



"Among The Shawnee"

The Absentee Shawnee News

JULY 2016

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ABSENTEE SHAWNEE ELECTION COMMISSION OFFICIAL ELECTION RESULTS

Run Off Election June 18, 2016

This is to announce the **OFFICIAL** results of the June 18, 2016 Run Off Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant on the Tribal Constitution and Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

EXECUTIVE COMMITTEE

TREASURER (2 Year Term)

Leah Bates	<u>226</u>	Votes
Twila Parker	<u>212</u>	Votes

REPRESENTATIVE (2 Year Term)


Anthony "Tadpole" Johnson	<u>238</u>	Votes
Sherman Tiger	<u>199</u>	Votes

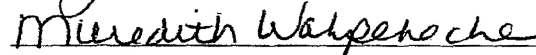
We the Officials are responsible for declaring the above election results, do hereby claim the above statements are true and correct to the best of our knowledge.


Election Commissioner


Acting Commission Member #1


Acting Deputy Commissioner


Acting Commission Member #2


Election Secretary


Tribal Judge

Date: 6-27-16



Executive Committee



Edwina Butler-Wolfe
Governor



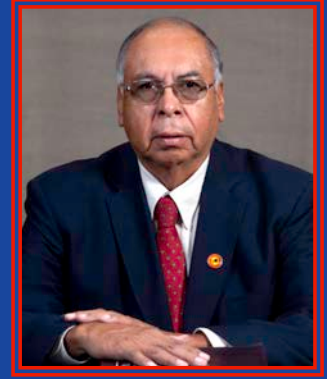
Isaac Gibson
Lt. Governor



John Johnson
Secretary



Leah Bates
Treasurer



Kenneth Blanchard
Representative

Monthly Executive Committee meetings can be watched online at astribe.com

Governor's Report

Hello friends, neighbors, relatives and Tribal members at large!

Here in the Shawnee area we are seeing a rise in local temperatures. We had some extended showers and thanks to that rain we are seeing an increase in our mosquito population. The City of Shawnee is trying to resolve this problem by spraying our City in sections and making tablets available to Shawnee citizens who have standing water. The recent Zika virus outbreak and ongoing developments with the West Nile Virus has made this process necessary to ensure and/or minimize the concern in our local area. I hope that your cities and/or communities, in your respective areas, are looking at how to best resolve this concern as timely intervention is important.

On June 18th the tribe was to hold their elections and by the time you receive this newsletter we may know who has been elected to the Offices of Treasurer and Representative. Once these individuals are placed in Office we can then move forward to address upcoming fiscal year issues/concerns that require resolving through the assistance of our newly elected officials. I look forward to the challenges and opportunities this will provide to the tribe.

Court Actions of Note

Jeff and Isaac Gibson

At the preliminary status review hearing date held on May 23rd another review date was set by Judge Haddocks for July 12th with trial dates set for each defendant. Lt. Governor Isaac Gibson's trial date is set for October 10-11 or 12th if needed. Former Representative Jeff "J.W." Gibson, who currently holds the title of TERO Coordinator and works for Secretary John Johnson, his trial date is set for October 17-19th. Both Gibson's are being tried for embezzlement, fraudulent use of a credit card, misusing public monies, unlawful official action, and criminal conspiracy.

Ken Blanchard

The Election Commission obtained legal counsel and on June 4th their attorney explored the action filed by Ken Blanchard on whether the Election Commission correctly held the Lt. Governor election in March. Election Commission correctly held the Lt. Governor election in March. Mr. Blanchard acted as his own legal counsel. The question being asked was whether the Election Commission acted outside of the tribes Constitution by placing two candidates on the March General Election ballot instead of placing them both on the June Run Off ballot. Judge Matt Thomas listened to both sides arguments and encouraged the introduction of any documents that might assist him in making a ruling. In the Journal Entry of Judgment it stated the Election Commission had recognized the discrepancies of past practices and sought and received an Attorney General Opinion on January 14, 2016. This opinion led the Election Commission to inform Mr. Blanchard that the Lt. Governor election would be conducted in March 2016. No action was taken by Ken Blanchard between January 2016 and March 2016 to challenge the Attorney General's opinion or the Election Commission's decision to hold the Lt. Governor election in March 2016. Mr. Blanchard campaigned against and lost to Isaac Gibson in March. The Election Commission certified that vote and on March 28th Ken Blanchard protested the Election taking place in March 2016 rather than June 2016. The Election Commission considered the protest and affirmed their results for the March election for the Lt. Governor. On April 13th Ken Blanchard filed a court action against the Election Commission. Mr. Blanchard argued the Election Ordinance should be voided because it was drafted or passed improperly but presented no evidence to support that argument. The Election Ordinance is nine years old and appears to have been duly authorized and passed as required by law. The Court found Mr. Blanchard's argument that the Election Ordinance is somehow void- unpersuasive. The Court ruled that the Election Commission correctly held the Lt. Governor election in March 2016 and that the Attorney General opinion of January correctly decided that races between only two candidates may be held as part of the March primary election.

Other Topics/Expressions

Happy Birthday & Anniversary

To those who have had a birthday or anniversary I extend my warmest regards.

Condolences

To those families who may have lost a family member this month I extend my deepest condolences to you and your family.

Meetings that I attended these past months:

MAY 2016

- 16th AST Program Directors Meeting – Governor’s Building – Shawnee, OK
- 17th Health Corporation Board(s) Meeting – Little Axe, OK
- 18th 10:00 a.m. Regular Executive Committee Meeting – Governor’s Building – Shawnee, OK
- 19th Central Tribes of Shawnee Area (CTSA) Board Meeting – Shawnee, OK
- 20th 9:00 a.m. met Trey Baker Candidate for State Representative
- 20th 10:00 a.m. Representative, Treasurer, & I met with Mr. Shipley of All Nations Bank
- 24th Interviewed applicant for the CTAS PA#2 Project Coordinator Position
- 25th 2:00 p.m. Thunderbird Entertainment Center (TEC) Board Meeting – Little Axe, OK
- 28th Attended High School Graduate Reception - OKC

JUNE 2016

- 2nd 6:30 pm Community Meeting topic Cannabis at Horse Shoe Bend
- 8-9th Sovereignty Symposium - OKC
- 9th TEDNA Education Meeting - OKC
- 10th Red Earth Parade – Education had a float in parade – OKC
- 13th Interviewed and selected CTAS PA#2 Project Coordinator
- 15th Executive Committee Meeting – 10:00 am
TEC Board Meeting – Thunderbird Casino – 2:00 pm

Upcoming Input Opportunities

Over the next few months you will be receiving information about two surveys. One is the national baseline study which is aimed at estimating an accurate national rate of violence against Indian women and the other is a community survey, funded through a tribal justice grant, asking you to provide your input which will assist the tribe in developing a five year strategic plan for our Public Safety department. The Community Survey will be posted on the tribe’s website; in one of the upcoming newsletters and will be available at a table to be set up at our October General Council Meeting. I encourage you to take part in one of or both of these surveys as this will help us to improve service levels and hopefully improve your quality of life.

In Conclusion

I have 11 months left in Office and I find each day eventful and full of possibilities. My door is always open (unless I am in a meeting or at a meeting) and I welcome your visits.

Help me to make a difference – stand beside me and Let us Build for the Future (BFF) - united and together!

Thank you for your support.

Honoring Our Past With Promise for Our Future

LIFE is Beautiful Living Meth Free



National Suicide Prevention

1-800-273-8255 (TALK)

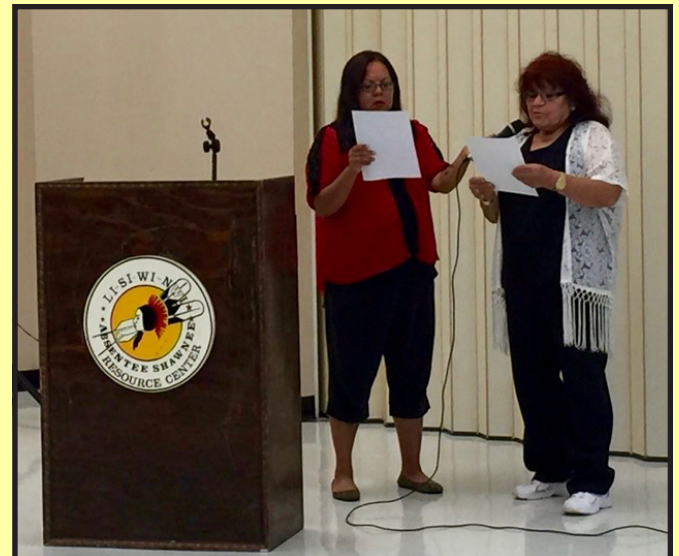


**Absentee Shawnee
Health Systems
Shawnee & Little Axe**



Newly Elected Officers Swearing in Ceremony

Little Axe Resource Center





Absentee Shawnee Tribe of Oklahoma
2025 South Gordon Cooper Drive
Shawnee, Oklahoma 74801
405-275-4030
Office of the Tribal Secretary

Ramah Navajo Chapter

Class Counsel Question and Answer Fact Sheet

(revised May 13,2016)

Basics of the Settlement:

When is the settlement going to be paid out to Class Members (Tribes)?

We expect the United States Treasury to pay the settlement amount to the Class in June 2016. The earliest individual Class Members (Tribes) will receive payments is late July or August 2016, although FACTORS BEYOND OUR CONTROL COULD CHANGE THIS TIMEFRAME.

What needs to happen before an individual Class Member (Tribe) gets its share of the settlement?

The Settlement Administrator will send each Class Member (Tribe) a Claim form showing the dollar amount of it's share of the net settlement amount, as calculated under the Court-approved settlement plan. This form must be signed and returned before that Class Member (Tribe) receives its share.

Has The federal court approved the settlement, including deductions for attorneys' fees and costs?

Yes. On February 23, 2016, the federal court issued a lengthy opinion and a final judgment approving all aspects of the proposed settlement.

When did the settlement become final?

The settlement became final on April 25, 2016.

How much is the settlement amount?

The settlement amount is \$940,000,000, plus accrued interest from February 23, 2016 until the funds are paid by the U.S. Treasury.

When will the Settlement Administrator send out Claim Forms to Class Members (Tribes)?

The Settlement Administrator hopes to send Claim Forms to Class Members (Tribes) within 30-45 days after U.S. Treasury provides the funds.

FOR MORE INFORMATION PLEASE VISIT- Ramah Class Action website at
<www.rncsettlement.com>

AST Housing Authority

YOU'RE INVITED!



744 North Philadelphia

Shawnee, OK 74801

THURSDAY

July 21, 2016

4:00PM – 6:00PM



Refreshments will be served

❖❖❖ OWNED & MANAGED BY ❖❖❖

ABSENTEE SHAWNEE



HOUSING AUTHORITY

Absentee Shawnee Housing Authority Transitional Housing Program

NO PETS ALLOWED • TAKING APPLICATIONS

CONTACT INFORMATION:

Programs & Admissions Department

107 N. Kimberly, Shawnee, OK 74801

405-273-1050

Tax Collections

FY-2016 YTD TAX COLLECTIONS (Thru 5/31/16)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$6,629.54	\$5,925.93	\$6,695.50	\$1,102.06	\$11,858.67	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$32,211.70	3.01%
Gaming % of free cash	\$100,000.00	\$250,000.00	\$200,000.00	\$150,000.00	\$150,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$850,000.00	79.32%
Employee (1%)	\$20,005.91	\$10,776.88	\$7,398.58	\$10,826.58	\$14,605.02	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$63,612.97	5.94%
Severance (8%)	\$2,266.67	\$1,609.65	\$460.78	\$919.02	\$461.01	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$5,717.13	0.53%
Motor Vehicle	\$10,173.81	\$16,449.81	\$16,519.87	\$15,797.40	\$12,420.36	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$71,361.25	6.66%
Tobacco Refund	\$7,107.73	\$1,052.86	\$7,697.88	\$17,197.56	\$14,653.05	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$47,709.08	4.45%
TOTAL TAXES	\$146,183.66	\$285,815.13	\$238,772.61	\$195,842.62	\$203,998.11	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,070,612.13	
Miscellaneous	\$223.45	\$145.00	\$300.00	\$275.00	\$65.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,008.45	0.09%
TOTAL COLLECTIONS	\$146,407.11	\$285,960.13	\$239,072.61	\$196,117.62	\$204,063.11	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,071,620.58	100%

Human Resources Department

The mission of the Human Resource Department is to recruit, retain and develop a highly competent workforce that supports the core goals, vision and values of the Absentee Shawnee Tribe. Human Resources is made of 4 employees which are housed at the Shawnee campus their names and titles are Cheri Hardeman Human Resource Director, Rachael Lankford Human Resource Generalist, Elizabeth Clark, Generalist and Casey Adams Human Resources Assistant.

Casey Adams/HR Assistant participated in a career fair at Gordon Cooper Vocational Training Center and was very successful in getting a variety of applications for all of our current job openings. Ms. Adams will continue her recruitment efforts during the next several months.

Rachael Lankford and Elizabeth Clark are gearing up for new hire orientation and the On Boarding and Off Boarding training we will be hosting for AST supervisors this month. Also we will continue to finalize our 401K merger and this will be completed by June 2016.

Currently we have 391 employees and we have 16 positions available.

If you have any questions regarding the Human Resources Department please call Cheri Hardeman at 405-275-4030 ext. 6252.

Human Resources Staff:

Cheri Hardeman/Human Resources Director

Rachael Lankford/ Generalist

Elizabeth Clark/ Generalist

Casey Adams/ Human Resources Assistant

Absentee Shawnee Tribe Employment Positions

Title	Division	Location	Job Type	Internal or Public	Posted Date	Closing Date	Reports To
Floater	Building Blocks Child Development Center	Shawnee Campus	Full-Time (Hourly)	Public	07-23-2015	Open Until Filled	Director
Teacher	Building Blocks Child Development Center	Shawnee Campus	Full-Time	Public	02-18-2016	12-31-9999	Director
Assistant Director	Building Blocks Child Development Center	Shawnee Campus	Full-Time (Hourly)	Public	04-14-2016	Open Until Filled	Director
Head Start/Early Head Start Director	CTSA	CTSA	Full-Time (Salary)	Public	04-25-2016	05-24-2016	
Executive Director	CTSA	CTSA	Full-Time (Hourly)	Public	04-25-2016	05-24-2016	
Office Manager	Domestic Violence	Shawnee Campus	Full-Time	Public	05-10-2016	Open Until Filled	Domestic Violence Director
Receptionist/Data/Enrollment Clerk	Enrollment	Shawnee Campus	Full-Time	Public	04-29-2016	05-20-2016	Tribal Secretary
Dental Assistant	Li Si Wi Nwi Health, Inc.	Little Axe Clinic	Full-Time	Public	04-25-2016	Open Until Filled	Dental Director
Dietitian	Li Si Wi Nwi Health, Inc.	Little Axe Clinic	Full-Time (Hourly)	Public	04-25-2016	Open Until Filled	Diabetes Coordinator
Interim Optometry Office Manager	Li Si Wi Nwi Health, Inc.	Little Axe Clinic	Temporary Full-Time	Public	04-27-2016	Open Until Filled	Director Optometry
Director of MIS	MIS	Shawnee Campus	Full-Time	Public	03-30-2016	Open Until Filled	Tribal Treasurer
Realty Specialist II	Realty	Shawnee Campus	Full-Time	Public	12-23-2015	08-30-2099	Realty Director
Pharmacist	Tribal Health Programs	Shawnee Clinic	Full-Time (Hourly)	Public	05-03-2016	Open Until Filled	Director of Pharmacy
Physician Assistant	Tribal Health Programs	Shawnee Clinic	Full-Time (Hourly)	Public	05-02-2016	Open Until Filled	Medical Director
Nurse Practitioner	Tribal Health Programs	Shawnee Clinic	Full-Time (Hourly)	Public	05-02-2016	Open Until Filled	Medical Director
Pharmacist	Tribal Health Programs	Shawnee Clinic	Part-Time (Hourly)	Public	05-03-2016	Open Until Filled	Director of Pharmacy

Forward Completed Absentee Shawnee Tribe applications with resume to:

*Absentee Shawnee Tribe
Human Resources Department
2025 South Gordon Cooper Dr.
Shawnee, OK 74801
Fax: 405-273-2710
Email: HR@astribe.com*

GRANTS DEPARTMENT

The AST Domestic Violence Program received a 15 month grant Award from the OK District Attorneys Council in the amount of \$261,201 to begin July 01/2016.

It will fund a full time Transitional Housing Coordinator, a part-time Court Advocate, Travel, Equipment, Supplies and Victims Assistance.

July 2016

U.S. Department of Justice

The Tribal Justice Strategic Planning Committee will be asking members of our community to complete a survey that will be printed in the tribal newsletter; posted on the tribe's website; and will be available at a table to be set up at the General Council Meeting in October.

In September 2015 AST received notification that we would be awarded a U.S. Department of Justice 18 month (10/01/15 to 03/31/2017) grant. The focus of the grant is to develop a 5 year plan to improve the services associated with Public Safety. To complete this plan a Strategic Planning Committee was formed. This committee is comprised of individuals from Domestic Violence, Law Enforcement, Community, Governor or her designee, Courts, Grants and the CTAS Project Coordinator. To assist the committee Fox Valley trainers provided a two day onsite training with the goal being to assist with Phase one of the grant. Phase one involved confirming board members; developing a strategy to gain support; developing a Memorandum of Agreement (MOA) or Resolution; identifying tools for working together and problem solving; defining the vision and mission; and creating a plan for data collection. This is where the Strategic Planning Committee is seeking your help – which is to complete a four page, front and back, survey. The survey will ask you questions regarding your community and if you feel safe in your home and surroundings. Your responses on the survey will remain confidential with no names given or taken. The information provided through this survey will assist in development of the tribes five year strategic plan. By creating this strategic plan it will provide direction to the tribe's Public Safety department and assist the AST to receive priority on future grant funds. This plan will in turn enhance existing services which will better serve you and your community.

We do hope that you will help us, to help you, by completing this survey! If you questions or would like to know more about the grant please contact Glenna Jones, Grant Wiriter/Administrator, at 405-275-4030, Ext. 6338. Thank you in advance for your time and assistance on this project.

Realty Department

Reminder:

- All trust land transactions must come through the Realty Office.
- Sales and/or any other trust land transactions must be authorized by the Realty Department and approved by the BIA.
- Any trust land transactions not involving the Realty Department are invalid.
- Please keep addresses current with the Office of the Special Trustee for Indians @ 1-888-678-6836. This will allow proper notification to be made to landowners on new leases and other information.
- Please keep addresses current with the Absentee Shawnee Enrollment Department. This allows the Realty Department to cross-reference landowner addresses with the OST.
- Please visit www.indiantrust.com whereabouts unknown/Oklahoma/Absentee Shawnee Tribe, to see if you or your relatives are on this list.
- Gift deed transactions will take time to get approved from the BIA.
- Negotiated sales must follow the proper procedures to ensure the transaction is considered for approval.
- A family member of a deceased landowner must initiate the probate process.

If anyone has any questions, please contact the Realty Department @ (405) 275-4030.

LAND BUY BACK PROGRAM

The Department of Interior recently advised they are expanding their schedule for implementing the Land Buy Back Program and adding 63 additional locations for the period of 2018 through 2021. This program began making offers in 2013. It has paid over \$740 million to individual landowners and restored the equivalent of nearly 1.5 million acres to tribal governments. This expansion brings the number of locations being planned for the program to 105. This total includes 96 percent of all landowners with fractionated interests and more than 98 percent of both purchasable fractional interests and equivalent acres in Program eligible areas. There are currently about 245,000 landowners holding approximately 3 million fractional interests across Indian Country.

The intent of the Buy Back program is to partner with tribal governments to stimulate new opportunities so that tribes can operate more efficiently, enter into community discussions and create plans that ensure lands stay in trust. The Program implements the land consolidation component of the Cobell settlement which provided \$1.9 billion to purchase fractional interests in trust or restricted land from willing sellers at fair market value within a ten year window. If a fractional land interest owner decides to sell their fraction you will receive a payment directly into your individual Indian Money (IM) account. The lands purchased through this process are immediately restored to tribal trust ownership to benefit the community and tribal members. In the upcoming months a Program representative will be communicating with our tribe on the process and its implementation.

Our tribe is on the new expanded Program list and members with eligible fractional interests are encouraged to call the Trust Beneficiary Call Center (Call Center) at 888-678-6836 and indicate whether you are a willing seller and/or to update contact information. By registering as a willing seller it does NOT commit you to selling your land, nor will it guarantee an offer will be extended; it merely identifies your interest and assist in advancing planning. ***Individual landowners can contact the Call Center, Office of the Special Trustee or BIA office to learn more about your land and options available to you. You can also visit the Program site at: <https://www.doi.gov/buybackprogram/programimplementation-schedule>.***

EMERGENCY MANAGEMENT

Seniors: Importance of a Personal Support Network

In preparation for emergencies, senior citizens should create a personal support network made up of several individuals who will check in on them in an emergency, to ensure your wellness and to give assistance if needed. This network can consist of friends, roommates, family members, relatives, personal attendants, co-workers, and neighbors. A minimum of three people can be identified at each location where you regularly spend time.

There are seven important items to discuss and implement with a personal support network:

Make arrangements before an emergency for your support network to immediately check on you after a disaster, and if needed, offer assistance.

- Exchange important keys.
- Show them where emergency supplies are kept
- Share copies of your relevant emergency documents, evacuation plans, and emergency health information card.
- Agree and practice methods for contacting each other in an emergency. Do not count on the telephones working.
- You and your personal support network should always notify each other when going out of town and when you will return.
- This relationship should be mutual. Learn about each other's needs and how to help each other in an emergency.

Tornado Safety

- What to look and listen for.
- A watch means conditions are favorable for a tornado. Watch the sky and listen to NOAA weather radio to keep up with the latest updates regarding the storm.
- A warning means a tornado has been spotted and people in that area should take cover immediately.
- Watch for dark greenish colored skies, large hail, a wall cloud (large, low-lying, dark cloud), and listen for a loud roar similar to a freight train.

Where to Go During a Tornado

If a tornado warning is posted in your area, seek shelter in a pre-designated area such a storm cellar or basement. If underground shelter is not available, find an interior room or hallway and crouch down covering your head with your hands. Stay away from doors and windows. If you are in a mobile home get out immediately. Find shelter on the lowest floor of a nearby building, or lie flat in a ditch. Mobile homes offer very little protection from tornados.

If you are in a vehicle, leave it immediately and take cover in a nearby ditch. Do not use your car as a form of shelter. DO NOT get under an overpass or bridge. This may be ever more dangerous than open ground. A wind tunnel effect can cause higher wind speeds and could drive debris toward you or pull you out from under the overpass.

Pet Safety

- Find a kennel or cage for every animal you have and put them in the safest room in the house when a tornado watch is issued.

- Make an emergency food supply for pets. Get pull tab cans or pouches for easy opening and have an extra gallon or two of water.
- Pack collars and leashes for each dog or cat.

After the Storm

- Stay in the safe room for several minutes after the storm. Large tornadoes have an eye so more destruction may be coming.
- Keep all pets on a leash and do not leave them outside unsupervised.
- Do not light candles even after the storm has passed. Use flashlights. Ruptured gas lines can create a fire hazard.

Preparation for Warm Weather

Preventing Heat-Related Illness

- Dress for the heat. Wear lightweight, light colored clothing. Light colors reflect away the sun's energy, it is a good idea to wear hats or use an umbrella.
- Drink water. Carry water or juice with you and stay hydrated and drink continuously even if you do not feel thirsty. Avoid caffeine and alcohol, which dehydrate the body.
- Eat small meals and eat more often. Avoid foods high in protein which increase metabolic heat.
- Avoid using salt tablets unless directed to do so by a physician.
- Slow down, avoid strenuous activity or do it during the coolest part of the day which is usually in the morning between 4 and 7 a.m.
- Stay indoors when possible.
- Take regular breaks when engaged in physical activity on warm days. Take time out to find a cool place. If you recognize you or someone else is showing signs of a heat-related illness, stop activity and find a cool place.

Signs of heat exhaustion

- Cool, moist, pale skin (skin may be red right after physical activity)
- Headache
- Dizziness and weakness or exhaustion
- Nausea
- The skin may not feel hot

Signs of heat stroke

- Vomiting
- Decreased alertness level or complete loss of consciousness
- High body temperature (sometimes as high as 105 degrees)
- Skin may still be moist or the victim may stop sweating and skin may be red, hot and dry
- Rapid, weak pulse
- Rapid, shallow breathing

Heat exhaustion is life threatening, call 911

Contact information:

Emergency Management Coordinator can be reached at the Tribal Police Department (405) 275-3200, or cell phone number (405) 740-1562 and at this email address: lday@astribe.com.

EMERGENCY NUMBERS

EMERGENCY ASSISTANCE HEARTLINE EMERGENCY	911 211	Police, Fire, Ambulance State of Oklahoma
TRIBAL POLICE TRIBAL EMERGENCY MANAGER	405-275-3200 405-740-1562 (Cell)	Absentee Shawnee Absentee Shawnee
SHERIFF CITY POLICE CITY EMERGENCY MANAGEMENT COUNTY HEALTH DEPT.	405-273-1727 405-273-2121 405-273-5272 405-273-2157	Pottawatomie County Shawnee Shawnee Pottawatomie County
SHERIFF CITY POLICE HEALTH DEPT.	405-701-8888 405-321-1600 405-749-1591	Cleveland County Norman Cleveland County
OG&E	405-272-9595 1-800-522-6870	Report Power Outage
CANADIAN VALLEY	405-382-3680	Power Outage
DEPT. OF ENVIRONMENTAL QUALITY HIGHWAY PATROL	1-800-522-0206 405-425-4385	State of Oklahoma Road Conditions



Central Tribes of the Shawnee Area, Inc. Head Start/Early Head Start



Main Office:
1535 N. McKinley
Shawnee, OK 74801
(405) 275-4870
Fax: (405) 275-9684

Central Head Start
1533 N. McKinley
Shawnee, OK 74801
(405) 878-5820
Fax: (405) 275-1781

Rainbow Head Start
516 Iowa St.
Norman, OK 73069
(405) 447-0381
Fax: (405) 447-0388

Early Bird Head Start
111 W. Vine St
Cushing, OK 74023
(918) 225-1029
Fax: (918) 225-9969

May 23, 2016

Board of Directors

Governor
Edwina Butler-Wolfe
Absentee Shawnee
Tribe of OK
President

Tracy Johnson
KickapooTribe of OK
Vice-President

Principal Chief
Kay Rhoads
Sac and Fox Nation
Secretary

Central Tribes of the Shawnee Area, Inc. is taking applications for Human Resources

Qualifications

- *Must possess strong interpersonal skills, both written and oral
- *Exhibit a high level of organizational skills and knowledge of legal and ethical requirements
- *Possess a strong knowledge and experience with personnel practices and administration of Employee benefits.
- *Ability to read, analyze, and interpret legal documents
- *Ability to respond professionally to inquiries and complaints from staff, regulatory agencies, Community members and management
- *Consistently create well organized and accurate files, reports, and documents
- *Demonstrate effective communication in order to meet expectations
- *Ability to use basic and accurate math to compute, compile, compare and report data
- *Exhibit problem solving ability to handle changing, varied, or multiple tasks with professionalism
- *Ability to interpret and perform a variety of instructions

Education/Training and Experience

- *Associate degree in Human Resource or related field required
- *Bachelor degree in Human Resource or related field preferred
- *Minimum of two years experience working in Human Resources required
- *Experience working with Head Start and/or Department of Human Services regulations preferred

General Requirements

- *Must have a valid driver's license and be insurable
- *Must pass background check, fingerprinting and reference checks

Notice is in effect until the position is filled

Native American Preference.



"Every child is gifted. They just unwrap their package at different times"

HEALTH BOARD

There will be (2) two positions up for renew or new appointment on Health Board, if you wish to be considered for these openings, please submit contact information, attach a cover letter and resume to AST Secretary-2025 S. Gordon Cooper Drive Shawnee, Ok 74801. You may submit all documents by e-mail to secretary@astribe.com

Name: _____ CDIB#: _____

Address: _____

City: _____ State/Zip _____

Phone: _____ Alt Phone: _____

Email: _____ Date: _____

Sec. 4 Qualifications:

At Least (2) two Directors must be AST Tribal members (18 years or older) with Health care experience. All others Directors must have sufficient professional experience in various fields (e.g. business, accounting, public service, law, administration, etc.) to contribute productively to the operation of the Board. All appointees are subject to a background check. No employee or staff member of the Absentee Shawnee tribal health care system may simultaneously serve on the Board.

2016 Employee BLS HCP CPR



Date	Time	Location
January 19, 2016	09:00am to 12:00pm	Conference Room B
February 2, 2016	09:00am to 12:00pm	Conference Room B
March 8, 2016	09:00am to 12:00pm	Conference Room B
April 12, 2016	09:00am to 12:00pm	Conference Room B
May 10, 2016	09:00am to 12:00pm	Conference Room B
June 14, 2016	09:00am to 12:00pm	Conference Room B
July 12, 2016	09:00am to 12:00pm	Conference Room B
August 9, 2016	09:00am to 12:00pm	Conference Room B
September 13, 2016	09:00am to 12:00pm	Conference Room B
October 11, 2016	09:00am to 12:00pm	Conference Room B
November 8, 2016	09:00am to 12:00pm	Conference Room B
December 6, 2016	09:00am to 12:00pm	Conference Room B

Please call Kathy at 7997 or email me at kheldenbrand@astribe.com or
Call Gloria at 7600 or email her at gseeley@astribe.com or
Call Deidre at 7190 or email her at dyarbrough@astribe.com

O I L S

Oklahoma Indian Legal Services will be at the Tribal Court House, Bldg. #3 each month on the 2nd Thursday from 9am-12pm.

Oklahoma Indian Legal Services (OILS) is a nonprofit organization that provides free legal services to low income Native Americans in Oklahoma. To be eligible for services you must fall within OILS income guidelines.

Contact information:

Oklahoma Indian Legal Services (OILS)
4200 Perimeter Center Dr., Ste 222
Oklahoma City, OK 73112
Telephone: (405) 943-6457
Telephone: (800) 658-1497
Facsimile: (405) 917-7060

AST HEALTH SYSTEM - JULY 2016

WE DID IT!!! The AST Health System is now fully accredited with the Accreditation Association for Ambulatory Health Care (AAAHC)!!! The health system received one of the highest scores ever issued to a tribal health or I.H.S. facility, and we are now sanctioned to display their prestigious AAAHC logo along with ours on our official communications and other media marketing to illustrate this mark of distinction in quality patient care and proven adherence to industry standards of patient safety and business practices! Please let the health system employees know you are proud of them and their years' long journey to secure this important accreditation.

The 3rd Annual Health System Health Fair is scheduled on July 15th from 1-4 PM at the Little Axe Health Center, it is geared towards the youth of our community hence the "FOCUS on the Next Generation". So please keep this on your calendar and join us for a fantastic opportunity to learn about health and wellness as well as information to keep you and your family healthy, happy, and wise in 2016!

Elder care and high risk fall patients as well as homebound tribal members are always a concern to the Tribe and Health System. The health system remains a full partner with the Tribe in caring for and coordinating care for any tribal member that is homebound and has needs that we can help with or service within our scope and authority to do so as a health and wellness system. If you know of any tribal member who is homebound and needs assistance medically, please contact administration at (405) 701-7621 so we can assist as best possible with resources or coordinate assistance for these members in need.

As always, our health system's most valuable resource - the people - display excellence for our tribal health system! I'm extremely proud of our outstanding star performers again this month, and thank them all for their contributions to our patients, their fellow employees, and the tribe! Employee of the month in June for health was Ms. Kara Gouge, Health Procurement; Team of the Month: Public Health for the Prevention In Native Students (PINS) Monday youth and Diabetes & Wellness NYPD Summer camp for Tribal youth; and the Special Leadership Award: Mrs. Jackie Edge, for her dedication and service as a Dental Professional in her pursuit of excellence and self-improvement as another example for all to follow in chasing your dreams! The health employees continue to accomplish outstanding feats for our patients and for each other, taking care of our internal and external customers/patients. You all make an important difference in the lives and health of all of our health system's patients!

Additional health related information:

- **PlusCare Clinic** has the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed). This service is extended to existing AST tribal members and other IHS eligible Native Americans who are the ages of 2 years and up. If you are a new (AI/AN) patient to our health system and are in need of our PlusCare services, please bring with you, your CDIB card, a second form of identification and health insurance card(s), if available. The location is 15702 East State Highway 9, Norman, OK (former Little Axe Clinic-near Thunderbird Casino/Norman). The phone number is (405) 447-0477. Hours of operation are M-F 9 AM to 9 PM M-F 9 AM to 9 PM, Saturday and Sunday 9 AM to 5 PM and holidays are 9 AM to 5 PM (excluding Thanksgiving and Christmas).
- **Emergency Dental Clinic** is available every Monday from 8 AM to 11:30 AM at the Little Axe Health Center. Patients will be evaluated on a first come, first serve basis and type of emergency care needed. Patients who

have suffered trauma or present infection will be considered before other as well as established patients being considered before new patients. For more information, please call (405) 447-0300.

- **AST/Serviced Health System Native American Veterans:** If you are currently receiving services with the area VA Medical Center, please contact us today to set up an appointment to have your services established with the AST Health System at either the Shawnee Clinic (405) 878-5850 or Little Axe Health Center (405) 447-0300.
 - **If you need CPR training,** please contact the AST Health System's Public Health Office at (405) 447-0300 for scheduling and training opportunities.
 - **Contract Health Services (CHS)** interactive phone menu helps patients access the most appropriate service provider by calling (405) 701-7951 at the Little Axe Health Center. This feature will speed up access to the patients seeking services and follow-up to their care. We also have Contract Health representatives available at our Shawnee location. Tribal members are able to call Ms. Flo Mann, LPN or Ms. Laurie Webber, LPN at (405) 878-5850.
 - **Customer Service** line is (405) 701-7623. Please direct all complaints or compliments to this line for appropriate attention and/or response. Please be assured that this is the best way to have each situation addressed, with consistent updates from our Health Staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or question pertaining to your case.
 - **The AST Anti-Bullying Prevention "HOTLINE"** is (405) 701-7987 during work hours 8-5, M-F, and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481-0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others, please contact 911.
 - **The Affordable Care Act Decision Tool** continues to be a valuable tool with helping you decide what you need to do for compliance with the act. Please see the ACA tab at the ASTHA Health Program's Website: <http://www.asthealth.org/aca> (Please visit our site today to find out what you need to do to protect yourself and your family)!
 - **Emergency After hour Pharmacy Access:** If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Wal-green locations in Shawnee and Norman. You will need to submit your prescription and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then they shall fill your prescription. You will have a 5-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health approved Walgreen service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, Oklahoma or 615 West Main Street, Norman, Oklahoma.
- The Little Axe Health Center Drive-Thru Pharmacy is also available for emergency fills, for tribal members only, from: 5:00 PM to 9:00 PM Monday-Friday, 9:00 AM to 5:00 PM Saturday & Sunday and holidays from 9:00 AM to 5:00 PM excluding Thanksgiving and Christmas.
- **Social Media:** You can follow the AST Health System on Facebook and receive the most current messages and announcements regarding your tribal health care.

ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM'S THIRD ANNUAL

HEALTH FAIR

HEALTH AWARENESS FOR ALL GENERATIONS



FOCUS

2016

ON THE NEXT GENERATION

Friday, July 15, 2016

12:15-1:00 pm - Welcome & Cultural Dance Demo | 1:00-4:00 pm - Health Fair

LITTLE AXE HEALTH CENTER | 15951 LITTLE AXE DRIVE | NORMAN, OK

Raffles and Prize Drawings
Free Health Screenings

Kid's Activities & Games
Educational Resources

Health Education Lectures



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM

Prevention. Progress. Pride.

BUILDING BLOCKS



Absentee Shawnee Tribe of Oklahoma
Building Blocks C.D.C.
2025 S. Gordon Cooper Dr.
Shawnee, Ok. 74801
P: (405)878-0633 F: (405)878-0156



Building Blocks News...

Our 'Donuts with Dad' event was a great success!! All of the children enjoyed eating breakfast with their dads. Thank you to all of the fathers who were able to participate. We hope that ALL of you had a wonderful Father's Day with your families!!

Our summer activities for the children are well underway! We have opened up our splash pad for the kiddos. They love playing in the water with their friends. Summer fieldtrips have begun. They have visited the Oklahoma City Zoo, various splash pads, Oklahoma Aquarium, as well as having a weekly trip to the movies. There are plenty more trips to come!!

Building Blocks is currently accepting applications for the position of Asst. Director at the Little Axe and Shawnee locations. Applicants must have a current Director's Credential. Please visit www.astribe.com for a complete list of openings, as well as the required qualifications.

Dates to Remember:

Monday, July 4th: Closed for Independence Day. Have a safe and fun holiday!

Thank you,
Billie Thompson
Director





Let us help...



With your cooling bill this summer
If you live in Pottawatomie or Cleveland counties
and have a C.D.I.B. card you may qualify for the
L.I.H.E.A.P Program

Come and apply
Starting in May thru September
2016

The L.I.H.E.P Program will pay for



All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

Department of Social Services
(405) 275-4030, Ext. 6225

Annette Wilson, Social Services



A Little Note from The Tag Office

Did You Know.....

Any name changes that may occur
(i.e. marriage, divorce, etc.) need to be updated
through enrollment, BEFORE any new
registrations or renewals can be processed.

ABSSENTEE SHAWNEE TRIBE TAX COMMISSION

2025 S. Gordon Cooper Drive
Shawnee, OK 74801
(405) 275-4030 • Fax: (405) 214-4225

NEW REGISTRATIONS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS

Note: You may be asked to provide supporting documentation for verification purposes.

RENEWALS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

ANYONE MAY COME RENEW THE VEHICLE AS LONG AS THEY HAVE THE ABOVE LISTED DOCUMENTS FOR THE TRIBAL MEMBER

TAG PRICES

1-4 YEARS	\$85
5-8 YEARS	\$75
9-12 YEARS	\$55
13-16 YEARS	\$35
17- OVER YEARS	\$15

PENALTY

\$0.25 A DAY

Tribal Member Named Jr. Princess



Absentee-Shawnee Tribal member Stevi Mahri Johnson will be officially crowned the 2016 Jr. Miss Sac & Fox Princess at the upcoming Sac & Fox Powwow on July 7, 2016 in Stroud, OK. She is the daughter of Steven Johnson (AST), Melanie Johnson (Sac & Fox) and sister to Shoshanna Johnson (AST and Sac & Fox). Stevi's paternal grandparents are Willard "Poncho" Walker (Sac & Fox) and JoAnn Walker (AST). Her maternal grandparents are Gene Perez and Sue Brown Sanchez (Sac & Fox).

Ms. Johnson was selected for the 2016 Jr. Miss Sac & Fox Princess title based on her tribal greeting, tribal dress, knowledge of tribal history and her traditional/contemporary talents. Her Native name is Thedahquah, which means "Misty Girl" in the Sac & Fox language. She chose to wear a traditional Sac & Fox dress that her uncle "Oodie" made for her as well as discuss the history of how the Sac & Fox tribe settled to Stroud, OK. Her traditional talents included learning her Native languages and making hand sewn medicine pouches. Contemporary talents Ms. Johnson spoke about was her bike racing where she has received numerous awards, including a state championship.

Ms. Johnson's biking achievements gave her the opportunity to participate in the AST's, "MyDNA" campaign. This campaign focused on preventing underage substance abuse in the central Oklahoma area. Her role in the campaign gave her the opportunity to meet the U.S. Surgeon General, Vivek H. Murthy, during his visit at the Citizen Potawatomi Nation Cultural Heritage Center. Her experience in the Surgeon General's town hall meeting will be featured in the Southern Plains Tribal Health Board's July 2016 newsletter.

Receiving the President's Award for educational excellence, writing codes for Botball, an educational robotics program that focuses on engaging middle and high school aged students in team-oriented robotics competitions, playing the violin, being a Concert Chorus and Circle the State with Song member and being a member in the Gifted and Talented Program are some of the many achievements Ms. Johnson has been recognized for in the past year. Ms. Johnson shows a promising future as she embarks on her new journey to middle school this upcoming fall.



Congratulations

Congratulations to Clint LittleJim and son, Caleb, on winning the 2016 Class 2A Baseball State Championship.

Clint coaches the Christian Heritage Academy Crusaders located in Del City, OK. Both he and wife, Lisa, are teachers/coaches at CHA and reside in Little Axe.

Among Caleb's accomplishments was being named "Player of the Year" in baseball and All-State in both basketball and baseball.

Clint is the son of tribal members Charles and Lorene LittleJim of Little Axe, OK.

We are proud of you!
The LittleJim Family



Congratulations

Aaliyah Shields, Graduate of Shawnee High School & Desirae (Shields) Spoon, Graduate of East Central University's School of Nursing in Ada.

The proud parents are Darren Shields & Susan Larney, Grandparents Rocky Larney, Leora Alford, and Jenifer Sloan-Shields & Jerry Shields and Great-Grandmother Emma Murdock of Mcloud, OK.

JULY 2016 BIRTHDAYS

Alaee, Brandon Keith
 Alberty, Langston Deshun
 Alford, Bruce Douglas
 Alford, Louella Ann
 Alford, Zachary Reid
 Allen, Cheryl Renee
 Almanza, Marcel Andres
 Armstrong, Robert Brent
 Aschtaen, Ginna Lyn
 Bailey, Brooke Lynn
 Barber, Kristin Lynn
 Barbosa, Talia Jade
 Barriaga, Elias Micah
 Bateman, Willow Shoshana Rain
 Bayliss, Billy Ray
 Bayliss, Katherine Anne
 Bear, Bonnie Jean
 Beaver, Rodney Gene
 Bender, Judith Ann
 Berry, Ryan Jennings
 Birdtail, Mary Evelyn
 Bittle, Lillian Kay
 Blackbear, Teagan Quinn
 Blackburn, Virginia Rae
 Blanchard, Brian Keith
 Blanchard, Clayton Lee
 Blanchard, Eric Leon
 Blanchard, Henry R.
 Blanchard, Jamin Dalton
 Blanchard, Kason Ryan
 Blanchard, Kyerra Makyla Raye
 Blanchard, Nicholas Adam
 Blood, Colby Lee
 Bogue, Aimee Rochelle
 Bonham, Virginia Doreen
 Booth, Randall David
 Bofone, Lisa Lucille
 Bowers, Aaron Tremain
 Bradley, Edward H.
 Brady, Sharon Kay
 Breeding, Hollis Joshua
 Brinson, Nicholas Henry
 Brocksmith, Ethan James
 Brown, Elijah Christopher
 Brown, Samuel David
 Brown, Tristan John
 Bryce, Anifa Jean
 Bryce, Jacob Desmond
 Buckley, Christopher Maurice
 Burkhart Sr, Arthur Elliott
 Butler, Donna Ellen
 Byers, Marilyn
 Byers, Shawn Deeon
 Byington, Michelle Hope
 Canales, Alexis Marie
 Carlson, Tyellissa Lynn
 Case, Melissa Susan
 Chapline, Isabella Roseanne
 Citty, Keith Leon
 Citty, Steven Keith
 Ciulla, Tina Faye
 Cochrane Jr., Guy Stanley
 Coddington, Corey William
 Collett, Savanna Len
 Colungo, Darrell Dean
 Combs, Robert Paul Dwight
 Conner, Daniel Paul
 Coady, Erin Melody
 Cook, Joshua Caleb
 Cottrell, Mckinze Faye
 Cox, Jennifer Renee
 Craig, Kayla Shawnee
 Cruz, Mr. Cameron Jacob
 Cummings, Julieah Leslie
 Davis Jr., Anthony Louis
 Davis Jr., Edward Leroy
 Davis, Adley Reese

Davis, Bryar Nicholas
 Davis, Jocelyn Païae
 Davis, Zachary Blake
 Day, Jennifer Ann
 Deer, Derrick Wesley
 Deer, Elnora Levearn Kaseca
 Deer, Erhan Mack
 Deer, Jaden Brandon
 Deer, Kensington Jaide
 Deer, Marissa Caitlin
 Deere, Angelina Renee
 Delodge, Ezra Manuel
 Dennison, Daniele
 DeOliveira, Shelly Marie
 Defert, Heather Jo
 Dixon, Abryana Elizabeth-Marie
 Doussett, Calvin Cecil
 Dry, Shavonne Lynn
 Ellingsen, Shirley Mae
 Ellis, Andee Nicole
 Ellis, Charlotte Lynn
 Ellis, Chet Herbert
 Ellis, Christian Nathaniel
 Engler, Emily Laiken
 Farmer, Christine Bobbie
 Felton, Zachary Douglas
 Foley, Clayton Shane
 Foreman, Amber Lynn
 Foreman, Amper Len
 Fowler, Chevenne Deneau
 Freeman, Eugene Bryce
 French-Hawk, Tracie Lynn
 Fritsch, Jerod Wayne
 Frye, Williamscoff Thomas
 Garretson, Donna Kay
 Gatzman, Darla Juve
 Gibson, Alan Gerard
 Gibson, Donald James
 Gibson, Elvis Glenn
 Gibson, Gary Lloyd
 Gibson, Ryan Edmond
 Gibson, Tyler Glen
 Gilcrease, Maedia Jean
 Gilmore, Linkin Thomas
 Gomez Jr., Abelardo M
 Gonzales, Gabriella Noel
 Goss, Angel Marcus
 Goss, Veronica Mae
 Graham, Jackie
 Gransfrom, Karsen Renee
 Greeley, Sarah Fawn
 Gurrola, Daniel Alberto
 Gutfierrez, Devin Anthony
 Harjo, Jeanette Marie
 Harjo, Michael Ray
 Harjo, Sharon Melody
 Harjoe, Sonja Denise
 Haumpy, Ma-Yia Rahjanee
 Hawk, Connor Evan
 Hammond, Trisha Lynn
 Helvy, Alta Jean
 Henshaw, Allen Shawn
 Hernandez Thorpe, Genesis Kay
 Hernandez, Daezi Viay
 Hernandez, Martin Clyde
 Herrera, John Anthony
 Herrera, Michael Lee
 Herrod, Jordan Leann
 Hibdon, Konner Brian
 Hicks, Anna Marie
 Hicks, Braylon Angus
 Hill, Chealsie Lynn
 Hood, Dallas James
 Hood, Elaine Rae
 Hood, Matthew Dean
 Hood, Piri Reis
 Howe, Reign Phil

Hyde, Lester Clark
 Ibarra, Lya Lynette
 Irvin, Benjamin Raymond
 Johnson, Amanda Shaye
 Johnson, Amber Dawn
 Johnson, Ashley Briann
 Johnson, Austin Lee
 Johnson, Debra Jean
 Johnson, George Lewis
 Johnson, Grant Scott
 Johnson, Jeremiah Justin
 Johnson, Jessie Colt
 Johnson, Kyle Dylan
 Johnson, Nikki Renee
 Johnson, Noreen Dottie
 Johnson, Rita Jo
 Johnson, Stacey Lynn
 Johnson, Steven Boyd
 Johnson, Tillman Earl
 Jones, Donna Kay (Ellis)
 Jones, Teresa Ann Wilson
 Judkins, Dyllon Garrett
 Kaniatobe, Karen Faith
 Kaseca, April Eve
 Kaseca, Kanyyn Leiann
 Kaseca, Kevin Lynn
 Kaseca, Russell Franklin
 Keith, Andrew Richard
 Keith, Brandon Dowe
 Key, Braisley Saranda
 Kickapoo, Christopher Kerry
 Kirby, Lindsay Diane
 Kirby, Steven Wayne
 Kirby, William Michael
 Kitchen, Isaiah John Lucas
 Krauss-Bafes, Chante'l Emily
 Kupczynski, Cora Ashley
 Lackey, Toni Dion
 Larney, Kathryn Jon-Nicole
 Larney, Nathaniel Roy
 Larney, Noah Cruz
 Larson, Sekoenatha Keezan
 Lewis, Cierra Dawn
 Little Axe Jr., Danny
 Little Axe, Charlie Pratt
 Little Axe, Graci Raquel
 Little Axe, Jerry James
 Little, Edwin Thomas
 Little, Tony Wayne
 Little, Zoretta Denise
 Littlebear, Nelson Wayne
 Littlecreek, Ephraim Jhames
 Littlecreek, Josephine Taylor
 Littlecreek, Mychal Shawn
 Littlejim, Lindsey Marie
 Long, Jordan Lee
 Longhorn, Bradley Brian
 Longhorn, Ewell Gary
 Longhorn, Lee Allen
 Longman, Annabelle Marie
 Longman, Ashley Nicole
 Longman, Clayton Dean
 Longman, Kristopher Morgan
 Longman, William Ashton
 Lovins, Wesley Jacob
 Lowe, Wyatt James
 Lowrance, Rusty Haze
 Mack, Felix Wayne
 Mack, Malayah Jean
 Mackey, Monica Sue
 Marquez, Quentim Miles
 Marshall, Kalanii Marie
 Martin, Robyn Alexa
 Martinez Jr., Chad Mikel
 Martinez, Alyson Jo
 Martinez, Jalon Maverick
 Martinez, Jasmine Nicole

Martinez, Stephanie Diane
 Masquat, Ricky Lee
 Masquat, Milania Che'Lee
 Maxfield, Lisa Clorean
 Maxwell, Alex Ryan
 Mayo, Lindsay Destiny
 McBride, Wyatt Dean
 McCoy, Violet Christine Harry
 McCulloch, Erin Corrine
 McGee, Michael Shannon
 McMahan, Jayden Thomas
 McPherson, Erica Nicole
 Merrell, Sean Allen
 Meshquekennock, Thomas Lee
 Michaelson, John Edward
 Miller, Tina Mae
 Mitchell, Chloe Ann Sarae
 Mohawk, McKenzie Jeanne
 Mohawk, Travis Gene
 Morton, Colette Ellen
 Morton, Darrell Jackson
 Morton, David Arthur
 Morton, Sara Brianne
 Nail, Cullen Chase
 Nanaeto, Debra Jaclyn
 Neuens, Kathy Marie
 Neugent, Louise L. C.
 Nguyen-Rojas, Tyler Van
 O'Dell, Cody Dewayne
 Onzahwah, Alecia Joann
 Pack, Camryn Lorraine
 Pack, Kristyn Bailey
 Patton, Qwentis Adarryl
 Paffy, Twana Marie Spybuck
 Pederson, Rena Kaye Little Axe
 Peetoom, Joshua Lawrence
 Peetoom, William Ryan
 Pena, Eric
 Perez-Vargas Jr., Juan Manuel
 Phillips, Kristian Parker
 Pickens, Teddy Ray
 Pine, Jaime Ann
 Pine, James Francis
 Pine, Kaseon James
 Pifner, Sylvia Sue
 Poafybitty, Virginia Adele
 Poace, Aufumn Dawn
 Ponkilla, Carol Ann
 Ponkilla, Martin Ned
 Pope, Cree Breeann
 Pugh, Tiffany Ranae
 Ramirez, Antonio Omar
 Ramirez, Ashton Kobe
 Rapp, Amelia Irene
 Reid, Rebecca Claire
 Ricketts II, Jarrod Keith
 Rigney, Sylvan Layne
 Roach, Drew Wilson
 Robertson, Leland Scott
 Robison, Christopher Charles
 Rodas Lopez, Monica Leree
 Rodgers, Velma Jo
 Rolette, David Grayson
 Rolette, Makaila Lynn
 Rolette, Sharon Sue
 Rolland, Vanessa Kay
 Ross, Gary Willis
 Rudloff, Dylan Cole
 Runsabove, Wade Mitchell
 Sampson, Brayden Louis
 Schulenberg, Estefine Sloan
 Schwarz, Loretta Jean
 Serena, Lisa Lynn
 Shane, Vivian Louella
 Shawnee, Coltin Dale
 Shawnee, Derrick Joel
 Shelton, Anthony Pharrell

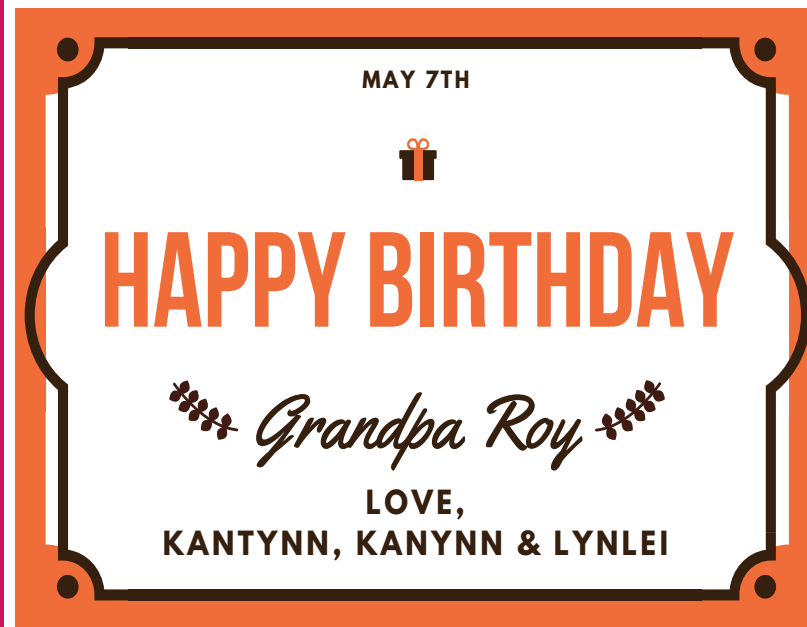
Shirk, Deborah Ann
 Sills, Patricia Kay
 Simpson, Shirley Florence
 Sims, Vikki Ann
 Slayton, Lester Allen
 Sloat, John Levi
 Smith, Caden Robert
 Smith, Caylea Anna
 Smith, Curtis Alan
 Smith, Katherine Danene
 Smith, Kenneth Lee
 Smith, Lauren Ashlee
 Smith, Leslie Anne
 Smith, Lori Beth
 Smith, Luke Alan
 Snake, Brandon Matthew
 Snake, Gerald Kendall
 Snake, Jennie Lucy Mohawk
 Soap, Austin Jay
 Soap, Crystal Diane Moonlight
 Soap, Drevan Elijah
 Solis, Allan Jesus
 Spoon, Ramona Gave
 Spriggs, Chanoa Irene
 Spybuck Jr, James Cody
 Spybuck, Morganne Faith
 Stanley Jr., Denny Arfine
 Starr, David Martin
 Starr, Sheila Renee
 Stephens, AnnaMarie Gene
 Stewart, Robert Sterling
 Sutton, Sierra Dawn
 Switch Sr., Douglas Vaughn
 Switch, Kathern Suzzete
 Switch, Samuel Tiger
 Switch, Uoguel Carroll
 Talton, Daveon Lee
 Tapia, Shawnee Antonio
 Tarbox Jr., Matthew Clayton
 Taylor, Lena Elaine
 Taylor, Nina Gail
 Tharp, Deborah Lynne
 Thomasee, Lawrence Cy
 Thompson, Cheyenne Jada
 Thornhill, Taryn MacKenzie
 Thorpe, Cyrus James
 Thorpe, Jarrett Scott
 Thorpe, Sandra Lorene
 Tiger Sr., Leonard Gene
 Tiger, Ann
 Tiger, Annette Renee
 Tiger, Francis Allen
 Tiger, Hermione Essence
 Tiger, Sherman Lee
 Tiger, Sonya Marie
 Tiger, Stephanie Nicole
 Tiger, Susan Rochelle
 Tsoodle, Arminda Lee
 Uchida, Micheal Gene
 Vasquez, Rebecca Faye
 Wakolee Jr., Brandon David
 Wakolee, Bernard Wilson
 Wallace, Cierra Shawnae
 Wallace, Timothy Scott
 Ware, Jenny Ann
 Warrior, Daniel Adam
 Warrior, Donna Carol (Gibson)
 Warrior, Samuel Norbbie
 Washington, Walter
 Wasley, Brenden Salvatore
 Watson, Brian Keith
 Watson, Jamie Ann
 White Jr., Charles Daniel
 White, Amber Mary
 White, Logan Riley
 White, Thomas Wayne
 Whitebird, Shelby Gail

Wilkerson, Skylor Georzeann
 Williams, David Arlen
 Williams, Jalyn Anissa
 Williams, Melanie Marie
 Williams, Orin Ray
 Williams, Samuel Lee
 Willingham, Deidra Marie
 Wilson, Justin Dean
 Wilson, Marcus Allen
 Wilson, Penny Arlene
 Wolf Jr., Aaron Paul
 Wolf, Nevaeh Annalise
 Wolfe, Beverly Edwina (Butler)
 Wood, William Thomas James
 Worley, Tehia Jane
 Yates, Katie Ann



Happy Belated 73rd Birthday
to our spectacular Mom!!
Hope your day was all that
and a bag of chicharrones!!
Love Your Girls,
Sherrie & BJ

Happy Birthday
to our "Grand" Granny!
We love you more and more each
day!! Glad you're ours to keep!!
Love,
Joplin, Jiliyan, Justin & Rat



MAY 7TH



HAPPY BIRTHDAY

Grandpa Roy

LOVE,
KANTYNN, KANYNN & LYNLEI

Aunt Twana
You deserve a Happy Happy Birthday!
Enjoy it & keep being the sweet little
auntie you are!
Love Your Nieces,
BJ & Sherrie

Happy Happy Birthday
to one of the sweetest women
who live in Shawnee, my "baby" sister
Twana Marie Spybuck Patty
Have an awesome day sister, you deserve it.
We love you bunches,
Sadie, your niece Sherrie and your great niece
& nephews Jiliyan, Joplin & Justin

KANTYNN KASECA

*Happy 13th
Birthday*

You are a teenager now! Lord help us!
We love you bunches,
Granny & Grandpa

/// HAPPY BIRTHDAY ///

Jalyn Williams

THE BIG 21!

Love,
Mom & Dad, Tisha, Grandparents Jennifer
& Jerry, Uncles Brent, Darren & Tom

• JULY 17TH •

TO MY JULY SUGABABIES

**HAPPY
Birthday**

Nikki, Kevin, Leila & LeiAnn
Love,
Mom & Dad,
Granny & Grandpa

AST GIFT SHOP

Inventory Reduce Sale

FRIDAY, JULY 22, 2016

8:00 AM - 1:00 PM

SAVINGS UP TO 30% ON MANY ITEMS

JEWELRY IS REDUCED BY 15%

AST LOGO ITEMS: T-SHIRTS, HOODIES, HATS, CUPS, ECT.
ALL ON SALE NOW

THERE WILL BE:

A DRAWING FOR A SADDLE SERAPE BLANKET
DOOR PRIZES & REFRESHMENTS

COME IN AND JOIN US FOR THIS SAVINGS EVENT!



ROY KASEGA "DAD"

Happy Fathers Day!

Love,
Nikki & Kevin

Happy Fathers Day

BUDDY JOHNSON

Love,
Pat & Nikki





Title VI Menu

July

2016

2% milk served daily

Menu subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Cereal Sausage Patty Boiled Egg	2
3	4  Happy July 4th AST Complex Closed	5 Chicken Salad Sandwich LTOP Sun Chips Pineapples	6  Riblets Baked Beans Tossed Salad* Peaches	7 Beef Tips Rice Veggies Crisp	8 Scrambled Eggs Sausage Gravy Biscuit	9
10	11 Hamburgers LTOP French Fries Applesauce	12 Smoked Sausage Cabbage Carrots Cake	13 Baked Zita Tossed Salad* Green Beans Bread Stick/Plums	14 BBQ Chicken Veggies Salad Bar* Bread	15 French Toast Bacon Tropical Fruit	16
17	18 Chef Salad w/Chicken Eggs, Chez Crackers/Mixed Fruit	19 Pork n Potatoes Green beans Bread Mandarin Oranges	20 Manwich Veggies Tator Tots Orange	21 Oven Fried Chicken Mashed Pot/Gravy Broccoli Apricots	22 Scrambled Eggs Sausage Gravy Biscuit	23
24/31	25 Chicken Strips Mashed Pot/Gravy Brussel Sprouts Pears	26 Taco Casserole Ranch Beans Tossed Salad* Pudding	27 Baby Lima Beans Steakfries Cornbread Cookie	28 Salmon Patty Mac & Chez Coleslaw Mixed Fruit	29 Croissant Ham Scrambled Eggs	30

NOT GOING TO BE HOME!!!
CALL AND LET US KNOW AT 405-275-4030
EXT 6227 or 6270
OR NOTIFY YOUR DRIVER



LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM
BREAKFAST SERVED FRIDAYS 9AM TO 11AM



The Little Axe Health Center's optometry department is now scheduling (July) appointments for children's eye exams. Ages seen are 5 years & up. Don't wait! Be sure to schedule your child's appointment today by calling (405)447-0300.



JULY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSES	CLASSES	CLASSES	CLASSES	CLASSES
<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Circuit Training</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Cardio Kickboxing</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Circuit Training</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center
<u>Chair Exercise for Elders</u> 12:00 p.m.-12:30 p.m. Buster Bread Little Axe Resource Center		<u>Aerobic Circuit</u> 12:00 p.m.-12:45 p.m. Chrissy Wiens LITTLE AXE HEALTH FACILITY		
				<u>Tabata (Beginner/Intermediate)</u> 2:30 p.m.-3:15 p.m. Buster Bread LITTLE AXE HEALTH FACILITY
<u>Circuit Training</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		<u>Circuit Training</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		

Fitness sessions will be available every Friday at the Little Axe Health Center

"Aerobic Circuit"- A time-efficient training system aimed at maintaining and improving cardiovascular fitness using a variety of body movements.



Absentee Shawnee Fitness

"Zumba Fitness"- Fitness, fun, and dance. Learn Zumba dance moves to get your heart rate pumping!

"Chair Exercise for Elders"- Low-impact strength training utilizing a chair for elders and beginner fitness levels.

"Cardio Kickboxing"- Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.



"Tabata Training"- An intense and time-efficient training system aimed at developing cardiovascular and muscular strength/endurance.

Diabetes and Wellness



email AGGRESSION



Avoid email blunders that can accidentally send the wrong message, communicate aggression, or demonstrate emotions you do not intend by steering clear of these "Digital Do Not's"

1. Use "ASAP." It reads like a barked order.
2. Hit "Reply All" unless the response concerns everyone.
3. Do not use all uppercase letters- this is perceived as SHOUTING.
4. Stay away from chat or texting acronyms. "LOL" or TYSM.
5. Do not respond when your upset; wait until after you have calmed down before you respond.

These simple steps can help prevent unintended conflict in the workplace.

YES
EAP can do that!

Time for a Vacation? If you've earned it, take it.

"Vacation Shaming" - a phenomenon where coworkers make other employees feel shame or guilt for taking a vacation has become common in the workplace. According to the findings from the 2016 Alamo Family Vacation Survey, detailed findings were outlined in a press release (www.enterpriseholdings.com/en/press-archive/2016/03/vacation-shaming-in-the-workplace-millennials-most-likely-to-feel-guilt-for-taking-time-off-work.html) from Alamo Rent A Car.

Survey results indicate that vacation shaming is affecting all generations. Almost one half (47%) of all workers surveyed said they felt shame or guilt at their workplace for going on vacation. Of those 22% of respondents reported that feeling shame was at least somewhat likely to keep them from going on or planning a vacation.

What's more, two-fifths (42%) of all respondents believe their coworkers are seriously shaming them and are not just joking. And nearly one-half (47% said they've felt the need to justify to their employer or co-workers why they're using their vacation days.

"This year's research indicates that vacation shaming is a real workplace issue that can, in some cases, discourage hard-working employees from taking a well deserved break with their families," said Rob Connors, Vice President of brand marketing for Alamo Rent A Car. "In addition, our surveys show employees continue to leave a large percentage of paid vacation days on the table each year."

Stop wearing unused vacation days as a badge of honor. By forgoing vacation days, you are missing out on a stronger bond with your family and friends, greater fulfillment and productivity in your workplace and enhanced health and wellness as a result of time away from the office. Make time for you, and plan your vacation today.



Why Not Discuss Politics' at Work?

Discussing politics at work has the potential to create tension and discord among co-workers. You may feel passionate about free expression, but maintaining harmony and avoiding conflict with colleagues is more important.

Today's workplace requires that everyone value diversity so workers are free to maximize their potential in an atmosphere that is safe, supportive, and welcoming. Discussing politics in the work setting can create an atmosphere contrary to these goals.

So be courteous and save the debates for afterhours.



Do you need a Digital Detox?

Smartphones, tablets, laptops, and computers dominate our lives.

Could you use a "Digital Detox?" A digital detox is when you switch it all off-eliminate texting, posting, chatting, and snapping for an uninterrupted break. Sound good?

If so, try it for a few hours at first. Work your way up to a day or two. Begin by sharing your plan with others. Pick a realistic time like a weekend, and prepare to feel anxious, fearful, guilty, or a little selfish. It's part of the experience and might make you more determined to try it.



An employee assistance program can help in many ways you may not have considered.

Here are two: 1) Assessment, support, and coaching to assist you in following through with rigorous and mandatory employer associated performance improvement plan; 2) Assist with family issues, such as how to be a successful caregiver for a family member.

The EAP also offers referrals and resources that can help resolve problems you and your family members are facing. If in doubt about whether your employee assistance program can help, always ask.

Go to guidanceresources.com or call 1-800-311-4127 to learn how the EAP may be of assistance to you.



FYI: Contract Health Service News

Absentee Shawnee Tribal Health

*The AST Contract Health Services Team are here to assist you
... follow the CHS Guidelines!*

Get a copy of the CHS Guidelines and update your information

Emergency and Urgent Care Services

CHS for a currently enrolled AST member who resides in the defined catchment area who needs emergent or urgent care:

1. Call the On-Call nurse at (405) 447-0300 option 9 for "triage".
2. Notify CHS on the next business day or within 72 hours after the ER visit. Notification does not assure authorization of payment. However if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance evidence must exist that the visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members *with* insurance, evidence must exist that a third party resource has made determination such services were "emergency care" or "urgent care" (such evidence may include payment from private insurance).
5. In the event that you receive a bill from a provider, please provide a copy to CHS. *You may leave bills at the Little Axe Health Center or Shawnee Clinic.*

Contract Health Services for AST members *with* Insurance

CHS for a currently enrolled AST member who resides in the defined catchment area who has insurance such as Medicare or Private Insurance:

1. Complete CHS Patient Update form and update all information every 6 months.
2. Notify CHS at least 48 hours prior to appointment date for a (COB) Coordination of Benefits to be sent to provider
3. Inform Provider/Health Facility that AST CHS is secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. *You may leave bills at the Little Axe Health Center or Shawnee Clinic.*

Contract Health Services for AST members *without* Insurance

CHS for a currently enrolled AST member who resides in the defined catchment area who does not have insurance:

1. You must apply for all resources available to you such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, Auto Insurance and other personal injury or liability coverage. PRC staff and/or Benefit Coordinators can assist with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. Complete CHS Patient Update form and update all information every 6 months
3. You must utilize the services provided within the AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider.
5. An appointment will be scheduled and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. *You may leave bills at the Little Axe Health Center or Shawnee Clinic.*



Contract Health Services is conveniently located at Shawnee Clinic-Building 16 and Little Axe Health Center



Flo Mann



Laurie Webber

**Shawnee Clinic
(405) 878-4702**

**Little Axe Health Center
(405) 447-0300**



Debi Sloat



Glendine Blanchard



Sharon Ponkilla



Darla Gatzman



Jayne Werst



ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM

PUBLIC SERVICE ANNOUNCEMENT

AST Health Achieves AAAHC Accreditation

Norman, OK – The Absentee Shawnee Tribal Health System has achieved accreditation by the Accreditation Association for Ambulatory Health Care (AAAHC). Accreditation distinguishes this health care organization from many other outpatient facilities by providing the highest quality of care to its patients as determined by an independent, external process of evaluation.

Status as an accredited organization means the AST Health System has met nationally recognized standards for the provision of quality health care set by AAAHC. More than 6,000 ambulatory health care organizations across the United States are accredited by AAAHC. Not all ambulatory health care organizations seek accreditation; not all that undergo the rigorous on-site survey process are granted accreditation.

“We believe our patients deserve the best,” stated Mark Rogers, Executive Director of AST Health. “When you see our certificate of accreditation, you will know that AAAHC, an independent, not-for-profit organization, has closely examined our facility and procedures. It means we as an organization care enough about our patients to strive for the highest level of care possible.”

Ambulatory health care organizations seeking accreditation by AAAHC undergo an extensive self-assessment and on-site survey by AAAHC expert surveyors – physicians, nurses, and administrators who are actively involved in ambulatory health care. The survey is consultative and educational, presenting best practices to help an organization improve its care and services.

“Going through the process challenged us to find better ways to serve our patients, and it is a constant reminder that our responsibility is to strive to continuously improve the quality of care we provide,” said Rogers.

The **Accreditation Association for Ambulatory Health Care**, founded in 1979, is the leader in ambulatory health care accreditation with more than 6,000 organizations accredited nationwide. AAAHC accredits a variety of organizations including, ambulatory surgery centers, office-based surgery centers, endoscopy centers, student health centers, military health care clinics, and large medical and dental practices. AAAHC serves as an advocate for the provision of high-quality health care through the development of nationally recognized standards and through its survey and accreditation programs. AAAHC accreditation is recognized as a symbol of quality by third-party payers, medical organizations, liability insurance companies, state and federal agencies and the public.

Prevention. Progress. Pride.

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

WWW.ASTHEALTH.ORG

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AST PHARMACY

When requesting refills, please provide 24 hour notice until pick-up. The most efficient method is to have your refill numbers ready when you call the Pharmacy, and use our automated system.

Deliveries of controlled medications are not allowed.

If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with your current cell phone number.

Please inform us of changes in address, phone number, insurance and other contact information (changes at registration do not flow to pharmacy).

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

Hours of Operation:

Little Axe: Monday-Friday 8am-5pm

(7:30am-5:30pm Drive-Thru)

Phone-(405)292-9530

Shawnee: Monday-Friday 7am-5pm

Phone-(405)878-5859

We are open through the lunch hour!!

****BOTH PHARMACY DEPARTMENTS ARE CLOSED WITH THE CLINICS THE FIRST WEDNESDAY AFTERNOON OF EVERY MONTH TO COMPLETE ADMINISTRATIVE DUTIES. ****

Thank You,
AST Pharmacy Staff

AFTER HOUR PHARMACY NOTIFICATION

The Walgreens located at 100 12th Avenue NE in Norman, OK is **no longer contracted** with the AST Health System to pay for after hour emergency prescriptions due to losing its 24-hour service status.

Tribal members may now take prescriptions to:

Walgreens
615 W. Main St
Norman, OK
(405) 573-5019

Absentee Shawnee Tribal Health System

Behavioral Health Services



Office Hours

Monday-thru-Friday

8:00 AM - 5:00 PM

Little Axe Clinic
15951 Little Axe Drive
Norman, OK 73025
Ph. 405-701-7987

Shawnee Clinic
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
Ph. 405-878-4716

Services are offered through:

Little Axe Clinic & Shawnee Clinic for all Federally Recognized Tribes.

AST BEHAVIORAL HEALTH SERVICES

For counseling information, contact:

Shawnee BH: Roberta Cooper (405) 878-4716
Little Axe BH: Rolanda Smith (405) 701-7987



Women's Health

Little Axe Health Center

Women's Health Services
Located in the Primary Health Care

Providing & Promoting Preventative Health
for All Women

Services include:

- Adult immunizations
- Breast & Pelvic Exams
- Mammogram Referral
- Bone Density Studies

Information about:

- Health Promotion
- Quitting Smoking
- Misuse of Alcohol and Drugs
- Nutrition
- Physical Fitness and Exercise
- Controlling Stress and Violence
- Prevention of Pregnancy
- AIDS and other Sexually Transmitted Diseases

Women's Health Services
Little Axe Health Center
15951 Little Axe Drive • Norman, OK 73026
405.447.0300 • Fax 405.701.7605
www.asthealth.org



*An open letter from a Tribal member/Veteran
Mr. Francis A. Tiger/Peyagetisemo*

Tribal members, family, friends;

I am writing to inform the Executive Committee of certain infractions as I see due to controlling the services to the membership. I have been receiving transportation from the tribe since October 2014 for my treatment of Dialysis here in Shawnee. Now it seems that I need to find other transportation for my treatment due to the fact that the transportation department does not have adequate drivers to take care of the needs. I have had problems with the program/services for sometime.

After I had fallen at my apartment I was treated the emergency room at St. Anthony's on Sunday afternoon. Monday I went to AST clinic for treatment and redressing of my arm. The first thing I was asked was if I had an appointment. Had I known that I needed an appointment for an accident I would have made one. Then they made me sit and wait for the doctor to become available to see my wound. The nurse called me and then she had to wait for the doctor and when the doctor came in she asked me about my problems from over a year ago and then she finally got around to asking me about the reason I was here. Eventually she had the nurse wrap my arm and told me to have the dressing redone on Wednesday. When I went to have my arm taken care of they asked me if I had an appointment. I told them I was to have dressing done today. I tried to call to speak with Doctor Mitlo at 2:00 P.M. and she had left after her 2 P.M. appointment and nurse wasn't available either. After they conferred with the doctor, they told me to go to my Primary Care doctor. If the AST tribe is not my primary care treatment place then I have been seeing the wrong people for over 60 years. Now this is the reason the as a Veteran 100% disabled that I don't transfer my VA records so they can get my benefits. I have never liked the "White Elephant" at Little Axe since all they have shown me is that we have funds to hire all the new doctors at three times the price we pay all of our Executive Officers.

I have made arrangements with the VA to provide me with transportation for my dialysis treatments and I DO NOT anticipate using the services of the tribe. What has happen to the many good things that we have received for many years? Have we become so adapted to the White culture that we forget our own people and their needs? I read where the CPN won their case against the State for the sales tax to be rescinded and we can't get our per cap funds without a State sales tax. I think that the legal department needs to be revamped to our benefit instead of the state, city and county governments. We need Indian lawyers who understand the laws that were written for the Indian world and not the laws as interpreted for the white race advantage. I helped write the ICWA in 1973, I helped with the wording of Public Law 94-638. These were written years before many of the Tribal members of today. Let's return to the "OLD WAYS" that we were taught and stop all the mistakes.

Tecumseh was a Great Warrior but it seems that one of the Executive Committee decided that the VETERANS were not worthy of an office That Governor Larry started.

Thank you Tribal members and let's get back to being the PROUD Absentee Shawnees we were raised. Neyawe Peyagetismo

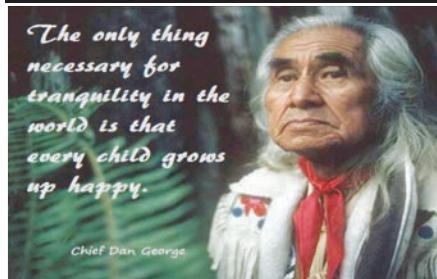
IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:

**Give us a call at (405) 598-1279 or (405) 481-0558
or send us an e-mail to
stiger@astribe.com**

**ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY
THE 15th OF THE CURRENT MONTH**

***UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON,
NOT PER BIRTHDAY WISH.***

FOSTER CARE



GOT LOVE?

FOSTER A CHILD

Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture. This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be?

ABSENTEE SHAWNEE TRIBE CHILD WELFARE
405-878-4702 (ext. 133)

"I don't *want* a family. I *need* one."
- Current Waiting Child

<<<NOTICE>>>

Currently there are three (3) openings on the Foster Care Board. If you are interested in serving on the board, send your letter of interest to Secretary Dawsey at the Tribal Complex, 2025 S. Gordon Cooper Dr., Shawnee, OK 73801.

WHAT IS A FOSTER CARE WORKER?

Foster care caseworker training involves completing a bachelor's degree program in social work through a college or university. Students take courses in psychology, abnormal psychology, sociology, economics, ethics, child welfare policies and complete a supervised internship.

The child's Foster Care Worker needs to be a partner with the foster parents to ensure that each child receives the full spectrum of services provided and/or arranged by the Department.

Some aspects of this relationship include the following:

- Sharing information on an ongoing basis regarding the child's individual needs, family situation and adjustment to the foster home
- Encouraging the foster parents to participate in the total service planning process
- Providing the foster parents the opportunity to discuss the child's progress and any unmet needs which they assess
- Providing the foster parent with information, support, guidance and referrals to other professionals on the child's behalf
- Helping the foster family, when necessary, to identify and obtain services for the foster child; e.g., medical, educational
- Ensuring that the foster family, on the child's behalf, has access to all financial resources available to the child while in foster care.

A Foster Care Worker works in conjunction with Tribal Courts, Tribal Law Enforcement, Bureau of Indian Affairs, and other county services. Indian Child Welfare's goal is to ensure the safety of our tribal children when they placed in foster care. The homes that our tribal children are placed in must complete Child Welfare Background Check, OSBI Background Check, Income Verification, Home Study, and a Physical. Our AST foster homes are licensed by our Foster Care Committee.

Foster Care Payments are as follows:

- 0-5 age \$14.73 day \$441.97 month
- 6-12 age \$17.12 day \$513.57 month
- 12 and over \$19.30 day \$579.13 month

IN ORDER TO RECEIVE PAYMENT, ALL THE ABOVE MUST BE MET AND TURNED IN TO THE STATE. ONCE PROCESSED STATE PAYMENT WILL BE ISSUED.

This is just a little information on what type of work a foster care worker performs on a daily basis. If you are interested in becoming a foster home, please call 405-878-4030 ext. 133.

Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the break-down of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture which in helps nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be? Will you, as Absentee Shawnee member, do your part if you are able?

IF YOU ARE INTERESTED IN BECOMING A FOSTER PARENT, PLEASE CONTACT JULIANN WILSON ICW/CPS/FOSTER CARE AT 275-4030, EXT. 133.

Racial disproportionality is defined as the over-or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group's proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents



The sad reality is that there are not enough culturally appropriate homes for these children, resulting in the placement of Native American children in homes that do not share their cultural heritage or traditions. We want to place "our tribal" children in our own homes, to do this we need tribal members to open their homes and their hearts. Are you willing to open your heart? Are you willing to open your home?

If so, please contact Julie Wilson ICW/FC/CPS 878-4702 (ext. 133).

ABSENTEE SHAWNEE TRIBAL MEMBERS

APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)

(A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

REQUIRED DOCUMENTATION:

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

**HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE
SUBMITTING TO SOCIAL SERVICES**

Office of Environmental Health & Engineering

•Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- a. Handicapped/Disabled and Elderly
- b. Income
- c. Family Size/Overcrowded Living Conditions
- d. Condition of Home

Other Programs available:

•Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website:
www.astribe.com.

Submit completed application to:

**Office of Environmental Health & Engineering
Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801**

Absentee Shawnee Tribe Complex
Office of Environmental Health & Engineering, Building 13
If you have any questions, you can reach us by phone at
(405) 214-4235



THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at www.astribe.com and at the OEH&E building.



ATTENTION PARENTS!!!

CTSA **EARLY HEAD START & HEAD START** IS LOOKING FOR CHILDREN, AGES BIRTH TO 3 FOR OUR **EHS** PROGRAMS AND AGES 3 UP TO 5 FOR OUR **HEAD START** PROGRAMS!!!

Our goal is to meet the individual needs of all children, especially those with disabilities. If you have a child or know of a child that would enjoy a safe, interactive and engaging learning environment, please call or come by one of our locations today!

A fun and exciting program for your child to learn and grow! Our **qualified and dedicated** staff provide rich learning environments where parents are encouraged to volunteer! If you are interested in our program, please contact our office in your area to complete an application.

We look forward to sharing your child's learning years with you!

In our **Shawnee** location, we have two available options: Early Head Start (Birth to 3), & Head Start (3 up to 5). Both **Norman** and **Cushing** are strictly Head Start Programs (3 up to 5).

If you would like more information regarding our programs or to apply, please contact:

Shawnee Main Office: Enrollment Manager- Shawnee Center: Center Supervisor-
Sherry Marsh (405) 275-4870 Stacey Osborne (405)
878-5820
1535 N McKinley, Shawnee 74801 1533 N
McKinley, Shawnee 74801
sherrym@ctsahheadstart.org

Cushing Center: Center Supervisor- **Norman Center: Center Supervisor-**
Wava Anderson (918) 225-1029 Amy Porter
(405) 447-0381
111 W Vine, Cushing 74023 516 Iowa St.,
Norman 73069

Health/Mental Health/Disabilities Manager
Melanie Williams (405) 275-4870
1535 N McKinley, Shawnee 74801

FAMILIES MUST LIVE IN THE FOLLOWING COUNTIES:
POTTAWATOMIE, PAYNE, LINCOLN, & CLEVELAND
NATIVE AMERICAN PROGRAM (ALL ACCEPTED)

Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy at the Education Department office or for download at www.astribe.com.

- **Academic (K-12) Program:** assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- **Zahn Program:** established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- **Job Training Adult Education Program:** funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- **Higher Education: Education Incentive Award Program:** funds for undergraduate degrees, one associate or bachelor degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- **Graduate Scholarship Program:** funds for one master's degree or one doctoral degree, and can fund one graduate admissions test. This program has funding levels based upon full-time and part-time status.
- **Big Jim Youth Award Program:** annual incentive for High School Seniors for Academic Achievement and Athlete of the Year. Deadline for application submission is March 31ST of each year.

All funding is based upon the availability of funds at the time of application.

Attention:

Applications for fall 2016 must be received or postmarked by June 15, 2016.

All applications and guidelines are available at www.astribe.com. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275- 4030, Ext. 6242 or 1-800-256-3341 or email to tresham@astribe.com.

ABSENTEE SHAWEE TRIBE OF OKLAHOMA DOMESTIC VIOLENCE DEPARTMENT

Domestic Violence and Sexual Assault Advocacy

The AST Domestic Violence/Sexual Assault Programs are on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to survivors at hospitals, police stations and throughout the legal system. The programs also serve as a resource center to the community by offering educational information and referrals.

Transitional Housing

The AST DV Transitional Housing Program serves victims of Domestic Violence/Sexual Assault. Participants have up to six months to obtain education and job skills needed to begin a new life.

Court Advocacy

Assists survivors with domestic violence court related costs (when funding is available) and appearances as well as filing for emergency protective orders (EPO) or restraining orders.

Shelter Placement Assistance

The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

Housing and Utility Assistance

Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

Referral Assistance

Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

Community Outreach

The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and Non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 273-2888.

Absentee Shawnee Housing Authority



Programs Available

- Low Rent Housing
- Lease to Own Housing
- Down Payment & Closing Assistance
- Storm Shelter Assistance
- College Housing Assistance
- Emergency Home Repair
- Over Income AST Member Down Payment Assistance

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM

**Absentee Shawnee Tribe of Oklahoma
Maintenance Department
2025 S. Gordon Cooper Drive
Shawnee, OK 74801
(405) 275-4030**

Grass Mowing Application

The following are the requirements for this program:

1. Must be an Absentee Shawnee Tribal Member
2. Must be 65 years or older
3. Handicap/Disabled
4. Must provide proof of residency
5. All trash, branches, debris must be cleaned out of yard.

The Absentee Shawnee Tribe Maintenance Department will ONLY mow and weeds eat applicant's lawn Maintenance will mow every two (2) weeks. Also the maintenance workers will not trim trees, shrubs, etc. NO RENTAL PROPERTY will be mowed.

Any Questions contact Rita Harjo at (405) 275-4030 ext 6249

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ MESS PHONE: _____

FINDING DIRECTIONS TO HOME:



Office of Environmental Health **Brownfield Response Program**

What is a Brownfield?



The EPA defines a brownfield site as “...real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land.”



Do you possibly have a Brownfield site on your land?

Typical Brownfield Sites Include:

- ◆ Abandoned Factories/Buildings/Homes
- ◆ Burned Homes
- ◆ Buried Dump Sites
- ◆ Open Dump Sites
- ◆ A Large Amount of Tires
- ◆ Former Cattle Dip Pit Sites
- ◆ Barrels of Unknown Substances
- ◆ Old Service Stations
- ◆ Oil Storage Facilities
- ◆ Oil/Gas Well Sites
- ◆ Old Dry Cleaning Businesses

If it's possible that you have a Brownfield site on your property, or if you know of a possible Brownfield site, please contact:

*Absentee Shawnee Tribe
Brownfield Response Program
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 214-4235*

AST.Environmental.Programs@astribe.com

Follow us on Facebook to view and comment on current and upcoming projects

[www.facebook.com/
ast.environmental.programs](http://www.facebook.com/ast.environmental.programs)





Vocational Rehabilitation Transitional Services

Iowa Tribe of Oklahoma

▶ **History:**

The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians with disabilities for twenty years and counting, with Transition Services at six years. Our mission is to develop specialized services to American Indian students with disabilities currently making the transition from high school to work or achieving a post-secondary education.

▶ **Services we can provide:**

We assist with testing fees (ACT, SAT), provide work clothing for new jobs, tuition assistance, assistive devices such as hearing aids, walkers, wheelchairs, eye glasses, along with physical and mental evaluations.

▶ **Qualifications:**

You must be a member of a federally recognized tribe, a junior or senior in high school and must reside in one of the Iowa Tribe VR services area counties. You must also provide documentation from your doctor or physician noting your disability.



COUNTIES served by ITOVR

- KAY
- NOBLE
- PAWNEE
- PAYNE
- POTTAWATOMIE
- LINCOLN
- LOGAN



Iowa Tribe of Oklahoma Vocational Rehabilitation

P.O. Box 728
Perkins, OK 74059

Phone: 405-547-2402 ext 168
Toll free: 1-888-336-4692
Fax: 405-547-1090

E-mail: Christa Tsotaddle, Transitional Counselor
ctsotaddle@iowanation.org



"See the Person, Not the Disability"

Find us on the Web: www.bahkhoje.com

We Listen Ne-Hi-Ki-Wa-Sa-Pa

The AST Health System values
ALL feedback.
We will listen....



***Patient Advocate Jim Robertson 405-447-0300**

***Customer Service Line 405-701-7623**

***Patient Questionnaire located in each of our clinics or on our website**

www.ASTHEALTH.ORG

Little Axe Health Center

Absentee Shawnee Tribal Health System

15951 Little Axe Drive

Norman OK, 70326

405-447-0300

Shawnee Clinic

Absentee Shawnee Tribal Health System

2029 S. Gordon Cooper Dr.

Shawnee OK, 74801

405-878-5850



FollowMyHealth™
Universal Health Record



- Improved access to your health information
- Communicate directly with your clinic
- Request an appointment
- ...and more!

Register Now!!!

www.asthealth.org/patient-portal

New Patient Portal

Absentee Shawnee Tribal Health System

Little Axe Health Center
Shawnee Clinic

Visit your app store and install
the **Follow My Health** app



for real-time access to your
health information

For more information on how you can register for the new AST **"Follow My Health"** Patient Portal, contact Patient Registration at Little Axe Health Center - 405.447.0300 or Shawnee Clinic - 405.878.4702



safeTALK

July 26, 2016

6pm – 9 pm

Absentee Shawnee Tribal Complex

Building #9 (Title 6)

2025 S. Gordon Cooper Drive

Shawnee, Ok

Why should I come to safeTALK? In only a few hours, you will learn how to provide practical help to persons with thoughts of suicide. Expect to leave safeTALK more willing and able to perform an important helping role for persons with thoughts of suicide.

How does safeTALK help prevent suicide? safeTALK prepares you to be a suicide alert helper. You are aware that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided. You want persons with thoughts to invite your help. You know the TALK steps (Tell, Ask, Listen and KeepSafe) and can activate a suicide intervention. Helpers trained in suicide intervention complete the helping process or connect the person with more specialized help.

Why use safeTALK to learn to become more alert? A carefully crafted set of helping steps and the use of creative educational processes make it possible for you and up to 30 others in your community to leave safeTALK willing and able to be suicide alert helpers. safeTALK is the result of some twenty years of work at learning how to develop useful suicide prevention abilities in a short program.

Why is safeTALK for everyone? Most persons with thoughts of suicide go unrecognized—even though most all are, directly or indirectly, requesting help. Without safeTALK training, these invitations to help are too rarely accepted, or even noticed. With more suicide alert helpers, more people with thoughts of suicide will get connected to the intervention help they want. Suicide alert helpers are part of a suicide-safer community.

For Registration (15 years old and up) or for more information, please contact Jenifer Sloan at jsloan@astribe.com or 701-7988.

Snacks and Incentives will be available for participants!

Keep mosquitoes out of your septic tank

Mosquitoes can get inside broken or unsealed septic tanks and lay eggs. Each day thousands of mosquitoes fly out of cracked or broken septic tanks. Mosquitoes can spread viruses like Zika, dengue, West Nile, and chikungunya.

Mosquitoes may be laying eggs inside your septic tank if it is:

- Open or unsealed
- Broken with cracks or spaces between the blocks
- Missing a ventilation pipe screen cover



Mosquitoes in a septic tank



Repair broken septic tank covers



Cover ventilation pipes

Inspect and repair your septic tank to keep mosquitoes out

Here's how:

- Seal the septic tank.
- Repair cracks or gaps in the exterior walls of the septic tank using cement.
- Cover ventilation pipes with a screen mesh, repair broken pipes, and seal at the joints.
- Fill abandoned or unused septic tanks with dirt or gravel.



Septic tank ventilation pipe with screen mesh



Septic tank with concrete cover



Septic tank sealed with PVC cap

TALKING LEAVES JOB CORPS A NATIVE EMPHASIS CENTER

Career Training at No Cost To Qualified Applicants!



Tours Every Thursday at 9:45 a.m. (Except for Major Holidays)

Talking Leaves Job Corps Center
5700 Bald Hill Rd
Tahlequah, OK
74465

- 16-24 years old
- Need Career Training/High School Diploma/GED
- Meet income guidelines
- No pending legal matters



... Job Corps could be for you!
(Bus travels to OKC each weekend)

For more information
Call 405.424.1927

Career Technical Training

- Clinical Medical Assistant
- Facilities Maintenance
- Culinary Arts
- Office Administration
- Electrical
- Nurse Assistant/Home Health Aide

Placement assistance for

Military, Advance Training, College, or Employment in Your Career



National Center for Emerging and Zoonotic Infectious Diseases
Division of Vector-Borne Diseases



SCRABBLE CLUB

Wordy people, unite! Challenge fellow wordsmiths to a lively game of Scrabble and keep your vocabulary honed.

Every 4th Tuesday of the month from 6:30pm-7:30pm

Games supplies provided

For Adults



DEL CITY LIBRARY | 4509 SE 15th | 672-1377 | WWW.METROLIBRARY.ORG

SCIENCE SUNDAYS



Join us as we build and learn about science with hands-on experiments and takeaways! Parents encouraged to participate!

January 3 - Electricity & Magnetism
February 7 - Machines
March 6 - The Sound of Science
April 3 - Air Pressure
May 1 - Bubble Science
June 5 - Fossils

July 3 - Rocketry
August 7 - Science of Magic
September 11 - Engineering
October 2 - Spooky Science
November 6 - Polymer Science
December 4 - Temperature



DEL CITY LIBRARY • 4509 SE 15th • 672-1377 • www.metrolibrary.org

Children Reading to Dogs

EVERY 2nd & 4th THURSDAY 6:30PM

Join us on the 2nd and 4th Thursday of each month at 6:30PM for Children Reading to Dogs! Children will develop their reading skills and make a lifelong friend by reading to trained therapy dogs. All dogs and owners have completed therapy dog certification.



DEL CITY LIBRARY • 4509 SE 15th • 672-1377 • www.metrolibrary.org



Absentee Shawnee Tribe Of Oklahoma
After School Program - Shawnee
2025 S. Gordon Cooper
Shawnee, OK 74801
P: (405) 878-0633 F: (405) 878-0156



The AST After School Program (ASP) - Shawnee has opened as of August 13, 2015. We will be accepting children who are in Kindergarten up to 12 years of age. We will be able to pick up from Shawnee or Tecumseh schools only. The cost is \$25 per child per week. This fee will be able to help with transportation costs, snacks and supplies the children may need.

We will only be open when the schools are open. At this time we will not provide services for school breaks including fall, winter, spring and summer breaks. The ASP-Shawnee will have tutors on hand to provide assistance with homework. We do have spots available; if you are interested please feel free to contact Briana Ponkilla at Briana.ponkilla@astribe.com or (405) 878-0633.



Little Axe After School Program 2015-2016

Come join us at the AST Resource Center!!!



- ✚ Free Tutoring in all subjects!
- ✚ Games and activities!
- ✚ Delinquency Prevention!
- ✚ Healthy Lifestyles!



Open to **All Middle School and High School Students**

Open to **Absentee Shawnee Tribal Students K-5 with a C.D.I.B.**



Everything is offered with no charge....Little Axe bus will transport students to the AST Resource Center on Peebly Road and parents are responsible for picking students up by 6:00pm.

Duration: Starts August 31st and will run through the school year. Monday-Thursday, 2:45pm-6:00pm



For more information and sign up please contact Blake Goodman at (405) 364-7569



Help Control Mosquitoes that Spread Dengue, Chikungunya, and Zika Viruses

Bzzzz.



Aside from being itchy and annoying, the bite of an infected female mosquito (*Aedes aegypti* or *Aedes albopictus*) can spread dengue, chikungunya, or Zika viruses. People become infected with dengue, chikungunya, or Zika after being bitten by an infected mosquito.

- Female mosquitoes lay several hundred eggs on the walls of water-filled containers. Eggs stick to containers like glue and remain attached until they are scrubbed off. When water covers the eggs, they hatch and become adults in about a week.
- Adult mosquitoes live inside and outside.
- They prefer to bite during the day.
- A few infected mosquitoes can produce large outbreaks in a community and put your family at risk of becoming sick.

Protect Yourself, Your Family, and Community from Mosquitoes

1. Eliminate standing water in and around your home:

- **Once a week**, empty and scrub, turn over, cover, or throw out items that hold water, such as tires, buckets, planters, toys, pools, birdbaths, flowerpots, or trash containers. Check inside and outside your home.
- Tightly cover water storage containers (buckets, cisterns, rain barrels) so that mosquitoes cannot get inside to lay eggs.
- For containers without lids, use wire mesh with holes smaller than an adult mosquito.

2. If you have a septic tank, follow these steps:

- Repair cracks or gaps.
- Cover open vent or plumbing pipes. Use wire mesh with holes smaller than an adult mosquito.

3. Keep mosquitoes out of your home:

- Use screens on windows and doors.
- Repair holes in screens.
- Use air conditioning when available.



Put plants in soil, not in water.



Drain water from pools when not in use.



Recycle used tires or keep them protected from rain.



Drain & dump any standing water.



Weekly, scrub vases & containers to remove mosquito eggs.

4. Prevent mosquito bites:

- Use an Environmental Protection Agency (EPA)-registered insect repellent with one of the following active ingredients. All EPA-registered insect repellents are evaluated to make sure they are safe and effective.

Active ingredient	Some brand name examples*
Higher percentages of active ingredient provide longer protection	
DEET	Off!, Cutter, Sawyer, Ultrathon
Picaridin, also known as KBR 3023 , Bayrepel , and icaridin	Cutter Advanced, Skin So Soft Bug Guard Plus, Autan (outside the United States)
IR3535	Skin So Soft Bug Guard Plus Expedition, SkinSmart
Oil of lemon eucalyptus (OLE) or para-menthane-diol (PMD)	Repel

* Insect repellent brand names are provided for your information only. The Centers for Disease Control and Prevention and the U.S. Department of Health and Human Services cannot recommend or endorse any name brand products.

- Always follow the product label instructions.
- Reapply insect repellent every few hours, depending on which product and strength you choose.
- Do not spray repellent on the skin under clothing.
- If you are also using sunscreen, apply sunscreen first and insect repellent second.
- Treat clothing and gear (such as boots, pants, socks, and tents) with permethrin or purchase permethrin-treated clothing and gear.
 - Treated clothing remains protective after multiple washings. See product information to find out how long the protection will last.
 - If treating items yourself, follow the product instructions carefully.
 - Do **not** use permethrin products, intended to treat clothing, directly on skin.
- Wear long-sleeved shirts and long pants.



Keep rain barrels covered tightly.



Weekly, empty standing water from fountains and bird baths.



Keep septic tanks sealed.



Install or repair window & door screens.

Free Music Lessons for Kids



Contact Phil Bradley
405-585-8801

METROPOLITAN LIBRARY SYSTEM PRESENTS:

Family Craft Night

Get Your Craft On!

Create memories together with an evening of crafts designed for ages 5-12. All ages welcome.



Every 3rd Thursday of the month @ 6:30p

Del City Library
4509 SE 15th | 672-1377
www.metrolibrary.org



Get the Party Started!



You can earn 10, 15, 20 percent or more in **FREE†** Mary Kay® products.

†Based on the actual sales total and the number of bookings from your event to use toward your choice of Mary Kay® products.

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Creating products women love for over 45 years.



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*Suggested retail

Give the gift of girl time.

Pamper your friends with the feel-good fun of a Mary Kay® party.

It's all about you!

- Enjoy the personal attention.
- Receive a one-on-one consultation.
- Get skin care recommendations.



Contact me to find out more!

Delana Ayers
405-432-7405
<http://www.marykay.com/dayers4>

Party With a Cause

Host a party that benefits your favorite charity.



April 16: Rainy Day Crafts

May 21: Percussion Instruments

June 18: Summer Fun in the Car

July 16: Crafts that Blast Off

August 20: Back to School Crafts

September 17: Pirate Crafts

October 15: Spooky Crafts

November 19: Squawking Turkey Crafts

December 17: Winter Wonderland Crafts

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ARROWHEAD

AUTOMOTIVE CENTER

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Isn't it time you got more from your repair shop? Experience the Arrowhead way of doing things.

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Arrowhead Automotive Center
1100 North Broadway Street
Tecumseh, OK 74873
(405) 598-6920
www.arrowheadautomotivecenter.com

Arrowhead Automotive Center is owned by the Eastern Shawnee Tribe of Oklahoma



ABSENTEE SHAWNEE TRIBE
OF INDIANS OF OKLAHOMA
2025 S. GORDON COOPER DR.
SHAWNEE, OK 74801

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Volume 27 No. 50 July 2016