health Facility, Little Axe, OK. Serves as Ad Hoc non-voting member. Monthly reports of program directors, financial, and activities of health facility are presented. We are privileged and proud to have a new state of art health facility in the beautiful countryside of Norman.

Mayor-elect of Shawnee, Wes Mainord, visited with Governor Blanchard, Eddie and I to show his support of the Tribes in this community. We talked about various projects we may able to cooperate and support each other to increase the economy in Shawnee.

Elders' Monthly meeting, at the Resource Center this month. They meet every third Saturday, either at AST Resource Center or Title VI Bldgs, 10 am. If you are 55 years and older, please come join us for fellowship, food, and fun times together. We plan fund raisers, outings, and cultural activities. Annual Elders' Veterans Dance, a Gourd Dance, November 10, 2012, Thunderbird Casino.

Hope everyone who could, attended the Family Fun Fest (A Tribal Celebration of our children,

elders, and friends), Saturday, August 25, 2012, 4-8pm., Thunderbird Casino EVENT CENTER, Norman, OK. It was an opportunity to showcase the musical talent of our Native American people.

Congratulations to August 2012 Employee of the Month, Becky Prewitt, Procurement Director, Absentee Shawnee Tribe employee.

Monthly Redstone Investment meeting. We have an excellent investment advisor, who continually keeps the committee updated on current investments and most beneficial to the Tribe. Since we have been with Redstone Investments, we have achieved attractive returns for the Tribe's investment portfolio for over ten (10 years).

Hope those of you attended that has school age children, attended one of the two "Back to School Survival Day" sponsored by Absentee Shawnee Tribal Health Programs, Little Axe Health Center. One stop health preventative measures were stressed such immunizations, dental screenings, sport physicals, depression screening, and backpacks w/supplies were given to K-6th grade.

Held second Steering Committee for Native Community Development Financial Institutions (CDFI) met at All Nations Bank Fund was established by the Riegle Community Development and Regulatory Improvement Act of 1994 to promote economic revitalization in low-income communities. The CDFI Program is one of the primary ways that the CDFI Fund works to achieve this mission. The purpose of the CDFI Program is to use federal resources to invest in CDFIs and to build their capacity to serve low-income people and communities that lack access to affordable financial products and services. Through the CDFI Program, the CDFI Fund provides two types of monetary awards to CDFIs - Financial Assistance awards and Technical Assistance awards. CDFIs may use the funds to pursue a variety of goals, including: a) To promote economic development, to develop businesses, to create jobs, and to develop commercial real estate; b) To develop affordable housing and to promote homeownership; and c) To provide community

development financial services, such as basic banking services, financial literacy programs, and alternatives to predatory lending.

AARP Senior Summit, Oklahoma City, OK. Have two purposes: #1 to hear from seniors about things that concern them, and about their needs and challenges. The focus of this particular summit is housing, and how our housing needs will very likely change as we age. #2 to talk with professionals and leaders from various related fields about how to take that information and develop some viable solutions. Basically, Senior Summits are about finding ways to make our communities more senior-friendly.

AARP Pottawatomie County Luncheon to talk about transportation needs within our community and collaborative effort between the tribe and county. A transportation survey will be available to all within the county within coming weeks for community input.

Fifth Quarter Event Activity, for Little Axe Football home games, located at Brendle Corner, 6:30pm. The goal of 5th quarter is to provide a safe and positive environment that is drug and alcohol free where students will have the opportunity to learn as well as teach. Activities can include quarterback/long-snapper challenge, Xbox dance, karaoke, inflatable bouncers, free pedicures for girls, movie, produce a music mix CD, refreshments, and guest speakers.

Native American Finance Officers Association (NAFOA) mission is to improve the quality of financial and business management of tribal governments and their business entities. NAFOA advocates for tribes on issues affecting sovereignty and supports the development of Native American financial professionals. NAFOA invests in Native American communities by building the next generation of Native American financial leaders through exposing young adults to opportunities in finance. Fall Finance and Tribal Economies Conference, San Diego, California. This conference featured 18 track sessions along with topics ranging from tribal tax reform to reassessing your tribal investment options. These workshops can expand your industry knowledge in economic development and diversification,

investments, and economics and finance policy. Participated in interactive panel discussions with industry experts and tribal leaders, examine case studies from other tribes, and develop strategic problem-solving skills. Featured was a Tribal Leaders Roundtable: Winning Through Public Relations, significance of providing good internal and external communications, effective negotiating skills, and the importance of managing tribe's image; all of which can impact diversification and long-term growth.

Sincere appreciation goes out to the employees of the Finance Department and the Controller, Belinda Collins, as they daily continue the never ending processes for the financial side of the Absentee Shawnee Tribe. Without their tireless dedication and commitment we could not keep the financial transactions processes flowing!

Also, would like to extend my appreciation to the Financial Consultant, Eddie Brokeshoulder, who continues to assist me with numerous projects, attend meetings where I cannot attend, and consulting decisions in the office of Treasurer! We appreciate all your phone calls, emails, and visits. May God continue to bless you and yours! See below articles from AllNations Bank; Financial Consultant, Eddie Brokeshoulder; ASEDA, and Finance Department. Respectfully yours,
Kathy Deere,
Treasurer
"Flexibility is the key to stability".
John Wooden

Representative's Report

Tribal Members,

I know we are all so grateful for the nice break from the hot temperatures and also for the rain that many of us received. As you are aware, the fires that burned throughout our state over the last month caused severe damage to many homes and land. Even some of our own tribal members lost their homes. The tribe showed their support by taking up donations for these families. On the same note, I was pleased to know that the AST did our part in assisting the firemen

with putting out the fires. Without the help of our men and the tribe's equipment the fire crews wouldn't have been able to reach many of the areas needed to control the blaze. Many homes were saved because of this. I would like to personally say thank you and acknowledge those that did their part in putting out the wildfires.

Many of our kids have now returned to school and things are beginning to settle down with the back to school schedules and what not. College age students are back underway or beginning college for the first time. For those college students, I want you to know that as a Tribal Representative I love nothing more than to see our own pursue a higher education and have the commitment and dedication to strive for a better future. It is really an accomplishment to earn your college degree. So, keep up the hard work because in the end it will pay off.

Building Blocks III in the Little Axe area is still under way. We are awaiting the construction permit in order to begin the construction phase of the building. Drilling has begun to run a sewer line for the daycare. So, we are making progress I'm happy to report, and even more so once we get the construction permit.

Let's take a minute to say "Happy Birthday!" or "Happy Anniversary!" to those celebrating birthdays or anniversaries for this month. I am always happy to hear from our tribal members, so if you have and issues or concerns you would like to visit about please call, email, or come by my office.

Thank you,
Jeff Gibson

Tribal Representative



The following are Resolutions passed through August 15, 2012

**EXECUTIVE RESOLUTIONS:
E-AS-12-48 08/15/12**

Authorizes and requests that the above described real property be accepted by the United States of America in trust for the benefit of the Absentee Shawnee Tribe of Oklahoma, by the Secretary of the Interior, acting through the Bureau of Indian Affairs; and

FURTHER, that the Governor and Secretary of the Absentee

Shawnee Tribe of Oklahoma are hereby authorized and designated authority to execute all necessary documentation to complete this transaction. *Vote of 4 in favor, 0 opposed, and 0 abstentions.*

E-AS-12-49 08/15/12

Approves and accepts Sara Danielle Minesinger, Joshua Brooker Minesinger, Seth Wildcat Minesinger, Korey James Nelson, Paiden Taylor Little Axe, Emily Paige McPherson, Erica Nicole McPherson, Mason Thomas McPherson, Legacy May Barnard, Anthony Pharrell Shelton, Jonell Lynne Shelton, Tatum Stoney Washington, Whitney La Rae Parker. Jacob Jordan Johnson, Michael Jeremy Johnson and Kyle Logan Neske as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution. *Vote of 4 in favor, 0 opposed, and 0 abstentions.*

E-AS-12-50 08/15/12

Re-appoints Redena Miller to the Absentee-Shawnee Housing Authority Board of Commissioners for a term of (2) two years expiring August 31, 2014, EFFECTIVE IMMEDIATELY. *Vote of 4 in favor, 0 opposed, and 0 abstentions.*

E-AS-12-51 08/15/12

Re-appoints Billy Squire as a member of the Absentee Shawnee Tax Board of Commissioners for a two (2) year term expiring July 31, 2014, EFFECTIVE IMMEDIATELY. *Vote of 4 in favor, 0 opposed, and 0 abstentions.*

E-AS-12-52 08/15/12

Adopts the revision of the Children s School Clothing Allowance Program General Guidelines to reflect that all clothing applications and clothing receipts be returned to the Office of Social Services and the updated guidelines which reflect said change (attached) will supersede any existing School Clothing Allowance Program General Guidelines; EFFECTIVE SEPTEMBER

1, 2012. (Attachment). *Vote of 4 in favor, 0 opposed, and 0 abstentions.*

LEGISLATIVE RESOLUTIONS:

L-AS-12-06 08/15/12

Authorize a corporate credit card for Linda Day, Emergency Manager of the Absentee Shawnee Tribe of Indians of Oklahoma, to conduct business on behalf of the Tribe for supplies during Emergency Management disasters;

EFFECTIVE IMMEDIATELY. *Vote of 4 in favor, 0 opposed, and 0 abstentions.*

L-AS-12-07 08/15/12

Authorize, approve and amend Chapter 3, Sales and Lodgers' Tax; Business Licenses, Section 4. Exemptions of The Absentee Shawnee Tribe of Oklahoma Licensing and Tax Code, effective immediately.(Exemptions for non-profit or charitable purpose fundraising). *Vote of 4 in favor, 0 opposed, and 0 abstentions.*



The Finance office continues our efforts in keeping the day to day activities flowing effectively and efficiently through communication between the Finance office and Programs. In working together, we have found the most time effective and cost effective processes for transacting business.

The Audit is complete and has been turned in to the Audit Clearing House. All the Tribe's entities are audited first and those roll into the Tribe's Government wide financials; (ASEDA; ASEDA Fleet, AST Counseling Services, Store, Harrah Smoke Shop; Restaurant: AllNations Bank; and Thunderbird Casino Locations 1 & 2). The Audit includes the MD&A (Management Discussion and Analysis); which is a brief review and explanation of the Audit. The 2010 and 2011 Audits are "unqualified"; which when compared to an educational grading scale is an A.

The Indirect Cost Proposal for 2012 negotiation is complete and has been signed. National Business Center (NBC) is six months behind whereas they had been only three months behind last year because they experienced budget cuts thus staff cuts. Our rate is up from 17.74% for 2010 to 21.98% for 2011 and our rate for 2012 is 22.35%. I continue work on the Indirect Cost Proposal for 2013. This is about a 40-60 hour task; which will have to be done around other monthly duties.

The finance department continues to complete accounting by the seventh day of the month and have been since August 2010; for financial reporting for the Health Authority and Li Si Wi Nwi, Health Inc. boards for Absentee Health Systems, Shawnee and Little Axe (LSWN) which is possible since the accounting is completed on schedule every month. The Finance staff will begin July reconciliations

for financial reporting on the first of August. It is imperative the accounting staff continue to stay ahead of all of the accounting so that audits go smoothly, so that Indirect Cost rates will stay up to date as well. Indirect cost proposals cannot be submitted without completed audits as the audit is used to calculate the proposal. There are many processes in place in your Tribe's accounting department that ensure we keep accurate records of transactions. The Tribe's accounting processes must be in compliance with GAAP; (Generally Accepted Accounting Principles) and GASB (Governmental Accounting Standards Board).

The Tribe currently has compact funds of BIA and I H S, 51 Grants, and the new Clinic business. In addition, the Tribe operates on a General Fund and an Indirect Cost Fund.

The Absentee Shawnee Tribe's Finance Department has very hard working group of people and it is an honor to work with them, the Treasurer's office and at the Absentee Shawnee Tribe. The Finance Department employs 11: with 6 (55%) being AST Tribal Members and 5 (45%) being non-natives. I welcome Jessica Gonzales and Courtney Green to the Finance staff not as additions to the staff but as replacements for two positions that became vacant. This department as always would like to extend a special thanks and note of appreciation to the Executive Committee for providing the tools, resources and support to enable the finance staff to reach its accomplished goals and to continue with this effort. A special thanks and note of appreciation to Program Managers and Employees of the Tribe for their assistance and dedication in our group effort toward accomplishing our goal.

If you have any questions or needs, please call 405-275-4030 ext 162 and I will be glad to assist you in any way I can.

Respectfully,
Belinda Collins, Controller



Greetings Tribal Members,

Summer is coming to an end.... Hopefully everybody has survived the hot days of summer and looking forward to cooler days, and school has started. I am sure your kids are raring to hit the books. The office of Treasurer continues provide due diligence of sound financials and

reporting with the assistance of staff in the finance department.

The following activities I have been involved and participated:

Financial Reports: Reviewed monthly encumbrance for General Fund, Elder's Council and Indirect Cost.

Absentee Shawnee Economic Development Authority, Inc. (ASEDA): Members consist of Dan Little Axe, President, Adam Proctor, Vice-President and Eddie Brokeshoulder, Secretary. Office is located in Building # 2., at 2025 S. Gordon Cooper Drive, Shawnee, OK 74801

BUSINESSES

ASEDA, Inc. operates a diversified portfolio of businesses with the goal of creating revenue to sustain the economy of the Tribe.

ABSENTEE SHAWNEE COUNSELING SERVICES (ASCS)

ASCS is clinic located at 1301 SE 59th Street, Oklahoma City, OK, www.ascs-okc.com, specializing in out-patient programs for both Native and Non-Native treatments for alcohol abuse, methamphetamine and opiate dependency. If you or someone you know who needs help, please contact Absentee Shawnee Counseling Services, Dan Cross, Executive Director at (405) 672-3033.

GOVCON SERVICES, Inc.:

GovCon Services, Inc: is a tribally-owned corporation, incorporated on August 11, 2011, under the Tribal Corporation Code of the Absentee Shawnee Tribe of

Indians of Oklahoma. The purpose of GovCon is to diversify and bolster the economy of AST and provide benefits as of today 3,731 tribal members by capitalizing on opportunities in the federal government contracting market. Our 8(a) application for GOVCON SERVICES, INC., as a Tribally Owned Small Disadvantaged Business Enterprise was submitted for review with office of Small Business Administration (SBA), in Oklahoma City, OK. If you have any questions, please contact board members of ASEDA, INC.

COMMUNITY DEVELOPMENT

City of Shawnee Mayor: Governor Blanchard, Treasurer Kathy Deere and I met with city of Shawnee mayor-elect Mr. Wesley Mainord, purpose was to show support for the tribe's in this area. We talked about various projects with support and cooperation hope to increase the economy in Shawnee.

AARP PICTURE

AARP Pottawatomie County: Treasurer Deere and I attended the Pottawatomie County luncheon sponsored by AARP, topic of discussion focused on transportation needs within our community and collaborative effort between the tribe and county. A transportation survey will be available to all within the county in coming weeks for community input.

AARP Senior Summit: Treasurer Deere and I attended

the Live Long. Live Smart. Live Independent 2012 AARP Senior Summit, in Oklahoma City, OK. The senior summit focused on two purposes: #1 is to hear from seniors about things that concern them, and about their needs and challenges. The focus of this particular Summit is housing, and how our housing needs will very likely change as we age. Purpose #2 is to talk with professionals and leaders of various related fields about how to take that information and develop some viable solutions.

Native Community Development Financial Institutions (CDFI): Held our second steering committee meeting, consisting of Gene Davis, CEO of ALLNATIONS BANK, Anita Chisholm, Bank Board Member, Kathy Deere, Treasurer, Kristi Coker-Bias of Oweesta Corporation, special guest Rick Short and I.

Our second meeting consisted of review of Native CDFI development. We discussed preparation for 2013 CDFI Fund application, what sponsoring entity (Economic Development Board) or non-profit foundation and potential next steps in future technical assistance and training needs assessment. If you have questions or concerns about Native CDFI development, please contact me at my office 405-275-4030 ext 148 or eddieb@astribe.com.

As always, my office is open and ready to assist you. I am excited to hear your ideas on how we can improve community and economic development across the

Tribe, whether it is revision of our constitution or transparency of our financials. I can be reached at 405-275-4030 ext 148 or eddieb@astribe.com.

Notice:
The Tax Commission **office will be closed** **September 25 -27, 2012** for the **14th Annual Tax Conference (NITA).**

From 1998 to 2010, 1,000 domestic violence homicide cases represent the deaths of 1,059 victims.

**FY-2012
YTD TAX COLLECTIONS
JULY**

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	TOTAL	TAX COLLECTED
Sales (6%)	\$1,303.68	\$5,764.96	\$9,556.88	\$20,267.74	\$251.60	\$12,976.77	\$9,892.03						\$60,013.66	\$60,013.66
Gaming	\$109,331.00	\$105,500.00	\$84,000.00	\$252,000.00	\$42,000.00	\$344,000.00	\$286,000.00						\$1,222,831.00	\$1,222,831.00
Employee (1%)	\$1,771.92	\$6,921.68	\$19,027.03	\$13,411.67	\$23,358.23	\$14,230.92	\$6,059.30						\$84,780.75	\$84,780.75
Severance (8%)	\$1,033.85	\$19,231.62	\$16,244.27	\$10,116.92	\$16,892.79	\$12,022.41	\$14,040.81						\$89,582.67	\$89,582.67
M Vehicle	\$11,657.32	\$14,984.82	\$14,227.79	\$11,321.19	\$10,285.99	\$16,024.99	\$14,599.58						\$93,101.68	\$93,101.68
Tobacco Refund	\$9,662.76	\$11,107.79	\$9,231.53	\$10,458.50	\$11,811.42	\$11,105.72	\$10,122.29						\$73,500.01	\$73,500.01
TOTALS	\$134,760.53	\$163,510.87	\$152,287.50	\$317,576.02	\$104,600.03	\$410,360.81	\$340,714.01	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,623,809.77	\$1,623,809.77
Miscellaneous	\$1,290.00	\$330.00	\$160.00	\$50.00	\$80.00	\$136.84	\$20.00						\$2,066.84	\$2,066.84
TOTAL COLLECTION	\$136,050.53	\$163,840.87	\$152,447.50	\$317,626.02	\$104,680.03	\$410,497.65	\$340,734.01	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,625,876.61	\$1,625,876.61

- NOTES:**
- Sales Tax = 6% of Gross Sales
 - Gaming Tax Free cash flow
 - Employee = 1% of Gross Wages
 - Severance Tax = 8% of Total Production Market Value
 - State Compact (Tobacc Refund)

EXECUTIVE COMMITTEE'S EMPLOYEE OF THE MONTH

August 2012 BECKY PREWITT

Becky Prewitt gets things done. Follows procedure and cares about the Tribe and its welfare. She's intelligent and has common sense. She will do whatever it takes to hit deadlines. She works very well with other departments. Becky shows high standards of appearance, courtesy, meticulous attention to detail, enthusiasm, cheerful cooperative approach to all problems and tasks. She works a variety of tasks and moves from one task to another without undue loss of time. Becky has the ability to identify the needs and potential suppliers, determines the best source from whom to purchase products, accepting delivery of products and inspecting the products, and maintains a working relationship with vendors. We appreciate all that Becky does for the betterment of the Absentee Tribe.



STRENGTH AND DETERMINATION



(This is from our series of stories from our cultural preservations department about tribal members).

Johnnie Mae Bettelyoun is the cook for the Absentee Shawnee Tribe Title VI program (a meal program for Elders) and to her, it's not just a job but a way of enjoying life and helping her people. It's quite common to hear an Absentee Shawnee Elder explain how hard their childhood was or the extreme conditions in which they grew up and she is no exception. While many take for granted the opportunities we have today, she has made it her lifelong goal to better herself and to keep going through a sometimes difficult life with optimism. She was born on May 16th, 1935

in a chicken house. If you know Johnnie Mae, then you've heard her distinct infectious laughter. She said, "I was born in a chicken house and maybe that's the reason for my cackle."

Her birth name is Lula Mae Masquat. She received her nickname Johnnie Mae from her aunt who had wanted a boy and picked out the name John. Growing up, she lived with her mother and father along with her siblings and other extended family members close to Norman in Cleveland County, Oklahoma. Like many families in the 1940's, they sometimes moved around to follow the work.

Her father, Charlie Herbert Masquat, was described as being a "jack of all trades." Her mother, Katherine Longman Masquat, owned a farm "with all different kinds of animals" and was also a cook at the University of Oklahoma. Johnnie Mae had one brother and five sisters but said "I was closest to George and Charlene."

Even though their family struggled to make ends meet, they never went hungry. Her family lived off of the land to make the best of their situation. During World War II, her family used Blue Chip Stamps to buy basic things like groceries and supplies and her mother made her clothes.

Her family did not have a lot but they were appreciative for what they did have.

Aside from her family duties, Johnnie Mae went to school at Dale Middle School in Oklahoma. In those days, she and her siblings walked everywhere including the three to four miles back and forth to school every day. One time, her parents went to a stomp dance and left her at home with her sister Judy. Johnnie Mae swore up and down to her parents that she would not be left at home. Later that night, she and Judy sneaked out of the house and she carried Judy on her back the whole way to the stomp dance. She said, "My parents were furious but I told them I was going to the dance and they should have known."

From the time she was little, Johnnie Mae's determination and strong will helped her overcome life's obstacles ahead. Her father, who passed away in 1972 from cancer, was very encouraging and helped her believe that if she worked hard she could do anything. She knew, even as a child, she would need to help support her family and herself. Johnnie Mae graduated from middle school and that's when she first learned to cook. At twelve years old, she was on her own and did everything she could to support herself. It was

around this time that she had her first real job which was a caretaker for an invalid woman.

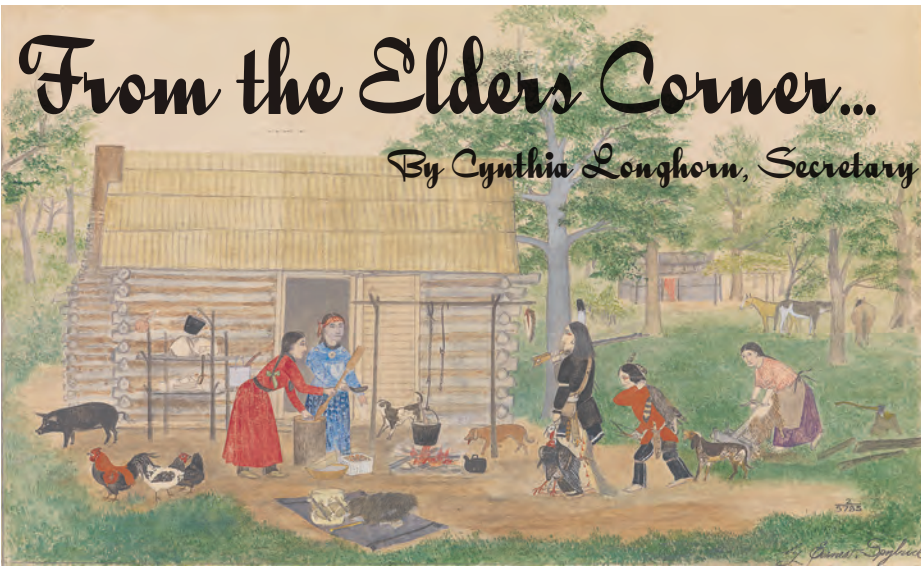
In the early 1970's, Johnnie Mae worked as a bartender and met a Sioux man who was in the U.S. Air Force named Lester Bettelyoun. They soon married at City Hall and had seven children together. She said, "My kids were my enjoyment in life and I worked hard to provide for them." After she and her husband divorced in the late 1970's, she was left alone to take care of her family. She has had many jobs since then but as she got older they became more consistently related to caring for people. Johnnie Mae worked at a nursing home for 21 years and at Central State Mental Institution in Norman for 16 years.

Now, she works for fun at Title VI. She has eighteen grandchildren and twelve great grandchildren. The one thing she wants to leave behind is for "My family to remember me as my happy self when I have passed and to not be sad." She helps raise her great grandchildren and her worry is that when she is gone, they won't know how to survive without her. If they're anything like Johnnie Mae, a woman who has so much determination, then they should be just fine.

By: Ashley Brokeshoulder

From the Elders Corner...

By Cynthia Longhorn, Secretary



The Absentee Shawnee Elders Council met in their regular monthly meeting, Saturday, August 18, 2012

At the title IV building at the tribal complex in Shawnee. The meeting was called to order at 10:20 a.m. by President Dan Little Axe Sr. Vice-President Mary Birdtail, Treasurer Betty Watson and myself were in attendance. A quorum was established with twenty-one members present. Invocation was given by Don Schulenberg. Birthdays were recognized for Margaret Ellis, Mel Switch and June Buckner. Minutes of previous months' meeting were not available and will be presented at next months meeting in September. The financial report for the month of July was given by Treasurer Watson. The fund raiser account balance was given to be \$6,042.75 while the General fund balance was listed as being \$6205.30. Following some questions and explanations to such, a motion to accept the report was made by Esteline Schulenberg and seconded by June Buckner, the motion carried. A list of inventory of supplies was read by Mary Birdtail and a written list is to be provided by the meeting. Comments were heard on items needed for use at events as well as storage containers. A motion by Meredith Wahpeche was heard to purchase containers as needed and seconded by Nova Hood, the motion carried.

Gene Parker, former Vice-President was presented a plaque in recognition and appreciation for her years of as a Council officer and her dedication and work to the council. Wanda Tiger talked about plans for the Christmas Bazaar set for December 8th and 9th. Many suggestions and comments were heard. For information on this event, interested vendors can contact Wanda At (405) 706-2357. Booth fee is set at \$10.00 per booth.

Dan Little Axe announced that the group, Native Praise Womens Choir is presenting a concert at this date, at First Baptist Church in Shawnee.

Mary Birdtail stated the Election Commission will be holding community meetings for interested tribal members on election issues and questions. On September 20th at the Resource Center in Little Axe and on September 25th at the Title VI Building In Shawnee.

The Vets Gourd Dance scheduled for Saturday, November 10, 2012 was discussed at length with full details still pending. The site for this event will be the Thunderbird Casino at Little Axe.

The bingo event held at Brendle Corner on July 16th conducted by "D.K." Johnson and her family, husband David, Jim Johnson, Kristyn Pack, Camryn Pack and Kalikay Gibson. This event earned the Elders Council \$519.90 and plans for another bingo fund raiser was also discussed. We are hopeful that D.K. and family will once again conduct another bingo session in August.

Suggestions had previously been heard about sites for a trip and there was more interest in the Ballon Fest October 2nd-10th in Albuquerque, N.M. There were inquiries about the status of the proposed cook book,

Current information will be sought on the status of this project.

Meredith Wahpeche asked about plans for the upcoming NIEA conference in October in Oklahoma City. Secretary Longhorn explained that she is in contact with conference planners and several times for Elders/Youth presentation are still being discussed at this time but more definite plans are expected soon.

Mel Switch informed those present of the 5K Run at Horse Shoe Bend on Saturday, October 6th

2012 and asked if the Council would make a donation for this event. A motion for a \$100.00 donation was made by David Little and seconded by Esteline Schulenberg, the motion carried.

Dan Little Axe stated that the Eastern Shawnee are having their annual pow wow on September

15th, 2012 and discussion followed concerning interest of Absentee Shawnee Elders attending such. A motion was made by Nova Hood and seconded by Elizabeth Parker to ask the Executive Committee to provide a bus and/or van to transport those who may want to attend, the motion carried.

The next meeting is set for Saturday, September 22nd, at the Resource Center in Little Axe. The meeting was adjourned with a motion from Elroy Alford and seconded by June Buckner.

For questions and comments on anything reported herein, contact me at (405) 273-4137.

Cynthia Longhorn
Secretary



Photo consists of Dan Little Axe, President, Gene Parker and Mary Birdtail, Vice-President. (Not shown Cynthia Longhorn, Secretary and Betty Watson, Treasurer)

THE AST ELDERS COUNCIL PRESENTS A PLAQUE TO GENE PARKER FOR 21 YEARS OF SERVICE

Gene Parker has served as President, Vice-President and Treasurer during these past several years. The Elders Council members and Executive Committee congratulate Gene on her many years of service to the elders and Absentee Shawnee Tribal members."



The following individuals are left to right:

Mashell Sourjohn, AARP Oklahoma, Eddie Brokeshoulder, Financial Consultant, Craig Davis, AARP Oklahoma, John Edwards, AARP Oklahoma Representative and Kathy Deere, Treasurer.



GOURD DANCE HONORING ALL NATIVE VETERANS/WARRIORS

November 10th, 2012

Little Axe, OK (Thunder Bird Casino Facilities)

SPONSOR:..... ABSENTEE SHAWNEE ELDERS COUNCIL

CO-HOST:..... COMANCHE LITTLE PONIES

INVITING

ALL VETERANS AND CURRENT WARRIORS (MEN AND WOMEN)

ALL GOURD DANCE CLUBS/ORGANIZATIONS

ALL TRIBAL COLOR GUARDS

SOME SPECIAL HONORS AND RECOGNITIONS

MOST VETERAN DANCERS IN GROUP,PARTICIPATING
GROUP TRAVELING FURTHEREST DISTANCE..... TO LITTLE AXE
YOUNGEST DANCER CURRENTLY IN MILITARY..... (MAN)
YOUNGEST DANCER CURRENTLY IN MILITARY..... (WOMAN)
OLDEST VETERAN GOURD DANCER..... (MAN)
OLDEST VETERAN GOURD DANCER..... (WOMAN)
(OTHER)..... INDIVIDUAL VETERANS AND WARRIORS

STAFF

MASTER OF CEREMONIES.....TBD
HEAD SINGER.....LEONARD COZAD, JR
HEAD DANCER (MEN).....TBD
HEAD DANCER (WOMAN).....TBD

SCHEDULE

1:00 PM TO 5:PM.....GOURD DANCE AND HONORING ACTIVITIES
5:00PM —6:30PMSUPPER BREAK ---PROVIDED BY AST ELDERS
6:30 –11:00 PM GOURD DANCE AND HONORING ACTIVITIES

CRAFTS VENDER SPACE AVAILABLE--\$ 50 PRE-REGISTRATION FEE- (REQUIRED)



FOR INFORMATION :

CONTACT:
DAN LITTLE AXE
PRES. AST. ELDERS
C---(405) 432-7952
O---(405)-329-5542



State Indian Softball Tournament Turns 60

The 2012 State Indian Tournament was held at Boomer Softball Complex in Oklahoma City in July. Since 1952, Native American fast pitch softball players have gathered in Oklahoma to play a softball tournament that unofficially decides the Indian Nation Champion. The grueling tournament takes place in July in a single weekend. For many years, the tournament was played at Wheeler Park in Oklahoma City. The late Will T. Nelson, the late Andy Narcomey, the late Bick Auxier, and Sellman Brown started this tournament. The tradition of the All-Indian tournament is about families coming together, old friends getting reacquainted, and making new life-long friends. This tournament is fun and exciting whether you play or just watch. Many players from the first generation are now watching members of the third and fourth generations now playing as they once played. In recent years, the tournament has been organized by the Oklahoma Native American Sports Association (ONASA) and played at various softball complexes within the state. This year's organizers included Lisa Smith-Longman, Cece Floyd, and Nolan Willis.

"Many of our Absentee Shawnee Tribal members grew up watching, coaching, or playing in the State Indian Tournament. Although not as large a tournament as it has been in the past, the tournament still inspires a sense of pride in the ability and talent level of our tribal members. It still conjures memories of good times, strawberry pop, and cup ball under the bleachers. We have had many fine players from our tribe play in this tournament over the years."
Secretary Teri Reed



Kevin Kaseca, Tribal Brothers Team
First Place



Randy Gibson
Syko Team - Second Place



Aria Shawnee, Dristen McGirt, Briana Marshall
Red Thunder Team - Second Place



Devin Leitka, Shea Longman
Plainsmen Team - Third Place



Randy Gibson



Shea Longman - Water Break



Devin Leitka taking a break



Brian Hurst, Margie McGirt
and spectators



Cece Floyd and Nolan Willis
Tournament Organizers



Lisa Smith-Longman
Tournament Organizer

Absentee Shawnee Tribal Health Program News

Many exciting things have been occurring within the tribal health programs. The biggest news we have is in our collections of third party revenue. As many of you know, the new clinic at Little Axe is being paid for out of the third party collections. This includes all of our Medicare, Medicaid (SoonerCare), and private insurance collections. Every time someone with one of these payor sources comes into the clinic to be seen, the money generated from that visit goes into an account that is used each month to pay off the debt of the building. Each month we pay about \$240,000.00 toward the loan on the building. For the past five to six months, we have had our ups and downs in the collections, but each month we are paying the loan payment. We have not missed a payment nor are we behind on our payments. For the first few months of the year, we did not make enough in the collections to make our payment, but we have a reserve account at the bank that makes up any difference in what we did not collect. Beginning in May, our collections started increasing. For that month, we collected over \$420,000.00. June was slow with many providers on vacation plus we had a few computer glitches that caused the payment to be "stuck" in the system, but the month of July made up any differences. For June, our collections were about \$180,000.00 and we used about \$60,000.00 from the reserve account to make up that difference.

But our July collections were well over \$436,000.00. This was almost enough to make two payments. As of August 22, we have collected \$240,973.32. This means we have already collected enough to make our payment for the month. Any amounts over this will go into the reserve in case we have another month that we don't collect enough in third party revenue, but we hope that does not happen again.

What are the reasons for the collections going up? Well first of all, the hard work of the staff in our billing department. Jennifer Harmon is the business office manager and with the help of Donna Cody and Debra Nanaeto who help with the billing and the coding, the collections have increased. The finance director, Brenda Allen-Duboise, has been a great inspiration to the ladies in the department and mentors them

all to be the best at what they do. Every week they have a meeting and discuss what is going right and encourage each other to continue doing a great job. If anything goes wrong, they take immediate action to correct them work to keep anything from affecting the collections. With the help of Tammy Peery, Insurance Specialist, the office is run very smoothly and professionally. They all work to make sure we collect what we can and collect appropriately. We do not want to be doing anything wrong where we have to pay any insurance company or the Medicare/Medicaid systems back for not doing our job. So they keep up with any laws that change regarding billing for our services.

Another set of people who are doing the job of helping with patient collections are our PBA, patient benefit advocates. There are three people who work for the health programs who see to it that our patients know what benefits they qualify for and help to get those people in these systems. Lela Cully works in the Shawnee clinic as the PBA and Lourie Bowman and Shawnee Kickapoo are in our Little Axe Clinic. If you are a patient and do not have any means of an alternate payor sources, one of these ladies will sit with you and assist you in filling out a SoonerCare application either by paper or online. It is important to our collections if you have insurance that we can bill, so please bring in your insurance cards. The insurance is what is going to help us pay off the loan on the new clinic and the more we collect, the faster we can get the building paid off.

The business office staff are very important to the day to day operations of both clinics, but every employee is very important. We currently have about 146 employees who work for the health systems and every one of them is important. Without all their help, we would not have a clinic. We also do a lot for the tribal community. The health maintenance program have many skilled employees working at the clinics and often if a tribal members needs help with their home, one of these maintenance employees will go to the home to inspect the situation and make recommendations for improvements. Often, the health maintenance will work on the home. During the past few months when the

weather was hot, air conditioners were the main things being worked on by the maintenance men. Ronny Little Axe is an electrician who was hired after the building was completed. During construction, he was working for one of the companies doing electrical work, but once completion of the building was done, we hired

Ron to work for us. This has been a great asset to have him as a tribal member and a skilled worker. He has been out in some of the homes in the community helping with electrical issues in these homes.

Another employee was James Cook, a heat and air worker who helped fix many air conditioners. We also have Kevin Shay who did some construction work on the homes as well. The other maintenance employees are Jason Bender, Michael Mann, Garrett Gibson, Manual Johnson, Clayton Martinez, and Ed Thorpe in the Little Axe Clinic and Brandon Harjo and John McKinney in the Shawnee Clinic. This staff of men keep both clinics looks nice both inside and out.

Of course there are many other employees who deserve to be mentioned and praised, but I will be featuring a different department or program each month so that our tribal members and patients will know who these people are. We strive to be customer oriented and friendly and if we ever fail at this, please do not hesitate to contact the clinic administrator in Shawnee, Marla Throckmorton, or myself at the Little Axe Clinic. We will do our best to solve the problem.

My main goal for the health programs is to move forward and to become more business like. We can no longer live in the past and work as things were done before. We have the new facility in Little Axe and the Shawnee Clinic is greatly improved in appearance and services. We look forward to serving you and providing the best health care for all our tribal members and patients.

NE yi wa,
Beverly Felton, RN, MSN
Executive Director of Health
Absentee Shawnee Tribal Health Authority

SEPTEMBER 2012

AST Complex will be closed for Labor Day, Sept. 3, 2012. Title VI will be closed!! No Lunch or deliveries will be served for this day.

GRANDPARENT'S DAY IS ON SEPTEMBER 9

Spread the word, it's Grandparents Week! You can.

#DoSomethingGrand www.grandparentsday.org #grandparents

WE ♥ GRANDPARENTS RAISING GRANDCHILDREN.

On Sept 10, read @GensUnited's policy recs to #DoSomethingGrand for grandfamilies

- Children need a grandparent—anybody's grandparent—to thrive. Take @GensUnited's Grand Faces Grand Voices pledge at <http://bit.ly/O811Tb>
- Sept 8-15, I'm swapping my Facebook profile to a photo with my [grandchild or grandparent]. #DoSomethingGrand too.

If you have any questions, suggestions or concerns, you can contact us at 405-275-4030 ext 169, 149 or 180 &/or leave a message.



In 26% of the homes where the intimate partners had children, there was evidence of child abuse. In 61% of the reviewed cases, other people were aware that the violence was occurring.



Curb Back-to-School Tragedies with AAA's Tips

One-Third of Child Pedestrian Fatalities Occur During After-School Hours.

AAA Oklahoma, August 17, 2012 – As summer draws to a close and the classroom bell rings in the new school year, 55 million children across the United States will head back to school. With 13 percent of those school children typically walking or biking to school, AAA warns drivers to be especially vigilant for pedestrians during before- and after-school hours. The afternoon hours are particularly dangerous for walking children – over the last decade, nearly one-third of child pedestrian fatalities occurred between 3 and 7 p.m.

“In 2010 across Oklahoma, 86 pedestrians age six to 15 were killed or injured in traffic crashes,” said Chuck Mai, spokesman for AAA Oklahoma. “Although that total is lower than the 109 recorded in the state in 2009, even one death or injury is one too many. It’s up to adult drivers to watch out for children walking and biking to and from school.” AAA offers six ways to keep kids safe this school year:

1. **Slow down.** Speed limits in school zones are reduced for a reason. A pedestrian struck by a vehicle traveling at 25 mph is nearly two-thirds less likely to be killed compared to a pedestrian struck by a vehicle traveling just 10 mph faster.
2. **Eliminate distractions.** Children often cross the road unexpectedly and may emerge suddenly between two parked cars. Research shows that taking your eyes off the road for just two seconds doubles your chances of crashing. Put down the phone.
3. **Reverse responsibly.** Every vehicle has blind spots. Check for children on the sidewalk, driveway and around your vehicle before slowly backing up. Teach your children to never play in, under or around vehicles—even those that are parked.
4. **Talk to your teen.** Car crashes are the leading cause of death for teens in the United States, and more than one in four fatal crashes involving teen drivers occur during the after-school hours of 3 to 7 p.m. Get evidence-based guidance and tips at TeenDriving.AAA.com.
5. **Come to a complete stop.** Research shows that more than one-third of drivers roll through stop signs in school zones or neighborhoods. Always come to a complete stop, checking carefully for children on sidewalks and in crosswalks before proceeding.
6. **Watch for bicycles.** Children on bikes are often inexperienced, unsteady and unpredictable. Slow down and allow at least three feet of passing distance between your vehicle and the bicycle. If your child rides a bicycle to school, require that they wear a properly-fitted bicycle helmet on every ride.

AAA's *School's Open – Drive Carefully* awareness campaign was launched in 1946 in an effort to prevent school-related child pedestrian traffic crashes—helping kids to live fulfilling, injury-free lives.

In addition to the *School's Open – Drive Carefully* campaign, AAA has teamed up with Richard Scarry's *Busytown Mysteries* to help keep children safe. Download coloring pages, play games and watch car seat safety videos at SafeSeats4Kids.AAA.com.

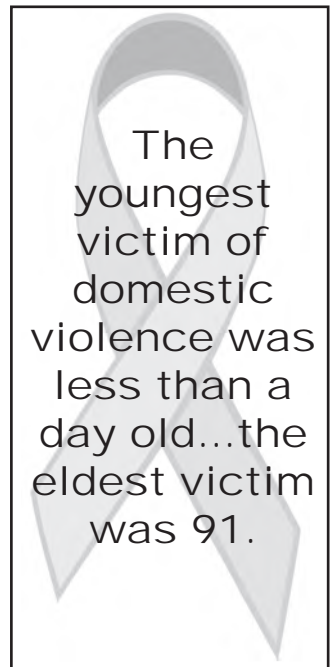
A not-for-profit organization, AAA Oklahoma serves its 363,000 members across Oklahoma with emergency help on the road, auto travel assistance and a wide range of personal insurance, travel, financial and automotive services through its 44 retail branches, regional operations center and the Internet at www.AAA.com.

Contacts:	<p>Chuck Mai Office: (405) 753-8040 Cell: (405) 209-8260 chuck.mai@aaaok.org</p>	<p>Daniel Karnes Office: (918) 748-1074 Cell: (918) 935-9318 daniel.karnes@aaaok.org</p>
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ABSENTEE SHAWNEE TRIBE IS HIGHLIGHTED DURING THE NATIONAL CONFERENCE ON TOBACCO OR HEALTH

Absentee Shawnee Tribe's REACH program provided the opportunity for three AST clinic staff to attend the National Conference on Tobacco or Health on August 15 -17, 2012 at the Kansas City Convention Center in Missouri. The conference theme: "A New Era of Tobacco Control: Policy, Regulation and Prevention". Staff from AST Little Axe Health Center and the Shawnee Health Center included: Patricia Yarholar, MPH, CHES Community Health & Preventative Services Director; Elise Grein, RN Nurse Supervisor and Terry Murphy, LPN.

The conference content provided dynamic, engaging, and applicable learning opportunities and highlighted the Absentee Shawnee Tribe during the poster session and a breakout session. The AST REACH program in collaboration with the Pottawatomie County Tobacco Control Program and Oklahoma State Department of Health contributed to the progress and success in the journey to pass the Tribal Tobacco Control Policies that are currently in place at both AST health centers. Passing tribal tobacco policies is a major step in creating sustainable changes to decrease commercial tobacco use among American Indians. The poster session was presented by Amy Dunn, MPH of Gateway Prevention and highlighted the Absentee Shawnee Tribe and the Osage Nation's Tobacco-Free Policies. The poster will be on display at the Little Axe Health Center.



A breakout session on Tobacco Cessation: Celebrating 20 Years of Quitlines: with Cross Cutting Program areas Sally Carter, MSW, LCSW, Oklahoma State Department of Health had the opportunity of presenting with a panel on the Oklahoma Quitline. Other panel organizations included: University of California; National Cancer Institute; and CEO, Clearway Minnesota. According to the North American Quitline Consortium Oklahoma has the greatest reach to the Quitline from American Indians of any state in the nation. Ms. Carter shared the initiatives of what we have done to achieve this accomplishment and publically recognized our contributions to this outcome through her power point presentation that included the AST Tribal logo. In partnership with OSDH the "Honor What is Sacred" Campaign of billboards and print ads was also presented. The billboards and print ads can be seen throughout the AST catchment area.

Happy Anniversary

Congratulations Kathy & Lloyd !!!

37th Anniversary of marriage blessed
by our heavenly Father above!!!

We all love you both!!

Love, Arlene Herrera

Also,

Congratulations Lloyd on your 30 year
retirement from Tinker!!



COMMUNITY FALL FEST

HORSE SHOE BEND COMMUNITY CENTER
46309 GARRETTS LAKE ROAD
SHAWNEE, OKLAHOMA

SEPTEMBER 22, 2012
9:00 am until 2:00 pm

LUNCH: 11:00 am until 12:00 pm

BASKETBALL CONTEST

FREE THROWS

DRIBBLING

ARTS AND CRAFTS BOOTH

INFORMATIONAL BOOTHS

INFLATABLES

FEE TO SET ARTS AND CRAFTS BOOTH REQUIRE A DONATION OF ITEM.

RAFFLE TICKET DRAWING FOR INDIAN SHAWL AND GROCERY BASKET

CONTACT PERSONS:

TWILA PARKER : 405 229-8052

GWEN SWITCH : 405 204-9612

SPONSORED BY WHITE TURKEY BAND

If you'd like to
submit an ad or
article give us a
call at
(405) 598-1279
or send us an
e-mail at
stiger@astribc.com

**ALL ARTICLES
FOR THE NEXT
MONTH'S
ISSUE ARE
DUE BY THE
20TH OF THE
CURRENT
MONTH**

Unfortunately, we
can only accept one
picture per birthday
person, not per
birthday wish.

Happy Birthday!!

SEPTEMBER 2012 BIRTHDAYS

Abrams, Geraldine
Alaee, Sheila Sepideh
Alford, David Paul
Alford, Jennifer Christine
Allen, Tasia Lynn
Applegate, Jason Grant
Arms, James Louis
Arms, Michael Brandon
Armstrong, Darrell Lynn
Atwood, Stephen Jacob
Barnard, Katrina Tate
Barnes, Jordan Tylor
Barriga Jr, Rogelio Alberto
Bateman, Thomas Albert
Bates, Charles Edward
Beaver, Matthew David
Bellin, Chance Andrew
Bellin, Jack Matthew
Bergen, Mercedes Ian
Berry, Shane Tecumseh
Blanchard Jr, Reuben Caleb
Blanchard Jr, Leland Dale
Blanchard Sr, George Melvin
Blanchard, Amber Chantel
Blanchard, Consuela Sirena
Blanchard, Craig Lewis
Blanchard, Jacob Dakota
Blanchard, Paulette Louise
Blanchard, Reuben Caleb
Blanchard, Summer Gail
Blankenship, Fabian Mae
Blocker, April Dawn
Bosquez, Emilia Marie Nicole
Bowens, Kendra Rachelle
Brinkoetter, Karen Kay
Bruner, Rhiannon Lydia
Bump Sr, Richard Dewitt
Burnett, Darrell Wayne
Burns, Constance Darlene
Burns, Natasha Brooke
Butcher, Sallie Elizabeth
Carlson III, Dennis Roy
Carlson, Daniel Ray
Carnes, Haley Ann Marie
Carpenter, Cynthia Marie
Carter, Mariella Raelynn
Charley Whatley, Maddisson Noel
Charley, Garry Joe
Chisholm, Milford Wayne
Clinesmith, Brooklyn Makay
Cobell, Julee Rae
Coddington, William Luther
Cody, Donna Noreen
Colungo, Redena Sue
Coon, Ella Kay
Couch, Rickie Charles
Cravens, Goldie Ann
Creek, Josephine
Creek, Ralph Samuel
Crosswhite, Hunter Raven
Cuellar, Ronald Lee
Culwell, Bryson Gene
Cypret, Norman Wayne
Daniel, Dana Laree`
Deer, Brandon Jeremy
Deer, David Joel
Deer, Jalen Dean
Dibler, Bobby George
Downey, Cheyenne Rena
Downs, Debra Ann
Duncan, Carolyn Ann
Ellis, Eric Wade
Ellis, Richard Bryant
Ellis, William Bryant
Elmore, Christa Ann
Felton, Alisha Lynn
Ferrell, Melinda Kay
Foreman, Stefany Elayne
Foster, Linda Jean
Frazier, Rickie Dewayne
French, Jeffery John
Fritsch, Jady Mark
Fuentez, Cruzito Damacio
Ganaway Jr, Mark Terrell
Garretson, Cody Ronald
Garza Jr, Gary Don
Gibson Jr, Isaac
Gibson, Edna Faye
Gibson, Jennifer Michelle
Gibson, Justin Ryan
Gillespie, Tamara Sue
Gilman, Peter Howard
Gouge, Ashlynn Jean
Graham, Thomas Wendell
Gregory, Samuel Edwin
Hackbarth, Marissa Lucille
Hadjiconstantinou, Openia Sue
Hale III, Phillip Wayne
Haley, Shirley Frances
Hall, Christayl Rachell
Harjo Jr, Benjamin
Harjo Jr, Burton Thomas
Harvey, Shelia Lynn
Haumpy Jr, William Allen
Haumpy, Talia Sharee
Hicks, Angelia Jean
Hill, Amanda Nicole
Hood, Malacki David Weslyon
Houston Fenix, Lexus Nicole
Houston, Michael
Hurst, Brian Keith
Jacobs, Kasiana Marie
Jacobs, Mary Theresa
James, Billie Jane
Jimerson, Tyrone Dremain
Johnson, Brandon W. C.
Johnson, Eryn Edward
Johnson, Lana Iris
Johnson, Lewis Allen
Johnson, Lyndsey Marie
Johnson, Sandra Kay
Jordan, Wendi Renee
Kaseca, Kristin Nikole
Kaseca, Paul Daniel
Kelly, Gayla Ann
Kelly, Kellie Marie
Kickapoo, Roy Matteson
Kickapoo, Valerie Yolanda
Killian, Angelic Marie
Kowitz, Trentyn Mikal
Laplant, Raymond Lowell
Larney, Darrell Scott
Lassiter, Mia Angelina Kayleigh
Lee, James Stacey Chang-Sun
Leedom, Donna Jeanne
Leroy, Geraldain Jon
Leupp, Lenora Little Creek
Limon, Justine Danielle
Little Axe III, Troy Lee
Little Axe, Brittany Elaine
Little Axe, Jason Randall
Little Charley, Paige Marie
Little Jim, Charles Kerwin
Little Jim, Jason Webster
Little, Christina Kathaleen
Littlecreek, Joshua Dwight
Littlecreek, Raqueal Amae
Livsey, Mckinzy Diane
Lockner, Krin Kimberly
Lockner, Ryan Zachary
Longhorn, Juanita Louise
Longman, Anthony Lamont
Longman, Emily R.
Longman, Jordyn Christian Spybuck
Longman, Shea Michael
Lopez, Angela Michelle
Louvier, Natasha Renee
Lowe, Aria MaRae
Lowe, Brian James
Lowe, Caden Elijah
Manley, Sue Ann Burkhart
Mann, John Edward
Martin, Juston Allen
Martinez, Brandon Paul
Martinez, Leo Littlecreek
Masquas, Jace Gabriel
Masquat, Finley Ray
Mauldin, Charlotte Vada Renia
Maxfield, Katherine Elizabeth
McClung, Helen L Burkhart
McGirt, Douglas Burton
McIntyre, Vickie Teresa
McKinney, Lucia Jade
McMahan, Ashley Rae
McPherson, Jeremy Lee
Miller, Esperanza
Morrell, Kristy Ann
Morris, Brandon Zachary
Morris, Raymond Ray
Morton, Lisa Marie
Murry, Stevey Raynae
Nance, Jada Karyn
Nance, Kameron Jace
Nelson Jr, James Bradley
Nelson, Telisa Renee
Neske, Christopher Hugh
Nice, Hunter Eli
Ochoa, Florence Pauline
Olinger, Stephen Garrett
Ongaco, Alexandra Renee`
Onzahwah, Laverna Lee
Pack, Trace Matthew
Palacios, Phyllis Diana
Panther III, William
Panther, Nina Renee
Panther, Raymond Dale
Ponkilla, Edmond Lee
Ponkilla, Timothy James
Porambo, Anthony Thomas
Poston, Teresa Sue
Powell, Robert M
Powell, Wesley Lynn
Prettyman, Faith Grinell
Proctor, Noah Gene
Purcell, Jason Lee
Reeves, Marian Louise
Roberts, Jimmy Dean
Routledge-Hunt, Brandi Faye
Ruimveld, Shacoda Louis
Ruimveld, Shawn Wade
Ruiz, Kathlene Luiza Mae
Ryan, Danielle Marie
Sadongei, Carolyn Little Axe
Salisbury, James Haydyn
Sampson, Sharon Louise
Schmitz, Tana Marie
Seber, Walt Unitus
Serena, Gary Allen
Sharpe Jr, Chevis Shenold
Shaver, Brittney Nicole
Shaver, Jordin Lei
Sherrill, Jocelynn Elyssa
Shupe, Josh Michael
Sloat, Alec Duane
Sloat, Carol Ann
Sloat, Colby Trae
Sloat, Garrett Davis
Smith, Kristi Dawn
Smith, Larry Dale
Snake, Jana Rachelle
Soap, Jakobi Christopher
Soap, Wilson Lee
Spoon, Dakota Austin
Spoon, Eric Louis
Spoon, Kenneth Lee
Spriggs, Helen Wyatt
Spybuck, Justice Evan
Spybuck, Kase Brennon
Squire, Shawneecey Jordawna
Squire, Takota Lynn
Starr, Meranda Lynn
Stoliby, Sean Ryan
Switch, Eastman Kelly
Switch, Susan LeAnn
Tascier, Samuel Ethan
Terres, Paula Ailene
Thompson, Darian Andrew
Thompson, DeShayla Tamia
Thorpe, Keenan Allen
Thorpe, Lorrie Ann
Thorpe, Melanie Lea
Thorpe, Rachel Danielle
Tiger, Christopher Neal
Tiger, Darryl Dean
Tiger, Gladys Jean
Tiger, Luvenia Starr
Tiger, Mary Augustina
Tiger, Phyllis Gail
Tiger, Terrance Nathan
Torres, Hector Gene
Tsoodle, Teri Kaye
Tullius, Kaley Mariah
Tyner, Marcus Charles
Valdivia, Joseph Enrique
Valdivia, Ronald David
Vazquez, Tyler Keith
Wahpekeche, Meredith York
Wahpekeche, Silas Kane
Walley, Breanna Joy
Walsh, Malissa Lisa Renee
Warrior Jr, Lucian Jay
Warrior Sr, Manuel Anthony
Warrior, Levi Stafford
Washington Jr, Eric Sean
Washington, Austin Ray
Washington, Nicholas Shane
Watkins, Mickaela Marie
Watson, Betty Lou
Watson, Jo Ann Spybuck
Webster, Michael Brice
Westberry, Amanda LeJean
White III, Charles Daniel
White, Susan Nicole Olivia
Whited, James Aaron
Wilburn, Joshua Wayne
Wilkerson, Lawrence Anthony
Wilkerson, Tammy Lynn
Williams, Christopher John
Williams, Sonja Barbara Gosney
Williams, Taren Janea
Wilson Jr, Darrell Gene
Wilson Jr, Woodrow
Wilson Sr, Darrell Gene
Wilson, Patrick Loyd
Winter, Brendan James
Winter, Tammy Lyn
Winter, Tara Ann Nicole
Woods, Anna Marie
Yeahpau, Jeri Maye
Yones, Amber Marie



**Office of Environmental
Health & Engineering**

• Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- a. Handicapped/Disabled and Elderly
- b. Income
- c. Family Size/Overcrowded Living Conditions
- d. Condition of Home

Other Programs available:

- Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website: www.astribe.com.

Submit completed application to:

Office of Environmental Health & Engineering
Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801

Absentee Shawnee Tribe Complex
Office of Environmental Health & Engineering, Building 13
If you have any questions, you can reach us by phone at (405) 214-4235



Absentee Shawnee Housing Authority

107 N. Kimberly, Shawnee, Oklahoma 74804
Phone: (405) 273-1050

Come in and visit with us about:

- ❖ Lease with Option to Purchase
- ❖ Rental
- ❖ Rental for Over Income
- ❖ Budget Counseling



ABSSENTEE SHAWNEE TRIBE

RANDY EDGE
TERO DIRECTOR

2025 S. Gordon Cooper Drive
Shawnee, OK 74801
redge@astribe.com



Phone 405.275.4030 ext. 135 Fax 405.395.9888 Cell 405.432.9859

The month of August has been quite eventful for the TERO department. We recently hosted the Southern Plains quarterly meeting on August 8th at the Thunderbird Casino new event center. The quarterly meeting has been decided to provide free training paid for by TERO for all tribal members. Please follow the upcoming AST news articles for various training events posted by TERO. This past week we attended the workforce summer job fair and met with local businesses that are looking to hire. We have job descriptions and applications located in the TERO office.

On August 27-28 TERO will be attending the Indian Country Business Summit which will be located in Norman, Ok.

So far this month TERO has welcomed 17 new applicants 8 of them being AST, received 120 phone calls, and 28 walk INS. We have referred 24 applicants to various positions. TERO currently has 40 job postings located in our office including tribal and non-tribal. If you are interested in employment feel free to stop by our office and look at the job openings located on the bulletin board. We encourage everyone who is looking for employment to put in an application with TERO. In order to have a completed application bring in 3 forms of identifications, a CDIB is required. Bring in any credentials, degrees, certificates, or license you may have. Search the job board for positions you may qualify for and we will refer you to that position and follow through on your application process. We assist applicants of TERO with preparing for interviews, building a resume, and questions you may have.

The following is a list of job openings for off campus positions through the TERO department:

- | | |
|--------------------------------|--|
| General Ledger | Material Handler |
| Logistics Supervisor | Respiratory Therapist |
| Accounts Receivable Specialist | Maintenance |
| Store Manager | Site Supervisor |
| Loan Administrative Assistant | Field Operator |
| Retail Manager Sales Associate | Community Research Assistant |
| School Bus Driver | Journeyman/HVAC |
| Retail Sales Consultant | Concrete Sales Coordinator |
| Mixer Driver | System Administrator Satellite TV Tech/Installer |
| RN/Charge Nurse | LPN |

If you have any questions concerning the T.E.R.O. department, need a better understanding of what T.E.R.O. can provide, have questions or would like to contact the T.E.R.O. department of another tribe, feel free to contact us at 405.275.4030, and we will be more than happy to assist you or listen to your concerns or support of our offices.

From June 11th to July 19th, we gave four college students the opportunity to explore and obtain job skills in one of the Absentee Shawnee departments of their choice. Our mission was to provide these four students the opportunity to intern with different departments and acquire the knowledge of what types of responsibilities might be expected from them in their chosen career field. In the end, we hoped that this internship would help these four interns understand their chosen career paths, realize if these paths were right for them, recognize the opportunities the Absentee Shawnee Tribe can provide as a business, and present each intern the chance to network with the tribe and its entities.

The four students chosen to intern were Dakota Blanchard, Peyton Watson, Brittany Watson, and Carol Butler.

Dakota Blanchard is the son of tribal members Joseph and Twyla Blanchard. He is currently a student at the University of Science and Arts of Oklahoma pursuing a Bachelor's degree in Physical Education. During the internship, he was placed in the Cultural Preservation Department. While interning in the department, he learned how to communicate and effectively work with other people which he feels would be beneficial in his college career when it comes to learning, reading, and communicating with both students and professors.

Peyton Watson is the daughter of tribal members Patrick and Jamie Watson. She is currently a student at East Central University pursuing a Bachelor's degree in Physical Therapy/Exercise Science. During the internship, she was placed in the Health/PT Department. While interning in the department, she realized that she really enjoyed helping people, learned about different injuries, and understood how to treat and help patients recover from their injuries. Ultimately, her experience helped her realize that Physical Therapy was the field of study she wanted to pursue.

Brittany Watson is the daughter of tribal member Katrina Watson. She is currently a student at Arkansas Tech University pursuing a Bachelor's degree in Physician Assistant/Biology. During the internship, she was placed in the Health Department working in the clinic. While interning in the department, she learned how to approach patients, diagnosis patients, and about CBCs and EKGs. She feels the previous experiences will give her an advantage in her college career because she had the experience in patient/caregiver interaction and had been trained in knowing what needed to be done.

Carol Butler is the daughter of tribal member Donna Butler. She is currently a student at the University of Oklahoma pursuing a Master's degree in Geography with a concentration in Biogeography. During the internship, she was placed in the T.E.R.O. Department. While interning in the department, she felt she improved and made stronger her already learned skills of how to communicate effectively with people, multitasking, working in teams, researching, time management, and knowledge of computers. She feels that all these skills would definitely be beneficial in her college career when it comes to writing and defending her thesis.

ABSSENTEE SHAWNEE TRIBE

BRIDGETTE WILSON
TERO OFFICE ASSISTANT

2025 S. Gordon Cooper Drive
Shawnee, OK 74801
bwilson@astribe.com



Phone 405.275.4030 ext. 163

Fax 405.395.9888

Shawnee Clinic News

The Shawnee Clinic is proud to welcome Dr. Christine Walsh, MD. Dr. Walsh will be seeing patients on Tuesdays and Wednesdays from 7am to 6pm. Please call to make an appointment 405-878-4702.

Dr. Walsh states "Primary care has been my focus for the last 13 years. I have served Oklahoma's Native American population for the last 8 years. I am an Oklahoma Native American, and it is a privilege to serve our people."

Dr. Walsh is board certified in Internal medicine. She has experience in treating cardiovascular disease and diabetes mellitus as well as other complex chronic diseases. Dr. Walsh received her training at Ivy League schools in the Northeast. Her impressive resume includes Internal Medicine Resident Physician, Mount Auburn Hospital, Harvard Medical School residency program; Cambridge, MA -- 1999 - 2002 and Medical Student, Dartmouth- Hitchcock Medical Center, Dartmouth Medical School; Hanover, NH -- 1994-1999.

The Shawnee Clinic staff continues to work toward Improving Patient Care. Many new processes have been implemented to improve communication between the patient and the healthcare team. The Shawnee Clinic is in the process of recruiting a full-time physician assistant to provide care to our patients.

The clinic will be closed September 3rd for Labor Day. The Pharmacy will be closed so please make arrangements to pick up your prescriptions the business day before the closing.

Respectfully submitted by Marla Throckmorton, RN
Shawnee Clinic Administrator

In the USA Native American women experience the highest rate of violence native American women suffer violent crime at a rate 3.5X greater than the national average more than a million women and almost 400,000 men are stalked annually in the US.

WHITE TURKEY BAND OF THE ABSENTEE SHAWNEE TRIBE

2nd ANNUAL 5K RUN/WALK AND 3K TROT (1 mile walk)
OCTOBER 6 2012
8:00 A.M.

AT
HORSE SHOE BEND COMMUNITY CENTER
46309 GARRETT'S LAKE ROAD
SHAWNEE, OKLAHOMA

PROCEEDS WILL GO TO THE WHITE TURKEY BAND AND THE HORSE SHOE BEND AFTER SCHOOL PROGRAM FOR SPONSORSHIP TO STUDENTS ATTENDING THE TUTORIAL SERVICES.

COST: \$20.00 PARTICIPANT WILL RECEIVE T-SHIRT

DAY OF RACE REGISTRATION \$25.00 PARTICIPANT WILL RECEIVE T-SHIRT

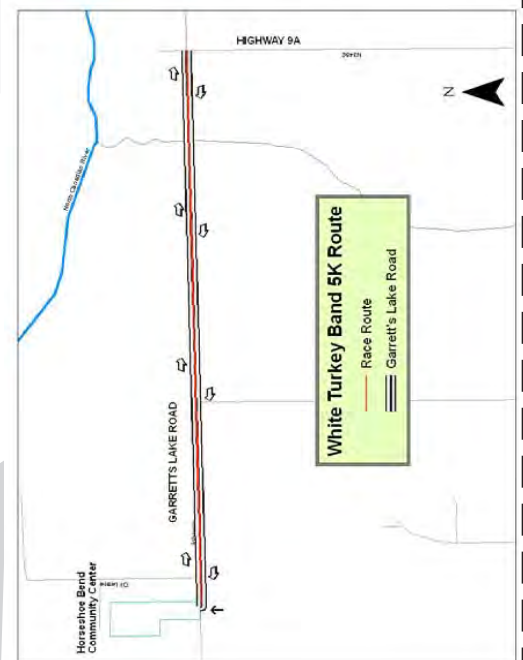
OPEN DIVISION FIRST, SECOND, THIRD PLACE FEMALE AND MALE RUNNERS WILL BE AWARDED.

CONTACT INDIVIDUALS LISTED BELOW FOR MORE INFORMATION IF NEEDED:

EDWINA BUTLER-WOLFE
405 481-0397

TWILA PARKER
405 229-8052

GWEN SWITCH
405 204-9612





2% milk served daily

September 2012

menu subject to change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Grandparents Day is a time to Do Something Grand! It is a call to action for grandparents and people of all ages to join together and advocate on behalf of America's future: our children and youth. More Info.: grandparentsday.org						
	2 Labor Day AST Closed	3 Chicken Patty Sandwich Lett, Tom Onion Rings/Fruit	4 Baked Potato Ham/Chez/Onions Broc. & Chez Fruit Cocktail	5 Soft Taco Lett, Tom, Onion Refried Beans Peaches	6 Oatmeal Sausage Patty Toast Raisins	7 8
	9 Ham Wrap Lett, Tom, Onion Pickles Chips/ Plums	10 Enchilada Casserole Mexi-corn Pears	11 Baked Fried Chicken Mashed Pot/Gravy Veggies Fruit	12 Shepherd's Pie Greenbeans Roll/Apricots	13 Pancakes Sausage Links Fruit	14 15
	16 Burrito Spanish Rice Chips/Salsa Fruit Cocktail	17 BBQ Chicken Baked Beans Mac n Chez Pudding	18 Chef Salad w/Ham Cott. Chez Pineapples	19 Chili Dog Onion, Chez Tater Tots Mand. Oranges	20 Scrambled Eggs Bacon /Toast Cereal	21 22 AST Elders Mtg 10am @ Little Axe Resource Center
	23 Hamburgers Lett,Tom,Onion Pork n Beans Peaches	24 Navy Beans w/ Ham Tater Rounds *Salad Bar	25 Ham Sweet Pot. Brussel Sprouts Bread/Fruit	26 Fish Coleslaw Hushpuppies Pie	27 Biscuit Sausage Gravy Eggs	28 29
30	LUNCH SERVED MONDAY-THURSDAY 11 AM TO 1 PM BREAKFAST SERVED FRIDAYS 9AM TO 11AM SALAD BAR SERVED AT CONGREGATE SITES ONLY				NOT GOING TO BE HOME CALL AND LET US KNOW 405-275-4030 EXT 169 OR NOTIFY YOUR DRIVER	

REGISTRATION FORM

White Turkey Band of the Absentee Shawnee Tribe
 1st Annual Open Division 5K Run/Walk and 3K Turkey Trot (1 mile walk)
 SATURDAY, OCTOBER 6, 2012
 HORSE SHOE BEND COMMUNITY BUILDING
 46309 GARRETT'S LAKE ROAD
 SHAWNEE, OKLAHOMA 74801

NAME _____ BIRTHDAY: _____ Mo _____ day _____ yr

ADDRESS: _____ PHONE: _____

CITY: _____ STATE _____ ZIP _____

IN CASE OF EMERGENCY CALL: _____ PHONE _____

GENDER: MALE _____ FEMALE _____ Email: _____

CHECK ONE: 5K RUN _____ 5K WALK _____ 3K TURKEY TROT _____

CIRCLE YOUR T-SHIRT SIZE ADULT SIZES: S M L XL XXL YOUTH SIZES: S M L

Entry Fee is \$20.00 per participant. 7:00am-7:45am Race Day Registration - \$25.00
 MAKE CHECK PAYABLE TO: WHITE TURKEY BAND

Mail to White Turkey Band, P.O. Box 3016, Shawnee, Oklahoma 74802-3016
 T-Shirt Pickup on Wednesday, October 3, 2012, 4:00 p.m. until 7:00 p.m.
 Horse Shoe Bend Community Center
 46309 Garretts Lake Road
 Shawnee, Oklahoma 74801

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. By entering and participating in this activity I assume all risks associated with running this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; traffic; and the conditions of the road. All such risks being known and appreciated by me, having read this waiver and knowing these acts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release White Turkey Band and the Absentee Shawnee Tribe, all sponsors, volunteers from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

SIGNATURE _____ DATE _____
 (IF UNDER 18, MUST BE SIGNED BY PARENT OR GUARDIAN)

OCTOBER 6, 2012 5K RUN AND WALK AND 3K WALK AT THE HORSE SHOE BEND COMMUNITY CENTER

RACE WILL START AT 8:00 AM!!!!!!!!!!!!!!!!!!!!!!!!!!!!

TWO CATEGORIES FOR THE 5K RUN ONLY:

6 YEARS TO 14 YEARS OF AGE

FIRST PLACE:

Female: \$100.00 Male: \$100.00

SECOND PLACE:

Female: \$ 75.00 Male: \$ 75.00

THIRD PLACE:

Female: \$ 50.00 Male: \$ 50.00

15 YEARS OF AGE AND UP

FIRST PLACE:

Female: \$100.00 Male: \$100.00

SECOND PLACE:

Female: \$ 75.00 Male: \$ 75.00

THIRD PLACE:

Female: \$ 50.00 Male: \$ 50.00

\$20.00 ENTRY FEE

DAY OF RACE ENTRY FEE WILL BE \$25.00

Any questions about activities you may contact:

Twila Parker.....405-229-8052
Gwen Switch.....405-204-9612
Melpherd Switch.....405-275-9508
Edwina Butler-Wolfe.....405-481-0397

WHITE TURKEY BAND

RAFFLE TICKETS

3 FOR \$5.00

FRINGE LADY INDIAN SHAWL OR A GROCERY BASKET

DRAWING WILL BE DRAWN AT HORSE SHOE BEND.

Where: HORSE SHOE BEND

When: SEPTEMBER 22, 2012

FALL FEST

WILL NOT HAVE TO BE PRESENT TO WIN.

PROCEEDS WILL BENEFIT THE HORSE SHOE BEND AFTER SCHOOL PROGRAM CHRISTMAS GIFTS AND TREATS FOR STUDENTS THAT ATTEND THE AFTER SCHOOL PROGRAM.



THE WHITE TURKEY BAND MONTHLY MEETING IS HELD ON THE FIRST SATURDAY OF EACH MONTH AT 10:00 A.M. AT THE HORSE SHOE BEND COMMUNITY BUILDING.

**46309 GARRETTS LAKE ROAD
SHAWNEE, OKLAHOMA**



HORSE SHOE BEND AFTER SCHOOL PROGRAM:



Summer 2012

Summer has come and is almost gone and school has started. The summer program was completed on July 26, 2012, students were awarded with a treat to the movies, they went to Cinema Centre 8, to watch "Ice Age 3D". All students had a great time as there were some students that had not had the experience of seeing a movie in 3D.

The last two weeks of tutoring the students was learning about our great state "Oklahoma". Stuart Rolette gathered information and made lesson plans. The first week we studied the government, state bird, song, flag, tree, vegetable, etc. The state flag seemed to be interesting to students as they learned about the different symbols displayed on our State Flag. Students also studied counties in the state of Oklahoma. Students made a trip to the Oklahoma City Zoo, on July 17, 2012. Despite of the warm temperature we had a great time students love to go see the animals at the zoo. I would like to thank Annie Wilson for driving the bus to the zoo.

Second and last week we read a book about Chief Tecumseh and watched a documentary about him. Students were taught about the Indian Tribes in the State of Oklahoma. I'm very proud of our 15 students that devoted their summer vacation to attend the Horse Shoe Bend Summer Tutoring. I would like to thank the parents for allowing their children to attend the summer program.

Horse Shoe Bend After School Program will start tutoring students September 4, 2012 for the 2012-2013 school year. Due to the increase of enrollment, we may have to schedule students in at least 2 days of a week. I am going to see how many tutors I can get to come out, and a good count of students. The first couple of weeks we will see how it goes before we have to schedule students.

Here is the schedule for after school: Monday thru Thursday, 3:00 pm until 6:00 pm, for students in Kindergarten through the Eighth Grade. Students will have a snack, and will be required to do their homework. Parents will have to bring students out and pick them up. If students attend North Rock Creek School the bus will drop them off at Horse Shoe Bend, parents must let the Office know at North Rock Creek School, before student rides bus to Horse Shoe Bend After School Program.

If you know of anyone who needs help in school homework please call me at 405-481-0397.



Stuart Rolette and some summer students playing football



HORSE SHOE BEND 2ND ANNUAL GOLF CLINIC
AUGUST 2012

August 6-7, 2012 was our Annual Golf Clinic it was held at the FireLake Golf Course, Shawnee, Oklahoma. From the first year our golf clinic has grown, this year we had 34 participants sign up compared to last year, we had 22 participants. The clinic was instructed by Jr. Little Axe. I was very pleased with his hard work and his knowledge he showed with our young golfers. Also, very fortunate to have the Little Axe Family to help out. We had three generations of golf knowledge, Danny Little Axe, Jr. Little Axe, and Josh Little Axe. This year's golf clinic was a big success due to so many volunteers that instructed the young golfers with their knowledge, many of the volunteers play golf on a daily bases. I'd like to thank the following volunteers: Deidra and Roger Loveland, Steve Johnson, Dan Little Axe, Jr. Little Axe, Randall Watson for volunteering your second year at the clinic. Dillon Byrd, Moose

Blanchard, Cody McNally, Cecil Walker, Kevin Kaseca, Dale Davis, Donnie Henson, Scott Miller, Connor Edwards, Derek Dixon, Stuart Rolette, Josh Little Axe, Dennis Burks, Kenny Jones, Christie Shaffer, Lesa Shaw, Diane Ponkilla, Gabriella Perez, Lt. Governor Isaac Gibson, and Representative Jeff Gibson.

I would like to thank Mrs. Linda Capps, Vice- Chairman of the Citizen Potawatomie Nation and Chris Chesser of Firelake Golf Course for the use of the golf course.

A donation of 3 sets of Jr. Golf Clubs was donated by Golf U.S.A. in Oklahoma City. Thanks to Kevin Kaseca for this contact with Golf Club U.S.A.

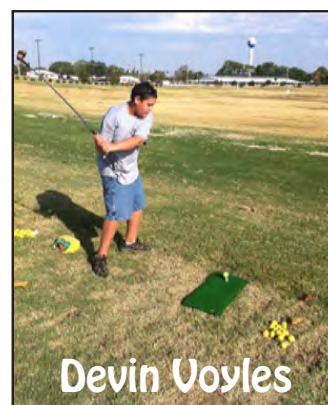
We had a very special spectator the second day of golf, one of our Absentee Shawnee Tribal Elder Mrs. Clara Kaskuske. Mrs. Clara kept close attention on her great-grand son, Devin Voyles, who was a participant at the golf clinic. We were glad to see Mrs. Clara.

Thank you to the following businesses: Thunderbird Casino, Firelake Golf Course, Golf U.S.A., and Uncommon Threads.

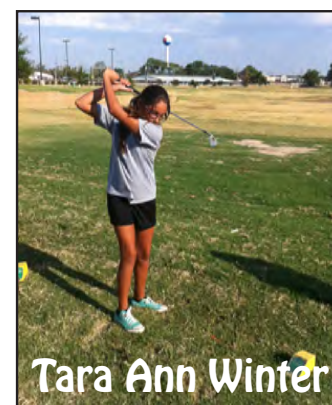
Thanks to the parents and grandparents who delivered our future golfers to the Golf Clinic. Also thank Annie Wilson for the Sports Award Certificates for Participating; that she developed for the Golf Clinic. And as always I like to thank the MIS Department and the OEH Department.

Thank you,
Edwina Butler-Wolfe, Director
Horse Shoe Bend After School

405-275-4030, Ext: 133 ~ Fax: 405-273 -9629 ~ edwinab@astribc.com



Devin Voyles



Tara Ann Winter



**HORSE SHOE BEND 2ND ANNUAL GOLF CLINIC
AUGUST 2012**

FRONT ROW LEFT TO RIGHT:

Keven Kaseca, Jayden Robinson, Raven Ponkilla, Abbe Owings, Ethan Whiteman, Eryn Johnson, Tyler Johnson, Jocelyn Davis, Kantynn Kaseca, Ruben Wilson, Brody Miller, Ethan Ponkilla, Devin Voyles, Tara Ann Winter, Kenyon Robinson, Ausfin Bell, Steve Johnson, Kenny Jones, Edwina Butler-Wolfe, Danny Little Axe.

MIDDLE ROW LEFT TO RIGHT:

Dennis Burks, Donny Henson, Diane Ponkilla, Eben Watashe, Nicholas Shaffer, Justin Martin, Azlin Prado, Blake Haskins, Jimmy Rumsey, Landon Wise, Brendan Winter, Dainel Castaneda, Wayne Skinner, David Skinner, Katie Wilson, Desiree Johnson, Christie Shaffer, Gabriella Perez.

BACK ROW LEFT TO RIGHT:

Jr. Little Axe, Derek Dixon, Connor Edwards, Deidra Loveland, Roger Loveland, Kevin (Moose) Blanchard, Dillon Byrd, Josh Little Axe, Cecil Walker, Stuart Rolette, Randall Watson.

WHITE TURKEY BAND NEWS

BINGO Night at the Horse Shoe Bend Community Center on August 17, 2012 was a big success.

Would like to thank all the White Turkey Band Members for all their hard work in making this event a enjoyable evening. Like to thank all the bingo players for their attendance, we were happy to see Mrs. Clara Kaskuske come out to play bingo, proceeds will help with the after school program with activities that will be coming up such as Christmas.

A special presentation was conducted by David Little, David Voyles, Veterans from the Absentee Shawnee Veterans Association. They honored Hubert Switch, Absentee Shawnee Tribal Member, and Member of the White Turkey Band, with a Gold Coin for his service in the Army, and U.S. Marines. Herbert joined the Army March, 1956 and was stationed in Korea. In March of 1958 Herbert enlisted with the U.S. Marine Corp and was discharged May 1973 as Sergeant. He served two tours in Viet Nam.



**ABSENTEE SHAWNEE
TRIBE OF OKLAHOMA**

**RECYCLING MA-
TERIAL THAT
WE ACCEPT.**

ALL WHITE PAPER, ENVELOPES, COLORED PAPER, JUNK MAIL, FAX PAPER, MAGAZINES, NEWSPAPER, CARD BOARD, AND ALUMINUM CANS.

**MATERIAL WE
DO NOT AC-
CEPT.**

TONER, CARBON PAPER, FOOD WASTE, AND PLASTIC.

**REMEMBER,
WHEN IN DOUBT
THROW IT OUT.**

**CONTACT
INFORMATION**

ABSENTEE SHAWNEE
TRIBE OF
OKLAHOMA

OFFICE OF ENVIRONMENTAL
HEALTH &
ENVIRONMENTAL
PROGRAMS.

2825 S. GORDON
COOPER DR.
SHAWNEE, OK
74801

PHONE: (405) 214-
4235

FAX: (405) 878-
4701

Absentee Shawnee Tribe Recycling Program

“To Establish a recycling program for municipal waste planning, reduction, and Recycling”

The Office of Environmental Health and Environmental Program is proud to announce the start of a new recycling program for the Absentee Shawnee Tribe. The recycling center is located in the yellow metal building adjacent to the OEH Department. The Absentee Shawnee Tribe (AST) Recycling Program Program declares that waste reduction and recycling are the preferable to the

or processing of municipal waste, and that removing certain materials



from the municipal waste stream will decrease the flow of solid waste to municipal landfills. AST Recycling Program used the knowl-

edge and information about recycling markets and market demand as well as information obtained from various publications and the internet to comprise an analysis of material the recycling program will address at the start of the program. AST Recycling Program Plan establishes a goal that, by year's end 2013, at least 25 % of the recyclable material produced by the Tribe will be recycled.

Reduce, Reuse, and Recycle

The AST recycling Program will initially focus on the following waste stream material; High-Grade shredded paper, Assorted office paper,

Phone books, Magazines, Cardboard, Newspaper, and Aluminum cans. As the program and market develops, other recyclables will be sought.

There is a cost associated with recycling, However, economic, social, and environmental benefits exceed these cost.



THE UNIVERSITY OF OKLAHOMA HEALTH SCIENCES CENTER POSITION AVAILABLE

The University of Oklahoma Health Sciences Center has a part-time Community Research Assistant (CRA) position currently available. This individual will work on a grant funded project through the Susan G. Komen for the Cure Foundation which is a collaborative project between various Oklahoma tribes pertaining to Native American women and breast cancer. The CRA will work in Shawnee and assist in research activities such as administering surveys and informed consents; participate in meetings, trainings, and community events; assist in focus groups; and perform data entry and recruit Native American women. The CRA must have excellent interpersonal, collaborative and organizational skills; ability to take initiative; flexible and adaptable; good oral and written communication skills; and must have reliable transportation. This position does not have benefits. Salary is \$9.09-\$12.12/hour or more depending on experience.

To ensure review of application, materials must be submitted electronically via the website (jobs.ou.edu) and look for requisition #14540. For further information please contact Dr. Eleni Tolma (405)271-2017 ext. 46757

After School Program

Come join us at the AST Resource Center!!!

- Free Tutoring in all subjects!
- Snacks!
- Games and activities!
- Field Trips!
- Delinquency Prevention!
- Healthy Lifestyles!

And Much More!

OPEN TO ALL MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS

Everything is offered with no charge....Little Axe bus will transport students to the AST Resource Center on Peebly Road and parents are responsible for picking students up at 6:00pm.

Duration: Starts September 4th and will run through the school year.

Monday-Thursday, 2:45pm-6:00pm

For more information and sign up please contact Blake Goodman at (405) 364-7569



Tribal Youth Council

Location: AST Complex Building 1



Date/Time: First Meeting will be September 15th at 10:00am. Meetings vary in length, but usually last at least an hour.

Participants /Ages: 6th grade to 12th grade. The Youth Council is open to all students in this grade range.

Transportation: Parents will be responsible for bringing and picking up their child.

What is it? : The Youth Council is a way for students from the surrounding AST communities to work together and bring to light things they need help with in their school. It is also a way for students to work and learn how they can create a difference for the tribe and their own community. We explore different prevention topics, volunteer in the community, and also explore further educational options.



Questions: For Further questions please contact Tresha Spoon at 275-4030 ext. 121, or Blake Goodman at 364-7569.



The WIA Youth program is happy to announce that we had a great group of youth works this summer. The group of youth seemed eager to begin work. They were placed in these departments: OEH, Realty, Finance and TERO.

We try to give all youths a chance to get the work experience with the tribe. The ages of the youth range from 14 years to 21 years and live within the tribal jurisdiction, and low income.

Wills Clinic

October 11, 2012
9:00 am - 4:00 pm
Absentee Shawnee
Tribal Complex
Building 1

To make an appointment
Call OILS at:
(405) 943-6457 or
1-800-658-1497

If anyone needs assistance
with a will before
then, call the same number
to make arrangements
for an appointment to
meet with OILS attorney.

EDUCATION DEPARTMENT

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy form at the Education Department office or for download at www.astribe.com

- **Academic (K-12) Program:** assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- **Zahn Program:** established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- **Job Training Adult Education Program:** funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- **Higher Education: Education Incentive Award Program:** funds for undergraduate degrees, one associates or bachelors degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- **Graduate Scholarship Program:** funds for one master's degree or one doctoral degree, and can fund for one graduate admissions test. This program has funding levels based upon full-time and part-time status.

All funding is based upon the availability of funds at the time of application.

All applications and guidelines are available at www.astribe.com. Click on Services and select Education.

For more information, please call Tresha Spoon at
(405) 275-4030 ext. 121 or 1-800-256-3341 or email to
tresham@astribe.com.





Are you at risk for diabetes, have diabetes or know someone who does? Type 2 diabetes is the most common type of diabetes and affects millions of Native Americans. Many people are unaware that they have diabetes or pre-diabetes. Native Americans are twice as likely to develop Type 2 diabetes than others. Some common signs and symptoms include:

- Frequent infections
- Blurred vision
- Cuts/bruises that are slow to heal
- Tingling/numbness in the hands/feet
- Recurring skin, gum, or bladder infections

Often people with type 2 diabetes have no symptoms.

Some ways to prevent and manage diabetes is through healthy lifestyle behaviors. One question that many people with diabetes or pre-diabetes often ask is "What can I eat?". The American Diabetes Association states that you do not have to be deprived or restricted. The key factors are learning what are the "superfoods", how much of it you can have and how often. Getting into the habit of eating a healthy diet helps you manage diabetes and prevent complications caused by diabetes.

The following foods are listed on the American Diabetes Association web site as "superfoods". Try to incorporate as many of these foods into your daily meal plan to enhance the nutrient content of your meals.

The foods listed have a low glycemic index (causes slower rise in blood glucose after eating) and provide key nutrients that are lacking in the typical western diet such as:

- calcium
- potassium
- fiber
- magnesium
- vitamins A, C, and E.

Beans, dark green leafy vegetables, citrus fruit, sweet potatoes, berries, tomatoes, fish high in Omega-3 fatty acids, whole grains, nuts, fat-free milk and yogurt. To learn more about eating these superfoods and recipes visit diabetes.org and sign up for Wellness and Healthy Eating classes at the Little Axe Clinic. Call Sidna McKane to sign up at 405 701-7977.

Source: American Diabetes Association at www.diabetes.org

Absentee Shawnee Behavioral Health

Absentee Shawnee Behavioral Health is now providing counseling services in both Shawnee and Little Axe locations. We are taking new patients at this time. Our facilities offer an array of services including but not limited to:

- *Psychiatry- adult and child
- *Intensive Outpatient Groups
- *Domestic Violence Counseling
 - *Grief Counseling
- *Substance Abuse Counseling
 - *Individual Therapy
 - *Group Counseling
 - *Bio Feedback
 - *Stress Reduction
 - *DUI Assessment

We welcome back Kristy Morrell – she is now located at the Little Axe Clinic

We would like to extend a warm welcome to our newest staff:

Dr. Julia Irwin is a psychiatrist and has been providing services at the Little Axe Clinic. She is available on every Thursday.

Dr. Peter Stanbro is a child psychiatrist and will be currently taking new patients. He will be providing services every Thursday at our Little Axe Clinic.

Monte Blake, LPC is one our newest clinician's. He is located at our Shawnee Clinic.

If in need of services call:
Shawnee: 405-878-4716
Or
Little Axe: 405-447-0300



PHARMACY NEWS

ABSENTEE SHAWNEE TRIBAL PHARMACY



• As of January 1, 2012, Oklahoma State Law mandates a current photo ID is required for EVERY time ANY controlled medication being picked up.

• Both Shawnee and Little Axe pharmacy locations both fill prescriptions for members of all tribes, but outside prescription orders are restricted to Absentee Shawnee Tribal citizens with established charts.

• If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with a current cell phone number.

The following are a few tips to help us be more efficient in our delivery of pharmacy services to you:

- ✓ Present insurance cards each time you pick up or drop off a prescription
- ✓ Keep us informed of changes in address, phone number and other contact information.
- ✓ Let the Pharmacy staff know if the prescription is going to be picked up or needs to be delivered.
- ✓ When requesting refills, please provide 24 hours notice and either the refill number, which is located above your name on the prescription label, or the names of your medication.

If you have any questions at any time, feel free to call the Pharmacy or stop by and speak with one of our Pharmacists. We are here to assist you with your pharmaceutical needs!

New Hours of Operation for the Pharmacy:

Shawnee: 7am-6pm Monday-Friday

Little Axe: 7am-5:30pm Monday-Friday

We are open through the lunch hour!!

****Both pharmacy departments are closed the first Wednesday of each month to complete administrative duties****

Good Day to Everyone.

I wanted to pass along a few pieces of information that may be useful.

This is a quick reminder of the Overnight Language Immersion Camp, to be held on Friday, September 14th to Sunday, September 16th. At this time, the only items you will need to bring for this event is: clothing, bedroll or sleeping bag, towel and toiletries (shampoo, soap, toothpaste). Remember that we will be outdoors for some of the instruction, so please dress appropriately. Pants or jeans may be necessary for those with allergies or to prevent scratches. All meals and drinks will be provided. You must have an application and release form on file in order to participate. Please call our offices and we'll be happy to send one by correspondence or you may stop by our department. The camp has limited slots, so please sign up quickly.

Later this month, our department will be returning to Daniel Boone National Forest in Kentucky, for the Archaeological Weekend, September 21-22. Our Tribe has been well represented at this event in years past and we want to continue to do so. I am in need of volunteers that would like to participate and demonstrate some of our culture. Specifically, I'm looking for a few men and ladies to Stomp Dance for our presentation. Transportation, hotel and meals will be provided. Again, the only items needed are: clothing, toiletries and personal spending money. If you would like to be involved, have the skills and capacity to travel, please call our office for information.

Finally, I would like to announce the hiring of two employees: Office Asst/THPO Specialist Liana (Staci) Hesler, and Gift Shop Asst. Manager Esther Lowden. They both bring a tremendous amount of skills and experience to their respective programs. When you get a chance, please stop by to say hello and welcome them to the Tribe. We are lucky to have them and I am excited about the possibilities of the impact they will have in our department. I have asked them to write a brief biography about themselves, which should appear with this update. We look forward to providing the best service possible. If we don't have what you need, let us know and we can make a special order. Should you have any concerns or questions, please call me at my office, (405) 275-4030 ext. 203 or send me email at: joseph.blanchard@astribe.com.

Thank you for your time.

Joseph H. Blanchard
 Cultural Preservation Director/ Tribal Historic Preservation Officer Absentee Shawnee Tribe of Oklahoma Shawnee, Oklahoma 74801
 (405) 275-4030 ext. 203

ASTribe

Indian Child Welfare Department

FOSTER CARE

This article appears in the Daily Times in Farmington, New Mexico. And even though this talks about the foster care program and tribal children in foster care, this article can speak on behalf of what the Absentee Shawnee Tribe Foster Care and other tribes are going thru. Finding foster homes is a necessary to not only protect AST children but to also maintain their cultural identity, heritage and traditions. The Absentee is a small tribe and we should be able to work as ONE TRIBE to care for the AST children. If you have any questions, contact the ICW department at (405)275-4030.

“Only two foster homes in San Juan County belong to American Indian families, but more than half of the 85 children in foster care now are American Indian. That means about 40 American Indian youths in the local foster system are living with non-native families. The Children, Youth and Families Department, charged with placing children in alternate homes if their own

families are deemed unsafe for reasons of abuse or neglect, is having a hard time finding enough native families for the number of native children in the system.

The department does everything it can to match a child with a family of a similar background. That doesn't work when fewer homes than children are in the system, which means native children more often than not end up in non-native families. This is contrary to federal policy, which directs the department to make every effort to place children of American Indian descent in homes that nourish their cultural identity. But without more native families stepping up to offer a home for children, there is little the department can do to remedy this situation.

The Indian Child Welfare Act provides four placement options, which the department must pursue in descending order every time it places a native child. The first option is to place American Indian children with a relative who can provide a safe environment and who eventually attains a foster care license. The second option is for a child to be placed in a family from the same American Indian tribe. The third is for the child to be placed with a American Indian family not of the same tribe. The final option, and the one the CYFD most often uses, is matching native children with non-native families that simply have a foster care license.

This is a loss for children and for potential foster families. It's also a loss when it comes to efforts to revitalize native traditions and teach them to the children. We encourage all native families with the resources that can allow children a home to contact the Children, Youth and Families Department. Fostering a child is one of the most rewarding things a family can do.”

In the state of Oklahoma alone, there are almost 3000 Native American children in the foster care program with a majority of these children placed in non-native placements. Now imagine if your son, daughter, grand children were placed in another home that didn't teach or understand the Absentee Shawnee traditions. What would happen to their identity, their sense of being a AST, their sense of belonging and being proud of being a Absentee Shawnee?

The AST ICW dept are in need to foster homes. Emergency homes, temporary homes, it doesn't matter. We have made it a goal to get certify at least 5 homes to be foster homes for the AST. With obtaining more every year from this point on. It takes ONE TRIBE to care for ONE CHILD. As the great Tecumseh said, “A SINGLE TWIG BREAKS BUT A BUNDLE OF TWIGS IS STRONG.”

For more information about being a foster home, please contact the Indian Child Welfare Department at (405)275-4030.

Foster Parents Needed!!!

Can you open your home and heart for a foster child? Foster parents provide a temporary, safe home for children in crisis. Foster parents are partners with child welfare workers, lawyers and judges. It is not for everyone but if you have it in your heart - we need you.

- Can you love and care for a child who comes from a difficult background?
- Can you help a child develop a sense of belonging?
- Are you secure in yourself & your parenting Skills?
- Can you maintain a positive attitude toward a child's parents?
- Can you love with all your heart & then let go?

FOSTER PARENTS PROVIDE A TEMPORARY, SAFE HOME FOR CHILDREN IN CRISIS. THEY ARE PARTNERS WITH WORKERS, LAWYERS, AND JUDGES. IT IS NOT FOR EVERYONE! CAN YOU OPEN YOUR HOME AND HEART FOR A FOSTER CHILD?

Many children need a loving home and a family to help them through a very tough time. Please think about it and talk with your family before you become a foster home. They all need safe, supportive environments!

If you find yourself and your family interested in Foster Care, please contact J.R. Wind - 405-275-4030 ext. 195.

Hello! My name is Liana Hesler, but everyone calls me by my middle name, Staci. I am a member of the Ponca Tribe of Oklahoma. I live in Norman with my fiancé and two children. Here in the Cultural Preservation Department, I work in the

Tribal Historic Preservation Office (THPO) as the part-time THPO Specialist. Part of my job is to review Section 106 notifications and respond accordingly to specific determinations based on the notification details.

I assist the director with various other duties such as the gift shop and library, on an as-needed basis. These job duties are balanced with being a part-time student at the University of Oklahoma, as I was recently accepted into the Doctorate Program. I am grateful and thankful to be a student and still have the opportunity to be employed with one of the great tribes in Oklahoma. I look forward to being

involved with this department and getting the chance to meet many of you at some point in the future.

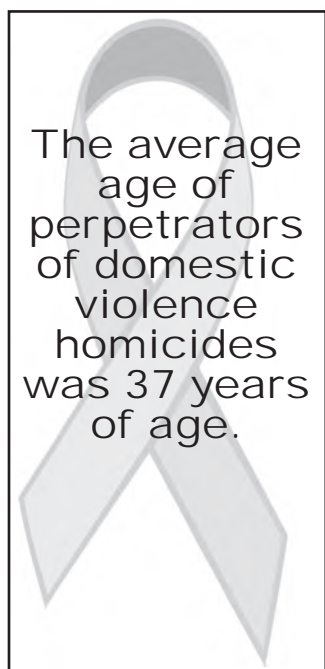
If you have any concerns or questions, you may call me at my office, (405) 275-4030 ext. 204 or send me email at: lhesler@astribe.com. Thank you for your time.

Hello, my name is Esther L. Lowden. I was born in Hominy, OK and am of the Osage and Potawatomi Nations. I reside in St. Louis, OK with my husband of 48 years, Nobbie J. Lowden. We have two sons, Robert Lowden; and Junior Lowden and wife Jai. I also have six grandchildren, one great grandson and one great granddaughter on the way.

I am honored to have been selected as the Asst. Manager for the AST Gift Shop. I have over 15+ years experience and a passion for assisting Native Peoples. I look forward to the opportunity to meet and service the AST community. Please stop by the Gift Shop to visit and say 'hello'.

If you have any concerns or questions, you may call me at my office, (405) 275-4030 ext. 122 or send me email at: elowden@astribe.com.

Thank you for your time.



Safety Tips from



- √ Never leave children alone in or around cars; not even for a minute.
 - √ Put something you'll need like your cell phone, handbag, employee ID or brief case, etc., on the floor board in the back seat.
 - √ Get in the habit of always opening the back door of your vehicle every time you reach your destination to make sure no child has been left behind. This will soon become a habit. We call this the "Look Before You Lock" campaign.
 - √ Keep a large stuffed animal in the child's car seat when it's not occupied. When the child is placed in the seat, put the stuffed animal in the front passenger seat. It's a visual reminder that anytime the stuffed animal is up front you know the child is in the back seat in a child safety seat.
 - √ Make arrangements with your child's day care center or babysitter that you will always call if your child will not be there on a particular day as scheduled.
 - √ Keep vehicles locked at all times; even in the garage or driveway and always set your parking brake.
 - √ Keys and/or remote openers should never be left within reach of children.
 - √ Make sure all child passengers have left the vehicle after it is parked.
 - √ When a child is missing, check vehicles and car trunks immediately.
 - √ If you see a child alone in a vehicle, get involved. If they are hot or seem sick, get them out as quickly as possible. Call 911 or your local emergency number immediately.
 - √ Be especially careful about keeping children safe in and around cars during busy times, schedule changes and periods of crisis or holidays.
 - √ Use drive-thru services when available. (restaurants, banks, pharmacies, dry cleaners, etc.)
 - √ Use your debit or credit card to pay for gas at the pump.
- For additional information about ways to keep children safe in and around vehicles, visit our website at www.KidsAndCars.org.

RAFFLE TICKETS

On sale for \$5.00 each

Raffle item:

50" HiDef Flat Screen TV

Donated by

**Thunderbird Entertainment
Center**

**Drawing to be held at the
AST Elders Veterans' PowWow**

November 10, 2012

**Contact any AST Elder to purchase
your tickets.**



AST COUNTRY KITCHEN

Sunday - 7am to 7pm
Monday - 7am to 3pm
Tuesday - 7am to 3pm
Wednesday - 7am to 8pm
Thursday - 7am to 8pm
Friday - 7am to 9pm
Saturday - 7am to 9pm

Early Bird Breakfast

\$4.99

*2 Eggs/Bacon or Sausage/Hash
Browns*

Biscuits & Gravy or Toast & Coffee

*(Not valid on Saturday or Sunday. 1 coupon
per customer. With coupon.*

No substitutions



***Check out our
daily homemade
lunch specials!***

***Something
different
every day!***

Open 7 Days A Week!



366-7220

**(In Front of Thunderbird Entertainment Center Next
to AST Smoke Shop)**

ABSENTEE SHAWNEE TRIBE
OF OKLAHOMA
DOMESTIC VIOLENCE
DEPARTMENT



Victim Advocacy

Assist victims by offering educational classes that focus on the dynamics of domestic violence and sexual assault, stalking and dating/violence. Each victim is helped with emotional support and resources both from Tribal programs and local community programs.

Court Advocacy

Assists survivors with domestic violence court related appearances as well as filing for emergency protective orders (EPO) or restraining orders.

Housing and Utility Assistance

Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

Transitional Housing

The AST DV Transitional Housing Program serves victims of Domestic Violence. Participants have up to two years to obtain education and job skills needed to begin a new life. Services include case management, counseling, and transportation. There are four homes all equipped with furniture and basic household items.

Referral Assistance

Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

Sexual Assault Advocacy

The AST DV Sexual Assault Program is on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to sexual assault survivors at hospitals, police stations and throughout the legal system. The Program also serves as a resource center to the community by offering educational information and referrals.

Shelter Placement Assistance

The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

Community Outreach

The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 275-4030.

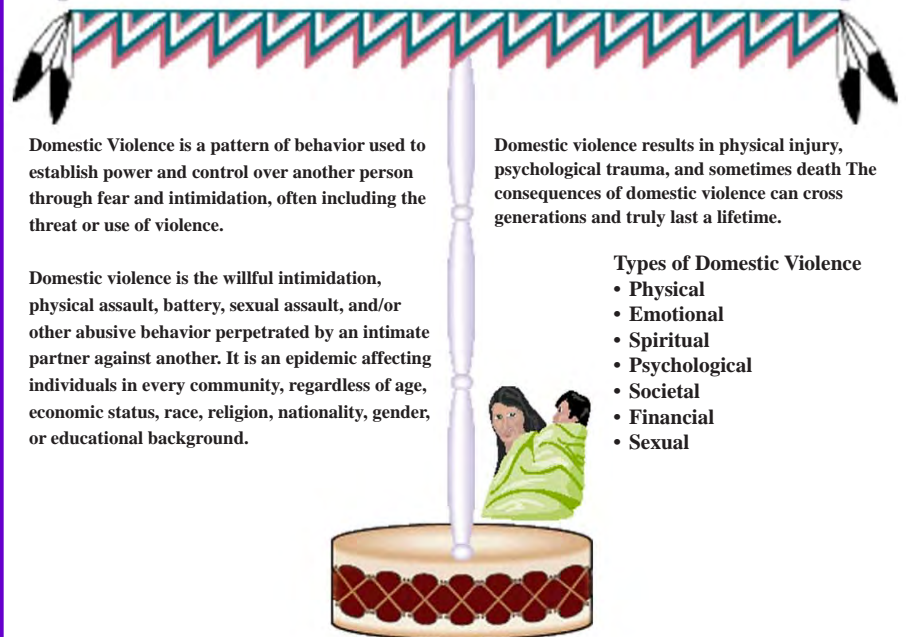
Join the Defensive Line

Kickoff for the The Absentee Shawnee Tribal Complex
@ 2:00 p.m. on Monday October 1, 2012!

Kickoff for the Little Axe area will be held at the Clinic
@ 2:00 p.m. on Tuesday October 2, 2012!

For Assistance please contact our
Office at 405-273-2888

October is Domestic Violence Awareness month



Domestic Violence is a pattern of behavior used to establish power and control over another person through fear and intimidation, often including the threat or use of violence.

Domestic violence results in physical injury, psychological trauma, and sometimes death. The consequences of domestic violence can cross generations and truly last a lifetime.

Domestic violence is the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior perpetrated by an intimate partner against another. It is an epidemic affecting individuals in every community, regardless of age, economic status, race, religion, nationality, gender, or educational background.

Types of Domestic Violence

- Physical
- Emotional
- Spiritual
- Psychological
- Societal
- Financial
- Sexual

3 OUT OF 4 AMERICANS PERSONALLY KNOW SOMEONE WHO HAS OR IS A VICTIM OF DOMESTIC VIOLENCE.

1 IN 4 WOMEN EXPERIENCE DOMESTIC VIOLENCE IN THEIR LIFETIME 4.8 MILLION DOMESTIC VIOLENCE CASES IN U.S.A. ANNUALLY.

ON AVERAGE MORE THAN 3 WOMEN AND 1 MAN ARE MURDERED BY INTIMATE PARTNERS IN AMERICA DAILY.

1 IN 5 STUDENTS REPORT BEING PHYSICALLY AND/OR SEXUALLY ABUSED.

ONLY 1 IN 3 TEENS WHO WERE IN AN ABUSIVE RELATIONSHIP EVER TOLD ANYONE ABOUT THE ABUSE.

AGES 16-24 TRIPLE THE NATIONAL'S AVERAGE OF INTIMATE PARTNER VIOLENCE.



ABSENTEE SHAWNEE TRIBE
OF INDIANS OF OKLAHOMA
2025 S. GORDON COOPER DR.
SHAWNEE, OK 74801

PRSRT
STANDARD MAIL
U.S. Postage Paid
Permit No. 434
Shawnee, OK 74801

RETURN SERVICE
REQUESTED

ABSENTEE SHAWNEE TRIBE - SHAWNEE DEPARTMENT EXTENSIONS

Tribal Complex (405) 275-4030 or 1-800 256-3341

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	Whitney Weingartner	134	Alternate No.....		878-5850
	Troy Littleaxe.....	134	Duke Blanchard		395-0593 / 395-9006
	Michalah Anderson.....	134	Douglas Meghehe		878-4702
					Toll free.....1-877-878-4702
			LITTLE AXE CLINIC		
			Clinic - Medical.....		447-0300
			After hours		447-0498
			Clinic - Dental		307-9704
			Diabetes		360-0698
			Pharmacy.....		292-9530
			Resource Center.....		364-7298
			(Chesky Wrens, Buster Bread, Rosie Tallhair, Jared Duray)		
			Shawnee Clinic		
			Clinic (Bldg. 17).....		878-5850
			Pharmacy.....		878-5859
			Toll free.....		1-866-742-4977
			OTHER ENTITIES & TOLL FREE		
			All Nations Bank.....		273-0202
			ASEDA		878-6782
			AST Campus		275-4030
			Toll Free		1-800-256-3341
			Brendle Corner		447-3372
			Building Blocks		878-0633
			(Lora Beeter, Lauren May, Rick Short)		
			AST Housing.....		273-1050
			Media		598-1279
			(Sherman Tiger)		
			OEH/OEP.....		214-4235
			(Kenny Jones, Roger Anderson,		
			Cecilia Flores, Dennis Burks)		
			Police Dept.....		275-3200 / 275-3432
			Thunderbird Casino NRM		360-9270
			Shawnee Casino		405-273-2679
			Tribal Store (Little Axe)		364-0668
			PAGING ZONES		
			ALL PAGE.....		70
			Finance page.....		71

2011
TRIBAL PHONE NUMBERS

Tribal Complex (405) 275-4030
1-800 256-3341

or

Building Blocks (405) 878-0633
Health Programs (405) 878-4702
or 1-877-878-4702

Little Axe Clinic (405) 447-0300
Little Axe Dental (405) 307-9704
Shawnee Clinic (405) 878-5850
Shawnee Pharmacy (405) 878-5859
Behavioral Health (405) 878-4716
LA Resource Center (405) 364-7298
or (405) 364-7569
LA Cultural Center (405) 447-3372
AST Police (405) 275-3200
or (405) 275-3432
OEH/OEP (405) 214-4235
AST Housing Authority (405) 273-1050
Thunderbird Casino (405) 360-9270
or 1-800-259-LUCK

AST Tribal Grocery & SmokeShop Little Axe (405) 364-0668
AST Country Kitchen (405) 366-7220
AST Smokeshop in Harrah (405) 454-0055
ASEDA (405) 878-6782
or Fax: (405) 878-4542

Cover art is a selection of Earnest Spybuck painting,
"Leader Dance" circa 1908-1910