

The Absentee Shawnee News

April 2014 — Vol. 27 No. 27



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ABSENTEE SHAWNEE ELECTION COMMISSION OFFICIAL ELECTION RESULTS MARCH 26, 2014

This is to announce the OFFICIAL results of the March 15, 2014 Primary Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant on the Tribal Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

EXECUTIVE COMMITTEE

Lt. Governor (2 Year Term)

John Al Little Axe	36	Votes
Isaac Gibson, Jr.	191	Votes
Isaac Bettelyoun	40	Votes
Diane Ponkilla	43	Votes
Wynona Coon	31	Votes
Betty Watson	25	Votes
Kathy Deere	75	Votes

Tribal Treasurer

Ewell Longhorn	133	Votes
Sharon Ponkilla	118	Votes
Leah Bates	183	Votes

ELECTION COMMISSION

Election Commissioner (2 Year Term)

Retha Wilson-Pearman	174	Votes
Briana Ponkilla	243	Votes

Commission Member #2 (3 Year Term)

Alicia "Aly" Edwards Miller	220	Votes
Mary Birdtail	203	Votes

Tribal Representative

Jeff Gibson	141	Votes
Sherman Tiger	104	Votes
Dewayne Wilson	87	Votes
Kenneth Blanchard	105	Votes

Tribal Representative position under Protest: will not be certified until Protest is settled.

EASTER EGG HUNT

At TRIBAL COMPLEX IN SHAWNEE

April 12th
10:00 to 12:00
0-18 YEARS OLD

A light lunch will be served

*Must have CDIB card

EXECUTIVE COMMITTEE

Edwina Butler-Wolfe
Governor

Issac Gibson
Lt. Governor

Vera M. Dawsey
Secretary

Kathy Deere
Treasurer

Jeffrey Gibson
Representative



Governor's Report

Hello my Absentee Shawnee people!

This month our primary elections have occurred and since then my Office has received numerous calls and visits from concerned individuals about the future of our Tribe. All I can say to this is - your vote can make a difference. If you are concerned about your service levels and about these individuals then you, my Tribal people, are the ones who can change that or continue it. I cannot. My goal is to work with those you place in Office. We face too many struggles as a sovereign nation for us to not move forward as a political body. The City of Shawnee continues to aggressively seek to impose taxation on those who may eat in our casino (non-member tribal people and non-natives), those who purchase items from our gift store, etc. here at our Tribal complex in Shawnee. This sales tax issue isn't just one Tribes concern. This is an issue that could directly impact our Tribe's governmental system. Many of our Programs such as Cultural Preservation, Language, Indian Child Welfare, TERO, Title VI (for seniors), Veterans, Media and Music are partially, if not fully, supported by our tax revenues. Our elected body is also partially funded by this tax revenue with the remainder of that cost being paid through what is called Indirect Cost. The General Fund is created by taxing our casino, earnings (employees), lodgers, tags, vendors, severance and sales. If we, as a Tribe, agree to this taxation not only would it impact our ability to serve our people but it would erode our sovereignty as a Tribal nation. Our four neighboring Tribes stand united with us on this effort: Sac and Fox Nation; Kickapoo; Iowa Tribe; Citizen Potawatomi Nation. There are other Oklahoma Tribes that stand ready to support this issue as we seek to resolve it.

As a reminder - voting is a privilege that was a hard won right for us as a Tribal people. This privilege is vested in individuals when they reach 18 and then it becomes a matter of choice. You can either choose to exert that right or accept the consequences of when you don't. The issue with the City of Shawnee is a way of exerting that 'right'. The City of Shawnee continues to be oppositional to Tribes in the Shawnee area. We as a Tribe need to look at alternate solutions to this problem and it is my hope that each of you who reside in the City of Shawnee will get out and register to vote and vote for a candidate that values our people and listens to our concerns. Voting can and will make a difference. This year there are three City Commissioner offices that will be open. These are for First Ward (Ward 1); Fifth Ward (Ward 5); and Sixth Ward (Ward 6). The dates that are meaningful to this City election is as follows:

- April 9-11, 2014 Filing Period for candidates
- May 30, 2014 Last day for Voters to register
- June 24, 2014 General Election

August 26, 2014 Runoff Election

Over the next three months it is my intent to actively educate and assist voters on both our own AST upcoming General Election and on the City of Shawnee General Election. I will be calling upon our Election Commission to assist in this effort for our own elections. If you have questions about our Election please contact Meredith Wapakeche at 405-275-4030, Ext. 150. If you have questions about the City of Shawnee sales tax issue please contact me at 405-275-4030, Ext. 188. Our elections are vital to us as a Tribe and to us as a sovereign nation. Please exert your privilege, your right as a citizen and vote! The months of February-March have been very busy as programs prepare grants, develop policy, look at staffing and meet the demanding fiscal management of their programs. We are also preparing reports for General Council (GC) and are looking at placing on the GC agenda the Ordinance for the elected leader's salary structure which you asked for.

I would like to share with you those reports by programs, under my oversight, provided:

Emergency Management

This month our Emergency Manager did the following:

- Developed a proposal with FEMA for Absentee Shawnee Tribal members who were impacted by the previous tornadoes to be considered for a Storm Shelter Grant. This is in a developmental phase only and will have to be passed by an EC Resolution. Linda Day is the Emergency Manager and is located at the new police substation in Little Axe. Ms. Day is the contact for this program and may be reached at 405-275-3432. If she is unable to resolve your concerns please communicate with my office.

Law Enforcement

The AST Police Department hopes everyone is in good health and ready for better weather ahead. As of March 20th:

- We worked a total of 81 cases and had 111 contacts by phone/visitors at the Police Department;
- Participated in (2) Telephone Hearings with Pottawatomie Co. District Court; two (2) funeral escorts and stood as bailiff for two (2) AST Court Sessions.
- Officer Shawn Crowley held an Anti-bullying class for the Spring Break Camp at Brendle Corner on March 17.
- The Police Department purchased (3) new vehicles, equipment, uniforms all with Grant funds.

We would also like to extend our condolences to all families of loved ones who have passed on and we hope for a speedy recovery for those in the hospital or just feeling ill. Our mission as the Absentee Shawnee Tribal Police is "To Protect and Serve our Tribal Community".

The point of contact for this program is Police Chief, Brad Jackson,

Continued on page 7

Lt. Governor's Report

NO REPORT SUBMITTED FOR APRIL

Secretary's Report

NO REPORT SUBMITTED FOR APRIL

Treasurer's Report

Dear Tribal Member's,

Hope you had a good April Fool's day. Spring is here and hopefully we will receive April showers. We appreciate your attendance at the 73rd Semi-Annual General Council. Also, I want to thank you for exercising your right to vote and taking the time to go vote for the candidates of choice to go to the June runoff election. I want to thank all who voted for me as it's greatly appreciated.

As always, our prayers and thoughts go out to our AST families, who have lost loved ones this past month!

- **Monthly Program/Departmental Directors Meeting:** We had monthly meeting and most program directors were in attendance. Thank you for your time to inform us as to what is going on in your department.
- **REGULAR EXECUTIVE COMMITTEE MEETINGS:** Meet every third Wednesday of the month to decide on executive and legislature resolutions for the advancement and betterment of the tribe.
- **Elder's Council Monthly Meetings** are held every third Saturday, either at AST Resource Center, Thunderbird Casino, 10 am. If you are 55 years and older, please come join us for fellowship, food, and fun times together. Elder's had monthly meeting. Discussions included the Pow Wow on July 4th, 5th, and 6th, upcoming cultural activity in Tema, Iowa in August. The NEW officers are Dan Little Axe, President, Wynona Coon, Vice President, Mary Birdtail, Secretary, and Emily Longman Treasurer. Next meeting is April 19, 2014 at 10 am at Title VI. If you would like more information about the Absentee Shawnee Elders Council, please call Mary Birdtail, 405-386-7851.
- **Internal Revenue Service, AST Vita (Volunteer Income Tax Assistance):** AST Vita is a service for free tax preparation for tribal members, Earned Income Tax Credit (EITC) and Child Tax Credit components, targeted toward low income families with children (Adjusted Gross Income Limit-AGI=\$52,000) and tax counseling for elders. This is our first year and we hope to be successful and continue to have this service for our tribal members and eventually be community wide. Appointments started February 12 - April 12, 2014 (Wed and Thurs) 3-7 pm. Total taxes prepared are 42. We have a total of 12 volunteers including tax preparers, quality reviewers, and greeters/scanners. Appointments only, please call 405-275-4030 x 241 to set up an appointment and forms will need to be filled out so you will be asked to come at least 20-30 minutes early. If you have questions, please call Eddie Brokeshoulder, 405-275-4030 x148, or email eddieb@astribe.com.
- **Constitutional Revision Committee (CRC):** Next meeting for the CRC (TBA) to be announced. If you have questions or would like more information, please contact Eddie Brokeshoulder, 405-275-4030 Ext.148. Or contact Briana Ponkilla, her email address: brianaponkills@yahoo.com
- **City of Shawnee Taxation Update:** As you have seen in the newspapers, on February 2014, City of Shawnee, OK, officials demanded that the four Tribes (Absentee Shawnee, Citizen Band Potawatomi, Kickapoo, and Sac & Fox) in the

city begin paying a three percent city sales tax on goods sold to non-tribal members. The City blames the Tribes' economic development for decreasing tax revenue. The City has agreed to a meeting on March 24, 2014, with the four Tribes. We have requested data that substantiates the claims that the City has made about sales tax decline and how Tribal businesses contribute to that decline. To date, the City has not provided the requested data. We are asking all our tribal members that live in Shawnee to register to vote by May 30, 2014, to vote in Shawnee City Commission elections to be held on Tuesday, June 24th. There are three vacancies in three wards 1, 5 and 6. If you have questions, please contact Eddie Brokeshoulder, 275-4030, Ext. 148.

NEWS FLASH

Cobell Update (<http://www.indiantrust.com>): Have questions call the Info Center: 1-800-961-6109.

Whereabouts Unknown: Help Locate Your Record

At this time there are over 30,000 accounts where the Government's records do not reflect the current contact information of the owner. During the first distribution, eligible payments were deposited directly into a class member's IIM Account. If you believe you or a family member may hold a Whereabouts Unknown account, please help identify the owner and their current address so that future payments may be made directly to the account holder.

We have about 94 Absentee Shawnee members who are listed. If you have information on "Whereabouts Unknown" people found on this list, please contact the below:

Indian Trust Whereabouts Unknown Hotline

866-591-2958

Email: info@indiantrust.com

The Finance Department employees, very much deserve special recognition as they daily continue the never ending processes for the financial side of the Absentee Shawnee Tribe. Without their tireless diligence, dedication, and commitment we could not keep the financial transactions processes flowing! Also, appreciation to the Financial Consultant, Eddie Brokeshoulder, who continues to assist me with numerous projects, recommendations/suggestions, attendance at meetings where I cannot attend, and consulting decisions in the office of Treasurer! Very special thanks to Arlene Herrera who serves as Administrative Assistant in the office of Treasurer.

We appreciate all your phone calls, emails, and visits. May God continue to bless you and yours! See below articles from Finance Department and Financial Consultant, Eddie Brokeshoulder.

Respectfully, Kathy Deere, Tribal Treasurer

"Examine each quest in terms of what is ethically and aesthetically expedient. A thing is right when it tends to preserve the integrity, stability, and beauty of the biotic community.

It is wrong when it tends otherwise."

~Aldo Leopold

IF YOU'D LIKE TO SUBMIT AN AD

OR ARTICLE:

Give us a call at

(405) 598-1279 or (405) 481-0558

or send us an e-mail to

stiger@astribe.com

**ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE
DUE BY THE 20th OF THE CURRENT MONTH**

**UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON, NOT
PER BIRTHDAY WISH.**

Financial Consultant's Report

Hello Tribal Members,

The office of Treasurer would like thank each tribal member for attending 73rd Semi-Annual General Council meeting. Our office provided financial information at our table.

The Treasurer is responsible for tribal finances and cash management. Treasurer Deere focus and approach includes creating transparency, trust and accountability.

The following activities I have been involved and participated:

Office of Treasure Financial Reports: Review and analyze monthly encumbrance General Fund and Indirect Cost budgets.

Absentee Shawnee Economic Development Authority, Inc. (ASEDA): Attended monthly board meeting to discuss future business opportunities.



COMMUNITY ENGAGEMENT

Absentee Shawnee Constitution Revision Committee (CRC): The Constitution Revision Committee continues hold open meetings in discussion of revising our Constitution. As a committee we are continually soliciting your input as Tribal members. AST Constitution Revision Committee continues to solicit your comments and or suggestions as we move forward in improving our Governance. This is your government - it's your chance to be involved. Should you have any questions, please contact me at 405-275-4030 x 148 or eddieb@astribe.com or Briana Ponkilla at 405-878-0633 or briana.ponkilla@astribe.com. **Absentee Shawnee Tribe Native CDFI Community Development Financial Institutions (CDFI):** Absentee Shawnee Tribe has applied for CDFI funding through the U.S. Department of Treasury to develop an emerging Native Financial Institution whose purpose is to create economic futures for Tribal members.

The technical assistance (TA) funding will provide our tribe to develop a provision for intensive, culturally appropriate financial literacy education and business development training / technical assistance services. Organizational development efforts are underway while creating a Credit Builder and Business Builder Loan products to meet the initial Tribal member needs identified in 2012 Tribal Member Financial Services survey conducted.



Absentee Shawnee Volunteer Income Tax Assistance (VITA)

If you are not aware the last day to file Federal and State income taxes is Wednesday, April 15th, 2014 must be postmarked by midnight. By the time you read this article our VITA program will continue to prepare your taxes until Saturday, April 12th at 3 p.m. Please do wait until the last minute to file. If you need an appointment please call 405-275-4030 x 241.

And you have questions; please contact Site Coordinator Eddie Brokeshoulder, 405-275-4030 x148 or eddieb@astribe.com.

In closing, our office of Treasurer looks forward to hearing from you, if you have questions or concerns please contact me at 405-275-4030 x 148 or eddieb@astribe.com.

Respectfully,
Eddie Brokeshoulder
Financial Consultant

FY-2014 YTD TAX COLLECTIONS (thru 2/26/14)

RUN DATE:
03/20/14

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$5,532.03	\$5,205.95	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$10,737.98	1.87%
Gaming % of free cash	\$250,000.00	\$250,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$500,000.00	87.25%
Employee (1%)	\$10,095.26	\$802.94	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$10,898.20	1.87%
Severance (8%)	\$8,940.31	\$7,025.79	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$15,966.10	2.79%
Motor Vehicle	\$13,670.11	\$11,871.21	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$25,641.32	4.47%
Tobacco Refund	\$9,303.52	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$9,303.52	1.62%
TOTAL TAXES	\$297,541.23	\$274,805.89	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$572,347.12	\$572,347.12
Miscellaneous	\$800.00	\$130.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$730.00	0.13%
TOTAL COLLECTIONS	\$298,141.23	\$274,935.89	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$573,077.12	100% \$573,077.12

Finance Department Report

APRIL 2014
(Article Written 3/17/2014)

The Finance office continues our efforts in keeping the day to day activities flowing effectively and efficiently through communication between the Finance office and Programs. In working together, we have found the most time effective and cost effective processes for transacting business.

The Tribe's 2010, 2011, and 2012 Audits are "unmodified" opinion; which when compared to an educational grading scale is an A. The 2014 Indirect Cost Proposal has been submitted to the Interior Business Center (IBC) and I was notified on September 17, 2013 that it is ready to be assigned to a negotiator. The proposal has been assigned to a negotiator and I have answered the questions posed and we are awaiting the Reviewer's question for finalization of the proposal. Our rate is up from 17.74% for 2010 to 21.98% for 2011 to 22.35% for 2012 and 27.39% for 2013; 2014 review is the last step.

We are preparing for the 2013 Audit which will begin early 2014 for all of the Tribe's entities [Casinos; Store; Restaurant; Smoke Shop's; ASED, Inc.; ASED, Enterprises; ASTHA & LSWN which makes up Absentee Health Systems; and the Tribal Government.] Auditors will be on sight March 31, 2014 for the Tribe's audit. All of the tribe's entities must be audited first and then they are combined with the Tribe's Governmental Audit.

The finance department is completing accounting by the 10th day of the month. Financial reporting for the Tribe, Health Authority and Li Si Wi Nwi, Health Inc. boards and the Executive Committee for Absentee Health Systems, Shawnee and Little Axe (LSWN) continues monthly. The Finance staff has completed the February reconciliations and financials. It is imperative the accounting staff continue to stay ahead of all of the accounting so that audits go smoothly, and Indirect Cost rates stay up to date. Indirect cost proposals cannot be submitted without completed audits as the audit is used to calculate the proposal. There are many processes in place in your Tribe's accounting department that ensure we keep accurate records of transactions. The Tribe's accounting processes must be in compliance with GAAP; (Generally Accepted Accounting Principles) and GASB (Governmental Accounting Standards Board) and these rules are updated annually.

The Tribe currently has compact funds of BIA, I H S, and approximately 51 Grants. In addition, the Tribe operates a General Fund and an Indirect Cost Fund. The new clinic building payments are current and have not been late and projections are that they will continue to be current going forward.

The Absentee Shawnee Tribe's Finance Department has very hard working group of people and it is an honor to work with them, the Treasurer's office and at the Absentee Shawnee Tribe. The Finance Department employs 14: with 6 (43%) being AST Tribal Members, 2 (14%) non-AST tribal members, 6 (43%) being non-natives.

This department would like to extend a special thanks and note of appreciation to the Executive Committee for providing the tools, resources, and support to enable the finance staff to reach its accomplished goals and to continue with this effort. A special thanks and note of appreciation to Program Managers and Employees of the Tribe for their assistance and dedication in our continued group effort toward accomplishing our goal.

If you have any questions or needs, please call 405-275-4030 ext 162 and I will be glad to assist you.

Respectfully,
Belinda Collins, Controller.

RESOLUTIONS Through March 19, 2014

E-AS-14-10 03/19/14

Approves the Absentee Shawnee Tribe of Indians of Oklahoma, through the Chief of Police of the Absentee Shawnee Tribal Police Department, to apply for the U.S. Department of Justice FY 2014 Smart Probation: Reducing Prison Populations, Saving Money, and Creating Safer Communities Grant.

E-AS-14-11 03/19/14

Amends Chapter VII, Part B, "Personnel Files and Records", of the Absentee Shawnee Administrative Manual as provided for in the attachment Exhibit A, effective immediately.

E-AS-14-12 03/19/14

Accepts Willie Lee Jones, Myles Robert Bullen, Caroline Dianne Crossley, Brooklynn Rayne Grass, Trevor Ryan Tillery, Lexi Michelle Brown, Derek Mitchell Hilderbrand, Cameron James Hilderbrand, Alixus Renee Cortez,

Stephen Kaleb Cortez, Arthur Joseph Boston, Megan Marie Moody, Phoenix Winter Ryne Williams, Hayden Winona Mayfield, Taliyah De'Vine Darrington, Lenny Wayne Hicks and Janice Marie Littlecreek Robinson as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution.

E-AS-14-13 03/19/14

Rejects the application of Joshua Lee Cody for membership in the Absentee Shawnee Tribe due to Insufficient Blood Degree.

E-AS-14-14 03/19/14

Rejects the application of Seth Joseph Lee Cody for membership in the Absentee Shawnee Tribe due to Insufficient Blood Degree.

E-AS-14-15 03/19/14

Rejects the application of Kamie Lanette Fontenot for membership in the

Absentee Shawnee Tribe due to Article III Section 3 - "Membership", of the Absentee Shawnee Tribe's Constitution.

LEGISLATIVE RESOLUTIONS

L-AS-14-01 03/19/14

Authorizes and approves the Treasurer's Office and the Finance Department to establish a bank account at AllNations Bank titled "Absentee Shawnee Development Corporation (ASDC)" and to transfer twenty thousand dollars and no cents (\$20,000.00) from the AllNations Bank General Fund Operating 2 account to the newly established "Absentee Shawnee Development Corporation (ASDC)" account with the authorized signatories to include the following Executive Committee members: Lieutenant Governor Isaac Gibson Jr., Secretary Vera Dawsey, Treasurer Kathy Deere, and Representative Jeff Gibson, effective immediately.

CULTURAL PRESERVATION DEPARTMENT

The AST Cultural Preservation Department would like to pass along the following information concerning updates to each of our programs.

Cultural Preservation

This past month, we held our second activity of the year for our Program. On February 22nd, participants had the opportunity to learn how to make a Yarnbelt by Fingerweaving. Ms. Jennifer Onzahwah led the demonstration and presentation at the LA Resource Center. As usual, lunch and snacks were provided and we had lively conversation and good fellowship.

It is my hope that those of you who participate will be able to take away a new skill upon the completion of each class. It is our intent to have an activity each month, though it may not always be a cultural or skills demonstration. If you have questions about the skills classes or would like to lead a demonstration, please call Joseph at Ext. 203, or send an email to joseph.blanchard@astribe.com

Library

We have a variety of resources available for checkout or your reading leisure including: magazines, newspapers, journals, CDs and DVDs. Since the last publication, we have conducted interviews for the Library Technician/Archivist position. The interviews are complete and a selection has been made so I will make a formal announcement and introduce our newest Team Member in the next newsletter. The Library program will be operational once again and services will be restored shortly. If you have any concerns or questions about membership or circulation, please call us at ext. 122.

Gift Shop

The Gift Shop continues to make progress in sales and new inventory. At the time of this submission, we have started to receive our Spring orders from Pendleton and our other vendors. Plus, come in and view our selection of CD's in the Native style of music you prefer. We carry tunes for Powwow, NAC, and Stomp Dance. Also, the latest variety of bags, rugs and table cloths are now in stock. If we don't have what you like, let us know. Oftentimes, we can 'Special Order' your request and have it on hand in a matter of days. If you have any questions, please call Esther at ext. 122, or by email at elowden@astribe.com

THPO

Our THPO program continues to make great strides and advancements. As previously discussed, in conjunction with the National Forest Service, we are hosting a Heritage Resource Technician (HRT) Paraprofessional training, March 17-26. This will consist of 40 hours of Classroom and 40 hours of Field Work, for a total of 80 hours to complete the certification. The cost of the course is \$200, which includes Lunch and Snacks. Please call myself or Carol Butler for all the details.

Likewise, along with this activity, there is another opportunity, in the near future, for us to assist the National Railway Association, which will require an additional 4-8 hours of 'E-Safety' training. These classes are necessary for individuals to gain eligibility to become employable or contract out for services.

Your concerns are important to us. We thank you for the continued support of our department as we continue to make changes to our programs, in order to provide the best service to our Tribal community. Thank you for your time.

Joseph H. Blanchard

Cultural Preservation Director/ Tribal Historic Preservation Officer

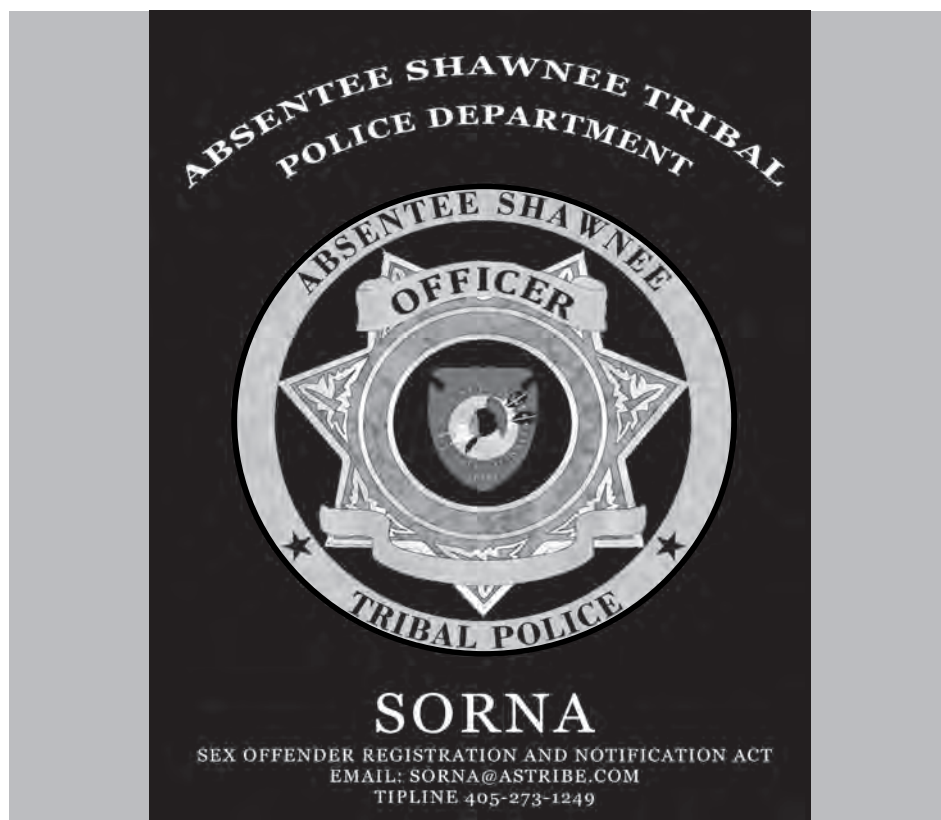
AST Constitution Revision Committee Report

April 2014

The AST Constitution Revision Committee met on February 20, 2014. At this meeting, we discussed the "Elections" Article of the revised Constitution. Discussion was had regarding tribal elections and how they would be after the potential approval of our new Constitution. We will continue to work on this Article at the next meeting and hopefully complete it and move on to the next one.

Again, our goal is to have a final copy to be completed by the Fall General Council. The next Constitution Revision Committee meetings will be Thursday, April 17th at 6:30pm at the Little Axe Resource Center. If anyone would like to attend the meetings and assist us with the final revisions they are more than welcome to attend. As we have always said this is the Constitution for everyone so as much in put as possible is greatly appreciated.

If you have any questions or comments please feel free to contact Eddie Brokeshoulder in the Treasurer's office or email eddieb@astribe.com. You may also email Briana Ponkilla at briana.ponkilla@astribe.com.



and he may be reached at 405-275-3200. If he is unable to resolve your concern communicate with my office.

Building Blocks

March 2014 News...

Although we were closed due to inclement weather on Dr. Seuss' birthday, we celebrated anyway! The children (reluctantly) ate green eggs and ham for breakfast. We had a Dr. Seuss reading time and finished the day with Thing 1 and Thing 2 cupcakes for snack. A great time was had by all!

We are glad to be moving out of winter and into spring! The children have enjoyed the nice weather and love being on the playground. We had spring break March 17th - 21st. All of the teachers planned exciting field trips for their classes. The two-year-old classes visited the Jasmine Moran Children's Museum. The three-year-old classes visited the Tulsa Zoo. And the fours, fives and school-age classes visited the Science Museum Oklahoma and the Tulsa Zoo. They also saw the movie "Mr. Peabody and Sherman". The toddler classes will take their field trip in April to the Oklahoma City Zoo. We have had a lot of parent participation on the field trips and would like to thank all of the parents who attended!

With the cooperation of the AST Clinic in Shawnee and the Governor's Office the Building Blocks program hosted a flu shot clinic for the children and Building Blocks staff. We had 7 employees and approximately 10 children receive immunizations. Most of those who opted out were already immunized.

Dates to remember:

- Thursday, April 17th: Easter egg hunts from 9:30am -10:30am & Easter parties @ 3:00pm.
- Friday, April 18th. We will be closed for Good Friday.

The point of contact for the Building Blocks program in Shawnee is Billie Thompson at 405-878-0633. The contact for the Little Axe Building Block's program and/or CCDF is Brianna Ponkilla also at 405-878-0633. If they are unable to assist you with your questions contact my office.

Education

Tresha Spoon, Director, attended a Financial Aid Workshop at Little Axe High School on the evening of February 20th. She presented information about tribal scholarships. Tresha was in attendance at the Tribal Courts Assistance Program (TCAP) Advisory Board meeting on February 27th. The Camp Nikoti, Melokami (Spring) Youth Camp was held during spring break week, March 17-21, 2014 at the Brendle Corner Community Building. Youth in middle school and high school attended. The Camp Nikoti-After School Program at the Little Axe Resource Center continues to serve Tribal members Kindergarten through 12th grade.

The point of contact for this program is Tresha Spoon, Education Director, 405-275-4030, Ext. 121. Please feel free to communicate with her and if she is unable to assist you then contact my office.

Health

The Affordable Care Act Decision Tool is in use and ready to assist

you in deciding what you need to do for compliance with the act. Please see the ACA tab at the ASTHA Health Program's Website: <http://www.asthealth.org/aca> a new interactive phone menu has been added to the Contract Health Services (CHS) to help patients access the most appropriate service provider by calling (405) 701-7951. We are hoping this new feature will speed up access to the patients seeking services and follow-up to their care. The AST Anti-Bullying Prevention "HOTLINE" is (405) 701-7987 during work hours 8-5, M-F, and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481-0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others contact 911. The VA Agreement to start services has been approved by the health board and reviewed by the attorney general's office. Upon approval of the Shareholders (Executive Committee), the VA Agreement will be signed and implemented in April/May timeframe pending site review of the VA prior to the start of services. All required training and billing equipment, processes, and procedures are either already in place or nearly completed at this time. In May, a planned event jointly hosted by the AST at Little Axe Clinic and the staff from the VA will be held to orientate all veterans serviced by the health programs as to how services and reimbursement will work. This upcoming informational workshop will have more information and the date/time once finalized will be announced for this veteran's event. The health programs had two accreditation visits this past month, one with Blue Cross and Blue Shield and Community Health, both went well and we secured their accreditation. The Pharmacy at both LittleAxe and Shawnee had a no-notice review as well by a Medicare contractor and found both sites fully compliant with federal Pharmacy guidelines, rules, and procedures. The Employee of the Month for January 2014 was Mrs. Dara Thorpe and for February 2014 it was Mrs. Elise Grein. The Team of the Month for Jan 14 was Housekeeping and for Feb 14 it was the Dental Clinic. We are very proud of our star performers and for their contributions to the patients, their fellow employees, and the tribe!

If you have questions for the Health area, please contact Mark Rogers, Executive Director of Health, at 405-447-0300 (Little Axe) or 405-878-5850 (Shawnee). If you are unable to get a response on your issue please contact my Office.

Media

The Media Department continues to be busy and productive. They are in the process of:

- completing the General Council Report;
- assisting in the formatting and printing of a Tribal info graph to be made available to Tribal members at GC and to be used by the Tribe on grants, proposals, legislative and policy development projects
- newsletter production and distribution
- completing print projects for the Tribe and other projects as they come up.

If you should have any questions please don't hesitate to contact Sherman Tiger, Media Director, at 405-598-1279. If you continue to have questions and/or concerns contact my Office at 405-275-4030, Ext. 188.

Intergovernmental Relations & Planning

No actions taken this period as there is no budget for this program. It is in the planning phase and is being considered for placement in the indirect cost proposal for 2015. This program is for short and long range planning - including intergovernmental relations, legislative and policy analysis and compliance for the tribe.

Conclusion

In conclusion - I have 15 months to go and we have many unmet policy, budget and operational needs that I hope may be addressed in the near future.

We need to work together as a people to make positive changes now and for our future. Those of us who are elected officials need to uphold our oaths to our offices; our employees need to perform and be valued for that performance; you, my people, need to be listened too and given the services that are truly needed based on solid fiscal management.

Help me to make that difference - stand beside me and Let's Build for the Future (BFF) - united and together!

Thank you again for your support



SPOTLIGHT EMPLOYEE OF THE MONTH

Linda Day



**Let's Build
For the
Future
(BFF)!**

My April Spotlight Employee is Linda Day. Linda serves as the Emergency Management (EM) Manager for the Absentee Shawnee Tribe. Linda is a dedicated worker and is always seeking new methods and ways to best service the Tribe and prepare it should disaster hit. Linda has been working as the EM Manager for five (5) years and has been with the Tribe for seven (7) years.

Thank you Linda for your dedication and commitment.

GOVERNORS SPOTLIGHT EMPLOYEE

Governor Edwina Butler-Wolfe will be working with the six program department that she has oversight over and will monthly select an employee that is deemed to have contributed to their program and to the Absentee Shawnee tribe. The attributes to be considered are: Contributions to the community and the Tribe; leadership; performance and work ethic; teamwork. It is the intent of the Governor to recognize tribal employees who do a remarkable job and might not otherwise get recognized for their contributions. This special employee recognition program will be highlighted under my Office as the SPOTLIGHT EMPLOYEE OF THE MONTH program.

Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy for at the Education Department office or for download at www.astribe.com.

- **Academic (K-12) Program:** assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- **Zahn Program:** established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- **Job Training Adult Education Program:** funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- **Higher Education:** Education Incentive Award Program: funds for undergraduate degrees, one

associates or bachelors degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.

- **Graduate Scholarship Program:** funds for one master's degree or one doctoral degree, and can fund for one graduate admissions test. This program has funding levels based upon full-time and part-time status.

All funding is based upon the availability of funds at the time of application.

Attention:

Fall 2014 Higher Education: Education Incentive Award Program applications are due June 15th. If you are still interested in taking spring 2014 courses please contact the Education Department.

All applications and guidelines are available at www.astribe.com. Click on Services and select Education. For more information, please call Tresha Spoon at (405) 275-4030 ext. 121 or 1-800-256-3341 or email to tresham@astribe.com.

AST VOLUNTEER INCOME TAX ASSISTANCE (VITA)



**FREE TAX PREPARATION ASSISTANCE
FOR LOW -to- MODERATE INCOME
ABSENTEE SHAWNEE TRIBAL MEMBERS
WHO MAKE LESS THAN < \$52,000**

- ✓ Trained preparers check eligibility for EITC and Child Care Credit
- ✓ Federal and State returns are *electronically* - filed with the IRS
- ✓ Confirmation the IRS has accepted your tax return
- ✓ Direct Deposit of Federal and State refunds available
- ✓ **Adjusted Gross Income (AGI) Limit = \$52,000**

Please bring the following items:

- AST C.D.I.B.
- For married filing joint, both spouses must be present
- Taxpayers Proof of Identity (Driver's License) and/or spouse
- Previous Tax Year Return
- All forms, W-2, 1098 and 1099
- Information for other income
- Total paid to day care provider and their tax ID number
- Information for deductions/credits
- Proof of account for direct deposit of refund (e.g., voided check)
- Social Security Cards for you, your spouse and/or dependents.

Filing Period: February 12, 2014 – April 12, 2014

Location: Title VI Building, Tribal Complex

Schedule: Wednesdays 3 P.M. – 7 P.M.

Thursdays 3 P.M. – 7 P.M.

Saturdays 9 A.M. – 2 P.M.

Call for an Appointment: (405) 275-4030 Ext. 241

Please arrive 30 minutes early to complete intake / review form.

Appointments Only!



**Absentee Shawnee Tribe
Development Corporation**

BOARD MEMBER NEEDED

The Absentee Shawnee Tribe Development Corporation is establishing a board to help further develop the AST CDFI program into a certified Native Community Development Financial Institution (CDFI).

The CDFI board must be a representation of who CDFI will serve, and will consist of five individuals with skills and experience in or more areas of business, banking, accounting, business law, marketing, nonprofit management, or fundraising.

If interested in serving in this worthwhile endeavor as a CDFI board member please submit a Letter of Interest and Resume to:

Mail: Eddie Brokeshoulder, CDFI Steering Committee
Absentee Shawnee Tribe of Oklahoma

2025 S. Gordon Cooper Drive
Shawnee, OK 74801

Fax: 405-695-9780

Email: eddieb@astribe.com

For more information (FMI): 405-275-4030 x 148

AllNationsBank

2023S.GordonCooperDrive

Shawnee,OK74801

www.anbok.com

“Tips” or “red flags” that can assist you in Identifying fake e-mails of this type?

1. Carefully examine the domain name from which an e-mail has been sent. As an example, if a message pretends to be a delivery-related notice from Federal Express or UPS—but fedex.com or ups.com does not appear in the domain name—you’re probably dealing with a scammer.

2. When an e-mail asks you to fill in some personal information, never do so unless the form is part of a secure webpage. How can you know if you are accessing a secure website? The webpage address displayed at the top of the screen will begin with https:// if it is secure. (An Internet address beginning with http:// is not secure.)

Tis the Season... to Be Scammed?

A reputable company should never ask a customer to enter account information or other confidential information on a webpage starting with http://. This is an immediate sign that either 1) the webpage is bogus, or 2) the company you are dealing with has inadequate security protections. Either way, don’t provide your information.)

3. If the whole “premise” of an e-mail message makes no sense, it’s very likely bogus. For example, a fake e-mail might tell you to print your delivery notice and go to the nearest FedEx office to pick up your package—but before you do that, they want some confidential information. In a situation like this, stop to think about how things work. When you send a package by FedEx or UPS, the sender provides the recipient’s address and a phone number—not the recipient’s e-mail address. (How would the delivery company have the recipient’s e-mail address?)

4. Be even more careful when using a mobile device (such as a Smartphone or tablet) to view e-mails and to access websites. Why? Because a hand-held device’s screen is smaller than a home or office computer’s monitor! While using a full-sized monitor, the user normally has good light, the type-size is readable, and the webpage address is always visible at the top of the screen. The user is simply more likely to notice that a domain name “looks wrong,” or that a webpage requesting personal information does not begin with https://

5. Does the message use the English language very poorly? Definitely, people today are writing worse and worse. Still, you won’t see bad English in a huge company’s communications with its customers. When the spelling or grammar is “mangled” so badly that a speaker of American English probably couldn’t have written it, that e-mail almost certainly is a scam. Don’t be tempted by what this e-mail offers you—just delete it. Will some bank customers fall for “bogus” e-mails like what is described above? Absolutely—because they want so badly to believe that someone has unexpectedly sent them a package. They get so caught up in the “wonderful surprise” that they ignore all of the “warning flags” explained above. Then they foolishly give out their confidential information, and the bank may have fraud losses. Please try to “talk customers back down to earth,” if they receive a bogus e-mail and they ask you what you think!

Your AllNations Bank Family

Gene, Eugene, Amber, Diana & Devan

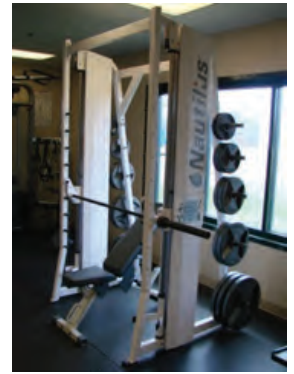


FITNESS CENTER HOURS

Monday—Thursday
6:00 a.m.—7:00 p.m.

Friday
6:00 a.m. — 5:00 p.m.

Saturday/Sunday
CLOSED



The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment, including: treadmills, elliptical cross-trainers, recumbent bikes, free-weights, kettlebells, and isolation strength machines. The AST Fitness Center is available to all Native Americans and their household family members. AST employees are also



eligible for membership. The AST Diabetes and Wellness Fitness Center strives to deliver a well-trained staff that seeks to help clients reach their personal fitness and health goals. Our staff takes pride in providing appropriate and educational fitness training to all clients, providing guidance in developing a successful plan to help prevent or manage diabetes and/or other health conditions, and providing clients with a fun and positive experience working with our staff. Please take some time to come by and visit the AST Diabetes and Wellness Fitness Center today!

Melokami Youth Camp

!SPRING BREAK!



THANK YOU to The Office of the Governor, Thunderbird Entertainment Center, the MSPi program, and all AST programs and departments who contributed to our program for another fun-filled Spring Break for our youth. Thank you to Michael Berry for the group photo!



SPRING



The Absentee Shawnee Diabetes and Wellness Program



Spring run
Saturday, April 26th



Registration: 8:00 a.m./Race begins at 8:50a.m.
No late starts.

Open to the Little Axe community
Check-In: AT The Oval to the north of the clinic at 8:00 a.m.

Course: Thunderbird Lake South Dam

For more information, please contact the AST Fitness Center at (405) 364-7298

Attention All Tribal Elders!

It is time to start cutting lawns again. If you want your lawn cut again you must fill out an application. You can pick up an application at the Maintenance Department or you can call Reta Harjo at (405) 275-4030 Ext. 128 and she will mail one to you. In the Little Axe area you can pick up an application at the Resource Center, see Bucky Littlecharley.

Maintenance Department
2025 S. Gordon Cooper Drive
Shawnee, Oklahoma 74801
(405) 275-4030

Grass Mowing Application

The following are the requirements for this program:

1. Must be an Absentee Shawnee Tribal Member
2. Must be 65 years or older
3. Handicap/Disabled
4. Must provide proof of residency
5. All trash, branches, debris must be cleaned out of yard

The Absentee Shawnee Tribe Maintenance Department will **ONLY** mow and weeds eat applicant's lawn. Maintenance will mow every two (2) weeks. Also, the maintenance workers will not trim trees, shrubs, etc. **NO RENTAL PROPERTY** will be mowed.

If you have any questions, please contact Reta Harjo at (405) 275-4030 ext. 128

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

CDIB #: _____ DOB: _____

HOME PHONE: _____ MESS. PHONE: _____

Finding directions to home:

Absentee Shawnee Tribal Justice System

Advisory Board Survey

The Tribal Justice System received a grant to upgrade the justice system by using new computer software; adding security cameras; and setting up an advisory board to develop a Strategic Plan for the court which will improve services offered, as well as community and crime victim concerns. The Advisory Board needs your input into this process.

YOUR INPUT IS VERY IMPORTANT.

1. Reason for your visit to the Absentee Shawnee Courthouse?

Marriage Divorce Child Custody Guardianship Criminal: _____

Other _____

2. What services do you feel the court lacks?

Anger management Drug/ Alcohol Counseling ICW services such as counseling

DUI Assessments Mediation for conflict resolution or custody issues

Alternative sentencing (other than jail time) Family Counseling

Employment Assistance Information Assistance with creating forms (subpoenas/petitions)

Other: _____

3. Upon leaving the courthouse, do you know what the next step is in completing your court case?

Yes No

4. What improvements do you feel the courthouse could make to service community members better?

5. Which best describes your age group?

18-25 26-35 36-45 46-55 55 or older

6. Which of the following best describes your current relationship status?

Married Divorced Widowed Separated Domestic partnership

Common Law Marriage Single, never Married

7. What is your ethnicity?

American Indian or Alaskan Native-Tribe _____ Asian or Pacific Islander

Black or African American Hispanic or Latino White/Caucasian Prefer not to answer

8. What is the highest level of education you have completed?

GED Some High School Some College Associate's Degree

Bachelor's Degree Master's Degree Current Student

9. Current employment status:

Full Time Part Time Unemployed Retired Disabled

10. Have you ever had previous legal trouble?

None Arrested Detained Incarcerated

**OFFICIAL ELECTION RESULTS
PRIMARY ELECTION MARCH 15, 2014**

This is to announce the **OFFICIAL** results of the March 15, 2014 Primary Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant on the Tribal Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

EXECUTIVE COMMITTEE

Lt. Governor (2 Year Term)

John Al Little Axe _36_ Votes
Isaac Gibson, Jr. **_191_ Votes**
Isaac Bettelyoun _40_ Votes
Diane Ponkilla _43_ Votes
Wynona Coon _31_ Votes
Betty Watson _25_ Votes
Kathy Deere **_75_ Votes**

Tribal Treasurer

Ewell Longhorn **_133_ Votes**
Sharon Ponkilla _118_ Votes
Leah Bates **_183_ Votes**

Tribal Representative

Jeff Gibson _141_ Votes
Sherman Tiger _104_ Votes
Dewayne Wilson _87_ Votes
Kenneth Blanchard _105_ Votes

ELECTION COMMISSION

Election Commissioner (2 Year Term)

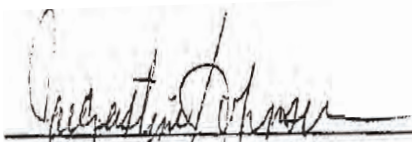
Retha Wilson-Pearman _174_ Votes
Briana Ponkilla **_243_ Votes**

Commission Member #2 (3 Year Term)


Alicia "Aly" Edwards Miller **_220_ Votes**
Mary Birdtail _203_ Votes

Tribal Representative position under Protest; will not be certified until **Protest** is settled

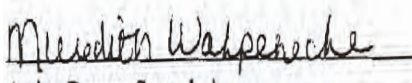
We the officials are responsible for declaring the above election results, do hereby claim the above statements are true and correct to the best of our knowledge.



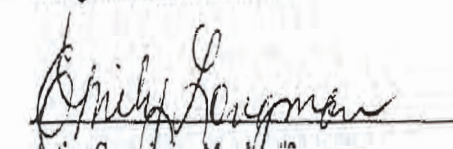
Acting Election Commissioner



Acting Commission Member #1



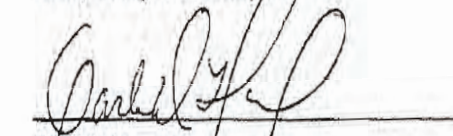
Acting Deputy Commissioner



Acting Commission Member #2



Acting Election Secretary



Tribal Judge

Date: 3-21-14

**ABSENTEE SHAWNEE ELECTION COMMISSION
OFFICIAL RECOUNT RESULTS
RECOUNT OF MARCH 26, 2014**

This is to announce the **OFFICIAL** results of the **Recount** of the March 15, 2014 Primary Election for the Absentee Shawnee Tribe of Oklahoma for the category of Tribal Representative. This election was held on the above date pursuant on the Tribal Constitution and the Election Ordinance. All votes were recounted at the Absentee Shawnee Tribal Complex.

EXECUTIVE COMMITTEE

March 15, 2014

March 26, 2014

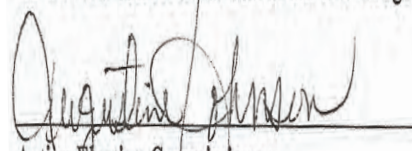
Tribal Representative

Jeff Gibson _141_ Votes
Sherman Tiger _104_ Votes
Dewayne Wilson _87_ Votes
Kenneth Blanchard _105_ Votes

Tribal Representative

Jeff Gibson 141 Votes
Sherman Tiger 104 Votes
Dewayne Wilson 87 Votes
Kenneth Blanchard 105 Votes

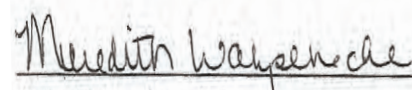
We the officials are responsible for declaring the above election results, do hereby claim the above statements are true and correct to the best of our knowledge.



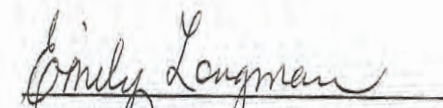
Acting Election Commissioner




Acting Commission Member #1



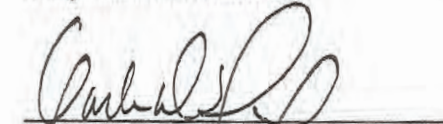
Acting Deputy Commissioner



Acting Commission Member #2



Acting Election Secretary



Tribal Judge

Date: March 26, 2014

ELECTION COMMISSION OFFICE HOURS

2014

January

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

September

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

√ Holidays

○ Election Day

□ Open 8-12/1-5

X Open 1-5

PLEASE fill out EACH BLANK completely and return by the Deadline

ABSENTEE BALLOT REQUEST

I, _____, hereby certify that I am or will be an Eligible Voter of the Absentee Shawnee Tribe on or before March 15, 2014. I cannot physically be present to cast my Vote at the **June 21, 2014 Run Off Election**, therefore, I am requesting an Absentee Ballot be mailed to me at the following address.

Name (please print): _____ (first) _____ (middle) _____ (maiden) _____ (last)

Address: _____ City: _____ St: _____ Zip: _____

CDIB#: _____ Date of Birth: _____

Signature: _____ Date: _____

All **REQUESTS** must be returned to the Election Commission by the deadline of **June 1, 2014**

Mail to:
Absentee Shawnee Election Commission
P.O. Box 741
Tecomseh, Oklahoma 74873

Fax to:
Fax # (405) 273-1337 (Do not fax to any other fax #)
Phone: (405) 275-4030 ext. 150
Toll free number 1-800-256-3341 ext. 150

Deliver in Person to:
Election Commission Office located in the Tribal Court Building

All eligible voters are entitled to vote either at the Polls or by Absentee Ballot.
For your convenience-This form may be duplicated

ELECTION COMMISSION USE ONLY

Received: _____ Approved: _____ Disapproved: _____

If Disapproved (reason): _____

Denial Letter Mailed: _____ Ballot Mailed: _____

Election Commission/Representative





Comanche Elder Center Title VI Program Health Fair
 April 25, 2014 10 am to 3pm
 Homebound will be getting a sack lunch on the 24th!!

APRIL 2014

2% milk served daily

Menu subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 BBQ Chicken Mac N Chez Veggies Fruit	2 Wieners N Kraut Salad Bar* Greenbeans Bread	3 Egg Roll Stir Fry Veggies Rice Fortune Cookie	4 Waffles Sausage Patty Fruit	5 AST General Council 10am Thunderbird Entertainment Center
6	7 Chicken Salad Lett, Tom, Pickles Chips Apricots	8 Beef Stroganoff Broccoli Cookie	9 Baked Potato Ham/Chez Sour Cream Broc n Chez Fruit	10 Tamales Refried Beans Spanish Rice Fruit	11 Biscuits Sausage Gravy Scrambled Eggs	12
13	14 Beef Fingers Mixed Veggies Tossed Salad* Bread	15 Hot Ham & Chez Baked Chips Pickles, Onions Fresh Apples	16 Baked Fried Chicken Mashed Pot/Gravy Veggies Pineapples	17 Cereal Sausage Patty Muffin Fruit	18 AST Complex Closed Good Friday	19
20 <i>Happy Easter</i>	21 Hamburger Lett, Tom, Pickles Pot. Salad Pudding	 22 Roast Red Pot. Carrots Roll/Fruit	23 Salmon Patties Okra Coleslaw Applesauce	24 Grits Boiled Egg Toast Bacon	25 Comanche Title VI Health Fair Lawton, Ok More info in the news	26
27	28 Taco Casserole Ranch Beans Salsa/Chips Pineapples	29 Beef Tips & Noodles Veggies Roll Fruit	30 Pinto Beans w/ham Steak Fries Cornbread			

NOT GOING TO BE HOME!!!
 CALL AND LET US KNOW AT 405-275-4030 EXT 169
 OR NOTIFY YOUR DRIVER

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM
 BREAKFAST SERVED FRIDAYS 9AM TO 11AM

TITLE VI APRIL NEWS

April 5th: AST General Council at Thunderbird Entertainment Center - 10 am

April 18, Good Friday AST Complex will be closed.

Breakfast will be served on the 17th and there will be no breakfast served or delivered on the 18th.

April 20, EASTER

April 22, Earth Day

What can we do on earth day? Plant a shrub or a tree (Over a 50-year lifetime, a tree generates \$31,250 worth of oxygen, provides \$62,000 worth of air pollution control, recycles \$37,500 worth of water, and controls \$31,250 worth of soil erosion. It also provides shade that keeps homes and cities cooler!)

Recycle, turn off lights, fans, or the tv when you leave the room, unplug your cell phone charger!!!! There are hundreds of easy things to do. IT'S UP TO YOU!!!!

April 25, Comanche Health Fair

Title VI staff and members will be attending the Comanche Health Fair in Lawton, OK. Our limit will be 18 elders that we can take by van and one vehicle. Homebound if you are able to travel a good distance and would like to go please let us know by calling 405-275-4030 ext 169 or notify your driver. *Also, the homebound will be provided a sack lunch on the 24th.*

More information later....

If you have any questions or concerns please call us at 405-275-4030 ext.169.



Horse Shoe Bend After School Program

The Horse Shoe Bend after school program is planning for their Easter Egg Hunt that will be sponsored by the White Turkey Committee. As school is fast coming to an end this semester we have begun developing our summer program that will be offered for a six (6) week period. Also, we would like to get a count of students who would be interested in participating in the Jim Thorpe Games that will be held in Shawnee in the month of June. This event would be good for all of our Native American Students to take part in. A few of the events will be basketball, softball, track and field. Students must be a member of a federally recognized tribe, be willing to supply a birth certificate and pay a small fee. As the curriculum for the Jim Thorpe Games develops we will inform everyone by mail.

The Horse Shoe Bend After School will be in its fourth year this summer and I would like to recognize Randall Watson for his dedication and the services he has provided. It is due to his work efforts and commitment to this program that it has thrived. He has been with the program from the first day it opened and remains dedicated to this much needed and appreciated service.

Since I became Governor it has come to my attention that there exist rumors that my sisters work out at the center. Let me share with you that this is not true. My sisters are on the White Turkey Committee who sponsors many of the activities out at the center. They are retired from professional jobs and enjoy working with the children and being among our people. I am sure many of those of you who are retired may find you feel similar in that you enjoy working and serving in our tribal communities.

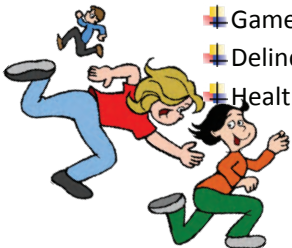
A meeting is being planned for the parents whose children come to the center in order to discuss some changes for the school year 2014 - 2015. Those of you who work and/or are involved in the education field you are aware there is always areas that need to be revamped and changes can and should be good for our children. If you have any questions or concerns please contact me at: 405-481-0397.

Thank you,
Edwina Butler-Wolfe
Governor

After School Program 2013/2014

Come join us at the AST Resource Center!!!

- ✚ Free Tutoring in all subjects!
- ✚ Games and activities!
- ✚ Delinquency Prevention!
- ✚ Healthy Lifestyles!



And Much More!



OPEN TO GRADES K-5 for

Absentee Shawnee Tribal Students

Everything is offered with no charge....Little Axe bus will transport students to the AST Resource Center on Peebly Road and parents are responsible for picking students up at 6:00pm.

Duration: Starts October 7th and will run through the school year.

Monday-Thursday, 2:45pm-6:00pm

For more information and sign up please contact Blake

Goodman at (405) 364-7569



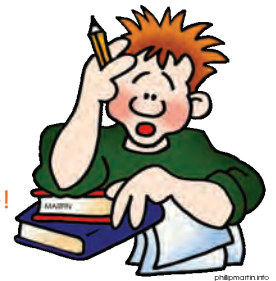
After School Program 2013/2014

Come join us at the AST Resource Center!!!

- ✚ Free Tutoring in all subjects!
- ✚ Games and activities!
- ✚ Delinquency Prevention!
- ✚ Healthy Lifestyles!



And Much More!



OPEN TO ALL MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS

Everything is offered with no charge....Little Axe bus will transport students to the AST Resource Center on Peebly Road and parents are responsible for picking students up at 6:00pm.

Duration: Starts October 7th and will run through the school year.

Monday-Thursday, 2:45pm-6:00pm

For more information and sign up please contact Blake

Goodman at (405) 364-7569





APRIL BIRTHDAYS

2014

Alberty, Shannon Venita
 Alexander, Rachel Paulette
 Alford Jr., Eugene Ray
 Alford, Jaci Lanae
 Alford, Ray Wildcat
 Arms, Steven Anthony
 Armstrong, Tina Marie
 Ayers, Zachariah Matthew
 Bacon, Misty Twilight
 Barnes, Hollin Kade
 Eugene Bates, Johnna Suzanne
 Batson-Vasquez, Amber Danielle
 Bentley, Sherri Ann
 Berry, Collin Michael
 Bethell, Shelby Ann
 Bettelyoun, Cameron Jake
 Bierd, Baley Andrea
 Blanchard II, Clifford Ray
 Blanchard II, Norman Neal
 Blanchard, Harry James
 Blanchard, Jahkahri HayLéroy
 Blanchard, John Christopher
 Blanchard, NorahGisele
 Boston, Shawn Daniel
 Boyd, Xavier Tyrik
 Bradshaw, Jana Marie
 Brady, Scott Edgar
 Brinson, Christopher Allen
 Brokeshoulder Jr., Clifton
 Brokeshoulder, Eddie K.
 Brown, Jennifer Leah
 Brown, Lexi Michelle
 Bryce, Shayla Maelyn
 Buckley, Dawna Michele
 Byers, Reanna Nicole
 Byers, Zachary Elias
 Byrd, Lyndell D. Armond
 Caires, Vanessa Little Axe
 Chaney, Brittni Lynn
 Charley Whatley, Jorden Eugene
 Charley, Mary Serene
 Chisholm, Carly Nicole
 Clark, Dallas Joseph
 Clark, Dave George
 Clutter, Ramona Lynn
 Coddington, Aubriana Marie
 Coddington, Kyle Clarence
 Coddington, Michael Richard
 Coffee, Sahaunie Nicole
 Coon Jr., Stacy William
 Crane, Stephanie Renee
 Creek, Eunice Marie
 Creek, Stevie Eli
 Cryder, Michael Lawrence
 Cuff, Thomas Artel
 Davis Sr., Edward Leroy
 Davis, Jyquale Lee De'shon
 Davis, Maddox Joe
 Davis, Tyrein Gene

Deere, Neva Lee (Larney)
 DeLodge, Ava Quinn
 Dibler, Dale G.
 Doussett, Delisha Ann
 Draper Sr., Russell Lee
 Draper, Reuben James
 Dunlap, Brady Lee
 Eason, Braxton Noah
 Eckiwardy, Marisela Isabelle Mariah
 Ellis, Ariel Raquel
 Ellis, Russell Bruce
 Evans, Kayla Marie
 Fife, Andrew Jacob
 Frank, Janice Arlene
 Garcia, Josiah Elias
 Garfield, Alicia Raejhaun
 Garretson, Riley Dean
 Gibson, Darianne Alexander
 Gibson, Jaysan Baylee
 Gibson, Mary Ann
 Gibson, Melonie Dian
 Gibson, Norma Jean
 Gilman III, Thomas Eugene
 Gilman, Robert Everett
 Goodwin, Dawn Marie
 Goodwin, Larry Tiger
 Gouge Jr., Marg
 Graham, Charles Robert
 Grass, Solomon Wayne
 Griffin, Ladawn Abraham
 Hamon-Breeden, Katie Marie
 Harjo, Kadence Jade
 Harjo, Timothy A.
 Harless, Cynthia Iris
 Harris, Monte Lee
 Harvey II, Johnny Troy
 Haumpy, Ariann Renee
 Haumpy, Gage Allen
 Haumpy, O'Day Tah'lee Eugene
 Healy, Spencer James
 Hernandez, Curtis David
 Hill, Trent David
 Hoepfer, Emily Danielle
 Holderness, Samantha Grace
 Hollenbeck, May Angela
 Holznagel, Chad Thomas
 Hood, Randolph Paul
 Hudson, Celeste Jade
 Hudson, Eden Rose
 Hudson, Latasha Kay
 Hunt, Leeona Lucile
 Hurst, Maegan Nicole
 Jackson, Fallon Kay
 Jacobs, Maria Elena
 Jacobs, Stormie Raelein
 James, Lindsey Nicholle
 James, Na'chelle Ardena Mae
 Jimboy, Courtney Waynell
 Johnson Jr, David Lee
 Johnson, Adison Graci Mae

Johnson, Ashley Nicole
 Johnson, Justice Lonewolf
 Johnson, Richard Michael
 Johnson, Shoshanna Louise
 Johnson, Silvanus Mack
 Johnson, Victoria Maria
 Johnson, Zachary Howard
 Jones, Anita Louise
 Judd Jr., Thomas Ray
 Kaniatobe, Marjorie Ann
 Kelsey, Leigha Marie
 Key, Christian Trey
 Kickapoo-Johnson, Lux Olyvia
 Kilmer, Lelia Lashell
 Kinnamon Jr, Larry Leon
 Kinnamon, April Lynn
 Kinsey, Margie
 Kovalchuk, Amber Nichole
 Larney, CaiSyn William
 Lee, Audrey Catherine Sung-hee
 Leffler, Claudia Jo
 Little Axe Jr., Troy Lee
 Little Axe, Diane Gail
 Little Axe, Jordan Kane
 Little Axe, Joshua Taylor
 Little Axe, Kaylee Jean
 Little Axe, Shiloh Blue
 Little Charley, Evelyn Lavon
 Little Creek, Alex
 Little Creek, Lawrence Keith
 Little Jr., Gilbert Boyd
 Littlebear, Tonya Lynn
 Littlecreek, Samantha Jolene
 Littlecreek, Thomas Eugene
 Locke, Adrienne Lorine
 Longhorn, Darrell Wayne
 Longhorn, Leonard Wayne
 Longhorn, Vincent Wade
 Longman, Cherokee Dakota
 Longman, Trina Ann
 Louvier, Alexandra Renee
 Lowe, Justin James
 Mack Sr., Thomas James
 Mack, Cylas Ledarix
 Malone, Riley
 Mann, Raymond Freeland
 Mann, Richard Freeman
 Mann, Savanah Nicole
 Mann, Taylor Lawrence
 Markwardt, Franklin Thomas
 Martin, April Denise
 Martin, Kinley Rae
 Martinez, Amaya Rynae
 Martinez, Danielle Lynn
 Mason, Suzanna Rachel Powell
 Masquas, Phillip Jon
 Masquat, Iola Renee
 Massey, Karen Sue
 Mattingly, Alana Irene
 Mayo, Melba Mary
 McAnally, Jace Ryan
 McBride, Alice Jean Dirt
 McDaniel, Karen Diane

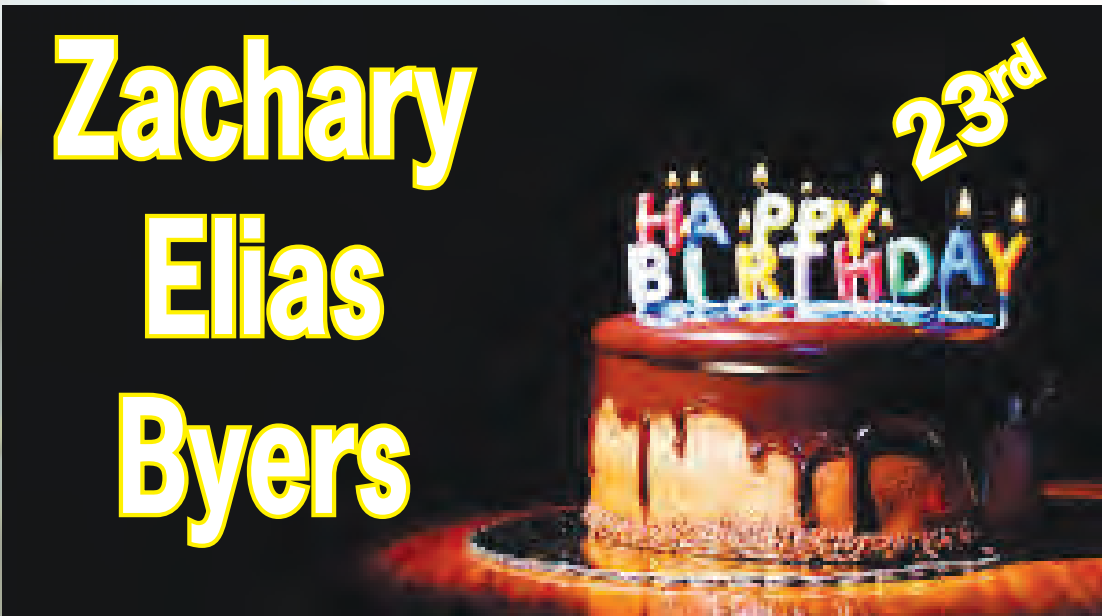
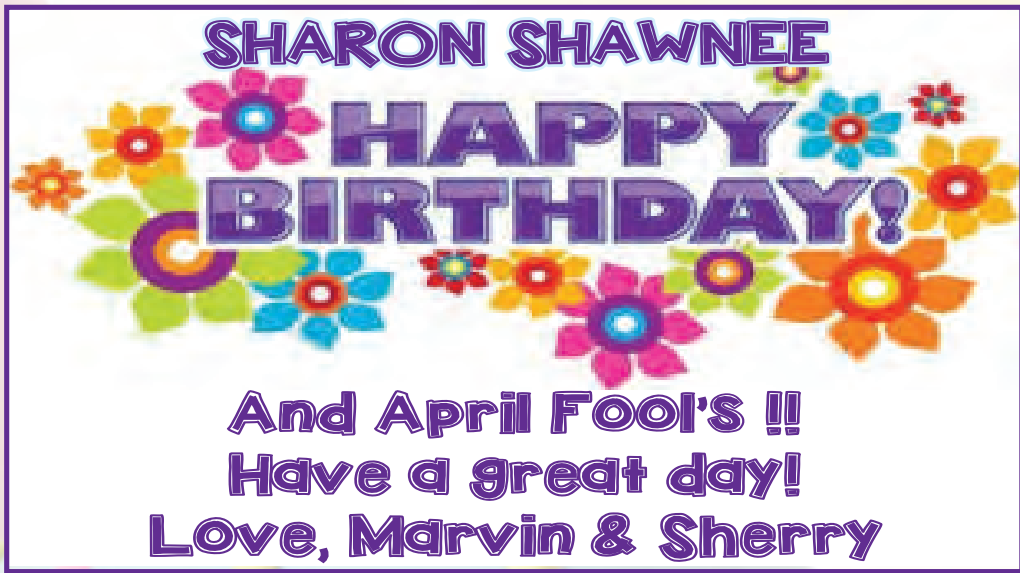
McGirt, Dana Dale
 McGuire, Kyla Marie
 McPherson, Emily Paige
 Meek, Phillip Edward
 Megyesi, Charles Stevens
 Milburn, Heather Renee
 Miller, Lillian Grace
 Mills, Brian Richard
 Mohawk, Curtis Roy
 Monroe, Pamela Sue
 Montgomery, Peiress Awmae
 Morgan, Summer Dawn
 Morton, Joshua David
 Morton, Makayla Lynn
 Nakamoto, Gina Jessica
 Nelson Jr., Daniel Lee
 Ness, Mary Ellen
 Newton, Donnie James
 Nowlin, Pak Louise
 Ochoa, Alejandro Juan
 Ortega, Kristin Lace
 Pack, Christie Lorraine
 Panther, Nickolas Wayne
 Parker, Elizabeth Isabelle
 Parker, Sarah Lynn
 Parker, Twila Olene
 Phillips, Mason Jaxon
 Ponkilla, Yvonne Diane
 Porter, Lindsey Bowe
 Powell, Tammy Marie
 Richey, Jennifer Lynn
 Robb, James Edward
 Robertson, Winifred L.
 Rolette, Gregory Shawn
 Rolette, Hanna Grace
 Roller, Geraldine M. Bradley
 Runsabove, Bryce Leigh
 Ryder, Vanessa Louise
 Sanchez, Bailey Marie
 Sanchez, Citlali
 Sanchez, James Andrew Skylar
 Sanchez, Victoria Nicolette
 Seaton-Blanchard, Stephen Anthony
 Sellers, Levi Dalton
 Sexton, Jacob David
 Shawnee, Jaxon Avery
 Shawnee, Sharon Dale
 Sherrill, Penelope
 Sloan, Jenifer
 Sloat, Morgan Elaine
 Smith, Joshua Dean
 Smith, Noah Ryan
 Snake, Archie Ellis
 Soap, Alpha Christine
 Soap, Terayana Maxine
 Spoon, Ashley Donelle
 Spoon, Marques Dwyane
 Spoon, Samuel Lee
 Spriggs, Brian Lee
 Spybuck, Adrienne Eileen
 Spybuck, Larry Eldon
 Spybuck, Thomas Mark
 Squire, Billie Gene

Squire, Samson Robert
 Squire, Wilbur James
 Starr-Fuentez, Olivia Angelina
 Stephens, William Lee
 Steves, Madelyn Louise
 Stewart, Sandra Leigh
 Stone Sr., James Lee
 Stone, Dawn Michelle
 Stuckey, Ware Declan
 Sullivan, Tiffany Chantele
 Sumka, Lena Darcille
 Switch, Traci Lynn
 Switch, Charles William
 Taryole, Trevor Seth
 Tascier, Timothy Andrew
 Tenner, Taylor Denise
 Thompson, Rhonda Gail
 Thornhill, Westly Lynn
 Thorpe, Brady Wayne
 Thorpe, Mary Catherine
 Teyah, Lavern Wilson
 Tiger, Amber Lee
 Tiger, Madelynn Rose
 Tiger, Patricia Ann
 Tiger, Stephon Michael
 Tiller, Piper Laine
 Uchida, Andy Micheal
 Wabaunasee, Thelma Jean
 Wakley, Jade McKenzie
 Wakolee, Josilyn Talia
 Wallace, Kay Laverne
 Walley, Johnny Ray
 Wallis, Baryn Clinton
 Walters, Shirley Ann
 Warrior, Marcellus James
 Washington, David Axe
 Washington, Kevin Bryan
 Washington, Samantha Lynn
 Watkins, Autum Paige
 Watson, Jayden Tyler Scott
 Wenholt, Casey Andrew
 Whinery, Pamela Jean
 White, Brenda Kaye
 White, Wesley Shane
 Whited, Kimberly Diane
 Whittington, Charlene Edward
 Williams, Ezrea Quasha
 Williams, Lisa Renee
 Williams, Seth Andreas
 Wilson, Aaron Wade
 Wilson, Damon Allen
 Wilson, Drake Kenneth Rylee
 Wilson, Ethan Hawke
 Wilson, Gabriel Ahboah
 Wilson, Harold Wayne
 Wilson, Howard Gene
 Wilson, James Wayne
 Winrow, Destiney Dawn
 Wise, Keeley Ava Lynn
 Witt, Joseph Andrew
 Wunderlin, Travis Rece
 Yellow Eagle, Angela Marie

*The March birthday list of names was wrong in last month's newsletter and I apologize for the mishap. I will strive to do better and will make sure that does not happen again.



Happy
Birthday!



Amber

From Aunt Sherry, Uncle Martin,
Uncle Shawn, Aunt Marilyn,
& your cousins

Love Mom
and the Herrera Family

Music Student Spotlight

April 2014

Jaden is a Big 8 years old and going strong in the music education classes at the Absentee Shawnee Family Music Program.

Jaden comes each week to her piano class with an awesome attitude and a deep love for music.

She just recorded her first piano track and is looking forward to her second in the near future; we are working on an entry to The National Native American Music Awards that will be held in the early part of this December. At the speed Jaden is growing in her musical abilities, there's no telling where she'll go in the years to follow. I can say I knew Jaden when!

Come join the Music Program and you too can be a part of all the fun and excitement.

Music is rocket to the stars; come get on board.

405-370-5576

pbradley@astribc.com

Phil Bradley

Music Instructor/Director



Young Music talent Jaden Wilson plays her Piano

Free Music Lessons

Hi there!

If you've ever wanted to learn the acoustic guitar, bass, or piano, the AST Music Program can help you learn all these instruments and drums too!



You just need to call me or email me

and I'll do my best to get the right day and time set up for your lessons. We have had over 300 tribal members that have learned to play music and they are loving their new found gift. We have all the instruments you'll need right here at the Shawnee music house right next to the AST Police Department. My number is 405-370-5576 (cell) or you can email me at pbradley@astribc.com. Please hurry! Enrollment is filling up FAST...

Please give me a call or email me and let's get started on the gift of music.

Phil Bradley Music Program

405-370-5576

pbradley@astribc.com

NATIONAL
SUICIDE
PREVENTION
LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org

**FOLLOW ME...
AWAY FROM
METH!**

LITTLE AXE • SHAWNEE • HEALTH CLINIC

U.S.I.W.I.N.H.
ABSENTEE SHAWNEE

stellar



OKLAHOMA CITY AREA INTER-TRIBAL HEALTH BOARD

For Immediate Release

Contact: Patricia Yarholer
Phone Number: (405) 652-9214
E-mail: pyarholer@ocaithb.org

6th Annual TEC Public Health Conference 2014

"Celebrating Tribal Public Health" Where we have been, where we are and where we are going...

Free, Two-Day Public Health Conference featuring nationally recognized speakers on health disparities in Native American and Alaska Native populations.

The Oklahoma City Area Inter-Tribal Health Board Tribal Epidemiology Center (TEC) will be hosting the 6th Annual TEC Public Health Conference at the Grand Hotel and Casino, Shawnee, OK on April 29-30, 2014. The conference will be held in the new event center adjacent to the hotel and will feature keynote speakers: Mr. Michael Bird, MPH, MSW, is the first and only American Indian to serve as the President (2000-2001) of American Public Health Association (APHA). Jessica Rickert, DDS., is the first American Indian female dentist. Both speakers are keenly aware of public health issues impacting tribes and are nationally recognized speakers for public health matters facing American Indian and Alaska Natives.

Some of the goals of the 6th Annual TEC Public Health Conference "Celebrating Tribal Public Health" are:

- 1) Increase knowledge and awareness of public health issues of AIAN;
- 2) Provides a forum to build and extend tribal public health relationships;
- 3) Expand partnerships with Tribal/State/Federal/Local entities.

Conference attendees will have an opportunity to participate in workshops, network with exhibitors and sponsors, share information and cultural resources, attend an evening cultural event, obtain continuing education hours in public health and dentistry and can learn about current public health best practices.

Featured speakers for the two-day event are:

- Aleena Hernandez, MPH will be presenting workshops on: "Tribal Public Health Accreditation" and "Tribal Public Health Institutes". The Tribal Public Health Accreditation workshop will enlighten participants regarding accreditation readiness and quality improvement. Tribal Public Health Institute (TPHI) will inform participants how a TPHI may play a role in improving health among American Indian & Alaska Native communities. Ms. Hernandez is the Principal and Founder of Red Star Innovations, LLC and is dedicated to strengthening and supporting public health issues.
- Mr. Cortney Yarholer, LMSW workshop presentation will focus on current Suicide Prevention efforts throughout Indian country and how tribal organizations are maximizing opportunities at the community level. Mr. Yarholer works with the Suicide Prevention Resource Center as a Senior Tribal Prevention Specialist, and provides technical assistance to Garret Lee Smith suicide prevention grantees. He has served on numerous committees and task forces addressing a variety of public health and behavioral health interests.
- Commander David Gahn, MD, MPH plans to present his work on preventing Childhood Obesity in Cherokee Nation and how an improved coordination effort will tackle chronic disease associated with childhood obesity. Dr. Gahn in 2008 was selected to lead a team of medical professionals from Indian Health Service to rebuild a maternity hospital in Kabul, Afghanistan. After 16 deployments to Kabul, Dr. Gahn completed his MPH and rejoined Cherokee Nation as the Surveillance Coordinator. As Surveillance Coordinator, Dr. Gahn focuses on the prevalence and incidence of chronic diseases and cancer in the 14 county Cherokee Nation Tribal Jurisdictional Service Area. He continues to see patients at W.W. Hastings Hospital.

Registration and exhibit booths information are online at <http://www.ocaithb.org>. Hotel arrangements and information can be made through the Grand Casino Hotel at <http://www.GrandShawnee.com> or calling (405)964-7777. The physical address of the hotel: 777 Grand Casino Blvd., Shawnee, OK 74804

The mission of the OCAITHB is to improve the health and quality of life of American Indian communities in the Oklahoma City Area through advocacy and education with federal, state and local entities while maintaining tribal sovereign rights.

April is.....

Sexual Assault Awareness Month

The AST Domestic Violence Department would like to invite you to join us in recognizing April as Sexual Assault Awareness Month. We will have our 4th Annual Balloon Release in remembrance of those affected by Sexual Assault and to bring awareness to this crime.

- **Balloon Release for the Shawnee Complex will be on April 3, 2014 @ 3:00pm in front of Building #1.**
- **Balloon Release for the Norman/LittleAxe area will be April 4, 2014 @ 3:00pm at the LittleAxe Clinic.**



Although April is declared Sexual Assault Awareness Month it is important to keep in mind that this type of violence happens everyday of the year in our community and possibly within our families. If you or someone you know is or has recently been affected by Sexual Assault please contact us at 405-273-2888. Below are the names and numbers of those who can help.

- Jackie—(405) 432-9377
- Melissa—(405) 432-9657
- Linda—(405) 585-8348
- Kimberly—(405) 365-9658

The Absentee Shawnee Tribe of Oklahoma's Domestic Violence Department's mission is to eliminate violence in Native Country and to strengthen Native families to end the cycle of violence.

DISABILITY BENEFITS FOR WOUNDED WARRIORS

Military service members can get their disability claims processed quickly by Social Security.

Benefits available through **Social Security** are different than those from the **Department of Veterans Affairs** and require a separate application.

The expedited process is used for military service members who become disabled while on active military service on or after **October 1, 2001**, regardless of where the disability occurs.



www.socialsecurity.gov

or call toll-free, **1-800-772-1213**
(for the deaf or hard of hearing, call our TTY number, **1-800-325-0778**)



Absentee Shawnee Housing Authority
107 North Kimberly
Shawnee, Oklahoma 74801
(405) 273-1050

Storm Shelter Program

This program is designed to provide safe shelter and protection from violent storms, tornados, and unforeseen disasters

Applicant Requirements:

1. CDIB verification for applicant
2. Social Security cards for all household members
3. If applicant is not currently in the Mutual Help or NAHASDA Lease to Own Program, a clear title and/or deed will be required as proof of homeownership.
4. All required application forms completed.
5. No accounts in default or delinquent status owed to the Absentee Shawnee Housing Authority.
6. Home must be applicant's primary residence.
7. Documentation from a physician if you are handicap or disabled.
8. If your application is selected, you will have 10 days to confirm your participation
9. Income verification of all household members.

Preference:

1. Absentee Shawnee Tribal Elders
2. Absentee Shawnee Tribal Members who are Handicap & Disabled.
3. Absentee Shawnee Tribal Members
4. Absentee Shawnee Tribal Descendants
5. Other Tribes

Service Area

1. Pottawatomie County
2. Lincoln County
3. Oklahoma County
4. Cleveland County

Eligibility Requirements:

1. You are only eligible for a storm shelter for your primary residence.
2. Applicants who are participating in the Mutual Help Program as well as the NAHAS-DA Lease to Own Program are eligible to apply.
3. If you live in a mobile home, you must own both the mobile home itself and the land it is located on to be eligible for this program.
4. Storm shelters are awarded one time only to each family in order to meet the needs of all Tribal Members.
5. A waiting list will be established based on preference listed above

Received by ASHA STAFF initials: _____
TIME STAMPED: _____

Absentee Shawnee Housing



Introduction

The information being provided is to help families understand what programs are offered through the Absentee Shawnee Housing Authority and how to apply. Our programs target low income Native American families who need housing assistance. The programs currently being provided are Rental, Lease to Own and Down Payment Assistance.

Application Process

Our process begins with the completion of our housing application. When completing the application be sure and answer all the questions that pertain to you and sign all attached forms. If you should have any questions regarding the application; call or come by our office and ask our staff in the Programs & Admissions Department and they would be glad to assist you.

The application will also require documents to be attached in order to complete the process; which are:

- ✦ Photo I.D.
- ✦ CDIB Card
- ✦ Social Security Card
- ✦ Birth Certificate
- ✦ Marriage License/Divorce Decree/Custody Decree (if applicable)
- ✦ Declaration of Section 214 (form is included with application)

Each household member must provide a birth certificate, social security card and CDIB card (if enrolled in a federally recognized tribe). The Housing Authority will conduct a criminal background check and credit check on all adult household members over the age of 18. A home visit is the final step in completing your application.

Waiting List

A letter will be mailed out once your application has been approved notifying you of the date your name was placed on the waiting list. It is very important to stay in contact and notify the Housing Authority anytime changes occur in income, household composition, or contact information.

In the event that your name is next in being offered a home; you will be notified by letter or phone. Annual Updates required to remain on the waiting list.

Low Rent Housing

Our low rent housing program is provided to families in need of housing in the Shawnee and Tecumseh area. Rental houses are furnished with kitchen appliances, central heat and air, and mini blinds all throughout.

In the Shawnee area, the Absentee Shawnee Housing Authority has two elderly/handicap communities. These areas have fully and partial handicap accessible units. A laundry facility is located in the community for tenant use only.

Tenants in our rental program are provided services through our Maintenance Department; if any maintenance issues should arise you would contact the Housing Authority and a crew member will come and do the repair.

Lease to Own Program

The Lease to Own Program is available for any Native American family who has met our requirements and would like to purchase a home through the Housing Authority. The homes offered are ones currently in inventory and owned by the Housing Authority.

This program is designated for income eligible families who have been renting but now feel they are ready for the opportunity to purchase their own home. The application is the same as the rental; accept the income requirements are different. Be sure and specify when completing your application, that you are applying for the Lease to Own Program. If you have substantial rental history and meet the income requirements, your name may be placed on the waiting list.

Down Payment Assistance Program

This program offers a one-time grant of up to \$20,000 to assist with down payment and/or closing cost to purchase a home and is designed to make home mortgage payments more affordable

Eligibility Requirements

- Applicant must be eighteen (18) years of age
- Must be Native American enrolled in a Federally Recognized Tribe, with priority given to enrolled members of the Absentee Shawnee Tribe of Oklahoma to apply
- Applicant must qualify as a low-income family, and must meet minimum income guidelines
- Applicant must be first-time homeowner
- Primary residences only
- Must be approved for home loan
- Dwelling Unit must pass environmental inspection

CONTACT INFORMATION:

**107 N. Kimberly
Shawnee, OK 74801
P.O. Box 425
Shawnee, OK 74802-0425
Phone: 405-273-1050
Fax: 405-275-0678
Office Hours: 8:00 a.m.- 4:30 p.m.**

Eligibility for each program has income requirements; please be sure and review the current income limits on your application.

We will not be able to process your application if you do not meet the income criteria.



- All applicants are required to attend a counseling class conducted by our Resident Counselor before signing a lease.
- Annual Recertification are required for Rental/Lease to Own programs
- Inspections are performed on our homes annually



- MONTHLY RENT IS CALCULATED BY YOUR INCOME
- OUR LOW RENT UNITS HAVE 1, 2, 3, & 4 BEDROOMS
- LEASE TO OWN HOMES HAVE 3 & 4 BEDROOMS



NEW RENTAL HOMES AVAILABLE!

Applications are now being accepted for families that are over the income limits for our IHBG funded programs. Please contact our Programs & Admissions Department for further details.

NOTE: There is limited homes available for this program.



GOODYEAR GREEN

223 North Interstate Drive
Norman, OK 73069
Mobile: 405-415-5697
Office: 405-366-1111
Fax: 405-366-1121
joni.mohawk@century21.com

Joni Mohawk
Realtor



Each office is independently owned and operated

THE TIGER/MANN FAMILY
REUNION
MAY 24, 2014
POST OAK PAVILION

ALL FRIENDS AND FAMILY OF THE LATE JIM TIGER AND ANNIE MANN TIGER ARE WELCOME.

BRING YOUR FAVORITE COVERED DISH/
DRINKS/DESSERTS AND GAMES!

AND YOUR OWN CHAIRS!!!

PLEASE BRING ANY OLD PICTURES YOU MAY HAVE
OF JIM TIGER AND ANNIE MANN TIGER TO SHARE.

SPECIAL INVITATION TO ALICE MCBRIDE AND
FAMILY!

STARTS AT 10 AM TILL 10 PM! BE THERE!

DESCENDENTS OF FRYOR &
MARGARET (CHRIST JOHN)
BROWN FAMILY REUNION

If you plan on attending please call one of the people listed below to RSVP by May 1. We are trying to get a count on how many plan to make it. Also if you would be interested in Tee shirts let us know that too. Thanks! Please call:


Glenda (Brown) Fuller 405-962-5732

Ronnie Lauderdale 405-765-2700

Twiggy (Wilson) Gregory 405-434-9136.

John Soap Jr. 405-585-9268

Sissy Franklin 405-567-9254.



Oklahoma Inter-tribal Diabetes Coalition

SAVE THE DATE

5th Annual Benefit Golf Scramble

Friday, April 25, 2014

9:00 a.m. Shotgun Start
(Rain cancellation date - Friday, May 2, 2014)

Firelake Golf Course

1901 S. Gordon Cooper Drive
Shawnee, OK 74801 (405) 275-4471

- 4 Man Scramble (\$240/team or \$60/person)
- 1st, 2nd, 3rd Flight Prizes Awarded
- Proximity Contests: Longest Drive, Straightest Drive, Closest to the Pin
- \$300 Prize to 1st player to make a hole in one: 2 holes designated
- Door Prizes: T-shirts, gift certificates, and maybe even a kitchen sink!

Come and support the Coalition's efforts in raising awareness
and advocating for diabetes prevention in Oklahoma.

Deadline to register: Monday, April 21, 2014 by 5:00 p.m.
No on-site registration

SPONSORSHIP OPTIONS AVAILABLE
SEE REGISTRATION FORM



For more information, contact Torie Fuller:
toriefuller@yahoo.com
or (405) 395-9303 x5119
or 2345 S. Gordon Cooper Dr.
Shawnee, OK 74801



See registration form for payment details



Oklahoma Inter-tribal Diabetes Coalition

5th Annual Benefit Golf Scramble

Friday, April 25th @ 9:00 a.m. Firelake Golf Course, Shawnee, OK

- Team entry \$240/team
- Single entry \$60/person

In case of rain cancellation, event will be held Friday, May 2nd.

Entry Fee Includes: Green Fee, Golf Cart, Door Prize Drawing, Raffle Ticket and Awards Luncheon
8:30 a.m. Check-In / 9:00 a.m. Shotgun Start - 4 man Scramble Format

Contact Name/Company: _____

Address: _____

Phone: _____ Email: _____

Please provide a contact number for at least one team member in case of cancellation.

TEAM PLAYERS	Please Print Names
Name _____	Name _____
Name _____	Name _____

SPONSORSHIP OPPORTUNITIES

I would like **PLATINUM LEVEL Sponsorship - \$1,500 or Greater**
Includes: Acknowledgement in any press releases/Company signage displayed on 4 holes/Twelve player entry fees/4 extra raffle tickets per player/Recognition at awards luncheon

I would like **GOLD LEVEL Sponsorship - \$1,000**
Includes: Company signage displayed on 3 holes/Eight player entry fees/3 extra raffle tickets per player/Recognition at awards luncheon

I would like **SILVER LEVEL Sponsorship - \$700**
Includes: Company signage displayed on 2 holes/Four player entry fees/2 extra raffle tickets per player/Recognition at awards luncheon

I would like **BRONZE LEVEL Sponsorship - \$350**
Includes: Company signage displayed on 1 hole/Four player entry fees/1 extra raffle ticket per player/Recognition at awards luncheon

I would like a **HOLE Sponsorship - \$100**
Includes: Company signage displayed on 1 hole - Businesses may sponsor more than one hole

I would like to **DONATE** items for the Door Prize Drawing - Door prize drawings occur at the awards luncheon. Donated items have included gift certificates, electronics, concert/event/game tickets, athletic items, t-shirts and more.

PAYMENT (Credit Card payments not accepted)

Check enclosed, payable to **Oklahoma Inter-tribal Diabetes Coalition** for \$ _____

Deadline to register is Monday, April 21, 2014 by 5:00 p.m.

Return payment and completed form to:
Torie Fuller
Healthy Heart Initiative
Citizen Potawatomi Nation Health Services
2307 S. Gordon Cooper Dr.
Shawnee, OK 74801

You may also fax completed form to:
Torie Fuller Fax #: 405-395-9305

Questions Contact: toriefuller@yahoo.com

ABSENTEE SHAWNEE
TRIBE OF OKLAHOMA

RECYCLING MA-
TERIAL THAT
WE ACCEPT.

ALL WHITE PAPER,
ENVELOPES, COL-
ORED PAPER, JUNK
MAIL, FAX PAPER,
MAGAZINES,
NEWSPAPER, CARD-
BOARD, AND ALU-
MINUM CANS.

MATERIAL WE
DO NOT AC-
CEPT.

TONER, CARBON
PAPER, FOOD
WASTE, AND PLAS-
TIC.

REMEMBER,
WHEN IN DOUBT
THROW IT OUT.

CONTACT
INFORMATION

ABSENTEE SHAWNEE
TRIBE OF
OKLAHOMA

OFFICE OF
ENVIRONMENTAL
HEALTH &
ENVIRONMENTAL
PROGRAMS.

2025 S. GORDON
COOPER DR.
SHAWNEE, OK
74801

PHONE: (405) 214-
4235

FAX: (405) 878-
4701

Absentee Shawnee Tribe

Recycling Program

“To Establish a recycling program for municipal waste planning, reduction, and Recycling”

The Office of Environmental Health and Environmental Program is proud to announce the start of a new recycling program for the Absentee Shawnee Tribe. The recycling center is located in the yellow metal building adjacent to the OEH Department. The Absentee Shawnee Tribe (AST) Recycling Program Pro-gram declares that waste reduction and recycling are the preferable to the

or processing of municipal waste, and that removing certain materials



from the municipal waste stream will decrease the flow of solid waste to municipal landfills. AST Recycling Program used the knowl-

edge and information about recycling markets and market demand as well as information obtained from various publications and the internet to comprise an analysis of material the recycling program will address at the start of the program. AST Recycling Program Plan establishes a goal that, by year's end 2013, at least 25 % of the recyclable material produced by the Tribe will be recycled.

Reduce, Reuse, and Recycle

The AST recycling Program will initially focus on the following waste stream material; High-Grade shredded paper, Assorted office paper,

Phone books, Magazines, Cardboard, Newspaper, and Aluminum cans. As the program and market develops, other recyclables will be sought.

There is a cost associated with recycling, However, economic, social, and environmental benefits exceed these cost.

Oklahoma HIV/ AIDS Summary Statistics: Cumulative HIV/AIDS Cases in Oklahoma as of December 31, 2012 **

Cases	Oklahoma HIV		Oklahoma AIDS	
	Number	(%)	Number	(%)
Adult/Adolescent	3,187	98.4	5,763	99.3
Pediatric (< 13 years)	38	1.2	41	0.7
Unknown	15	0.5	*	*
Total	3,240	100.0	5,804	100.0
Age (in years)				
	Number	(%)	Number	(%)
0 – 12	38	1.2	41	0.7
13 – 19	140	4.3	119	2.1
20 – 29	1,192	36.8	1,668	28.7
30 – 39	1,055	32.6	2,298	39.6
40 – 49	541	16.7	1,138	19.6
50 – 59	215	6.6	390	6.7
60 and over	44	1.4	150	2.6
Unknown	15	0.5	*	*
Race/Ethnicity				
	Number	(%)	Number	(%)
White	1,912	59.0	3,815	65.7
Black	805	24.8	1,145	19.7
Asian/Pacific Islander	26	0.8	32	0.6
American Indian/Alaska Native	183	5.6	389	6.7
Hispanic (All Races)	229	7.1	324	5.6
Multiple Race	85	2.6	99	1.7
Gender				
	Number	(%)	Number	(%)
Female	618	19.1	742	12.8
Male	2,622	80.9	5,062	87.2
Mode of Transmission				
	Number	(%)	Number	(%)
Men Who Have Sex with Men (MSM)	1,610	49.7	3,251	56.0
Heterosexual Contact	383	11.8	547	9.4
Injection Drug Use (IDU)	358	11.0	669	11.5
MSM & IDU	265	8.2	678	11.7
Perinatal	28	0.9	22	0.4
Blood or Blood Products	20	0.6	116	2.0
Unknown/No Report Risk (NRR)	576	17.8	521	9.0
Total	3,240	100.0	5,804	100.0

* Due to confidentiality concerns, these cell sizes have been suppressed.

**The sum of the percentages may not equal 100.0% due to rounding.



AST COUNTRY KITCHEN

Sunday - 7am to 7pm
Monday - 7am to 3pm
Tuesday - 7am to 3pm
Wednesday - 7am to 8pm
Thursday - 7am to 8pm
Friday - 7am to 9pm
Saturday - 7am to 9pm

Early Bird Breakfast

\$4.99

2 Eggs/Bacon or Sausage/Hash
Browns

Biscuits & Gravy or Toast & Coffee

(Not valid on Saturday or Sunday. 1 coupon per customer. With coupon.

No substitutions



Check out our
daily homemade
lunch specials!

Something
different
every day!

Open 7 Days A Week!

366-7220



(In Front of Thunderbird Entertainment Center Next to AST Smoke Shop)

Office of Environmental Health & Engineering

• Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- Handicapped/Disabled and Elderly
- Income
- Family Size/Overcrowded Living Conditions
- Condition of Home

Other Programs available:

• Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website: www.astribe.com.

Submit completed application to:

Office of Environmental Health & Engineering
Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801

Absentee Shawnee Tribe Complex
Office of Environmental Health & Engineering, Building 13
If you have any questions, you can reach us by phone at (405) 214-4235

NATIONAL NATIVE HIV/AIDS AWARENESS DAY



For more information about services or events, please contact:



James Leon "Jim" Wilson

James Leon "Jim" Wilson, a longtime Cushing resident, passed away on March 3, 2014 at his home in Cushing at the age of 72. Wake services were held at 7:00 p.m. Tuesday evening at the Wilson home. Graveside services were held at 10:00 a.m., Wednesday, March 5, 2014 at the Wilson Family Cemetery, Cushing and with Mr. Ron Rice Sr. officiating.

Arrangements are entrusted to Palmer Marler Funeral Home, Cushing, Oklahoma.

Jim was born on June 5, 1941 in Concho, Oklahoma to the late Francis and Margaret (Brave) Wilson. He grew up in Shawnee, where he attended school. Jim

entered the U.S. Army in 1960, serving his country for three years in Germany. He returned home in 1963. Jim married the loved of his life on August 7, 1964 in Shawnee, Oklahoma, they were married for 49 1/2 years. They lived in Shawnee for a couple of years before moving to Cushing where they had lived for 43 years. He was a member of the Jehovah's Witness in Cushing. Jim was a member of the Absentee Shawnee Tribe. He was a plumber for many years. He was an avid gardener, raising many vegetables. Jim loved being outdoors. He was an accomplished wood sculptor.

Jim is survived by his wife of 49 1/2 years Stella Wilson of the home, sons Jeffery Wilson of Cushing, Jermery Wilson and wife Pam of Norman, Jason Paul Wilson and wife Shelly of Stroud, brothers Paul Wilson of Texas, Terry Wilson of Dale, OK., Francis Lynn Wilson of Shawnee, brothers-in-law Austin Grant Jr. of Cushing, Francis Grant of Cushing, Saginaw Grant of Sun Valley, Ca., sisters Georgia Ruth Whitewater, KS., Rose Mary Whitewater of Tulsa, Denica Whitewater Wilson of Little Axe, OK., Rita Harjo of Shawnee, OK., and Tawna Wilson of Shawnee, OK., three grandchildren Hunter Wilson, Raylin Wilson and Gabriel Wilson.

He was preceded in death by his parents, brother Darrell Wilson, sisters Judy Scraper, Elaine Carter and Lorine Whitewater.

Condolences and online guest book are available at www.palmermarlerfh.com

Thank you Governor Butler-Wolfe!

My name is AJ Johnson. I am nineteen, in my junior year at the University of Houston of Houston, Clear Lake, studying Pre-Law, and President of UHCL's Legal Studies Association. Any chance I get, I express who I am and where I come from. My goal in doing this is to enlighten and educate those around me about Native Americans, and specifically about the Absentee Shawnee Tribe of Indians of Oklahoma. Native Americans are still a foreign subject to many who reside here in Houston, Texas and I am glad I can bring something new to these people and further their understanding.

I am proud to be a part of and hold myself out as an Absentee Shawnee Tribal Member.

Lastly, I participated in a cultural walk for the University of Houston, Clear Lake on March 22, 2014. Many flags were represented to display the cultural diversity amongst the peoples of the University. The flag bearers were introduced along with the flag they were parading. There were hundreds of people in attendance and many were exposed to the Absentee Shawnee Flag. I will continue to represent the Absentee Shawnee Tribe of Indians of Oklahoma in every cultural event, and other events, that the University holds.

Once again, Governor, I want to thank you for providing me with a tribal flag so that I may represent our Tribe here in Houston, Texas.



Save The Date April 29-30th, 2014

6th Annual Tribal Epidemiology Center Public Health Conference

For online participant registration info. Please visit OCAITHB.org. Registration is FREE!

Celebrating Tribal Public Health

Where we have been, where we are and where we are going...

Where: Firelake Grand Casino
777 Grand Casino Boulevard
Shawnee, OK 74804
*To reserve a hotel room call (405) 964-7777

APRIL IS ALCOHOL AWARENESS MONTH!

Drinking too much alcohol increases people's risk of health-related injuries, violence, drowning, liver disease, and some types of cancer.

The good news? We can all do our part to prevent alcohol misuse or abuse.

Make a difference: Spread the word about strategies for preventing alcohol misuse or abuse and encourage communities, families, and individuals to get involved.

How can Alcohol Awareness Month make a difference?

We can use this month to raise awareness about alcohol abuse and take action to prevent it, both at home and in the community.

Here are just a few facts:

- Did you know that "1 drink" is a: 12-ounce bottle of beer, 5-ounce glass of wine, or 1.5-ounce shot of liquor?
- Binge drinking is defined as consuming 4 or more drinks per occasion for women and 5 or more drinks per occasion for men. It is a common and dangerous behavior that contributes to more than 11,500 deaths among women in the U.S. each year—approximately 32 deaths per day.
- **Cancer:** Alcohol consumption increases the risk for breast cancer and cancer of the mouth, throat, esophagus, liver, and colon.

Absentee Shawnee Tribe Behavioral Health SPF-Program 405.701.7987



Job Opportunities

Building Blocks -Little Axe

- Director-Shawnee Location
- Assistant Director
- Master Teacher
- Teacher
- Assistant Teacher
- Floater
- Food Prep Specialist
- Food Prep Assistant

Little Axe Health Clinic

- Dentist
- Dental Hygienist
- Medical Director
- Staff Physician
- A/R Specialist

Absentee Shawnee Tribe
Human Resource Department

2025 Gordon Cooper Drive
Shawnee, OK 74801

(405) 275-1468

For More Information Visit:

www.astribe.com/employment



FollowMyHealth™
Universal Health Record

- Improved access to your health information
- Communicate directly with your clinic
- Request an appointment
- ...and more!

Register Now!!!
www.asthealth.org/patient-portal

New Patient Portal
Absentee Shawnee Tribal Health System

Little Axe Health Center
Shawnee Clinic

Visit your app store and install
the Follow My Health app



for real-time access to your
health information

For more information on how you can register for the new AST **"Follow My Health"** Patient Portal, contact Patient Registration at Little Axe Health Center - 405.447.0300 or Shawnee Clinic - 405.878.4702



MARCH NEWS



Melokami Youth Camp

SPRING TIME

As a part of the outreach to the younger generation, the OEH Department gave informative demonstration on ponds and rivers to the Youth Camp on March 17, 2014.



Workshop

Water Quality Specialist attended the Tribal Nonpoint Source Workshop in New Mexico, hosted by the Santa Ana Pueblo and EPA. Participants received training in the technical and practical aspects of tribal water quality programs of a three day management and watershed approach through lectures and discussion, addition of written exercises which helped groups to give real life problems effecting their Regions.

OFFICE OF ENVIRONMENTAL HEALTH

Phone: 405-214-4235
Fax: 405-878-4701



WILD LAND FIRE FIGHTERS

The Otoe-Missouria Tribe of Indians is proud and honored to host the 2014 Fire Classes.

The Oklahoma Native American Tribes sponsored by the U.S. Forest Service, Ozark-St. Francis National Forest will be hosting Fire Classes April 21-25. If you are interested in participating in the classes and being a wild land fire fighter please contact the Fire Program Coordinator closest to your home or with a sponsored Tribe. CDIB card is required. Basic Wild Land Fire Fighters MUST COMPLETE: Basic Fire Training-40 hour classroom and field exercise, Pre-Requisites: Work Capacity Test, IS-700 MUST BE DONE ONLINE PRIOR TO ACCEPTANCE INTO BASIC FIRE CLASS.



For information contact Coordinator James LeClair at (580) 723-4466 ext 142
Emergency Management Coordinator, OMT

AST Caregiver Grant & Injury Prevention Grant are challenging you to join us in our 5 week Fall Prevention Campaign!

2014 Elder Spring Challenge

Elders 55 and older join our 5 Week Walking Group and earn points for 1st, 2nd & 3rd place. Participants of all ages receive a gift bag with great prizes !!!!

- 1st place - \$75.00 Walmart Gift Card
- 2nd place - \$50.00 Walmart Gift Card
- 3rd place - \$25.00 Walmart Gift Card

Participants can walk at the Little Axe Resource Center M-F 6am - 6pm. Little Axe Health Center M-F 9:30am - 10:30am. AST Shawnee Complex T & Th 10am - 11am.

April 7, 2014 to
May 9, 2014

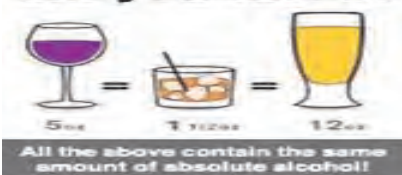
Contact Rosie Tallbear Injury Prevention @ 405-701-7601 or Sharon Ponkilla LPN Caregiver Grant @ 405-701-7630 for registration details and more information



KNOW YOUR FACTS!

- ALMOST EVERY 90 SECONDS, A PERSON IS INJURED IN A DRUNK DRIVING CRASH.
- TEEN ALCOHOL USE KILLS ABOUT 4,700 PEOPLE EACH YEAR, MORE THAN ALL ILLEGAL DRUGS COMBINED.
- A MAJORITY OF UNDERAGE CURRENT DRINKERS REPORTED THAT THEIR LAST USE OF ALCOHOL IN THE PAST MONTH OCCURED EITHER IN SOMEONE ELSE'S HOME (57.0 percent) OR IN THEIR OWN HOME (28.2 percent).
 - MODERATE USE (2-3 drinks) CAN RESULT IN A LOSS OF MOTOR COORDINATION FOR UP TO 12 to 18 HOURS AFTER DRINKING.
 - 8% OF ALL ER VISITS EACH YEAR FOR ILLNESS OR INJURIES ARE ASSOCIATED WITH ALCOHOL.
 - ALCOHOL DOES NOT RELIEVE DEPRESSION - IT MAKES IT WORSE.
 - A DAILY GLASS OF WINE WILL ADD 10 POUNDS PER YEAR.
- ONE 12-oz BEER, ONE 5-oz. GLASS OF WINE AND ONE 1.5 oz. SHOT OF LIQUOR HAVE THE SAME AMOUNT OF ALCOHOL.
 - ALCOHOL IS THE #1 MISUSED DRUG IN THE U.S.

did you know?



RESPONSIBLE ALCOHOL USE



KNOW WHEN TO STOP

ABSENTEE SHAWNEE TRIBE BEHAVIORAL HEALTH SPF-PROGRAM
405.701.7987

Vote for Kathy Deere for Lt. Governor

Accountability, Integrity, Honesty, and Stability

My name is Kathy Deere and I am a candidate for Lieutenant Governor. I served as Treasurer for two terms (4 years) which prepared me to serve as your Lt. Governor of the Absentee Shawnee Tribe.

As a Lt. Governor, my goal is to make needed changes in the following areas:

- 1) **Serve with the best interest of the Tribal Members**
- 2) **Improve communication to Executive Committee and staff.**
- 3) **Serve in earnest any negotiations with Department of Interior, Bureau of Indian Affairs when it affects funding of compact dollars for the next 10 years.**
- 4) **Find ways to create more jobs for tribal members.**
- 5) **Find creative ways to boost our tribal economy by supporting our Economic Development board in every way possible.**
- 6) **Be proactive on our most critical issues facing our tribal government such as Sequestration, Affordable Care Act, and Land buy-back program.**

Being elected to the Lt. Governor position and become a member of the Executive Committee is one of the greatest honors the tribal members can bestow on another Tribal member.

The Lt Governor is a respected and honored position and is a vital part of our Tribal Government. I will do my best to uphold the responsibility and work hard for the best interest of all Absentee Shawnee Tribal Members.

As your elected Treasurer, I served four years with these personal values and qualities: honesty, integrity, devotion and transparency which I will bring to the position of Lt Governor and as part of the Executive Committee.

I plan to attend all Executive Committee Meetings, General Council, and special called meetings. Also, attend various meetings with our local, state, and federal government. I voted in every election whether it is tribal, city, state, and federal.

Personal Background

My parents were Kenneth Little Axe and Estelline Washington Little Axe Littlecreek. I am the first born of five girls and one son who died as an infant. I'm proud to be both Big Jim and White Turkey Bands. My mother was enrolled Eastern Shawnee and father enrolled Absentee Shawnee Tribe.

Reared in Oklahoma City, I live with my husband, Lloyd, two daughters, one granddaughter, and one grandson in Little Axe, OK. I have over 34+ years of tribal, federal and state government service.

My previous employment have been with elected Absentee Shawnee Tribal Treasurer, Tinker AFB, in Ok, Indian Health Service-Oklahoma Area Office, Shawnee Service Unit and Carl Albert Indian Hospital, Ada, Ok, University of Oklahoma-College of Liberal Studies, University Hospital which is now OU Medical Center and have owned and operated direct selling products such as Mary Kay, Home Interiors, and Tupperware.

Vote for KATHY DEERE AS LT. GOVERNOR

Please give me the honor and opportunity to serve as Lt. Governor of Absentee Shawnee Tribe of Indians of Oklahoma. Our goals are to continually improve education, health, and services for tribal members. As I served as tribal treasurer for two (2) terms, we received a grant for Community Development Financing Institution for two products: credit builder and small business loans. For the first time in two years, we will have the Volunteer Income Tax Assistance programs for our tribal members.

I will continue to look for ways to best serve our community. I want to continue to better serve our community and tribal members.

Vote for Kathy Deere for Lt. Governor



March 21, 2014
Letter to Editor

PLEASE VOTE FOR KATHY DEERE-CANDIDATE FOR LT. GOVERNOR

KATHY DEERE IS WELL QUALIFIED TO SERVE AS LT. GOVERNOR

SERVED AS TREASURER

Kathy Deere has served faithfully and respectfully as our elected Treasurer for four years.

Kathy Deere managed the Finance Department effectively so that the financial audits received the

high assurance letter that our accounting system and records meet the Standard

Accounting Principles.

Kathy Deere respected the Finance Staff so that turn-over rate was very low. She hired tribal

Members first.

Kathy Deere went beyond the call of duty by helping others who needed care or a job.

KATHY DEERE'S LT. GOVERNOR GOALS:

- 1) **Serve the best interest of the Absentee Shawnee Tribal Members**
- 2) **Find ways to create more jobs for tribal members**
- 3) **Find creative ways to boost our tribal economy thru Economic Development Board**
- 4) **Serve in earnest any negotiations regarding funding with Indian Federal Agencies**
- 5) **Proactive force on our most critical issues facing our tribal government such as Sequestration, Affordable Care Act and Land Buy-Back Programs.**

Kathy Deere will serve as Lt. Governor with these personal values and qualities: honesty, integrity,

devotion, transparency, and fulfill her responsibility so that it enhances the status of the Absentee

Shawnee Tribal Members.

VOTE FOR KATHY DEERE WHO WILL FAITHFULLY FULFILL THE DUTIES OF LT. GOVERNOR

ACCOUNTABLE, TRUSTWORTHY, HONESTY, FAITHFUL AND DEVOTED TO SERVE OTHERS

LORETTA SCHWARZ, ABSENTEE SHAWNEE TRIBAL SENIOR MEMBER
6208 Belmont Way
West Linn, OR 97068

EWELL LONGHORN FOR TREASURER

I first wish to thank our Tribal members for getting out to vote in the primary election. Over 400 votes were cast and that's a very good turn out as compared to recent elections. I also wish to express my appreciation for all the candidates that filed for office for it shows how devoted they are to their Tribe and that they were willing to put up the \$500 filing fee for an opportunity to take part in leading the Tribe as a member of the Executive Committee.

Our Tribe is in a financial crisis. We have approximately \$30 million in debt with the LA Health Center and the Shawnee Casino. Competition for our main source of funds, the Thunderbird Casino, are growing stronger and expanding - the River Wind and Grand Casino. Our other businesses are losing money with the exception of AllNations Bank. I would like each Tribal member to think about a simple question: If I were hiring someone to manage my financial affairs and those of my children and grandchildren, should I hire someone who has training, education and years of experience in financial matters with proven positive results or should I hire someone who doesn't? This seems to be a no-brainer. I can tell you from firsthand experience that successful tribes including several of our neighboring tribes elect people with experience and education and it shows in their progress and growth. I'm not trying to be critical of my opponent for she is a relative. I respect and applaud her ambition and goals as a young Tribal member. Good luck to you Leah!

During the course of campaigning for the primary election several rumors and accusations about me and my previous time as Treasurer were being circulated by candidates that weren't even running for the Treasurer's position. I would like to put a few examples on the table and respond to each below:

1. Ewell is too mean he would write void on purchase orders and requisitions and the paperwork would have to be redone.

Response: When I took office in 2006 it was common practice for departments and the Thunderbird Casino to send check requests for items that had already been purchased without following the Tribe's and the Casino's purchase policies. Signatures of department directors and Casino management weren't in place and they were asking me as Treasurer and as the custodian of all Tribal funds -per the Constitution- to sign off on expending Tribal funds. A glaring example was the Thunderbird purchased a new vehicle for a giveaway prize and the vehicle was already on the casino floor with purchase agreements already signed by casino personnel when a check request for over \$20,000 came to my office but without the signatures of the Casino manager and controller in place. Of course I wouldn't sign off and it was sent back for being incomplete.

2. People in the Finance Department will quit if Ewell is elected. Response: Now if any employee whether in Finance or any other department or program decides to quit that is their choice.

This is a fact: When I was Treasurer I only terminated one employee and that was only after six months of evaluation and in the mist of many complaints by other Finance personnel. This is a fact also: When I left the Treasurer's office in 2008 I had hired a quite capable Controller who subsequently left because of internal turmoil in the Finance Department and with the Executive Committee. That former employee is now providing valuable accounting work for another Tribe. There are Finance staff who are involved in the politics of the Tribe and this should be prohibited as it is with most tribes and the federal government as a personnel policy matter.

3. Ewell has not been around for several years because he testified against the "mob".

Response: This one still makes me laugh! Truth is I lived and did work for several tribes in New Mexico, the City of Rio Rancho, New Mexico and the USDA in Albuquerque. I completed an SBA 8(a) application for a tribal business which was awarded 8(a) status. I took part in writing a grant for the same tribe which was awarded a \$600,000 grant for a new business by the USDA's Rural Development program. I have been living and working in Oklahoma since March of last year. And NO! I have never testified against the MOB! This is a fact: I have testified in federal court cases where bank officials were prosecuted in part based on my work as a federal bank examiner years ago and I have been in tribal, state and federal courts based on my work and duties in different positions with our Tribe.

I will repeat my goals if elected as follow:

1. Analyze our businesses (includes two casinos now and a bank) and determine why we are still unable to make per capita payments to our Elders.

2. Search and apply for new grant opportunities for tribal projects especially in the areas of renewable energy and farming on the Tribe's lands and those of our Tribal members.

3. Expand and develop training and job placement services for Tribal members especially our young Tribal members from the ages of 18 to 30 years old. Young families often need more assistance to prepare for and to find better jobs. I will also repeat a few of my accomplishments during my term:

1. Intervened to stop the sale of our bank that would have resulted in a loss by the Tribe of \$1,600,000.

2. Directed and supervised the Finance Department in bringing the Tribe's Indirect Cost Agreements current with BIA requirements. When I took office the Tribe was two years without a current Agreement and our federal funding agencies were threatening to stop funding our grants unless we had a current Agreement.

3. Cut the cost of the Tribe's annual audit by almost 50%. The Tribe was paying two separate audit firms to complete the audit. I directed the Finance Department in eliminating one of the audit firms resulting in a savings of approximately \$50,000 for each annual audit.

4. Ahead of the big recession that began in late 2007, I saw the downturn coming and directed our investment firms to begin selling the riskier investments in the Tribe's investment portfolio. Large potential losses were avoided by this action. I would like to provide a reminder: When I served as Treasurer I provided answers to questions asked during General Council and other meetings and didn't have to defer questions to the controller or other staff members. I am experienced and knowledgeable on tribal and federal financial matters and contracts.

I will once more say I am proud to be an Absentee-Shawnee with a bachelor's degree in business and years of experience in the banking industry in different capacities and over 20 years working with tribes. I am once more asking for your support and vote in the upcoming June run off election!

Thank you!

Ewell Longhorn

Feel free to call me with any questions or suggestions at (405) 273-4137



The month of April is Child Abuse Prevention Month and the Promoting Safe and Stable Families would like to provide some information about child abuse, warning signs and tips on how you can help to prevent the abuse of a child from www.preventchildabuse.org

Facts about Child Abuse

What is Child Abuse and Neglect?

- Physical abuse – an injury to a child that is not an accident, may include: hitting, punching, beating, burning, biting, kicking, cutting, shaking, or any action that physically harms a child.
- Emotional abuse – maltreatment of a child that may involve criticizing, insulting, yelling, swearing, manipulating, rejecting or withholding love.
- Sexual abuse – any sexual activity with a child, including exhibitionism, photographs or videos, pornography, prostitution, fondling, or rape.
- Neglect – failure to provide for a child's basic physical, emotional, medical or educational needs.

Who Abuses Children?

Most often the abuser is someone the child knows, such as a parent, relative, neighbor or friend of the family.

Where Does Child Abuse Happen?

Wherever children are, where they live, sleep, learn or play.

How Often Does Child Abuse Occur?

Each year, close to 3 million reports of suspected abuse is filed in the United States. Many more cases never get reported. One victim of child abuse is one too many!

Warning Signs of Abuse

Children who are abused may show physical and behavioral signs. You may be a child's only lifeline to safety. Please pay attention to the treatment of children around you. Child abuse is everyone's business. If you suspect a child is being abused or neglected in Oklahoma, call 1-800-522-3511.

Children who have been abused or neglected may be:

- Nervous around adults or afraid of certain adults
- Reluctant to go home
- Very passive and withdrawn—or aggressive and disruptive
- Often tired or complaining of nightmares, or not sleeping well
- Fearful and anxious
- Showing sudden changes in behavior or school performance

Possible signs of physical abuse:

- Unexplained burns, bruises, black eyes or other injuries
- Apparent fear of a parent or caretaker
- Faded bruises or healing injuries
- Injuries that do not match the explanation

Possible signs of sexual abuse:

- Difficulty walking or sitting, or other indications of injury to the genital area
- Sexual knowledge or behavior beyond what is normal for the child's age
- Running away from home

Possible signs of neglect:

- Frequently missing school
- Begging for or stealing money or food
- Lacking needed medical or dental care

- Being frequently dirty
- Using alcohol or other drugs
- Saying there is no one at home to take care of him or her

Possible signs of emotional abuse:

- Acting overly mature or immature for the child's age
- Extreme changes in behavior
- Delays in physical or emotional development
- Attempted suicide
- Lack of emotional attachment to the parent

Many of these signs may also be present in children exposed to violence in their homes and communities, like domestic violence and gang violence. These signs don't prove that a child is being abused. But they could be a signal that the child and his or her family may need help. If you know of and or suspect a child is being abuse, call the hotline at 1-800-522-3511 or the ICW department at 405-878-4702.

Ten Ways to Help Prevent Child Abuse

Be a nurturing parent.

- Children need to know that they are special, loved and capable of following their dreams.

Help a friend, neighbor or relative.

- Being a parent isn't easy. Offer a helping hand take care of the children, so the parent(s) can rest or spend time together.

Help yourself.

- When the big and little problems of your everyday life pile up to the point you feel overwhelmed and out of control – take time out. Don't take it out on your kid.

If your baby cries...

- It can be frustrating to hear your baby cry. Learn what to do if your baby won't stop crying. Never shake a baby – shaking a child may result in severe injury or death.

Get involved.

- Ask your community leaders, clergy, library and schools to develop services to meet the needs of healthy children and families.

Help to develop parenting resources at your local library.

Promote programs in school.

- Teaching children, parents and teachers prevention strategies can help to keep children safe.

Monitor your child's television and video viewing.

- Watching violent films and TV programs can harm young children.

Volunteer at a local child abuse prevention program.

- For information about volunteer opportunities, call 1.800.CHILDREN.

Report suspected abuse or neglect.

- If you have reason to believe a child has been or may be harmed, call your local department of children and family services or your local police department.

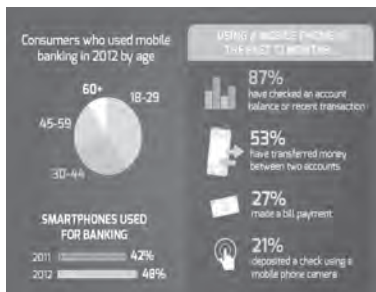
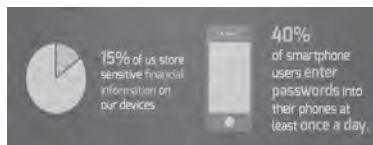
Sena Yesslith
PSSF/Tribal ICW Caseworker

CYBER SECURITY

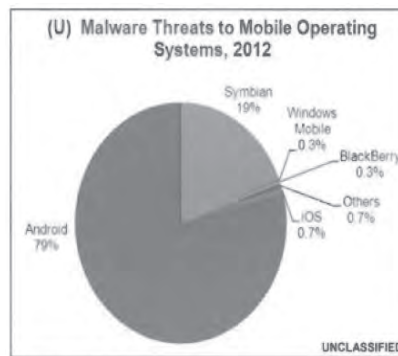
JOSHUA GIBSON | MIS | IT ANALYST

Phishing Attacks, The very basic of all attacks by hackers to infiltrate business networks or home networks. You may have heard about Target's breach during the holiday season of 2013? The analysis report has been confirmed that the data breach was carried out by an employee from a third party vendor who was tricked into clicking on a malicious email. That email is known as a "Phishing Attack" in the cyber world. This method is an online scam used by hackers to steal money and personal information, typically the attack takes place in your email masquerading as a message from a trusted source (bank, credit card company, e-commerce retailer, etc). The message will ask you to verify your account information immediately with the threat of a negative consequence if you do not verify the information. These emails can seem legitimate with cunning logos, text, and links to web sites. Often if you pay real close attention to the email you can pick up on the legitimacy of these emails by reading the message, look for spelling errors or suspicious word phrases in the message. The attackers are generally from the other side of the world so english will be off and noticeable. I advise that you should not give any information out through email such as account information or personal data/information. Banks will never ask for account information through email, nor will IRS request social security information as well for example. This goes back to our March newsletter, where cybercriminals seek out the weakest link, generally the less informed who is not aware of the dangers. The first line of defense will have to be the individuals self. These attacks happen through a series of chain of events for example, frequent sites you visit perhaps ads and malicious software could be tracking your web browsing making you a target for cyber criminals to deploy phishing attacks to see if you take the bait. I suggest clearing out your web browsing history daily or every two weeks minimum, keeping updated security software like Windows or Mac OS X updates for the operating systems.

Mobile "Phishing Attacks" yes smartphones are not immune to any and all attacks these days, actually mobile phone users are 3x more likely to become victims of phishing attacks than desktop/laptop computer users. (Figure 1.1), as you can see from the diagram mobile users are more likely to store personal account information on smartphones for convenient use. I highly suggest you invest in security software or VPN software that allows you to be anonymous on the web when using public wireless access points. These attacks are for now more likely to happen through wireless access points usually public locations, for example; airports, hotels, restaurants, public libraries, or any location offering free Wi-Fi services. (Figure 1.2), is an example of financial transactions mobile users do, as you can see mobile smartphones are taking on a more traditional use from desktop users doing banking transactions. I suggest you utilize 4G/LTE technology most smartphones have, this means your transactions are going through a secure channel in the cellular carriers network at a different frequency versus a wireless access point which can be mimicked through a "Honey-pot Attack." Bluetooth on mobile devices are a huge security risk and flaw most users are unaware of. I suggest when you use Bluetooth, you only use it for a duration of time rather on 24/7. The attacker can intercept the signals transmitted by Bluetooth and access info on your phone such as pictures, or text messages. Connecting to infected PCs are also a factor in mobile attacks, if your computer is infected with malware, chances are your smartphone will be as well, and vice versa smartphones can infect PCs. Rogue Apps, with over 67 million mobile apps being downloaded everyday this gives attackers huge opportunities to create rogue apps that impersonate legitimate ones, for example a simple game like "flappy bird" was popular at the start of the year. The creator silently removed his game off the mobile market, this opened the door for attackers to mimic the game to trick the public into downloading a look-alike "flappy bird." This game is no longer available and I suggest you do not download anything that resembles this game. Do some research on these apps to combat the threat and avoid clicking on any messages or links that look suspicious.



Let's talk about mobile platforms that pose a high risk of malware attacks. Fourth-Quarter of 2013 US Department of Homeland Security and the US Department of Justice placed a cautionary memo out describing Apple iOS mobile malware is 0.7% to take advantage of iOS. The study also showed Android Mobile OS accounts for 79% of mobile malware threats. (Figure 1.3) shows other mobile OS malware that pose threats as well. There are a few factors that make Android handsets a high risk in malware,



The OS is an open source application meaning it is compatible with a wide variety of smartphone vendors and tablets. This means developers have access to more coding in the operating system and can find vulnerabilities for good or bad use. The amount of users today also play a factor, there is certainly more Android users versus iOS users in today's mobile market as vendors such as Samsung has offered attractive screens that are larger on most android phones that seem to attract specific consumers in the market. Apple iOS is a locked and sealed platform limited to only Apple products. The source code is not shared to other vendors for different handsets or tablets. This gives Apple the edge in security versus Android platforms, because Apple has taken the approach to not give so much freedom on their devices it has given Apple stricter controls over protecting data. Google Chief Sundar Pichai admitted that security plays second to "Freedom" in the design and implementation of google's mobile operating system, exposing android users to an overwhelming, disproportionate share of vulnerabilities. March 2012 to March 2013 Mobile Malware has jumped to 614% Android is responsible for 92%

of all known mobile malware. 77% of android threats could be eliminated by upgrading the operating system when Google releasing it, only 4% have the upgraded versions. The key is to update, update and update as much as you can when the developers release more current and stable operating system patches. This will eliminate exploits in security issues. iOS has the advantage overall in security as updates are more pushed to the consumer versus Androids market, which lacks timely updates.

I want to give everybody a heads up with Microsoft announcing the death of Windows XP coming this April. Microsoft is going to cut off all support for Windows XP updates and services on April 8, 2014. This will open the door wide open for attackers to infiltrate your system heavily. I highly suggest you upgrade operating systems before the cut off date. The reports have announced hackers are saving the most effective attacks for when the support goes out on Windows XP. This means vulnerability will be extremely high and ways to prevent and treat these attacks will be slim to none. For a precise countdown Microsoft has provided a safe link to show days to seconds when support runs out 'www.microsoft.com/en-us/windows/enterprise/end-of-support.aspx'. There is still so much to go over, but I hope this helped give you a general idea and heighten your security awareness. Tribal citizens I hope you all have a great day and thank you for taking the time to read these articles and be aware!



Absentee Shawnee Tribe of Oklahoma

Injury Prevention Program

The Mayo Clinic and the Center for Disease Control & Prevention say that if you're physically active it may help prevent you from falling. The following activities: Walking, chair exercises and Tai Chi, can improve your leg strength, balance, coordination and flexibility. Remember to check with your doctor before starting any of these activities!

Here are some tips on how to stay safe while getting back into the spring of things.

- Be sure to warm-up and cool down when appropriate.
- Wear protective gear - i.e. bike helmets, wrist & elbow guards, pads, etc.
- Rest, especially when your muscles are tired
- Prevent "overuse" injuries (i.e. stress fractures, tendonitis, or inflamed joints) by not overdoing exercise.
- Condition your body before jumping into new activities at full force.

For more information contact: Rosie Tall Bear at 405-701-7601 Little Axe Health Center



FOCUS GROUP!



FREE GIFT CARD & GOODY BAG

We are looking for participants to join us in a discussion over our community's prescription drug use and underage drinking issues. We are looking for adult community members as well as youth community members ages 15-19. There will be 3 sessions, one for adults, one for male youth and another for female youth. Each participant will receive a free gift card and goody bag! To sign up to join in on this community discussion send me your contact information and add your name to our list! This is first come first serve!

Limit 10 per group.

Kasey Dean - LA Behavioral Health Department 405.701.7993

Kdean@astribe.com



AST PHARMACY NEWS



- Upcoming Pharmacy Department closures are as follows:
 - ✓ October 1, 2013 for inventory
 - ✓ November 11, 2013 to observe Veteran's Day
- Deliveries of controlled medications are not allowed.
- Both Shawnee and Little Axe pharmacy locations fill prescriptions for members of all tribes, but outside prescription orders are restricted to Absentee Shawnee Tribal citizens with established charts.
- If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with a current cell phone number.
- When requesting refills, please provide 24 hours' notice until pick-up. We will need your refill number, located above your name on the prescription label, or the names of your medication in order to fill.
- Present **insurance cards each time** you pick up or drop off a prescription.
- Keep us informed of changes in address, phone number, and other contact information (changes at registration do not flow to pharmacy).

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

Hours of Operation:

Little Axe: 8am-5pm (& 7:30a-5:30p Drive-Thru) Monday - Friday

- Phone - (405) 292-9530

Shawnee: 7am-5pm Monday-Friday

- Phone - (405) 878-5859

We are open through the lunch hour!!

****BOTH PHARMACY DEPARTMENTS ARE CLOSED WITH THE CLINICS THE FIRST WEDNESDAY AFTERNOON OF EVERY MONTH TO COMPLETE ADMINISTRATIVE DUTIES****

**-Thank you,
Pharmacy Staff**



Personal Banking:

AllNations Bank offers a wide range of products and services to meet today's consumer demand including

our AllNations Bank Free Checking Account; Savings Account; Certificate of Deposit Accounts; Individual Retirement Accounts; Money Market; Now Accounts & Consumer Loans including Auto, Boat and more.

AllNations Offers Free ATM/Debit Card with each personal account that can be used at our Shawnee OK Drive Up ATM. In addition, we offer a wide selection of Safe Deposit Boxes for rent at competitive prices.

Contact Us for Details As Follows:

Calumet Office - Gene Davis or Dixie Smith 405-893-2240;

114 E Main, Calumet, OK

Shawnee Office - Gene Davis or Eugene Stidham 405-273-0202;

2023 S. Gordon Cooper Drive, Shawnee, OK

Business Banking:

In addition to our Commercial Checking account, AllNations Bank offers a wide range of products and services to meet today's business needs including all types of Commercial and Small Business Loans; Merchant Services; Night Depository Drop & More.

Contact Us for Details As Follows:

Calumet Office - Gene Davis or Dixie Smith 405-893-2240;

114 E Main, Calumet, OK

Shawnee Office - Gene Davis or Eugene Stidham 405-273-0202;

2023 S. Gordon Cooper Drive, Shawnee, OK

Banking Hours:

2023 S. Gordon Cooper Drive, Shawnee, OK 74801

Lobby Hours 9:00 AM - 5:00 PM Monday - Friday

Drive In Hours 8:00 AM - 6:00 PM Monday - Friday

Saturday: 9:00 AM-12:00 Noon



Are you at risk for diabetes, have diabetes or know someone who does? Type 2 diabetes is the most common type of diabetes and affects millions of Native Americans. Many people are unaware that they have diabetes or pre-diabetes. Native Americans are twice as likely to develop

Type 2 diabetes than others. Some common signs and symptoms include:

- Frequent infections
- Blurred vision
- Cuts/bruises that are slow to heal
- Tingling/numbness in the hands/feet
- Recurring skin, gum, or bladder infections

Often people with type 2 diabetes have no symptoms.

Some ways to prevent and manage diabetes is through healthy lifestyle behaviors. One question that many people with diabetes or pre-diabetes often ask is "What can I eat?". The American Diabetes Association states that you do not have to be deprived or restricted. The key factors are learning what are the "superfoods", how much of it you can have and how often. Getting into the habit of eating a healthy diet helps you manage diabetes and prevent complications caused by diabetes.

The following foods are listed on the American Diabetes Association web site as "superfoods". Try to incorporate as many of these foods into your daily meal plan to enhance the nutrient content of your meals.

The foods listed have a low glycemic index (causes slower rise in blood glucose after eating) and provide key nutrients that are lacking in the typical western diet such as:

- calcium
- potassium
- fiber
- magnesium
- vitamins A, C, and E.

Beans, dark green leafy vegetables, citrus fruit, sweet potatoes, berries, tomatoes, fish high in Omega-3 fatty acids, whole grains, nuts, fat-free milk and yogurt. To learn more about eating these superfoods and recipes visit diabetes.org and sign up for Wellness and Healthy Eating classes at the Little Axe Clinic. Call Sidna McKane to sign up at 405 701-7977.

Source: American Diabetes Association at www.diabetes.org

FOSTER CARE

We were able to set up a foster care awareness booth in building 1 this past month. Three lucky winners won our drawing goodies. We had a great turn out and appreciate each and every one of you that took the time to stop by and get information about fostering a child. We are in need of loving; committed foster parents that are able to provide a home to children in our tribe that are in need of a safe and loving home environment. I am not going to tell you that being a foster parent is always easy, because it is not. It is not always easy being a parent, because no child is ever perfect. I have raised six children myself, and honestly, there were days that I wanted to pull my hair out. Funny thing is that now that they are grown and on their own, I would do anything to go back to those days that consisted of caring for them and loving them and them needing me on that level. The truth is that foster children have experienced a family crisis and they have no idea of what is going on in their life, except the only thing that they have known all their life is turning upside down.

If you feel like you are in a place in your life where you are able to make a difference in a child's life, please contact Julie Wilson/AST/FC at 405-878-4702 (ext. 133).

GOT LOVE?

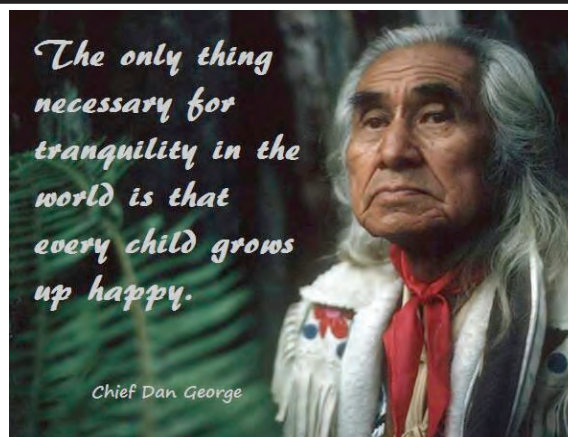


FOSTER A CHILD

Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture.

This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be?

ABSENTEE SHAWNEE TRIBE CHILD WELFARE
405-878-4702 (ext. 133)



Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to

these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the breakdown of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. **Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system.** Your participation in being a foster parent helps to ensure that these children have positive connections to their culture which helps nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be? Will you, as Absentee Shawnee member, do your part if you are able? **If you are interested in becoming a foster parent, please contact Juliann Wilson ICW/CPS/FOSTER CARE at 275-4030, ext. 133.**



Racial disproportionality is defined as the over- or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group's proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents

The sad reality is that there are not enough culturally appropriate homes for these children, resulting in the placement of Native American children in homes that do not share their cultural heritage or traditions. We want to place "our tribal" children in our own homes, to do this we need tribal members to open their homes and their hearts. Are you willing to open your heart? Are you willing to open your home? If so, please contact Julie Wilson ICW/FC/CPS 878-4702 (ext. 133).

Preservation of American Indian culture starts with protection of our most precious resources -- American Indian children and families. Only when our children and families are healthy and happy can there be harmony in our world.

Problems Facing American Indian Children and Families

Today, 5.2 million American Indians and Alaska Natives (AI/AN) live in the United States

- American Indian children have the third highest rate of victimization
- American Indian/Alaska Natives have the highest rate of poverty of any other racial group in the nation
- In 2006, suicide was the leading cause of death for AI/AN males ages 10-14.
- A 2006 study found that, compared to other groups, AI/AN youth have more serious problems with mental health disorders.
- Alcohol-use disorders were more likely among American Indian youths than other racial groups.
- The AI/AN youth population is more affected by gang involvement than any other racial population.

WHAT CAN YOU DO TO HELP?

Children often get lost in a system that is supposed to protect them when their parents can't take care of them. They need someone who can provide a home that is safe. They need their emotional needs met by an adult who can act as if they are their parent. These children need love, shelter, safety, and a place that they can belong, they need a home. They need to know that they are not alone. If you are able to provide these things to one of our tribal children please contact: 405-878-4702 (ext. 133) Julie Wilson ICW/FC.

