



"Among the Shawnee"

# The Absentee Shawnee News

March 2018

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## Valentine's Fun with Elders - February 14, 2018

Volume 29 No. 03



# NOTICE

- The General Council will be at 10:00 am on April 14, 2018 at the Absentee Shawnee Health Multi Purpose Building on the Tribal Complex.
- Easter will be held on March 24, 2018 starting at noon.

# EXECUTIVE COMMITTEE



**Edwina Butler-Wolfe**  
**Governor**



**John Johnson**  
**Lt. Governor**



**Ezra Delodge**  
**Secretary**



**Leah Bender**  
**Treasurer**



**Anthony Johnson**  
**Representative**

**Monthly Executive Committee meetings can be watched online at [astribe.com](http://astribe.com)**

## Governor's Report

Hello Tribal People!

I hope everyone survived the most recent ice storm. It seems as though Oklahoma weather is doing what it normally does at this time of year. The month of February was a very busy and short month for me. As a result, I would like to start off my report with my travel to Washington DC.

On February 12, 2018, there was a Tribal Transportation Self-Governance Negotiated Rulemaking Committee Meeting at the Department of Transportation in Washington DC. I was selected to serve on this committee in 2016. Below is a summary of what has taken place since the meetings began:

Section 1121 of the fixing America's Surface Transportation (FAST) Act and Public Law 114-94 (Dec. 4, 2015), directs the Secretary to develop a Notice of Proposed Rulemaking (NPRM) that contains the regulations required to carry out the TTSGP at the United States Department of Transportation (Department). Section 1121, also requires the Secretary to establish a committee to carry out this work and apply the procedures of negotiated rulemaking under subchapter III of title 5 (the Negotiate Rulemaking Act) in a manner that reflects the unique government-to-government relationship between the Indian tribes and the United States.

On July 27, the Secretary published a document in the Federal Register, "Negotiated Rulemaking Proposed Committee Membership", the first meeting was held August 16 -18, 2016 in Sterling, Virginia. The TTSGP Committee was organized into work groups to assist in the negotiation and development of proposed regulatory text. Between September 2016 and December 2016, the full Committee met three additional times at the following location: Sterling, Virginia, Shawnee, Oklahoma and Bloomington, Minnesota. An additional meeting of the full committee was scheduled for Atmore, Alabama in December 2016.

However, due to severe inclement weather and subsequent air travel flight

cancellations, a quorum of representatives needed to conduct an official committee meeting (in accordance with the Committee's protocols) was not obtained. Committee members that were present used the scheduled time to carry out business work groups. A significant amount of the proposed language for the NPRM was developed during the meetings that were held. Due to the change in the White House Administration, the committee's work was put on hold in January 2017 to allow the new Administration to be briefed on the rulemaking and determine its future direction.

Further, Section 1121 of the FAST Act allows a 180 day extension to the deadlines identified within it for completing this work. After receiving a consensus approval from the tribal committee members, the Secretary sent letters to the required members of Congress on September 1, 2017, informing them of the implementation of this provision.

In an effort to publish the NPRM within the time frames identified by statute, this will be the last meeting of the committee until after the comment period is complete. At that time, the Committee may reconvene to address the comments received and work together to develop the proposed language for the Final Rule.

January 7 – 12, 2018 was a Tribal Transportation Self-Governance Negotiated Rulemaking Committee Meeting held in Sterling, Virginia this trip I could not travel due to being ill.

February 12, 2018 meeting took place at the Department of Transportation Building. In attendance was Scott Miller, AST Self-Governance Office, and myself along with the Rulemaking Committee (RC). The meeting was called to order at 8:30 am and was adjourned at 5:00 pm. During the meeting, the RC had discussions with the Committee on the Federal side and their Attorney for Federal Property; Financial, Procurement and Property Management Standards. Other discussions were the Construction Standards Parking Lot and the Appeals Process.

The Federal Committee will take the provisions that were discussed at the February 12<sup>th</sup> meeting and compare with their provisions and will come back to the table in the next couple of months. A future meeting could be needed because both documents will need to be composed into one document.

**NCAI- Tuesday, February 13, 2018**

The National Congress of American Indians (NCAI) 2018 Winter Session was held in Washington, DC, during the same time as the Rulemaking Committee Meeting. Those in attendances at NCAI were: Lt. Governor John Raymond Johnson, Treasurer Leah Bender and I. During the sessions, there were many Keynote Speakers from the Hill such as: Senator Catherine Cortez Masto (NV), Senator Lisa Murkowski (AK), Congressman Jack Bergman (MI), Ryan Zinke, Department of the Interior Secretary Department and Rod J. Rosenstein, Deputy Attorney General of the Department of Justice.

Scott Miller and I made a trip to the Hill to visit the offices of U.S. House of Representatives Congressman Markwayne Mullin and U. S. Senator James Lankford. Topics of discussion were Education, Health, Land into trust and BIA FUNDING....

Wednesday February 14, 2018

NCAI Sessions continued throughout the day and I attended the morning session with Key note speakers: Veterans Affairs Secretary David Shulkin, Congressman Derek Kilmer (WA), Tom Perez, Chairman, Democratic National Committee, Justin Buller, Associate Deputy General Counsel, U.S. Army, Congresswoman Betty McCollum (MN),

The National Indian Education Association had a” Head to the Hill Day”, while I was in DC, at the 485 Russell Senate Office Building. I sat in on the Wednesday afternoon session. Congressional speakers were Senator Tom Udall (D- NM) and Senator Lisa Murkowski (R-AK).

Senator Murkowski spoke on how Every Student Succeeds Act (ESSA) Consultations between Tribal Leaders and School Superintendents. Across Indian Country there seems to be a miscommunication of how consultations should be conducted. I suggested that there should be some training or something of a written procedure to follow for Tribal Leaders and School Superintendents. The schools are required to reach out to the Tribal Leaders for consultations. As most schools in our area (Shawnee) are getting confused of their public meeting and Parent Committee Meeting and calling those meetings consultations. That is not ESSA requirement. Tribal Leaders should be at the table in discussion of those Federal Dollars that the Schools are receiving and making sure those dollars are spent on the Native American Students.

Thursday February 15, 2018

The Department of Justice (DOJ) Tribal Consultation is part of a series of events to receive tribal comments on DOJ’s seven percent (7%) tribal set-aside funding, as authorized by the Consolidate Appropriations Act of 2017 (Public Law 115-31). The Absentee Shawnee Tribe has several Grants that we receive from DOJ. I expressed some concerns of improving Grants Management System regarding access levels. There needs to

be more time to submit applications. The upmost concern is more in person training for the Director, Finance and Grants person. I will also be sitting down with Phyllis Wahahrockah-Tasi-, Grant Director of the Tribe, to do additional comments.

I have a great deal of concern with the grants that we have received, I feel the Federal regulations that have been set forth by the funding agency regarding compliance with the grant have not been adhered to and continue to not be in non-compliance. As a result of the non-compliance with grant regulations, I had to submit correspondence regarding unallowable costs to those grant agencies. While some improvement has been made recently; we still have a long way to go. It saddens me to know that our finances are in such disarray that we have to be put on notice by the Federal Government Agency for our actions.

**Governor’s Meeting**

*January*

- 19<sup>th</sup> Breakfast Meeting with Executive Committee and Consultant
- 20<sup>th</sup> Elders Meeting
- 22<sup>nd</sup> Directors Meeting
- 24<sup>th</sup> Meeting with AA Group ref: Resource Building
- 29<sup>th</sup> Gordon Cooper VoTec, Luncheon Step Up Oklahoma
- 30<sup>th</sup> 9:00 am CTSA Meeting  
2:00 pm Informal Meeting with Executive Committee
- 31<sup>st</sup> 9:00 am BIA Budget Consultation OKC - Scott Miller and I attended

*February*

- 1<sup>st</sup> Special Executive Committee Meeting
- 5<sup>th</sup> 11:30 am Governor Fallin State of the State Address – OKC
- 6<sup>th</sup> 1:00 pm MIS Presentation  
2:00 pm VUDU Consulting Presentation
- 7<sup>th</sup> 9:00 am CCDF Coordinator Briana Ponkilla Meeting  
10:00 am Health Meeting with Alyssa Campbell and Tribe AG’s
- 8<sup>th</sup> 2:00 pm meeting Office of Management and Enterprise Services (OMES)  
Yvonne Oberly and James Hock
- 9<sup>th</sup> Directors Meeting
- 11<sup>th</sup> thru 15<sup>th</sup> Washington DC Trip
- 12<sup>th</sup> Transportation Meeting (Monday)
- 13<sup>th</sup> NCAI and Hill Visit
- 14<sup>th</sup> NCAI and NIEA Meeting

*(cont’d pg 4)*



- 15<sup>th</sup> NCAI and DOJ Meeting
- 16<sup>th</sup> 9:00 am Meeting with Executive Committee and Finance on DOJ Letter
- 17<sup>th</sup> Elders Meeting
- 19<sup>th</sup> Presidents Day (No Work)
- 20<sup>th</sup> Half Day worked due to the weather
- 21<sup>st</sup> Bad weather (No Work)
- 22<sup>nd</sup> Bad weather (No Work)
- 23<sup>rd</sup> Health Shareholders Meeting 10:00 am  
ATOKA Pipeline Meeting 11:00 am
- 26<sup>th</sup> United Indian Nations of Oklahoma, Kansas and Texas Meeting, Skiatook, Oklahoma

### **Expressions**

For those families who may have lost a loved one this month, I offer my sincere condolences to you and your family on your loss.

For those families celebrating a new birth, birthday and/or anniversary, I extend my warmest congratulations.

### **Conclusion**

My door is always open (unless I am in a meeting or at a meeting) and I welcome your visits.

Help me to make a difference - stand beside me and Let us Build for the Future (BFF) – united and together!!

Thank you,

*Governor Edwina Butler-Wolfe*

405 75-4030, Ext: 6308

405 481-0397 Cell number





## AST Staff Attends the Winter Session of the National Congress of American Indians in Washington DC

Over 500 representatives from native nations, including Executive Committee Members and staff from the Absentee Shawnee Tribe, convened in Washington D.C. for the 2018 Executive Council meeting of the National Congress of American Indians at the Capital Hilton to address key themes facing Indian Country.

Tribal leaders listened as congressional representatives, Senate leaders, and Trump administration officials spoke to the assembled NCAI body, addressing such topics as diversity, inclusion and representation in government from native peoples, drug trafficking and human trafficking in Indian Country, and renewable energy resources. From Senator Catherine Cortez Mora's (Nevada) and Senator Lisa Murkowski's (Arkansas) continued advocacy on behalf of native tribes and nations, both Senators spoke about their ongoing dialogs and representation for native issues, specifically the renewal of the Indian Provisions of the Violence Against Women Act (VAWA). "My commitment to our Native peoples is at the center of all policy," Murkowski said, emphasizing her understanding of continuing health disparities in Indian Country. "You will not be forgotten. You are our First People and you will be first." Other legislative leaders who spoke included Rep. Jack Bergman of Michigan, who highlighted his commitment to veteran's issues; Rep. Darrell Issa (California), Rep. Norma Torres (CA), Rep. Don Young (Alaska), and Rep. Raul Grijalva (Arizona). House Minority Leader Rep. Nancy Pelosi critiqued the Trump Administration's new proposed budget, stating that Indian Country is suffering from a "triple blow" including the tax cuts, budget unreflective of Indian Country's values, and infrastructure. Several representatives from the Administration addressed the assembly as well, including Treasury Secretary Jovita Carranza, Housing and Urban Development Secretary Dr. Ben Carson, Department of Veteran's Affairs Secretary Dr. David Shulkin, Department of Interior Secretary Ryan Zinke, and Deputy Attorney General Rod Rosenstein. Secretary Zinke highlighted the DOI's commitment to alternative energy and solving the nation's water crisis especially in Indian Country, amid criticism stemming from the Trump Administration decision to reduce acreage of National Parks including Bears Ears National Monument in Utah. Deputy Attorney General Rosenstein discussed addressing violent crimes and drug trafficking in Indian Country, specifically the need to protect Native women and girls from domestic abuse, sexual violence, and homicide, given the numbers of native women and girls who have gone missing and murdered across the United States, Canada, and Mexico. The Depu-

ty Attorney General also addressed the opioid crisis in the United States, specifically in Indian Country and the current cross-deputization of tribal law enforcement to manage cases and access federal data bases to make tribal communities safer.

Additionally, enforcing the Indian provisions of VAWA (the Violence Against Women Act) and protecting native women and girls, specifically, against sexual and domestic abuse on Indian land was a key issue. The Department of Justice, through Deputy AG Rosenstein, continued its stance of supporting programs in Indian Country including our own AST domestic violence prevention and protection program. The Indian Provisions seek specifically to protect the rights of Indian women and children when sexual and domestic violence crimes are committed against them by non-Indians and supports the rights of tribes and nations to prosecute DV and sexual assault offenders in tribal and federal courts.

Other speakers who addressed the assembled tribal leaders included Senators Heidi Heitkamp and Tom Hoeven, both from North Dakota; Senator Jeff Merkley of Oregon, and Representatives Betty McCollum of Minnesota, Frank Pellone of New Jersey, and Derek Kilmer of Washington State, who gave a rousing speech on the importance of Tribal Labor Sovereignty Act (TLSA) and held to his commitment to working with Indian Country. "I support the Tribal Labor Sovereignty Act, because I understand your desire to be treated just like every other government," Kilmer said, one of the only congressional leaders who noted the sovereign status of native nations and the government to government relationship with US boundaries.

A surprise guest included rising political power Senator Elizabeth Warren of Massachusetts, long an advocate for Indian Country in the federal government. Senator Warren had come under fire for her acknowledgement of her undocumented Creek and Cherokee ancestry, which led some to believe she used her claims of Indian blood to access affirmative action programs while she was in college and law school. "And I want to make something clear...", said Warren, acknowledging her mother's family's descendancy and life in Wetumka, Oklahoma, but the fact her native blood is undocumented: "I understand that tribal membership is determined by tribes — and only by tribes. I never used my family tree to get a break or get ahead. I never used it to advance my career." Warren went on to explain that while she had been mockingly called "Pocahontas" by President Trump on several occasions, the real Pocahontas lead a life far from the American fairy tale her story has become.

Tribal leaders then came together to hold discussions on several key themes that dominated the community-led conversations facing tribes across Indian Country, including policies impacting Indian Country as non-partisan with members of both parties expressing support for tribal priorities. "This approach is important to advancing Indian Country policy goals in an age of hyper partisanship," NCAI leadership stated, noting that we as native peoples must rise above bipartisanship to engender support from Congress that engages the dialog surrounding human rights and our inherent tribal sovereignty.

Out of the over 20 speakers, almost all Congressional Members and Administration Officials spoke about the need to stop the opioid crisis in Indian Country. From coast-to-coast, the speakers committed to providing resources to fight the epidemic in tribal communities. Additionally, sessions including community leaders coming together to discuss the opioid crisis in Indian Country and how we as leaders in our communities can address this issue head on, from multiple perspectives, including law enforcement, wellness, health, and traditional values.

## Building Blocks III News...

### January

The holiday season is finally over! We hope that all of you made happy memories with your loved ones. We had some wonderful family events and we appreciate everyone who was able to join us. But it's nice to get things back to normal!

Our enrollment continues to grow...

- o Infants 8
- o Toddlers 6
- o Two's 10
- o Three's 13
- o Four's/Five's
  - All day 5
  - After school 2
  - Friday only 2
  - Drop-in 1
- o Total 47 kiddos!!! We're licensed for 103, so we still have openings!!!

We had another visit from the Magician, Steve Crawford, at the end of December. He performed an "Elf Magic Show" for us. Everyone enjoyed it so much!

We had our monthly tornado drill on January 22nd at 10:49 a.m. We had 33 children and 11 staff present. It took 2 minutes, 10 seconds to get everyone to the safe room. Our fire drill was held on January 31st at 10:45 a.m. We had 33 children and 15 staff present. It took 1 minute, 35 seconds to evacuate and clear the building. We appreciate all of the measures that our staff takes to ensure the safety of the kiddos!

### February

Spring is upon us! This time of year is so wonderful! It's a beautiful thing to witness all of the new life that this season brings, like flowers blooming, trees filling with leaves, baby animals running around, and so much more! The kiddos will so excited to get to play outside more often.

Spring break is also coming up and Ms. Diana has a lot of fun activities planned for her 4's & 5's class. She has also planned some fun/educational fieldtrips for them. Ms. Diana's class doubles in size when school is out. It can difficult keeping the older kiddos busy and engaged in activities that they enjoy. But she does a great job capturing their attention. This is one reason why Ms. Diana Buckley was our Employee of the Month for February!! Congratulations to her!! She is definitely an important part of our team!!

Due to scheduling conflicts in January and the inclement weather in Febru-

ary, we had to postpone our Child Maltreatment and Abuse training with Ronelle Baker. We hope to get that scheduled and completed in March.

We had a random audit of our EBT (Electronic Benefits Transfer) attendance records and payments for the month of December. The eleven (11) children who receive child care subsidy through DHS were the only ones whose attendance and payments were audited. The Oklahoma DHS Office of Inspector General Child Care Facility Compliance Unit is who conducted the audit. The purpose was to determine if attendance is being properly maintained for these children, if the parents are swiping their EBT card as required, and to make sure that we have not been overpaid or underpaid. They also make sure that Building Blocks III is following the regulations as set forth in our contract with DHS with regards to keeping attendance and not requesting that parents swipe when their children are absent.

The results showed that we have a 0% Dollar Error Rate, which means that we were not overpaid, nor were we underpaid. Our attendance records were found to be kept appropriately and accurately, as required. The only item that we needed to correct was "to post all of the facility's rates and fees." This was corrected immediately while the auditor was present. This is the first time I've ever had this type of audit conducted at any place I've worked. We were very pleased to see the results and to know that we are doing a great job each day!

Thank you,  
*Billie Thompson*  
Building Blocks III Director  
bthompson@astribe.com

## BUILDING BLOCKS Dates to Remember:

Friday, March 30th  
*Closed for Good Friday*



Absentee Shawnee Tribe  
of Oklahoma  
Building Blocks CDC  
16051 Little Axe Drive  
Norman, OK 73026  
P: (405) 360-2710  
F: (405) 360-2726

# Letter from the Secretary

Tribal Members,

I do apologize for such a brief statement; the transition into office has been a busy one, which I have fully immersed myself so I can make the best decisions possible in regards to current tribal business.

I'd like to start off by thanking our Creator for his many blessing, without him none of this would be possible.

I'd like to thank the Executive Committee members Governor Butler-Wolfe, Lt. Governor Johnson, Treasurer Bender, and Representative Johnson for selecting me to fill this temporary position of the Tribal Secretary. It is an honor to hold this position, and I am humbled that you would place your faith and trust in me, Thank you!

To the tribal members who I have been appointed to represent, I am here to do whatever I can to help this tribe prosper and grow for a better future for us all, if you have any questions or concerns please do not hesitate to contact me regardless of the issue(s).

To conclude, I look forward to working with the other Executive Committee members to fulfill our obligations to the Absentee Shawnee Tribe and its member.

Respectfully,

Secretary Ezra M. DeLodge, MBA

WALK-IN CLINIC WITH EXTENDED HOURS



Here for you,  
now more than ever.

EXTENDED HOURS:  
9 a.m. - 9 p.m. Monday - Friday  
9 a.m. - 5 p.m. Saturday  
NO APPOINTMENT NEEDED.

A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. **To take better care of you, Shawnee Clinic is now open extended hours on weeknights and additional hours on Saturday.** We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.

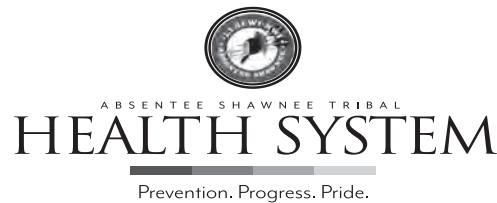


**SHAWNEE CLINIC**  
ABSENTEE SHAWNEE TRIBAL HEALTH AUTHORITY, INC.

Prevention. Progress. Pride.

2029 South Gordon Cooper Drive | Shawnee, OK 74801  
405.878.5850 or 1.877.878.4702 (TOLL-FREE)

**Regular hours of operation: 7 a.m. to 5 p.m. M-F.**  
Closed the first Wednesday of every month from noon-5 p.m.  
Closed Sundays & holidays.



## BEHAVIORAL HEALTH SERVICES

A guiding hand  
on your shoulder.

Life comes with its share of challenges. As individuals, family members, friends, there are times when we all need some help to clear our minds and better the days ahead. The resources are here; the people are kind. If you need us, please call us, **8 a.m. to 5 p.m. Monday through Friday.**

**LITTLE AXE HEALTH CENTER**  
15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300  
**BEHAVIORAL HEALTH**  
Rolanda Smith 405.701.7987

**SHAWNEE CLINIC**  
2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850 • 1.877.878.4702 (Toll-free)  
**BEHAVIORAL HEALTH**  
Roberta Cooper 405.878.4716

Services available for all Federally Recognized Tribes.



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## ASTHS March 2018 Monthly Update

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Behavioral Health will be moving from the Shawnee Clinic into the complex “Little House” in February, ready for business in March. The move shouldn’t impact any patient services or appointments already made to date. The complex house has been renovated, and we are very proud to both preserve this piece of tribal history as well as place it back into use for the tribe! The flu season continues to see nation-wide impacts upon several communities around the country and also locally. Please continue to utilize your flu precautions of frequently washing, using hand sanitizer, and if you or your family are ill, running a fever, or have been exposed to someone with the flu, stay home and avoid contact with anyone to help prevent the spread of the flu. Wearing a mask is also recommended as the flu is spread via the respiratory system if you have a compromised immune system or other medical complications. Patients will continue to experience longer than usual wait times at the walk-in clinics due to the significant amount of flu patients experiencing symptoms or coming down with the full blown flu virus. The virus should peak by the end of March, but that may change dependent upon weather and other possible flu strains potentially appearing in the country. The American Heart Association will have their annual Heart Walk in Oklahoma City this year along with the OKC Marathon, both are in April. If you are interested in participating in any of these events, please contact the Resource Center Health and Wellness Staff for more information. Let’s all get moving and stay healthy in 2018!

We are always thankful and very proud of our outstanding star performers, and thank them all for their contributions to our patients, their fellow employees, and the tribe! Employee Awards and awardees are listed below. The AST Health System always strives to make your health its top priority, and you all make a difference for our health system and the health and wellness of all of our patients!

### **Health Employee Awards of the Month**

Employee of the Month  
Team of the Month  
Special Leadership Award

Debi Sloat, Contract Health  
Shawnee and LittleAxe Patient Benefit Advisors  
Shawnee and LittleAxe Pharmacy Team

Mark E. Rogers, MAL, FACHE, CMPE, CHC  
Executive Director





**March 2018  
Scheduled Closings**

Date:	Time(s) Closed:	Locations:
Wed., Mar 7 <sup>th</sup> <i>(1<sup>st</sup> Wed of Month)</i>	Noon to 5 PM	All AST Health facilities CLOSED - PlusCare Clinic & Shawnee Clinic Ext Hours will re-OPEN at 5p until 9p (last patient accepted at 8:30p)
Fri., Mar 30 <sup>th</sup> <i>(Good Friday)</i>	All Day	All AST Health facilities CLOSED <u>except</u> PlusCare Clinic - PlusCare is OPEN from 9a until 5p (last patient accepted at 4:30p)

\* In the event of a predicted severe weather forecast, please call ahead for possible health system delay or closure:  
Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

\*\*Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall "Absentee Shawnee Tribal Health",  
Twitter @ASTHealth & on ASTHS website at [www.asthealth.org](http://www.asthealth.org)

# Sign up, stay connected.

## ONLINE PATIENT PORTAL → for our Little Axe Health Center and Shawnee Clinic

Need to schedule an appointment? Ask a question? View lab results?  
Now, Little Axe Health Center and Shawnee Clinic patients can connect with their health records and care providers via our real-time, secure patient portal. Go to [www.asthealth.org/patient-portal](http://www.asthealth.org/patient-portal) to register. For more help, call your clinic, and we'll walk you through it.

Install the app on iPhone or Android for real-time access to your health information



## CONTRACT HEALTH SERVICES NEWS

The AST Contract Health Services Team is here to assist you.

Please follow the CHS guidelines.  
Keep a copy on hand  
and update your information.

### EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were "emergency care" or "urgent care." Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

### CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

### EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.

8:00 a.m. – 5:00 p.m., Monday – Friday  
Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to 5pm.

### CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.

2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

### IMPORTANT CONTACTS

#### BILLING & PAYMENT INQUIRIES Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, CHS Coordinator  
Darla Gatzman, CH Technician  
Chelle Foreman, Medical Claims Examiner  
Lena Carol, CH Technician  
Kareena Deere, CH Technician/Medical Records

#### REFERRAL MANAGEMENT Little Axe Health Center

Debi Sloat, CHS Coordinator/RN  
Sharon Littlecreek, Patient Care Manager/LPN  
Jayne Werst, CH Specialist, Medicaid Patients  
Kelly Armstrong, CH Specialist, IHS Patients/LPN  
Jennifer Wells, CH Technician  
Melinda Ferrell, PBA, Dental Referrals

#### REFERRAL MANAGEMENT Shawnee Clinic

Flo Mann, CH Specialist, AST Patients/LPN  
Laurie Webber, CH Specialist, IHS Patients/LPN  
Carrie Stanley, CH Specialist, Medicaid patients/  
Medical Assistant

LITTLE AXE HEALTH CENTER CHS  
405.701.7951 (Please follow voice prompts)  
405.447.0300 (Secondary)

SHAWNEE CLINIC CHS  
405.878.5850 (Primary)  
405.878.4702 (Secondary)



ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.



## ABSSENTEE SHAWNEE TRIBAL HEALTH SYSTEM

PUBLIC SERVICE ANNOUNCEMENT

### MEASLES OUTBREAK INFORMATION

**Norman, Oklahoma** – If you've been vaccinated you have a low chance of contracting the illness, if you do contract the illness it should be a mild version of the illness. If you become symptomatic you need to call your physician and let them know. You need to isolate yourself because it's an airborne disease and wear a mask when you go in for medical care.

There is not a treatment for measles itself except, Tylenol, fluids, rest etc.. Unless you develop complications from the measles, like bronchitis, ear infection, dehydration etc. there isn't much we can do medically.

After tracing the infected individual's movements in Norman, OSDH has alerted officials at these locations:

- **Norman Pediatrics (808 Wall St.)**  
Feb. 2 from 9:45 a.m. to 1:15 p.m. and  
Feb. 6 from 11:15 a.m. to 2:30 p.m.
- **Chuck E. Cheese's (2201 Interstate Dr.)**  
Feb. 3 from 12:45 to 3:30 p.m.
- **Norman Regional HealthPlex (3300 HealthPlex Pkwy.)**  
Feb. 6 from 12:25 to 3:30 p.m.  
Specifically, the outpatient registration area, emergency room waiting area and laboratory collection services

Measles, or rubeola, is a viral infection of the respiratory system. Measles is a very contagious disease that can spread through contact with infected mucus and saliva. An infected person can release the infection into the air when they cough or sneeze. The measles virus can live on surfaces for several hours. As the infected particles enter the air and settle on surfaces, anyone within close proximity can become infected. Drinking from an infected person's glass, or sharing eating utensils with an infected person, increases your risk of infection.

Contact a doctor immediately if you suspect you have measles. If you have not received a measles vaccine and you come into contact with an infected person, visit your doctor to receive a measles vaccine within 72 hours of contact to prevent infection. You can also prevent an infection with a dose of immunoglobulin taken within six days of contact with an infected person.

Symptoms of measles generally appear within 14 days of exposure to the virus. Symptoms include:

- cough
- red eyes
- muscle aches
- sore throat
- fever
- light sensitivity
- runny nose
- white spots inside the mouth

A widespread skin rash is a classic sign of measles. This rash can last up to seven days and generally appears within the first three to five days of exposure to the virus. A measles rash, which appears as red, itchy bumps, commonly develops on the head and slowly spreads to other parts of the body.

Prevention. Progress. Pride.

SHAWNEE CLINIC  
2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850

LITTLE AXE HEALTH CENTER  
15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

[WWW.ASTHEALTH.ORG](http://WWW.ASTHEALTH.ORG)

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## March 11-17 is Sleep Awareness Week

The start of daylight savings time will throw off the clock only by an hour. By setting clocks ahead an hour daylight savings time allows more sunlight through the spring, summer, and fall. But when the time changes it will cost one hour of sleep. Experts say that's enough to leave people feeling groggy for a day or two.

Some people will be more sluggish than others Monday morning — particularly those without regular sleep habits, such as waking up at a consistent time or snoozing seven to eight hours each night. Sleep directly affects health and safety and the sleep loss associated with daylight saving time has been linked to increases in traffic and on-the-job accidents the Monday following the time change.

The National Sleep Foundation's National Sleep Awareness week was started to encourage people to adopt good habits so that next year it won't be quite so tiring to make the leap forward. Sleep doctors offer a few tips for making up for lost z's:

- Start early. Move your schedule up a few minutes each day — eat dinner and go to bed 10 to 15 minutes earlier every night.
- Take a nap, but naps should be no longer than one hour.
- Every minute counts, so set the alarm clock for the last possible minute Monday morning.
- Soak up the sun. Sunlight jump-starts our bodies and sets our internal clocks forward, so sip your coffee in front of a window for an extra jolt.
- Avoid alcohol and caffeine, which interfere with the hormones and chemistry that regulate our bodies and make it more difficult to fall asleep and wake up.



## ARROWHEAD

**AUTOMOTIVE CENTER**

### 10% OFF ALL SERVICES

**FOR TRIBAL EMPLOYEES & MEMBERS**

Must present CDIB card or tribal employee ID. Not valid with any other offers.

Isn't it time you got more from your repair shop?  
Experience the Arrowhead way of doing things.

### TIRES | MAINTENANCE | REPAIR

Arrowhead Automotive Center  
1100 North Broadway Street  
Tecumseh, OK 74873  
(405) 598-6920  
[www.arrowheadautomotivecenter.com](http://www.arrowheadautomotivecenter.com)



Arrowhead Automotive Center is owned by the Eastern Shawnee Tribe of Oklahoma

# CADCA Youth Leadership Conference



**SATURDAY, JUNE 30TH, 2018**  
**1:00PM-6:00PM**

**2ND ANNUAL**  
**INDIGENERD!**  
**NATIVE ACTS FESTIVAL**  
**& COMIC CON**

**THUNDERBIRD CASINO EVENT CENTER**  
**15700 E. ST. HWY. 9 NORMAN, OKLAHOMA 73026**



## Phillip S. Ellis for Tribal Treasurer - 2018

A question was asked “What’s our Tribe’s clear vision?” To be totally honest, I don’t think anyone really knows. I too have often wondered — what’s the “plan”? At times we seem to be pursuing five (the number of Executive Committee (EC) members) different visions and a few of those visions are hazy at best. Regardless of whether it’s an elected official or a tribal member we all have ideas about what direction the Tribe should go and how to measure the success or failure of that direction. But before

we agree on a direction or vision I strongly believe that we must have a firm foundation in place to begin that journey. In my last article in The Absentee Shawnee News, I mentioned two areas that I plan to focus on: (1) strengthening the governmental operations and departments under the treasurer’s oversight, and (2) facilitating commercial/economic development. In this month’s article I would like to communicate a part of my vision (and tentative plans) for the governmental operations and departments under the treasurer’s oversight.

First, leaders must have information to make informed decisions. AST members should have information to determine whether their government is operating satisfactorily. Both department and program directors must have information to manage their respective departments and programs. We all want to know what’s going on — but we don’t. My vision is to provide timely and useful information to both leadership, membership, and departments & programs in order to strengthen our foundational structure within the Tribe. If elected treasurer:

- I will provide financial information to each EC member. I have already spoken with several current officeholders and candidates about what they would want from me. They want financial information; which I will deliver.
- I will communicate with and to each EC member. Again, I’ve already reached out to several current officeholders and candidates to begin the lines of communication. I want the lines of communication to begin now; not after the election. They want communication; which I will deliver.
- I will submit a Treasurer’s Report each month to be published in The Absentee Shawnee News so that the membership is informed. It would be my goal to provide you a report that is both useful and informative regarding the governmental operations and departments under the treasurer’s oversight.
- I will communicate with the membership. I have already reached out to several of you, and I will continue to reach out to many more, to hear your thoughts and vision for our Tribe. That communication will not end if I’m elected.
- I will ensure that accurate and timely financial & non-financial information flows among the departments and programs under the treasurer’s oversight and to both inside users (e.g., ICW, Tribal Police, etc.) and outside users (e.g., Department of Interior, Department of Justice, etc.).

Second, if elected treasurer I will implement genuine, substantive, and concrete changes to the governmental operations and departments under the treasurer’s oversight and will work all organizations, departments, and programs under the umbrella of the Absentee Shawnee Tribe to mitigate risks. In my professional opinion, risks to the Tribe are not clearly understood by leadership thus jeopardizing the future well-being of the Tribe

and its members. By risks I mean such things as loss of grants both present and future, embezzlement, realty and probate issues affecting members, breakdown of communication and integration among departments, etc. My vision is to mitigate risks to the Tribe and the membership. Mitigating risks can be as complex as ensuring that all deliverables (both financial and non-financial) for our grants and contracts are being met, to as simple as ensuring payment to vendors; the “ensuring” part is mitigating risk. If elected treasurer:


- I will re-examine the current state of all departments and programs under the oversight of the treasurer. I will ensure that technology is being used to its greatest potential and that processes are streamlined and actually work. I will push the decision-making process down to the director and manager level; I will not micro-manage.
- Organizations are about people. People make or break an organization. A leader will make or break an organization. Therefore, I will re-assess the personnel needs and requirements for the departments and programs under the treasurer’s oversight to achieve the greatest effectiveness for the Tribe. For example, I’ve seen some very good employees quit, driven away, or marginalized because of the lack of leadership ability at the top while others with questionable character remained. We as a Tribe cannot afford that!
- Most of all I will take responsibility and develop and implement the overall strategy of the department and programs under the treasurer. I believe what separates me from the current treasurer is that I have the formal education and professional background to plan and execute such a strategy in-house rather than farm-out it out to an outside contractor to do it for me. Yes, there may be instances where I do need the aid from someone outside, but those instances should be unusual in nature and infrequent; not the norm.

Finally, claims of progress or success without substantive evidence or even worse, concealed evidence of maladministration, should no longer be acceptable. Nor can we afford to have departments lead in an erratic, conflicted, disorganized manner where decisions are made in a capricious and untimely manner. I believe that we’ve all become aware of the difficult world we live in and the complex environment the Tribe functions in — and it will only get harder and more complex. I also believe that collectively we’ve concluded that we must have the right person sitting in the treasurer’s seat going forward. Between the current treasurer and myself, I believe I’m that right person.

My vision is with the right person and people, our success is unlimited.

Sincerely,

*Phillip S. Ellis*  
phillie2829@gmail.com  
918-703-7528



**March 20<sup>th</sup> is National Native HIV/AIDS Awareness Day**

National Native HIV/AIDS Awareness Day (NNHAAD) is a national mobilization effort designed to encourage Natives (American Indians, Alaska Natives and Native Hawaiians) across the United States and Territorial Areas to get educated, get tested, get involved in prevention and get treated for HIV and AIDS.

For more information about HIV/AIDS testing contact your healthcare provider or ASTHS Public Health Nursing.

## 20<sup>th</sup> Annual National Indian Realty Awards



Lea Tsotaddle 19<sup>th</sup> Indian Land Professional, Realty/Probate Specialist

Cecil Wilson 38<sup>th</sup> Indian Land Professional, Realty Director

11<sup>th</sup> place overall in the nation  
Realty Department

### Reminder:

- All trust land transactions must come through the Realty Office.
- Sales and/or any other trust land transactions must be authorized by the Realty Department and approved by the BIA.
- Any trust land transactions not involving the Realty Department are invalid.
- Please keep addresses current with the Office of the Special Trustee for Indians @ 1-888-678-6836. This will allow proper notification to be made to landowners on new leases and other information.
- Please keep addresses current with the Absentee Shawnee Enrollment Department. This allows the Realty Department to cross-reference landowner addresses with the OST.
- Please visit [www.indiantrust.com](http://www.indiantrust.com) whereabouts unknown/Oklahoma/Absentee Shawnee Tribe, to see if you or your relatives are on this list.
- Gift deed transactions will take time to get approved from the BIA.
- Negotiated sales must follow the proper procedures to ensure the transaction is considered for approval.
- A family member of a deceased landowner must initiate the probate process.

*If anyone has any questions, please contact the Realty Department @ (405) 275-4030.*

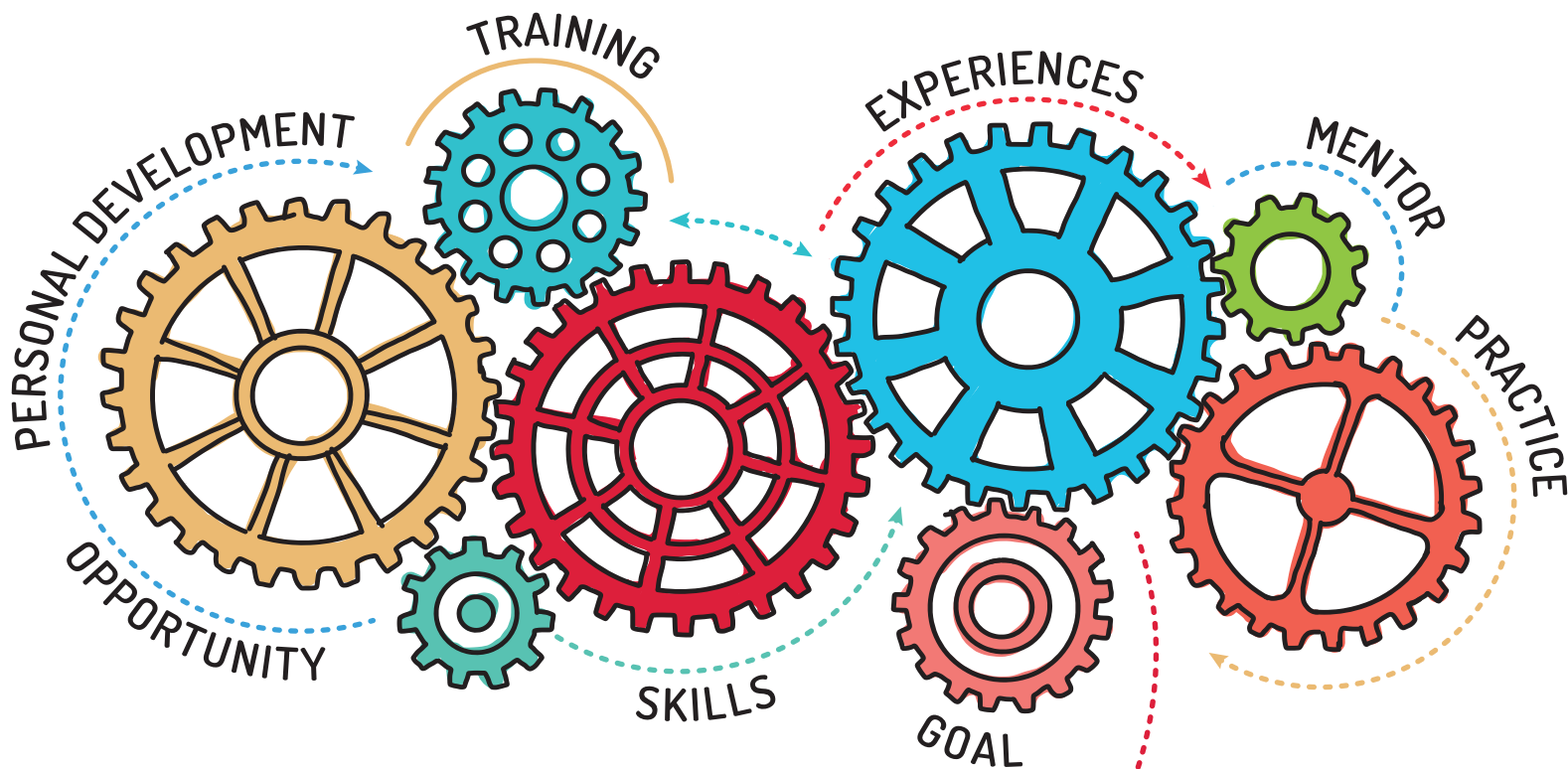
### PROBATE MISSION STATEMENT

The primary mission of the Division of the Probate is to compile inventories of the Indian Trust Assets and family information, and to coordinate the timely distribution of trust assets with the Office of Hearings and Appeals, Land Titles and Records Office and the Office of Special Trustee.

The Division of Probate gathers information regarding decedent's family and property and prepares it for adjudication by the Office of Hearings and Appeals (OHA). After OHA issues a probate order the Division works with other trust offices, such as the Office of Special Trustee for American Indians and the Land Titles and Records Office to distribute assets.

In order for this to happen, the family of the decedent will need to contact the Absentee Shawnee Real Estate Division (Probate) to start the probate process.

*Should you have any questions, please contact Lea Tsotaddle at 405-275-4030 ext. 6248.*



## ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM'S 2018 SUMMER INTERNSHIP

**Are you a Native American student who is seeking a future in a healthcare related field?**

**If you are in College or Vo-Tech or are a High School Student who is College/Vo-Tech bound and want experience, apply for our 8-week Summer Internship Program.**

### HERE ARE THE FACTS:

We will have 5 internship positions available to Native American (AST preferred) students – must have CDIB. The internship is a rigorous 8 week program, up to 20 hours per week, at \$10.00 per hour, designed to familiarize you with a variety of professions and technical careers in the healthcare field.

- The Program starts June 4th and ends July 27th, 2018
- Must have a current GPA of 3.0 or above in either High School or College/Vo-Tech and a desire to serve in the healthcare field
- Age range: 16-22 years of age (High School students preferred or College/Vo-Tech students 22 years of age or younger)
- Must be available Tues-Thurs during normal business hours

**Applications can be found on the AST Tribal website at [www.astribe.com](http://www.astribe.com) under "Employment Opportunities". Please submit a cover letter and resumé along with the employment application located on the website.**

**APPLICATIONS WILL BE ACCEPTED MARCH 26 - APRIL 30, 2018**

If you have questions about the application or need assistance please contact Ms. Dayna Dick with AST Health Human Resources at 405.701.7638.

Please contact Mr. Mark Rogers, AST Health Executive Director, at 405.532.6286 with any questions or for information regarding this program.



ABSENTEE SHAWNEE TRIBAL  
**HEALTH SYSTEM**  
Prevention. Progress. Pride.

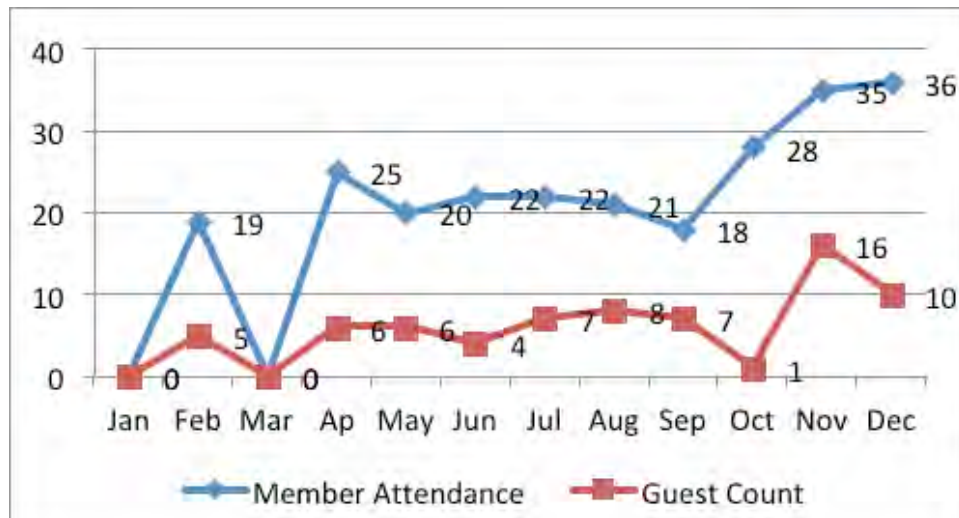
## Dear Absentee Shawnee Tribal Members:

The Elders Council's guideline improvement process began in December, 2017 wherein the Officers solicited ideas and opinions from members to help improve and meet the current needs of the Elders Council. During January, the members who submitted recommendations were provided the opportunity to distribute copies and state their recommendations. All members were given the opportunity to express his or her views, respond to ideas of others and work toward consensus. Changes will be voted on at the February meeting. Our goal is to institute changes that will encourage and help build participation within the Elders Council.

At the January meeting, I provided a line chart reflecting the number of members that attended each Elders Council meeting during 2017. As we progress through the year, I will update the chart to incorporate 2018 attendance. Our goal is to increase participation and to do this the Officers will diligently work to bring to the table many fun and exciting projects and adventures.

Jan & Mar – no data

The 2017 Internal Audit of the Elders Council financial records was concluded in January by the nominated Audit Committee members. Audit Committee members were; Mrs.



Stella Little, Lt. Governor John Johnson, and Mr. John Blanchard. The purpose of the internal audit is to detect and prevent fraud and it also helps with testing internal controls and monitoring compliance with guidelines and procedures. Treasurer Audrey Dodds met with the Audit Committee and presented 2017 financial data and the Audit Committee's review concluded with a clean opinion. The Audit Report was presented at the February meeting.

The Elders Council members will be selling raffle tickets for five shawls prior to the spring General Council. Raffle ticket cost is \$1.00 per ticket and you do not need to be present to win. The drawing for the shawls will be held at General Council, but prior to the start of the meeting. The winners' names will be posted. Please support this fundraiser that the Elders Council is hosting. All Elder members will have tickets available for



purchase.

On February 13, 2018, many Elders attended a special evening honoring Elders and Caregivers sponsored by The Native American Caregiver Support Program/Administration for Community Living. The Elders were served a Tribal Traditional Meal of wild onions, meat gravy, hominy, blue dumplings, fried potatoes and fry bread. We were honored to hear two guest speakers from AARP, Ms. Mashell Sourjohn and Ms. Tewanna Edwards. The entire evening was truly enjoyable. The Elders would like to extend their gratitude to this organization for sponsoring this event and honoring all Elders. The dedicated people who serve this organization are to be commended for sharing valuable information on its resources and giving time to educate the people.

June 2018 Tribal Election!! The Elders Council will host a speaking opportunity for all candidates. Each candidate will be given the opportunity to briefly speak before the start of our April 21, 2018 meeting. The doors will open at 9:00 A.M. Each candidate will be given a few minutes to speak starting at 9:30 A.M. The Elders Council encourages all Absentee Shawnee Tribal members to vote. Your vote can make a difference.

The Elders Council Officers continue to work on an annual calendar of events. Hopefully we will get something published soon. In closing I offer the following:

*Quote: If you think in terms of a year, plant a seed; if in terms of ten years, plant trees; if in terms of 100 years, teach the people.*

Until next time,  
Atheda Edwards-Fletcher



### You're getting a new Medicare card! Cards will be mailed between April 2018 – April 2019

You asked, and we listened. You're getting a new Medicare card! Between April 2018 and April 2019, we'll be removing Social Security numbers from Medicare cards and mailing each person a new card. This will help keep your information more secure and help protect your identity.

You'll get a new Medicare Number that's unique to you, and it will only be used for your Medicare coverage. The new card won't change your coverage or benefits. You'll get more information from Medicare when your new card is mailed.

#### Here's how you can get ready:

- Make sure your mailing address is up to date. If your address needs to be corrected, contact Social Security at [ssa.gov/myaccount](http://ssa.gov/myaccount) or 1-800-772-1213. TTY users can call 1-800-325-0778.
- Beware of anyone who contacts you about your new Medicare card. We'll never ask you to give us personal or private information to get your new Medicare Number and card.
- Understand that mailing everyone a new card will take some time. Your card might arrive at a different time than your friend's or neighbor's.



# Spring Break


## March 19-23



2% milk served daily

Menu subject to change



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Spaghetti Meat sauce Veggies Bread Stick	2 Grits Fruit Sausage Patty	3
4	5 Chicken Fry Steak Mashed Pot/Gravy Green Beans Applesauce	6 Cabbage Stew Crackers Cinnamon Roll	7 Beef Tips Noodles Veggies Plums	8 Manwich Pickles Tator Tots Mandarin Oranges	9 Scrambled Eggs Sausage Gravy Biscuit	10
11 Spring up one hour	12 Chef Salad Ham, Chez, Eggs Cottage Chez Peaches	13 Baked Chicken Wild Rice Broccoli Pudding	14 Hot Ham n Chez Pot. Salad Cookie	15 Tamale Tossed Salad* Refried Beans Apple	16 French Toast Bacon Fruit	17 ST Patrick's Day
18	19 Beef Fingers Mashed Pot/Gravy Veggies Pears	20 Chili Crackers Chez Sticks Orange	21 Kraut N Wieners Veggies Bread Peaches	22 Egg Roll Stir Fry Veggies Fortune Cookie Mandarin Oranges	23 Scrambled Eggs Sausage Gravy Biscuit	24
25	26 Hamburgers LTOP French Fries Mixed Fruit	27 Cold Cut Sandwich LTOP Mac Salad Apricots	28 Beans Cornbread Steakfries Cake	29 Cereal Oatmeal Blueberry Muffin	30  <b>GOOD FRIDAY</b>	31

NOT GOING TO BE HOME!!!  
CALL AND LET US KNOW AT 405-275-4030  
EXT 6227 or 6270  
OR NOTIFY YOUR DRIVER



LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM  
BREAKFAST SERVED FRIDAYS 9AM TO 11AM

# FREE MUSIC LESSONS

Guitar • Bass • Piano • Drums

*Available to all Native Americans w/CDIB#*

For details, call Absentee Shawnee Behavioral Health

## 405-878-4716

# ICW - Foster Care

## THE INDIAN CHILD WELFARE ACT OF 1978

The Indian Child Welfare Act is a 1978 federal law. It offers protections to Indian children, parents, guardians and tribes in cases in which a child has been removed from its home. The ICWA forces state courts to recognize the political, cultural, and social standards of Indian tribes and peoples. The Court must consider those standards during any proceeding or placement of the child. The ICWA protects the best interests of Indian children and seeks to promote a stable, secure Indian family.

## PARTIES PROTECTED BY THE ACT

Indian children are those enrolled in a tribe or eligible to be enrolled, with at least one parent who is a member of an Indian tribe. The ICWA also protects three other parties. First, it protects the custodial parents of an Indian child should they be accused of wrongdoing. The ICWA makes the state courts provide full notice of all hearings, use expert witnesses, and follow a higher standard of proof than in non-Indian cases. The Act also makes the state court appoint an attorney to represent the parents if they are unable to afford one. Second, the ICWA protects Indian custodians. Indian people who have raised a relative child as if they were their own, or people to whom the natural parents have given temporary custody, are entitled to the same type of notice and protections as the natural parents. Finally, the Act protects tribal rights as well. The state court must give notice to the tribe and generally follow its recommendations about placement. If these parties' rights are not protected, the Act allows any of them to overturn the result of the state court. The ICWA does not apply in three types of cases. It does not apply in divorces or divorce modifications, unless a termination of parental rights is involved or custody is given to someone other than the natural parents. It does not apply if the child in custody is accused of a crime. Finally, Oklahoma courts have created a third exception to the law: the ICWA does not apply to noncustodial Indian parents who do not support or visit their children.

## STATE AUTHORITY OVER INDIAN CHILDREN

In some cases, Oklahoma lacks any kind of authority over an Indian child. If the child lives on trust or restricted land, or in an MHO Housing cluster, or in a dependent Indian community, the state may not have authority to proceed. Under the ICWA, the case must be heard in the tribal court. For other Indian children, the state shares jurisdiction with tribal courts. However, the Supreme Court has said that tribal courts are the preferred court for Indian children. An Indian parent or tribe may request that a case be transferred to tribal court for proceedings.

If a child is placed in foster care, the Act requires the state to follow placement guidelines. The State must follow the Tribe's Tribal State Agreement and Placement Preferences

**"RESPECT THE INDIAN CHILD WELFARE ACT BECAUSE OUR CHILDREN ARE NOT YOURS TO TAKE"**

*Before placing a child in a non-familial or non-tribal final home, states are required to make what are called "active efforts" to place the child in an ICWA-compliant situation. These efforts include mandatory attempts at parental and familial reunification before terminating rights permanently, and consultation with the tribe in a timely manner.*



ABSENTEE SHAWNEE INDIAN CHILD WELFARE DEPARTMENT  
Ronelle Baker ICW Director 395-4491  
Julie Wilson Child Protective Services/Foster Care 395-4492  
Jackie Denny PSSF Program 395-4493

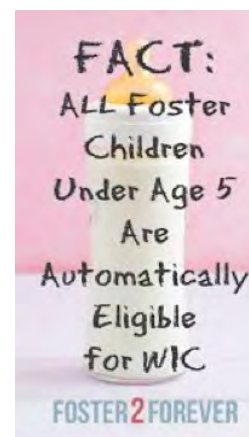
**ICW HAS MOVED TO 105 N. KIMBERLY AVENUE**

*Midnight calls, long drives across state and emotional encounters all make it difficult for social workers in child protection services to really ever "clock out." Their job doesn't end when the typical 40-hour work week is over. The true nature of the profession requires them to be available at a moment's notice, 24/7, 365 days a year.*

**Please Report Child Abuse**

**You could be saving a child's life.**

IF YOU ARE A GRANDPARENT THAT IS RAISING YOUR GRANDCHILD YOU MAY QUALIFY FOR TANF. GRANDPARENTS THAT HAVE LEGAL GUARDIANSHIP OF THEIR GRANDCHILDREN CAN RECEIVE TANF BY APPLYING FOR "CHILD ONLY" TANF GRANT WHICH WILL ONLY TAKE IN ACCOUNT THE GRANDCHILD'S INCOME/ASSETS. THE DEPARTMENT OF HUMAN SERVICES WILL ASK YOU FOR YOUR INFORMATION, BUT IT WILL NOT BE USED IN THE APPROVAL PROCESS. IF YOU HAVE ANY QUESTIONS IN REGARDS TO GRANDPARENTS APPLYING FOR TANF. PLEASE CALL JULIE WILSON 395-4492.



The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a federal assistance program of the Food and Nutrition Service (FNS) of the United States Department of Agriculture (USDA) for healthcare and nutrition of low-income pregnant women, breastfeeding women, and infants and children under the age of five. GRANDPARENTS RAISING THEIR GRANDCHILDREN MAY RECEIVE WIC FOR THEIR GRANDCHILDREN



If you are interested in becoming an AST foster care home and would like more information please contact

**Julie Wilson**  
**405-395-4492**

COMMUNITY MARKET OF POTTAWATOMIE COUNTY  
120 S. CENTER ST. SHAWNEE, OKLAHOMA. (405) 788-4957  
HOURS OF OPERATION  
MON. 12:30 TO 5:30 P.M., TUE. 10:00 A.M. TO 3:00 P.M.  
WED. 10:00 A.M. TO 3:00 P.M., FRI. 10:00 A.M. TO 3:00 P.M.  
(COMMUNITY FOOD BANK)

# NATIVE CROSSROADS FILM FESTIVAL SPOTLIGHTS WILMA MANKILLER, ROCK AND ROLL DOCUMENTARY

Norman – Link Wray, whose iconic hit “Rumble” inspired generations of rock-and-roll hall of famers, will be in the spotlight again during the Sixth Annual Native Crossroads Film Festival and Symposium – Rhythms – along with powerful documentaries “Mankiller” and “Rio Verde.” The festival is set for April 5 through 7 at the Sam Noble Oklahoma Museum of Natural History, 2401 Chautauqua Ave., Norman. It is open to the public and complimentary to attendees.

“Indigenous culture is a part of our heritage at the University of Oklahoma,” writes OU President David L. Boren. “We are proud to host Native Crossroads because it celebrates the uniqueness and vibrancy of Native communities in our state and beyond. It is my hope that this year’s event will promote opportunities for dialogue and appreciation of Native films and music.”

Guests to the festival will enjoy panel discussions, screenings and a special live musical performance centered around the sounds and music that define and celebrate Indigenous people around the world. The symposium welcomes filmmakers and critics to the stage, discussing “The Making of Chickasaw Rancher,” and a question-and-answer panel with “Río Verde” director Diego Sarmiento.

In addition to three short films blocks on Saturday, five feature films will rock the museum during the festival:

“Mankiller” examines the impact and determination of Wilma Mankiller, the first female principal chief of the Cherokee Nation. Directed by Valerie Red-Horse Mohl, the documentary looks at the legacy of her leadership in positioning the Cherokee Nation for the future. Winner of the Festival Award at the Rome International Film Festival, and Best Documentary Feature Film at the Tulsa American Film Festival. “Mankiller” will screen at 7 p.m. Thursday, April 5.

“When They Awake,” directed by Hermon Farahi and P.J. Marcellino, is a music documentary about 100 students from six remote villages in Northwest Canada as they collaborate with professional musicians to create music that speaks to their roots. The film chronicles the rising voices of musicians whose roles in the music scene form a new type of activism. This powerful documentary screens at 10 a.m. Friday, April 6.

“Río Verde. El tiempo de los Yakurunas” takes the audience through the green depths of the Amazon River as it weaves among three small villages. Directed by Alvaro and Diego Sarmiento, the film allows viewers to immerse themselves in the sights and sounds of the great river until it is impossible to differentiate the human residents from the forest. “Green River” will show at 3 p.m. on Friday, April 6.

Also set for Friday, “Sweet Country,” directed by Warwick Thornton, begins at 7:30 p.m. Set in 1920s Australia, this Western tells the tale of an Aboriginal who is accused of shooting a white man and goes on the run through the wilderness. The feature film is the winner of several awards, including Special Jury Prize at the Venice Film Festival; Platform Prize at the Toronto International Film Festival; and Best Film at Asia Pacific Screen Awards.

On Saturday, a special live music performance featuring Emmy-award

winning artist Jerod Tate and violinist Laura Ortman will accompany the short film “A Day in Santa Fe.” The 1931 film was co-directed by Lynn Riggs (Cherokee), who wrote the play “Green Grow the Lilacs,” the basis for the musical “Oklahoma!” The silent film recently was re-discovered and will be introduced by University of Texas scholar James Cox.

“Rumble: The Indians Who Rocked the World” will screen at 8 p.m. on Saturday night. Featuring concert footage, recreations and interviews from artists such as Buddy Guy, Tony Bennett, Martin Scorsese, Martha Redbone, Taboo, Slash, Rhiannon Giddens, Robbie Robertson and Buffy Sainte-Marie, the documentary tells the story of the missing chapter in the history of American music: the Indigenous influence. Directed by Catherine Bainbridge and Alfonso Maiorana, the film won several awards, including Special Jury Prize at the Sundance Film Festival; Best Canadian Documentary at HotDocs Film Festival; and Best Music Documentary at the Boulder International Film Festival.

The symposium kicks off at 1 p.m. on Thursday, April 5, with several nationally known scholars of Indigenous media presenting from their research. At 4 p.m., the Chickasaw Nation presents “The Making of Chickasaw Rancher.” At 7 p.m., fraternity Sigma Nu Alpha Gamma presents a drum circle welcome, followed by the screening of “No Reservations” by Trevor Carroll, then the feature documentary “Mankiller.”

Friday’s activities begin at 10 a.m. with the screening of “When They Awake (aka Way Up North: An Arctic Symphony).” A special preview of the PBS documentary “Native America” will show at 1:30 p.m. with series producer Julianna Brannum, OU College of Arts and Sciences Distinguished Alumna, and director Gary Glassman in attendance. Beginning at 3 p.m. on Friday, the short “La Palabra de la Cueva” will show before “Río Verde. El tiempo de los Yakurunas” at 7:30 p.m., the short “Blight,” by Perun Bonser, screens before “Sweet Country.”

Saturday’s schedule includes Children’s Shorts beginning at 10 a.m., followed by two blocks of shorts, one at 1:30 p.m. and the next at 3:15 p.m. At 5 p.m., a special screening of the silent film “A Day in Santa Fe” will feature a live musical performance with Emmy Award-winning Chickasaw composer Jerod Tate and other Native musicians. At 8 p.m., the short “Captivity Narrative,” directed by OU alumnus Jason Asenap, screens ahead of the featured documentary “Rumble.”

For more information or accommodations, contact Karl Schmidt at (405) 325-3020 or karl.schmidt@ou.edu. For a complete schedule, visit [nativecrossroads.org](http://nativecrossroads.org).

**2018 ABSENTEE SHAWNEE TRIBE**

**VOTE**  
**Kenneth Blanchard**  
for  
**LT. GOVERNOR**

*Trustworthy*

*Progressive*

**405-329-7517**

# MARCH 2018 BIRTHDAYS!

(Deer) Starr, Christopher Jerome  
Alexander, Jason Thomas  
Alford, Michael Jason  
Alford, Terry Wayne  
Allen, Vanessa Olivia  
Anania, Salvatore Westbrook  
Anderson, Steven Brian  
Annis, Loraine Pearl  
Applegate, Richard Allen  
Araujo, Bearen Demetrio  
Arms, Bruce Edwin  
Arms, Drake Jagger  
Augustine, Dezmond Solomon  
Barnes, Bralynn Kierra  
Barnhill, Rachel Renee  
Beaver Jr., Rodney Gene  
Bender, Liyahna Kyne  
Benish, Tricia Marie  
Bernard, Carol Jean (Mohawk)  
Bettelyoun, Isaac Phillip  
Bettelyoun, Taylin Hope  
Bittle, Mona Jene  
Blanchard II, Larry Dean  
Blanchard, Brayden Nicole  
Blanchard, Cecily Ann  
Blanchard, Izabel Marie  
Blanchard, Joe Henry  
Blanchard, Kolton Reece  
Blanchard, Russell Duane  
Blanchard, Solomon Grant  
Bowden, Rosada Lynn  
Bradley, David John  
Brady, Dallas Dustin  
Brannon, Tkeyah Monique  
Brinson, Alexander Armando  
Britton, Kara Grace  
Brokeshoulder, Ashley M.  
Brooks, Amy Louise  
Brophy, Eulue Lee Eleyce  
Brown, Railynn Taylor  
Bryce, Jerry Dale  
Buckheart, Elysa Victoria  
Buckheart, Phillip Cruz  
Burk, Harley Lynn  
Cahwee, Yvonne Katherine  
Carter, Taylor Wade  
Casteel, Rhaeanna Corinne  
Caudillo, Herman Russell James  
Caudillo, James Adam  
Clark, Carol Dawn  
Coddington, Koryne Shazity  
Coddington, Michele Cholena  
Cole, Carolyn Mary  
Cook, Jonathon David  
Cook, Makylea Mae  
Coon, Justin Bo  
Coon, Waylon Henry-Goliath  
Coriz, Clinton Eric  
Coyle, Shannon Christine  
Cravens III, John Monroe  
Creek, Felix Albert  
Cruz, Gregorie Thomas  
Cuellar Jr., Leno  
Davis, Shawn E.  
Day, Linda G.  
Day, Rosanna Jolena  
Deer, Makiyah Kaylind Anora  
Denson, Hilda Mae  
Eckiwady, Alano Ezekiel  
Edgin, Laura Marie  
Ellis, Andrew  
Ellis, Leann Dee  
Ellis, Mark Russell  
Ellis, Renee June  
Elsloo, Kasia Lee  
England, Adam Joe  
Fdgdf, Bnoo  
Fenner, Alannah Benae  
Ferree, Sierra N  
Fife, Zachariah Everett  
Fontenot, Teddy Lynn  
Foreman, Henry Jake  
Foreman, La Donna Rochelle  
Foreman, Merrilee  
Foster, Gabriel Lee  
Frazier, Andee Danielle  
Freeman, Retha Ann  
French, Jeffrey Martin  
Fuller, Rhealee Grace  
Garretson, Leslie Carol  
Garretson, Stephanie Rae  
Garretson, Tanisha Marie  
Gibson, Charles Arthur  
Gibson, Dylan Scott  
Gibson, Isaac Dean  
Gibson, Jaylan Chaunce  
Gibson, Johnathan Caine  
Gibson, Joshua Lee  
Gibson, Phillip Craig  
Gibson, Toney Ellise  
Grass, Ayson  
Grass, Gavin John  
Gravel, Robin Renee  
Graves, Casey James  
Greeley, Willow Maria  
Grace  
Grover, Michelle Renee  
Hall, Elizabeth Lynn  
Hall, Kayla Collette  
Hargis, Faith Marie  
Harjo, Jacob Lee  
Harjo, Jimmie Dean  
Harjo, Sammy  
Harjo, Shirley Ann  
Harjo, Zerek Bishop  
Harp, Emily Sue  
Haskins, Michael Truett  
Herrera Jr., Rudy  
Herrera, Richard John  
Hilderbrand, Derek Mitchell  
Hood, Richard Foster  
Hood, Ross Damon  
Hooper, Michael Shayne  
Hubble-Kirschner, Skylur  
Nacole  
Hunt, Lyndon Brandon  
Ibarra, Rosalee Brianna  
Lizzet  
Irvin, Catherine Ann  
Isaac-Robbins, Shirley Jean  
Isaacs, Leann Vachon  
Johndrow-Boston, Mark  
Joseph  
Johnson Jr., Hubert Dana  
Johnson Jr., Walter Mack  
Johnson Sr., Walter Mack  
Johnson, Alexis Lynn  
Johnson, John Daniel  
Johnson, John Pershing  
Johnson, Leam Edwin  
Johnson, Pamela  
Johnson, Shirley Renee  
Johnson, Skylar Wind Dancer  
Jones, Dennis Roy  
Judkins, Charles Gary  
Kaniatobe, Tiffany Paige  
Ketakea, Georgia Kay  
Ketakea, Kayla Marie  
Khalil Qureshi, Maryam Anisah  
Khalil-Quraishi, Sumiyah  
Khan, Keyania Shaneil  
Kickapoo, Collins Kristopher  
Kilmer, Houston Colt  
Kirschner, Tony William  
Kisor, Alexzander Jordan  
Landrum, Avery Lynn  
Lasenberry, Whitley Sue Mae  
Leach, Melissa Louise  
Leatherman, Maximus Phillip Florentino Antonio  
Ledezma II, Roberto Bernal  
Lee, Catherine Stacey  
Lemon, Toni Marie  
Leroy, Mary Denise  
Lewis, Katlyn Hope Cooksey  
Lewis, Quinton DeWayne  
Lindsay, Lila  
Little Axe, Dennis Robert  
Little Axe, Skye Keenan Patrick  
Little Charley, Estelena  
Little Charley, Gary Dean  
Little Creek, Levi Kelly  
Little Jim Jr, Webster  
Little, Benjamin Ray  
Little, Keith David  
Little, Marysa Fay  
Little, Micco David  
Littlebear, Kensley Sue  
Littlebear, Trinedad Adam  
Littlecreek, Jade Marie  
Littlecreek, Jeremiah James  
Littlecreek, Sadie Rachelle  
Logan, Priscilla Ann  
Longhorn, Bradley Lucky  
Longhorn, Tommy Dale

# MARCH 2018 BIRTHDAYS!

Longhorn, Vaun Marie  
Longman Jr., Clyde Bennie  
Longman, Michael Ray  
Loving, Mckinley Grace  
Lowe, Victor Shane  
MacK Jr., Thomas James  
MacK, Kameron Wayne  
MacK, Ryan Dale  
Mahtapene, Charlie Renee  
Martinez, Alexee June  
Masquas, Taylor Daine  
Masquat, Cameron Isaiah  
Masquat, Nathaniel Gage  
Maxwell, Kimber Leigh  
Mayo, Michelle Marie  
McBride, Taylor Iralee  
McBroom, Ashley Denise  
McBroom, Michelle Leigh  
McCray, Ashley Nicole  
McDoulett, Karen Susan  
McGonigal, Peter Roygan Hodge  
McGuire, Kasi Lynn  
McKinney, Mahnee Zuri  
McLovin, Alexander Charles  
McMillen, Destenie DeAnne  
McPherson, Maiden Ashlee Kaylyn-  
nn  
Megehee, Alicia Kaye  
Merrell, Jason Andre  
Miller, Louis-Renee Sarah  
Miller, Patrick Michael  
Miller, Redena Kay ( Blanchard )  
Miner, Matthew Carl  
Mohawk, Billye-Jo Ryleigh  
Molina, Terry Randall  
Montgomery Jr., Wendall Len  
Moore, Joseph Dakota  
Moore, Patricia Naomi  
Morgan, Katie Lynne  
Morton Jr., Jeremiah James  
Morton, Hannah Raine  
Nakamoto, Lisa Marie  
Nelson, Linda June  
Nuckolls, Larry Wayne  
Oney, Mattison Marie  
Ongaco, Ariana D. Wilson  
Onzahwah, Leroy Galin

Ozeretny, Gary Lee  
Panther IV, William  
Panther, Ashlynn Nevaeh  
Panther, Cyerra Lynn  
Patten, Sherri Louise  
Pease, Xailey May  
Peetoom, Alexander R S  
Pickering, Gertrude Bernice  
Powell, Terry Shane  
Price, Judith Ann  
Puckitt, Steven Ray  
Rainey, Katherine Lydia War-  
rior  
Rakestraw, Colton James  
Rakestraw, Corbin Lee  
Respicio, Lucas Antonio  
Rex, Suzzy Jean  
Reyes IV, Jose Ysmael  
Richard, Eryxon Joe  
Richey, Gunner Wayne  
Rigney, Sean Librado  
Roach, Dustin Michael  
Roach, Dylan Lane  
Robbins, Joshua Dale  
Robinson Jr., Richard Dion  
Robinson, Jack Alan  
Rolette Jr., Larry James  
Rolette, Seth Allan James  
Ruimveld, Vickey Lynn  
Runsabove, Bryant Kent  
Ryan, Ryder Lazaro  
Sanchez, James Andrew  
Scott, Denise Renee  
Self, April Jennell  
Self, Sheila Ann  
Sevier, Jennifer Michelle  
Sloan, James B.  
Sloat, Athenia Kayra  
Sloat, Christina Sue  
Sloat, Jeremy Clay  
Smith, Courtni Renee  
Smith, Daleana Lee  
Snake, Steven Ray  
Soap Jr., Roger Eugene  
Spoon, Alexander Jacob  
Spoon, Dasiya Vernice  
Spoon, Elijah Gage

Spoon, Gracelynn Faith  
Spoon, Isabella Lorraine  
Spoon, John Allen  
Spoon, Robby Wayne  
Spoon, Sherrie Dawn  
Spriggs, Dakota Paul  
Squire, Jerry Wayne  
Starr, Jesse Lloyd  
Starr, Lawrence Mitchell  
Stephens, Aubriana Nichole  
Steves, Adam James  
Stinger, Heather Ann  
Stone, Taylor Cheyenne  
Straight, Lela Gale  
Stryker, Vikki Dawn  
Stuckey, Zoe Ellori  
Sutton, Mason Riley  
Sutton, Virginia Lee  
Swaggerty, Heather Lachar-  
lotte  
Switch, Faye Ramona  
Switch, Redonna Lynn  
Tahah, Everett Wade  
Tapia, Dakotah Cruz  
Taryole, Newman Ryan  
Taryole, Sydney Alixandra  
Tascier, Matthew Isaiah  
Taylor, Aaden John  
Taylor, Lafonda Raye  
Taylor, Scott Alan  
Thapa, Sonya Shree  
Thompson, Billie Gean  
Thompson, Brandee Ian  
Thornhill, Nathaniel Weston  
Thorpe, Kimberly Clarice  
Thorpe, Mary Elizabeth  
Tiger, Anthony Michael Gene  
Tiger, Donna Jean  
Tiger, James Scott  
Tiger, Raymond Gary  
Toca, Kelly Amanda  
Tucker, Brian O'Neal  
Tucker, Keely Marie  
Turner, Monica Francesca  
Turner, Terry Michael  
Vanliew, Naomi Maye  
Villalobos, Lena Lou

Walker, Morgan Baylee  
Walker, Vera N  
Wallace, Christopher James  
Walley, Aubree Michelle  
Walley, Brian Jeffery  
Warrior, Shawna Kogee  
Watkins, Melysha Raven  
Watson Jr., Theodore Randall  
Watson, Bryeanna Renee  
Louise  
Watson, Martha Ruth ( Tiger )  
Wenholm, Jody Dawn  
Werth, Luke Jake  
Wesley Jr., Daniel Kenneth  
Westberry, Casey LyDale  
Westberry, Hayley Morgan  
White Thunder, Shelsie Mae  
White, Calvin Lee  
White, Raelynn  
Williams, Bryce Cameron  
Williams, Cody Grant  
Williams, Johni Kaleen  
Williams, Kayce Brylin  
Williams, Mark Henry  
Williams, Matthew James  
Williams, Taree Renea  
Wilson, Annette Ponkilla  
Wilson, Mitchell James  
Wayne  
Winter, Warren Patrick  
Witt, Adam Wayne  
Wolf, Bryne Andrew  
Wolfe, Leonard Wayne  
Woods, Kathy Lynn  
Wright, Tasha Laquinta Su-  
zanna  
Wyatt, William David  
Yandell, Steven Joseph  
Yates, Kylie Ann  
Yeahpau, Roman Mausanap  
Zinn, Jenifer Coleman



*Vikki Dawn*  
 Have a beautiful birthday,  
 my beautiful cousin!  
*Love, Sherrie Dawn*



*Deanna Marie Spybuck*  
 Wishing you the happiest  
 birthday ever. I love you Cuz.  
 000s & XXXs, Sadie



Happy, Happy Birthday to my  
 Awesome Baby Daughter  
*Sherrie D. Spoon*  
 Hugs & Kisses  
 Lots of love, Mom



**Deanna,**  
 Happy Birthday cousin! Hope it's  
 a great one for you!  
 Love, Sherrie, kids, & Aunt Sadie



**Dearest Aunt Gert,**  
 Happy Happy Birthday to you on  
 your special day! XOXO  
 Sherrie, Jil, Jop, Justin, and RAT



*Happy Birthday to my  
 pretty little sister,  
 Gertrude "Trudy" Pickering*  
*I love you. Your sister, Sadie.*  
*Hope your day is happy!*



*Sherrie,*  
 Wishing you a beautiful,  
 wonderful Birthday!  
*Love always,*  
*Creep, Chlo, and Duke*



Happy Birthday to my  
 granddaughter,  
**LeeAnn Marie Kosachony**  
 I love you,  
**Granny Low**



*Shelsie White Thunder*  
 March 30th  
 25th Birthday wishes from  
 Mom, Dad, Shelby, Bryson,  
 Sheldon, Kelsie, & NaKiaus

# FEBRUARY

## HAPPY BELATED BIRTHDAYS TO:

Rikki Blanchard - February 17th  
 Leland Blanchard - February 28th  
 from Sis, Tommy, Shelsie, Shelby, Sheldon, Kelsey,  
 NaKiaus, and Bryson

Shelby White Thunder - February 3rd  
 from Bryson, Mom, Dad, Shelsie, Sheldon, Kelsey,  
 and NaKiaus



# Flu Activity Rising in U.S.

In recent weeks the impact of the flu virus on our state has been substantial. The number of flu-related hospitalizations and deaths has risen dramatically throughout the state. School districts have cancelled school for students due to outbreaks of the flu.

As of February 7, 2018, the Oklahoma State Department of Health reported over 2000 hospitalizations and 92 deaths from the flu this season (beginning September 1, 2017).

The flu is a very contagious respiratory illness caused by the Influenza virus. Influenza, or the flu, can cause symptoms

anywhere from mild to severe and can even lead to death, especially in older adults, younger children, and certain people with chronic health conditions.

Symptoms of the flu include:

- Fever-all though not everyone with the flu will develop a fever
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Vomiting and diarrhea-more common in children than adults

The flu is spread primarily by droplets in the air made when people cough, sneeze, or even talk. The droplets can travel through the air up to six feet and land in the mouths or noses of others infecting them with the flu virus. The droplets landing on surfaces such as tables and chairs can also infect others by them touching the surfaces and then touching their nose, mouth, or eyes.

If you have the flu virus, you can spread the virus to other people up to 1 whole day before you even start to feel symptoms and up to 7 days after you become sick. Symptoms generally start 1 to 4 days after the virus enters your body. This means not only can you pass the flu on to others while you are sick, but before you even know you are sick.

Hand hygiene is very important in cutting down on the spread of the flu. Hands should be washed quite often with warm water and soap or hand sanitizer. If someone in your home is sick it is important to clean their linens and any surface or areas of the home they come in contact with so that others are not infected. The sick person should always be mindful of covering their mouths with a tissue when coughing or sneezing in order to keep droplets from spreading through the air.

It is not too late to get a flu shot! The sooner you receive a flu shot the better because it takes up to two weeks for antibodies to build up in the body to protect you from the flu virus. The CDC recommends that everyone age 6 months and older get a flu vaccine each year. Native Americans fall under the category of "high risk" and are especially urged to receive the flu shot. The flu shot is available at the Little Axe and Shawnee clinics by appointment and on a walk-in basis at Plus Care and Shawnee Clinic Extended Hours Clinics. For more information about the Influenza virus visit the CDC website at <https://www.cdc.gov/flu/index.htm> or contact the ASTHS Public Health Nursing Department.



# Emergency Management



City of Norman  
Fire Department



OKLAHOMA  
FORESTRY SERVICES

\*\*\*\*\*

## **BEWARE OF WILDFIRES** **BE AWARE OF PLANS FOR PRESCRIBED BURNS**

In 2012, wildfires within the City of Norman resulted in one death, destruction of 58 homes, and burning of an estimated 4500 to 7000 acres. The amount of deadfall and leaf litter that has built up on the forest floor, combined with dry weather conditions and high winds, makes us vulnerable to such tragedies again.

Join Norman Fire Chief Travis King and Oklahoma Forestry Services' Drew Daily to learn about:

### WHAT FIRE OFFICIALS ARE DOING:

- Plans to conduct preventive controlled burns around the entire perimeter of Lake Thunderbird beginning this Spring as weather allows
- Opportunities to hire OFS to conduct prescribed burns on private property

### WHAT YOU SHOULD DO:

- How to prevent wildfires
- How to protect your home from wildfires
- What to do in the event of wildfire

**SATURDAY, FEBRUARY 24, 2018**  
**9:00 A.M.**

**City of Norman's Little Axe Community Center**  
**1000 168<sup>th</sup> Ave. N.E.**  
**Norman, OK**  
(South of Highway 9 by the baseball/softball fields)

Organized as a community service by the Little Axe Chamber of Commerce and the Little Axe Community Center  
Thanks to Norman Fire Department and Oklahoma Forestry Services



## PHARMACY SERVICES

### Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.

**LITTLE AXE HEALTH CENTER**  
15951 Little Axe Drive  
Norman, OK 73026  
**405.292.9530**

**Lobby:**  
Mon – Fri 8 a.m. to 5 p.m.

**Regular Drive-thru:**  
Mon – Fri 7:30 a.m. to 5:30 p.m.

**Extended Hours Drive-thru\*:**  
Mon – Fri 5:30 p.m. to 9 p.m.  
Sat – Sun 9 a.m. to 5 p.m.  
Holidays 9 a.m. to 5 p.m.

(excluding Thanksgiving & Christmas)  
\*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room visit fills.

**SHAWNEE CLINIC**  
2029 South Gordon Cooper Drive  
Shawnee, OK 74801  
**405.878.5859**

**Regular Hours:**  
Mon – Fri 7 a.m. to 5 p.m.

**Extended Hours\*:**  
Mon – Fri 5 p.m. to 9 p.m.  
Sat 9 a.m. to 5 p.m.  
Closed Sundays & Holidays  
\*Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST member emergency room visit fills.

*Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.*

### 24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Walgreens locations in Shawnee and Norman. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK



ABSENTEE SHAWNEE TRIBAL  
**HEALTH SYSTEM**  
Prevention. Progress. Pride.



WWW.ASTHEALTH.ORG

**Contact information:**  
**Emergency Management Coordinator can be reached at the Tribal Police Department 405-275-3200, cell phone number 405-740-1562, and at this email address: lday@astribe.com**



## EMERGENCY NUMBERS

EMERGENCY ASSISTANCE	911	Police, Fire, Ambulance
HEARTLINE EMERGENCY	211	State of Oklahoma
TRIBAL POLICE	405-275-3200	Absentee Shawnee
TRIBAL EMERGENCY MANAGER	405-740-1562 (Cell)	Absentee Shawnee
SHERIFF	405-273-1727	Pottawatomie County
CITY POLICE	405-273-2121	Shawnee
CITY EMERGENCY MANAGEMENT	405-273-5272	Shawnee
COUNTY HEALTH DEPT.	405-273-2157	Pottawatomie County
SHERIFF	405-701-8888	Cleveland County
CITY POLICE	405-321-1600	Norman
HEALTH DEPT.	405-749-1591	Cleveland County
OG&E	405-272-9595	Report Power Outage
	1-800-522-6870	
CANADIAN VALLEY	405-382-3680	Power Outage
DEPT. OF ENVIRONMENTAL QUALITY	1-800-522-0206	State of Oklahoma
HIGHWAY PATROL	405-425-4385	Road Conditions

## EXTREME INFLATABLE TEAM RELAY

### Heroes & Villians

April 7th, 2018

Little Axe Health Center

Dress like your favorite villains or hero's and get your team registered!

Adult, Youth, Teen or Family Teams!

Bracket style - Single Elimination

Registration closes April 2nd!

Starts at 9:30 am!!



Each team is allowed 1 substitute team member.



Participant 1 name: \_\_\_\_\_ AGE \_\_\_\_\_ Parent/Guardian signature \_\_\_\_\_

Participant 2 name: \_\_\_\_\_ AGE \_\_\_\_\_ Parent/Guardian signature \_\_\_\_\_

Participant 3 name: \_\_\_\_\_ AGE \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_

Participant 4 name: \_\_\_\_\_ AGE: \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_

Substitute name: \_\_\_\_\_ AGE \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_

Phone: \_\_\_\_\_ Team Style: Family Youth Adult Teen For more information contact 701-7993 Contact us immediately if your team needs to drop out.

TEAM NAME: \_\_\_\_\_ I, grant my child, permission to participate in the Absentee Shawnee Extreme Inflatable 3k Relay. In consideration of the acceptance of this entry I waive all claims for myself, and my heirs against the sponsors, co-operating groups and any individuals associated with this event and will hold them harmless for any and all injuries which may result my participation. I hereby give my permission for my participation or my child's participation. I hereby give permission to the event sponsors to use my name and image without limitation or obligation. I certify that those participating are physically fit for this event and understand the risks involved by participating in this event. **Event hosted by MYDNA & Diabetes & Wellness**

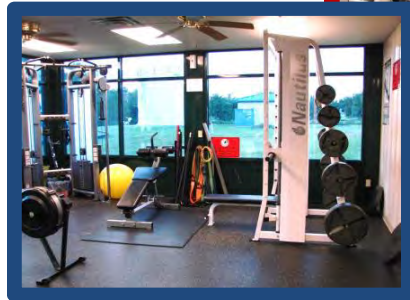
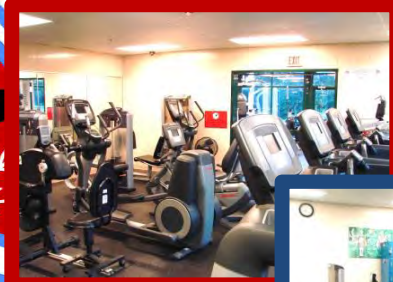
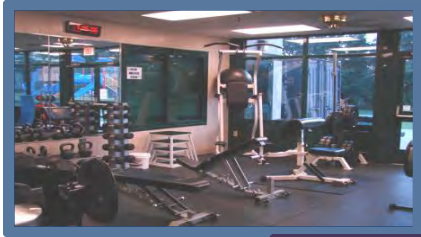


Buster Bread  
Fitness Manager



Chrissy Wiens  
Physical Activities Specialist

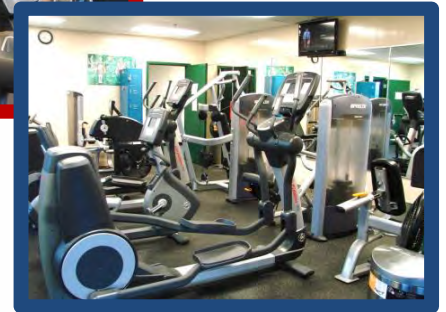
# The Absentee Shawnee Diabetes and Wellness



**Fitness Facility Hours of Operation**

Monday – Friday

6:00 a.m. – 9:00 p.m.

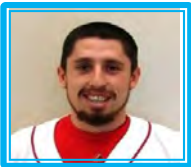


**Fitness Facility Weekend Hours of Operation**

Saturday

9:00 a.m. – 3:00 p.m.

# Fitness Center



Brandon Goodman  
Fitness Technician

The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.



McKenna Watson  
Fitness Technician

## AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:

Monday-Friday 6:00am - 9:00pm

Saturday 9:00am - 3:00pm

Sunday CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at [www.asthealth.org](http://www.asthealth.org) (Then navigate to our Diabetes and Wellness section under the services section.)



# March



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CLASSES</b>	<b>CLASSES</b>	<b>CLASSES</b>	<b>CLASSES</b>	<b>CLASSES</b>
<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Cardio Kickboxing</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center
		<u>Dance Mix Wednesday</u> 12:00 p.m.-12:45 p.m. Chrissy Wiens LITTLE AXE HEALTH FACILITY		
				<u>HIIT Friday</u> 2:30 p.m.-3:15 p.m. Buster Bread LITTLE AXE HEALTH FACILITY
<u>Strength Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		<u>Aerobic Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		

**Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center**

"Dance Mix"- Bring a co-worker, your shoes, and your energy to learn new and FUN dance moves to help improve your fitness level.



"Circuit Training"- A time efficient training system aimed at developing strength through pre-determined training stations.



"HIIT"- High-intensity Interval Training alternates between intense training intervals and brief rest periods to give you an short and effective workout.

"Cardio Kickboxing"- Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.

**Absentee  
Shawnee Fitness**

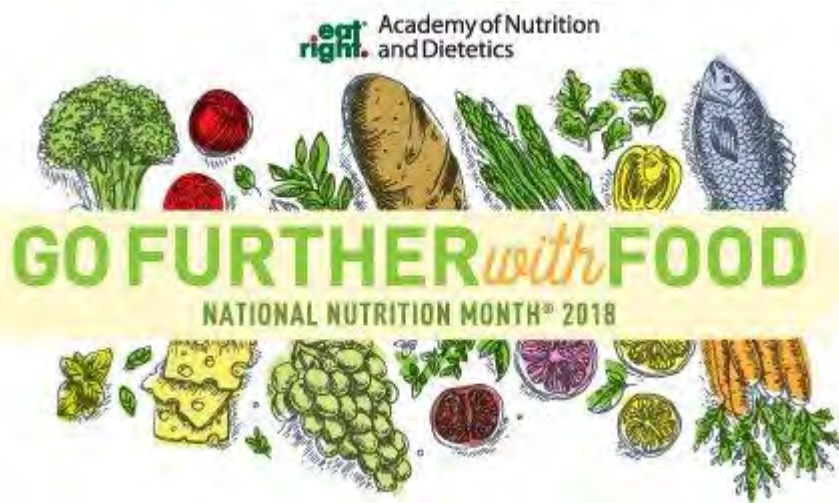
**Diabetes and  
Wellness**

**IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:**

**Give us a call at (405) 598-1279 or (405) 481-0558  
or send us an e-mail to  
stiger@astribe.com**

**ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY  
THE 15<sup>th</sup> OF THE CURRENT MONTH**

***UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON,  
NOT PER BIRTHDAY WISH.***



By: Lisa Harrington, MS, RDN, LD

March is National Nutrition Month (NNM) where we recognize food as the substance by which life is sustained and that the type, quality and amount of food we eat plays a vital role in our overall health, physical well-being and the collective wellness of society. In honor of NNM, I invite you to make this a Mindful Eating March!

In today's society, we are so disconnected from the foods we consume. Many of us no longer grow, harvest, raise or hunt for the foods we eat. We might just think our food simply came from the grocery store or the fast food chain. But food connects us all in a very unique way. Humans must eat to survive; therefore, eating should be reestablished as a sacred effort. In this sense, sacred is not a religious term, but one of a spiritual connection with life and earth. Mindful eating can help us remember how interconnected we are to the foods we eat, the farmers and ranchers, our soil, our culture and our environment.

To start your own Mindful Eating practice, take time to consider the following: What is this food and why did I select it? How will this food nourish my body? How processed is this food? Where did this food come from? How far did this food travel to get to me? What was the cost of the transportation? What was the wage of those harvesting this food? Then, when you begin eating, focus on the taste, texture and pleasure you derive from this food as well as the amount required by your body.

Reflection on these thoughts and feelings will lead to a greater understanding that eating is not just about relieving our hunger or calming our emotions. We are connected to a greater whole through the foods we eat and what we choose to eat can have great impact on ourselves and others. Mindful eating encourages us to recognize that each food item we eat is a precious gift. In developing gratitude for this gift, we are invited into a more meaningful relationship with food, life and earth.

NATIONAL NUTRITION MONTH®, MARCH 2018



If you  
eat well,  
you can  
be well.

**March is the month to think about what you eat.** How much you eat. How it affects your health, lifestyle and daily activities. Suggestions are: include a variety of healthful foods from all food groups on a regular basis. Consider the foods you have on hand before buying more at the store. Be mindful of portion sizes. Eat and drink the amount that's right for you. Be physically active most days of the week. **At AST Health System, we know these aren't easy changes to make. Which is why we offer healthy cooking demonstrations, diabetes clinics, consultations with dieticians and comprehensive care for you.**



ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.

THREE LOCATIONS TO SERVE YOU:

**LITTLE AXE HEALTH CENTER**

15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

**SHAWNEE CLINIC** (Regular & Same-day Clinics)

2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850 • 1.877.878.4702 (Toll-free)

**PLUSCARE CLINIC** (Same-day Clinic)

15702 East State Highway 9  
Norman, OK 73026  
405.447.0477

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**AAAHC**  
ACCREDITATION ASSOCIATION  
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WWW.ASTHEALTH.ORG



# KNOWLEDGE is the best protection

## 2018 Senior Fraud Conference

From your mailbox to your computer, crooks have new ways to scam you.

We'll teach you how to protect yourself at these FREE events.

**8:30 a.m. to 12:15 p.m.**

Breakfast begins at 8:00 a.m.

### TOPICS INCLUDE:

Medicare Fraud, Insurance Fraud, Investment Fraud and Banking Fraud.

**New this year!** Attendees registering as public can enter our raffle to win a paper shredder. *There will be two shredders given away at each event.*

#### ARDMORE - MARCH 13

Ardmore Convention Center  
2401 N. Rockford Rd.  
Salons D & E  
Ardmore, OK 73401

#### TULSA - APRIL 10

Marriott Tulsa Hotel  
Southern Hills  
1902 E. 71st St.  
Council Oak Ballroom A-C  
Tulsa, OK 74136

#### NORMAN - APRIL 26

Embassy Suites Norman  
2501 Conference Dr.  
Norman, OK 73069

#### OKLAHOMA CITY - MARCH 28

The Tower Hotel  
3233 Northwest Expressway  
Oklahoma City, OK 73112

#### PONCA CITY - APRIL 19

Carolyn Renfro Event Center  
445 Fairview Ave.  
Ponca City, OK 74601

#### BROKEN ARROW - MAY 1

Stoney Creek Hotel  
200 W. Albany St.  
Stone Room  
Broken Arrow, OK 74012

#### WOODWARD - APRIL 3

Woodward Conference Center  
3401 Centennial Lane  
Exhibit Hall A  
Woodward, OK 73801

#### LAWTON - APRIL 25

Cameron University  
McMahon Centennial Complex  
McCasland Ballroom A&B  
501 S.W. University Dr.  
Lawton, OK 73505

Register online at [map.oid.ok.gov](http://map.oid.ok.gov) or by calling 1-800-763-2828.

Insurance professionals can earn four hours of Continuing Education (CE) credit for \$31.

Online payment must be made in advance.



These events are funded, in part, by the Administration on Community Living's Senior Medicare Patrol grant.

**Vote For**



Atheda W. Fletcher, Tribal Representative

## Greetings Absentee Shawnee Tribal Members!

Voting is one of the most important responsibilities we have as a Tribal Member. It is our chance to select leaders who understand the issues and can grow our tribal assets and protect our culture and traditions.

I believe that many of you know me, but some of you may not. I offer the following brief summary of my lineage. My mother's name is Martha Ellis Edwards, an Absentee Shawnee Tribal Member. She was the daughter of Sargent Ellis and Anna Bullfrog. My sibling brothers are Lee, Glen and John Edwards. My sisters are Charlene, Gilreath and Cheryl. My brothers were active in Tribal Government and contributed in many ways to the growth and success of our tribe. My father is John Edwards who is not of the Shawnees.

I was born, raised and educated in Oklahoma; I have been a member of the Absentee Shawnee Tribe my entire life; and I am very proud of these facts. My mother and father believed in Indian traditions. Sally Tyner, the oldest tribal member at the time of my birth, gave me my Indian name just as she did for all of my siblings. My father was a leader at many stomp dances, and was asked to lead because he had a strong and melodic voice that the people loved to hear. My mother was always a shell shaker behind my father. My mother and father honored tribal traditional, but realized that their children needed the ability to navigate both worlds; therefore, we were encouraged to seek higher education and training.

My hope is that I can share the knowledge that I have gained through education and through my professional career in the private sector. If elected, I strongly believe that I can help our tribe in many areas and contribute to the success of our tribe.

I have tossed my hat into the ring to run for Tribal Representative. I do this in hopes that you, the People, will vote for me so that I can "make a difference" within our Tribal Government. I hope to visit many of you personally in the upcoming months prior to Election Day.

Until next time,

*Atheda W. Fletcher*

# Care on your schedule, that's the Plus.



AN AFTER HOURS ACUTE CARE FACILITY

### HOURS OF OPERATION:

9 a.m.-9 p.m. Monday – Friday  
9 a.m.-5 p.m. Saturday – Sunday  
9 a.m.-5 p.m. Holidays  
(except Thanksgiving & Christmas)

PlusCare will be closed the first Wednesday of the month from noon-5 p.m.

First appointment – 9 a.m.

Last appointment – 8:30 p.m. Monday – Friday

Last appointment – 4:30 p.m. Saturday, Sunday & Holidays

Minor illnesses and injuries – an earache, a sprain, the flu – can sneak up on you. That's why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we're dedicated to providing high-quality, clinic-based health care to members of our community. **On evenings. On weekends. This is all for you.**



## PLUSCARE

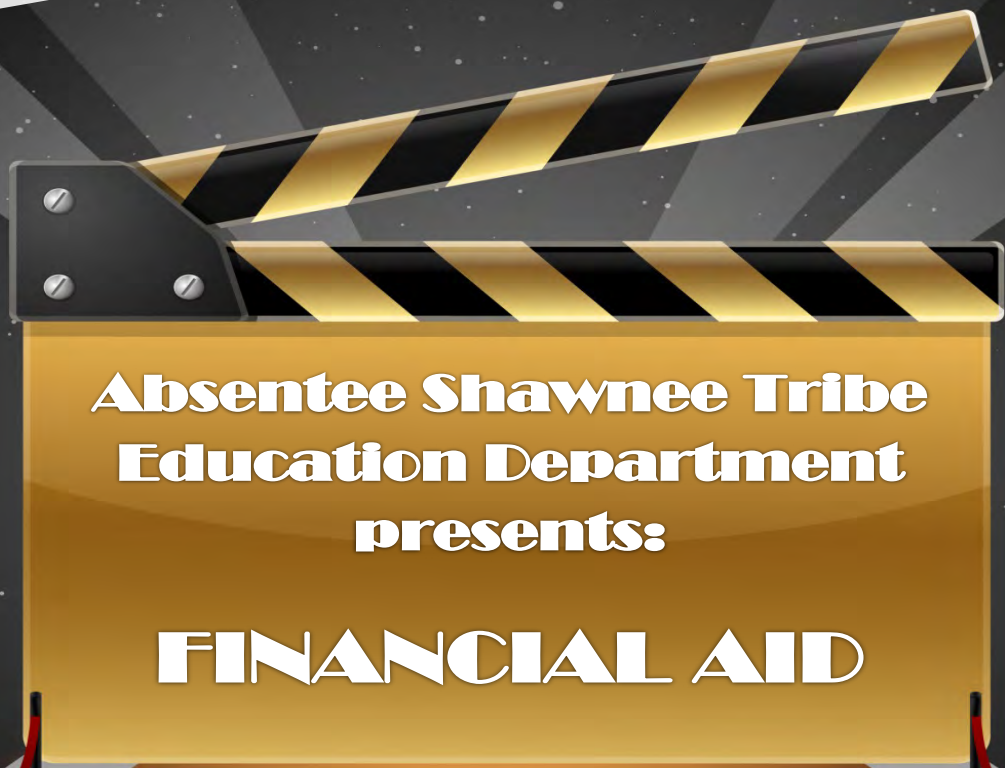
LI-SI-WI-NWI HEALTH, INC.

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15702 East State Highway 9 • Norman, OK 73026  
Phone: 405.447.0477 Fax: 405.366.8996

WWW.ASTHEALTH.ORG



**Absentee Shawnee Tribe  
Education Department  
presents:  
FINANCIAL AID**

Come and join us to hear about Financial Aid  
from staff at the  
Oklahoma College Assistance Program

**Refreshments will be served.**

**When:** Monday, March 26, 2018  
6 pm to 7 pm

**Where:** Little Axe Resource Center  
1970 156<sup>th</sup> Avenue NE  
Norman, OK 73026

**For more information:**  
Tresha Spoon  
Director of Education  
405.275.4030 Ext. 6242  
tresham@astribe.com

# ABSENTEE SHAWNEE TRIBAL MEMBERS

## APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A) (A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

### ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

### REQUIRED DOCUMENTATION:

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: [www.astribe.com](http://www.astribe.com)

**HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE  
SUBMITTING TO SOCIAL SERVICES**

## **ATTENTION TRIBAL MEMBERS!!!**

When mailing in your application for any assistance through the Social Service Department, Please DO NOT send original CDIB, Drivers License and Social Security cards. Please attach copies of your ID's only; if you are in the office copies will be made. Absentee Shawnee Tribe is not responsible for lost ID's in the mail. If you have any questions, please call (405) 275-4030, ext. 6225 or 6255.



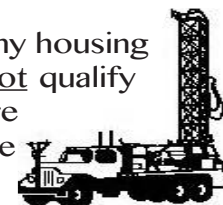
### **THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)**

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at [www.astribe.com](http://www.astribe.com) and at the OEH&E building.





Tribal Members,

This article is an outline of the Procedure that my office will follow to provide assistance in the Tribal Program that was only created a few years ago concerning Emergency/Assistance Home Repairs. Please understand that this program DOES NOT have unlimited funding. The budget amount is appropriated every year, and that amount is based upon revenue generated that is used for our General Fund Budget. We are not allowed to use Grant, Indirect Cost, BIA or HIS monies for this program.

## Emergency/Assistance Home Repairs

To request assistance:

1. You must physically live in the residence that is needing repairs.
2. Fill out a request form at Mary Billy's office, Building 1, Second Floor, Office #201.
3. Call Mary Billy, (405) 275-4030 ext. 6267. If she's not available, you can call Reta Harjo, ext. 6249. Your call will be entered into a phone log of time and date you called. Notes will be made of the type of assistance you are requesting.

**Information needed:** All information taken will be put into a file created for each individual Tribal Member and all information will be kept confidential.

1. Name
2. Address
3. Phone Number
4. CDIB #
5. Copy of Deed to home with Tribal Members name on it who is requesting assistance.

### This program cannot and will not work on:

1. AST Housing Authority homes – call 273-1050 to inquire about any possible assistance if living in one of their homes that hasn't been paid off.
2. Rental homes – contact the person/company you are renting from for any necessary repairs.
3. Homes that are in the process of being bought.
4. Homes with multiple heirs – a Residential Lease/Agreement signed by a majority of heirs listed must be provided in order to use this program.

You will be asked if you live in any type of these homes.

**Medical/Handicap requests:** Any request made under this category will need the following

1. A formal letter written from your Primary Healthcare Provider requesting the specific type of assistance needed for the individual.
2. Letter written on Health Care facility letterhead.
3. Signed and dated by Healthcare Provider.

A work order will be submitted for each request into our newly installed electronic system.

An assessment will be made to determine whether the repairs should be made by the Homeowner, or if the program can be utilized, then the assessment will determine whether the repairs can be made by our staff or by contractor.

This program's objective is to help with unpredicted repairs. It shouldn't be thought of as a means for maintenance on your home. Please do not depend nor expect this Tribal program to provide you, the Homeowner, with any and all types of repair assistance. Our attempt is to reach out to as many Tribal members as possible with a limited amount of funding and resources.

MARCH 2018 MARZO  
www.infantcrisis.org/babymobile  
405-528-3663



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
			1 El Reno Health Dept. 100 S Rock Island El Reno, 73036 10am - 2pm	2
			Norman CCHD 250 12th Ave. NE Norman 73071 11am - 2pm	Community Market 120 S Center St. Shawnee 74801 10 - 2pm
5 Capitol Hill High School 500 SW 36th St. OKC 73109 10am - 1pm	6 NSO WIC 3530 N MacArthur OKC 73122 11am - 3pm	7 Norman COCAA 1155 E Main Norman 73071 11am - 2pm	8 NorthCare 2617 General Pershing OKC 73107 10am - 2pm	9
		Mustang Library 1201 N Mustang Rd. Mustang 73064 10am - 2pm	Logan Health Dept. 215 Fairgrounds Guthrie 73044 10am - 2pm	
12 Jim Thorpe Academy 1111 N Kennedy Ave. #B Shawnee 74801 11am - 3pm	13 Variety Care Straka 1025 Strata Terr. OKC 73139 10am - 2pm	14 WCD WIC OKC 7001 S Western OKC 73139 10am - 2pm	15	16
	OKC Indian Clinic 5208 W Reno OKC 73127 12pm - 4pm		Norman CCHD 250 12th Ave. NE Norman 73071 11am - 2pm	Seminole COCAA 315 E Broadway Ave Seminole, OK 74868 10am - 2pm
19 Variety Care Lafayette 500 SW 44th OKC 73109 10am - 2pm	20 NSO WIC 3530 N MacArthur OKC 73122 11am - 3pm	21 Skyline Urban Ministry 500 SE 15th St OKC 73129 10am - 2pm	22	23 DHS 55B - Midwest City 9901 SE 29th St. OKC 73130 10am - 2pm
	Lincoln Health Dept. 101 Meadow Ln, Chandler 74834 10am - 2pm			Yukon Integris Hospital 1201 Health Center Pkwy. Yukon 73099 10am - 2pm
26 Variety Care Portland 5320 N Portland OKC 73112 1pm - 3pm	27	28 Educare 500 SE Grand Blvd OKC 73129 2pm - 4pm	29 CLOSED	30 CLOSED
Variety Care Straka 1025 Strata Terr. OKC 73139 10am - 2pm	Moore CCHD 424 S Eastern Moore 73160 10am - 2pm	Prague COCAA 820 Jim Thorpe Blvd. Prague 74864 10am - 2pm	CERRADO	CERRADO

## FY-2018 YTD TAX COLLECTIONS (through 01/31/2018)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$6,955.22	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$6,955.22	3.10%
Gaming % of free cash	\$150,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$150,000.00	66.78%
Employee (1%)	\$11,386.59	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$11,386.59	5.07%
Severance (8%)	\$4,549.73	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$4,549.73	2.03%
Motor Vehicle	\$11,963.40	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$11,963.40	5.33%
Motor Fuel Taxes (Qtrly.)	\$35,258.38	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$35,258.38	15.70%
Tobacco Refund	\$4,367.11	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$4,367.11	1.94%
<b>TOTAL TAXES</b>	<b>\$224,480.43</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$224,480.43</b>	
Miscellaneous	\$122.50	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$122.50	0.05%
<b>TOTAL COLLECTIONS</b>	<b>\$224,602.93</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$224,602.93</b>	<b>100%</b>

### ABSENTEE SHAWNEE TRIBE TAX COMMISSION

2025 S. Gordon Cooper Drive  
Shawnee, OK 74801  
(405) 275-4030 • Fax: (405) 214-4225

#### NEW REGISTRATIONS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

**\*TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS\***

*Note: You may be asked to provide supporting documentation for verification purposes.*

#### RENEWALS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

**\*ANYONE MAY COME RENEW THE VEHICLE AS LONG AS THEY HAVE THE ABOVE LISTED DOCUMENTS FOR THE TRIBAL MEMBER\***

#### TAG PRICES

1-4 YEARS	\$85
5-8 YEARS	\$75
9-12 YEARS	\$55
13-16 YEARS	\$35
17- OVER YEARS	\$15

#### PENALTY

\$0.25 A DAY

### WOMEN'S HEALTH SERVICES

# There is a welcoming place for women.



Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don't take care of you? **Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations** are beyond important. They make you healthier. Better. More able to do the hard work that women do.

**LITTLE AXE HEALTH CENTER**  
15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

**SHAWNEE CLINIC**  
2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850 • 1.877.878.4702 (Toll-free)



ABSENTEE SHAWNEE TRIBAL

## HEALTH SYSTEM

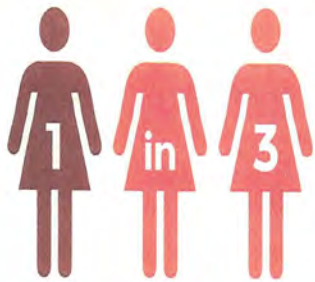
Prevention. Progress. Pride.

Accredited by



## TEEN DATING VIOLENCE

Who  
Where  
Why  
What



### WHO ARE WE TALKING ABOUT?

**1 in 3 girls in the US** is a victim of physical, emotional or verbal abuse from a dating partner.

Davis, A. September 2008. *Interpersonal and Physical Dating Violence Among Teens. The National Council on Crime and Delinquency Focus, 2.*

### WHERE IS IT HAPPENING?

Geographically teen dating violence can happen **anywhere**.



### WHY IT MATTERS

**MORE THAN 1 in 2** American Indian/Alaska native women

... have experienced physical violence by intimate partners in their lifetime.\*

### Violence unchecked can lead to homicide.

Over half of all female homicides (55.3%) for which circumstances were known were related to intimate partner violence.\*\*

#### RELATED TO INTIMATE PARTNER VIOLENCE



36.3% of American Indian/Alaska Native women who have died by homicide are in the age group of 18-29.\*\*

#### WOMEN IN AGE GROUP 18-29



\*Rozay, A. May 2016. *Violence Against American Indian and Alaska Native Women and Men. 2010 Findings from the National Intimate Partner and Sexual Violence Survey. 21*

\*\*Petrovsky E, Blair J.M, Betz C.J., Fowler K.A., Jack S.P., Lyons B.H. July 21, 2017. *Racial and Ethnic Differences in Homicides of Adult Women and the Role of Intimate Partner Violence - United States, 2003 - 2014. MMWR Morb Mortal Wkly Rep 2017; 66:741. DOI: http://dx.doi.org/10.15585/mmwr.mm6622a1*

### WHAT CAN WE DO ABOUT IT?

- Support tribal and non-tribal domestic violence/sexual assault programs. These programs offer educational trainings as well as crisis services.
- Teach and model safe and healthy relationship skills.
- Identify and prevent toxic behaviors.
- Speak out against violence.
- Support victims of violence and let them know resources are available for them.
- Hold abusers accountable for their crimes.



### Who are the children in need?

- Native American children in custody of tribe or state.
  - Native American children ages 0-17.
  - Native American children in sibling groups.
- Native American children with special, physical, or emotional needs.
  - Native American children mixed with another ethnicity.

### TRIBAL FOSTER CARE HOMES ARE NEEDED FOR OUR TRIBAL CHILDREN

### WILL YOU OPEN YOUR HOME TO A CHILD IN NEED?

**IF YOU ARE INTERESTED IN BECOMING A FOSTER CARE HOME PLEASE CONTACT: JULIE WILSON 275-4030 EXT. 6376**

## ABSENTEE SHAWEE TRIBE OF OKLAHOMA DOMESTIC VIOLENCE DEPARTMENT

### Domestic Violence and Sexual Assault Advocacy

The AST Domestic Violence/Sexual Assault Programs are on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to survivors at hospitals, police stations and throughout the legal system. The programs also serve as a resource center to the community by offering educational information and referrals.

### Transitional Housing

The AST DV Transitional Housing Program serves victims of Domestic Violence/Sexual Assault. Participants have up to six months to obtain education and job skills needed to begin a new life.

### Court Advocacy

Assists survivors with domestic violence court related costs (when funding is available) and appearances as well as filing for emergency protective orders (EPO) or restraining orders.

### Shelter Placement Assistance

The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

### Housing and Utility Assistance

Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

### Referral Assistance

Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

### Community Outreach

The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and Non-Tribal communities.

**For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 273-2888.**

February was Teen Dating Violence Awareness Month, if you have any questions please contact the Absentee Shawnee Tribe's Domestic Violence Department at (405) 273-2888

Absentee Shawnee Tribe  
Behavioral Health Services



WHITE BISON, Inc.  
A Cultural Approach to Personal Recovery  
Substance Abuse

# Wellbriety Group Meetings

Facilitator: John Soap, LPC

Every Thursday 5:30pm-6:30pm

Shawnee Multipurpose Building  
(east of the Shawnee Clinic, Bldg. 16)

For further information, contact:

Shawnee Behavioral Health Services: John 405-878-4716  
Little Axe Behavioral Health Services: Dara 405-701-7987

***Honoring Our Past  
With Promise for  
Our Future***

**LIFE is Beautiful  
Living Meth Free**



**National Suicide  
Prevention**

**1-800-273-8255  
(TALK)**



Absentee Shawnee  
Health Systems  
Shawnee & Little Axe

# A.L.I.C.E.

ALERT LOCKDOWN INFORM COUNTER EVACUATE



A STRATEGY TO RESPOND TO ACTIVE SHOOTERS

## ALERT

Be aware of your surroundings and look for out of the ordinary persons.

## LOCKDOWN

Locking doors may not be enough, learn ways to barricade where you are to keep the attacker out.

## INFORM

Call 911 when it is safe to do so but also tell others of what is happening. You may have to work as a team to buy time before the police arrive.

## COUNTER

As a last resort, if face to face with an attacker, then violence should be employed to disrupt their goals. Use force of numbers to your advantage.

## EVACUATE

Primary focus is to evacuate the danger area, just like a fire, do not wait for the police.



## MARCH 6<sup>TH</sup>, 2018, 2PM – 4PM

### ABSENTEE SHAWNEE TRIBE MULTI-PURPOSE BUILDING

### 2029 South Gordon Cooper Drive, Shawnee, OK

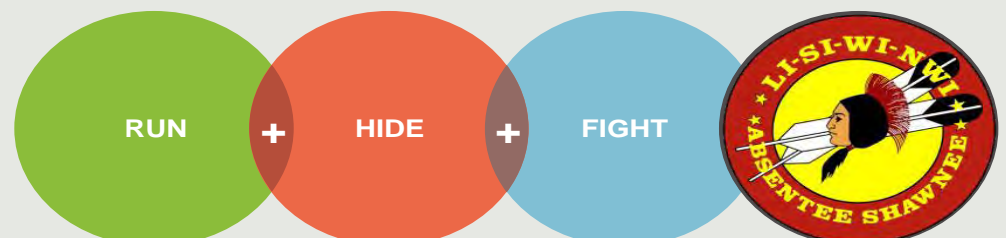
Class Presenter:  
Sergeant Steve Leader  
Shawnee Police Department

The A.L.I.C.E. program, while designed for schools, coincides with the Department of Homeland Security model of Run, Hide, Fight. This training is free and open to all employees of the Absentee Shawnee Tribe. All employees are encouraged to attend.



*ALICE is a set of proactive, options-based strategies that increase your chances of survival during a violent intruder or Active Shooter event. This course is designed to teach skills and strategies that bridge the gap between the times a violent event begins and law enforcement arrives.*

2025 S. Gordon Cooper Drive  
Shawnee, OK 74801  
405.275.4030  
www.atribe.com



**Absentee Shawnee Tribe of Oklahoma  
Maintenance Department  
2025 S. Gordon Cooper Drive  
Shawnee, Oklahoma 74801  
(405) 275-4030**

Grass Mowing Application

The following are the requirements for this program:

1. Must be an Absentee Shawnee Tribal Member
2. Must be 55 years or older
3. Handicap/Disabled
4. Must provide proof of residency
5. All trash, branches, debris must be cleaned out of yard

The Absentee Shawnee Tribe Maintenance Department will **ONLY** mow and weeds eat applicant's lawn. Maintenance will mow every two (2) weeks. Also, the maintenance workers will not trim trees, shrubs, etc. **NO RENTAL PROPERTY** will be mowed.

If you have any questions, please contact Reta Harjo at (405) 275-4030 ext. 6249

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

CDIB #: \_\_\_\_\_ DOB: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ MESS. PHONE: \_\_\_\_\_

**Finding directions to home:**

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# Absentee Shawnee Housing Authority

## 2018 PROGRAMS

- Low Rent Housing
- Lease to Own Housing
- \$5,000 Down Payment & Closing Assistance – AST Members Only
- College Housing Rental Assistance
- Over Income Lease to Own Housing
- Over Income Rental Housing

**PROGRAMS ARE DEPENDANT ON FUNDING AVAILABILITY**

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.

WEBSITE: [WWW.ASHOUSINGAUTHORITY.COM](http://WWW.ASHOUSINGAUTHORITY.COM)

### *A Little Note from The Tag Office*

*Did You Know.....*

*Any name changes that may occur*

*(i.e. marriage, divorce, etc.) need to be updated*

*through enrollment, BEFORE any new*

*registrations or renewals can be processed.*

Let your  
voice  
be heard.



Ne-Hi-Ki-Wa-Sa-Pa. *We listen.*

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. **Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.** Complete a Patient Questionnaire in one of our clinics or online.

*Together, we will fulfill our mission.*

**LITTLE AXE HEALTH CENTER**  
15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

**SHAWNEE CLINIC**  
2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850

**PLUSCARE CLINIC**  
15702 East State Highway 9  
Norman, OK 73026  
405.447.0477



ABSENTEE SHAWNEE TRIBAL  
**HEALTH SYSTEM**  
Prevention. Progress. Pride.

WWW.ASHEALTH.ORG

**Absentee Shawnee Tribe - Shawnee Department Extensions (405) 275-4030**

Gov. Governor Edwina Butler-Wolfe.....	6308	<b>SOCIAL SERVICES</b>	Jennifer Crenshaw.....	6228
Gov. Glenna Jones.....	6307		Annie Wilson (Director).....	6225
.....	6263		<b>TAX COMMISSION/TAG</b>	
Lt. Gov. Lt. Governor John R. Johnson.....	6289		Alicia Engler.....	6257
.....	6309		Connor Edwards.....	6237
Lt. Gov. Mary Billy.....	6267		Shelby White.....	6258
Lt. Gov. Scott Miller (BIA Spec.).....	6325		<b>TITLE VI</b>	
Secretary Secretary Ezra Delodge.....	6284		Thomasine (Doss) Owings (Dir.).....	6227
.....	6275		Johnnie Mae Betteljohn.....	6272
Secretary Alivina Barnes.....	6306		Donna Butler.....	6270
.....	6306		Robert Schoofield.....	6270
Treas. Treasurer Leah Bender.....	6239		Ted Watson.....	6270
Rep. Rep. Anthony Johnson.....	6287	<b>OTHER EXTENSIONS</b>	Bldg. 1 Conference Room.....	6294
<b>RECEPTIONIST</b>			Bldg. 1 Break Room.....	6305
Lea Betteljohn.....	4030		Gov. Bldg 2 Conference Room.....	6330
<b>CULT. PRES./GIFT SHOP</b>			Fam. Services Conference Room.....	6311
Mery Rodriguez (Gift Shop).....	6310		Finance Conference Room.....	6236
Devon Frazier (Library).....	6243	<b>OTHER ENTITIES &amp; TOLL FREE</b>	All Nations Bank.....	273-0202
Ashley Brokeshoulder.....	6312		ASEDA.....	878-6782
Erin Thompson.....	6340		Toll Free.....	1-800-256-3341
Kyra Underwood.....	6238		Brendle Corner.....	447-3372
Suhaila Newport.....	6245		Building Blocks.....	878-0633
Lea Bender.....	6323		(Elizabeth Crawford, Briana Ponkilla)	
<b>DOMESTIC VIOLENCE/FAMILY SERVICES</b>			Building Blocks II LA.....	360-2710
Melissa Lopez.....	6333		(Billie Thompson)	
Lacey Carey.....	6315		Housing.....	273-1050
Lindsay Hernandez.....	6226		Human Resources.....	275-1468
Taylor Wills.....	6293		Indian Child Welfare.....	878-4702
Domestic Violence Advocate.....	6224		Media.....	598-1279
Sexual Assault Advocate.....	6298		(Sherman Tiger, Sara Jackson)	
.....	6277		OEHOEP.....	214-4235
.....	6326		Police Department.....	275-3200 / 275-3432
<b>EDUCATION</b>			Thunderbird Casino NRM.....	360-9270
Tresha Spoon.....	6242		Shawnee Casino.....	273-2679
<b>ELECTION COMMISSION</b>			Tribal Store (Little Axe).....	364-0668
Emily Longman.....	6271		<b>LITTLE AXE CLINIC</b>	
<b>ENROLLMENT</b>			Clinic-Medical.....	447-0300
Carly Dyer.....	6292		After Hours.....	447-0498
Kimberly Creek.....	6288		Clinic - Dental.....	307-9704
<b>HORSE SHOE BEND</b>			Diabetes.....	360-0698
(After School Program Director)			Pharmacy.....	292-9530
Edwina Butler-Wolfe.....	6308		Resource Center.....	364-7298
<b>FINANCE</b>			(Cherry Wiens, Buster Bread, Blake Goodman)	
Holly Davis.....	6265		<b>SHAWNEE CLINIC</b>	
Twyla Blanchard.....	6233		Clinic (Bldg. 17).....	878-5850
			Pharmacy.....	878-5859
			Toll Free.....	1-866-742-4977



ABSENTEE SHAWNEE TRIBE  
OF INDIANS OF OKLAHOMA  
2025 S. GORDON COOPER DR.  
SHAWNEE, OK 74801

PRESORTED STANDARD  
US POSTAGE  
**PAID**  
SPRINGFIELD, MO  
PERMIT 96

RETURN SERVICE  
REQUESTED

**Volume 29 No. 03, March 2018**

Corrections? E-Mail to [phonelist@astribe.com](mailto:phonelist@astribe.com)