

THE ABSENTEE SHAWNEE NEWS

May 2013

Vol. 27 No. 17

Inside This Issue...

Pages 2-6
Executive Committee
Reports

Page 9
Horse Shoe Bend

Page 10
Golf Scramble Photos

Page 12-13
Candidacy Letters

Page 15
Mother's Day Wishes

Page 16-17
May Birthdays

Page 18
Veterans Association

Page 19
Title VI Menu

Page 20
TERO

Page 23
Indian Child Welfare

Page 25
The Music Within You

Page 27
AST Health

Page 29
Election Results &
Absentee Ballot
Form

Page 30
Reed Candidacy
Letter

General Council Meeting Pictures



Executive Committee



GEORGE BLANCHARD
GOVERNOR



ISSAC GIBSON
LT. GOVERNOR



TERI REED
SECRETARY



KATHY DEERE
TREASURER



JEFFREY GIBSON
REPRESENTATIVE

Governor's Report

Greetings Relatives and Friends,

Attendance at the 71st Semi-annual General Council was a good sign that interest in Tribal Governance is good. I view this interest as something we can keep in front of us as we plan for the future.

We hear that there needs by the spoken comments during the question/answer period that we will address. I know that the Executive Committee has heard you and will strive to resolve these issues as we move ahead as a Tribe. We need to come together as one group, and not divide ourselves as it often happens.

Please be well, take care of your family and loved ones. Visit with me when you can.

Respectfully,

George Blanchard, Governor.



THUNDERBIRD CASINO

POW WOW

JULY 4-5-6, 2013

Little Axe, OK

MC: SAMMY "TONE-KEI" WHITE
HEAD MAN DANCER: WOLFY LEITKA
HEAD LADY DANCER: LESLIE REALRIDER
HEAD SINGER: FOREST WALKER
HEAD GOURD DANCER: ADAM PROCTOR
ARENA DIRECTOR: SAM HOWELL
ABSENTEE SHAWNEE COLOR GUARD
SUPPER EVERY EVENING @ 5PM

ARTS AND CRAFT VENDORS WELCOME
CALL: LEONARD LONGHORN 405-481-0674 or
SUE BLANCHARD 405-312-4621

All contestants must be in full regalia and number in full display during Grand Entry each night and dance July 4th during inter-tribal dancing. All decisions made by the powwow committee are final.

NOT RESPONSIBLE FOR ACCIDENTS, INJURIES AND LOSSES --DRUGS, ALCOHOL ARE PROHIBITED

PROCLAMATION

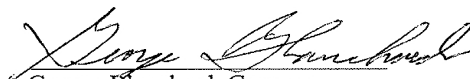
- WHEREAS,** the Absentee Shawnee Tribe of Oklahoma is a sovereign nation and as such seeks to protect the rights, welfare and safety of its citizens; and children; and
- WHEREAS,** American Indian citizens have the highest rate of victimization of Sexual Assault compared to any other racial group; and
- WHEREAS,** Sexual Assault is a complex and ongoing problem within our Nation and Society, affecting Absentee Shawnee families; and
- WHEREAS,** every Absentee Shawnee woman or man is entitled to be loved, respected, to feel secure, and to be free from verbal, sexual, emotional, and physical abuse; and
- WHEREAS,** the Absentee Shawnee Tribe has dedicated individuals and organizations who work daily to counter the problem of Sexual Assault in not only our tribal communities but other communities other than ours;

Now, Therefore, I, George Blanchard, Governor of the Absentee Shawnee Tribe of Oklahoma, do hereby proclaim April 2013 as

"Sexual Assault Awareness Month"

Within the Absentee Shawnee Tribe and urge all Absentee Shawnee Citizens and Employees of the tribe to unite in the fight and awareness against Sexual Assault.

In Witness Wherefore, I have here unto set my hand and caused to be affixed the Great Seal of the Absentee Shawnee Tribe of Oklahoma to be affixed this 17th day of April, Two Thousand Thirteen.


 George Blanchard, Governor
 Absentee Shawnee Tribe of Oklahoma

Lt. Governor's

Report -

May 2013 I hope this article finds all of you in good health and spirits. Spring is finally here, nice weather. It is time for gardening and yard mowing. Which reminds me that if you need lawn mowing assistance and meet the criteria please contact Reta Harjo @ 275-4030, Ext. 128 and if you would like a garden plowed Mary Billy is keeping the list of people who are doing gardens; Mary can be reached at 275-4030, Ext. 146. The Executive Committee has been conducting monthly department head meetings for a long time; I decided to have intra-departmental staff meetings on a bi-monthly basis. We had our second staff meeting Tuesday morning. I think this is a good thing; we all become familiar with what each department is doing. It is a helpful tool for planning, time management and communications. The staff seems less reluctant to speak as people tend to be, when in a larger group. We are still requesting equipment from the GSA and continue to be provided with nice and useful equipment. At a later date we will provide you with an inventory of what the tribe has received. On April 12, 2013 we conducted an inspection on the parking lot at the Harrah Smokeshop. The inspection went well. The Bureau of Indian Affairs was unable to attend; however, we spoke with them via telephone and e-mail. The Southern Plains Regional Transportation Office complimented the Tribe on a good job. Earlier on, we asked that you complete a questionnaire regarding a transit program for the Tribe. Many of you completed and returned the forms; others completed the form at General Council. We are printing a blank form in this issue of the Tribal News Paper and asking, if you have not completed the form yet, if you would please complete and return the form to the Absentee Shawnee Tribe, 2025 S. Gordon Cooper, Shawnee, OK 74801, Attention: Mike Wood, Transit Program. Thank you for taking the time to provide the information to us. I hate to report that we still have not heard from the Interior Board of Indian Appeals on the Probate cases or Tribe with jurisdiction issue. It's the same case but is being called by different names. Hopefully we will hear something soon. We have been told that IBIA does not have a time limit for handing down decisions. It has been favorable for us up to this point. We are thinking positive.

Respectfully,
Isaac Gibson, Lt. Governor

Secretary's

Report -

Greeting Tribal Members:

This year is shaping up to be a great year for our tribe in moving forward. We have a number of projects moving forward including

the Grand Opening of the new Harrah Smoke Shop, the demolition of Tecumseh Square, improvements to Horse Shoe Bend, ground breaking on the new day care center in Little Axe, more improvements to Thunderbird Casino in Norman, and several other projects. All of the Executive Committee members are working hard to make this year productive and profitable for our tribe.

HARRAH SMOKE SHOP



The Harrah Smoke Shop is located at 19857 NE 23rd in Harrah Oklahoma. The Grand Re-Opening of this location took place this past month. I thought it would be interesting to take a look back at how tragedy turned into triumph for our tribe in 2013.



The original Harrah Smoke Shop building was approximately 2,400 square feet and was built in 1978. This property was purchased by the tribe in 1992 and was subsequently used as a smoke shop. In 19 years of service, very little was done to update or maintain the building. The drive through area was in a state of disrepair and was unusable.

The Harrah Smoke Shop burned to the ground in 2011 due to some wild fires that moved through the area. The community stood behind us, many of our customers remained loyal, and all 4 of our employees remained with us. Though devastated at the loss of the

building, they remained optimistic that we would re-open.

Former Tribal Secretary Michele Lopez did a great job with the help of the tribe and the insurance company in getting the business up and running again in a small portable building (480 SF). We experienced very little down time, but sales drastically decreased after the building burned down.



The Grand Opening for the new building took place in March 2013. The new building is 2400 square feet and is divided for two businesses. The Smoke Shop is located on the east side and includes a drive through window. The west half the building is a lease space. With the help of the Lt. Governor's office, the BIA Roads program was utilized to complete the parking lot.



Pictured are employees of the Tribe, and members of the Executive Committee, including (L-R) Treasurer Deere, Governor Blanchard, Representative Gibson, and Secretary Reed (Lt. Governor Gibson not shown). Smoke Shop Manager Debbie Flurry and General Manager Paul McIntire are holding the ribbon.

Previously, the market value of the building was less than \$100,000. The building belongs to the tribe, not the Smoke Shop business and I was charged with overseeing the rebuilding project for the tribe. The new building was financed by a combination of insurance money, Smoke Shop profits, a small capital infusion from the tribe, and the use of BIA Roads Funds. There is no loan on the building and the market value of the property is expected to exceed \$500,000. It was important that we completed this project without signing away our profits to investors or acquiring a loan that would eat away our profits. The building is a great asset for our tribe and the improvement will result in increased revenue for the business. It is expected that sales will increase by at least 30% now that the new building is open. This

is an example of our tribe turning tragedy into triumph. I want to thank the members of the Executive Committee for their support and the numerous people who were involved in the planning, design, and execution of the plan. I am very proud of what we accomplished.

BUSINESS ENTERPRISE UPDATE

Some big changes are planned for the Convenience Store and Restaurant in 2013. We've cleared out an area at the back of the store and have plans to install a small gaming venue. This will work in partnership with Thunderbird Casino, and will work much like travel stop-gaming casinos run by many tribes across Oklahoma. The initial plan calls for 30-50 machines to be in place before fall. The parking lot to the west of the store will be enlarged and resurfaced to accommodate the increased traffic for the store and the new satellite police station.

Changes to the exterior of the Store and Restaurant are also being investigated as an enhancement to the changes being made at the casino. We want the casino, convenience store, and restaurant to all have a similar design and feel so that they work together to create visual cohesiveness. The casino exterior design has yet to be determined. Once the design is firmed up, we will look to see how the exterior of the Store and Restaurant can be changed to look similar to the casino. Paul McIntire was named as the new General Manager of our two Smoke Shops and Restaurants last month. Paul has been working for the tribe for the past year as a Business Project Manager and brings a wealth of knowledge and experience to the job. He worked for the tribe previously (2006-2008) as the Enterprise Chief Financial Officer before taking a job as Commerce Chief Financial Officer for the Seminole Nation. Paul has many years' experience in the banking business.

TOBACCO COMPACT

I have attended numerous State and Tribal Leader's meetings on the ensuing termination date of our Tobacco Compact in June. Most of the tribes in Oklahoma have Tobacco Compacts that are expiring in June and many of them have been amiable to the idea of joining forces in our negotiations. This is great news for the smaller tribes who lack the leverage of large sales volumes. I lobbied for a 4 year extension, and twenty-nine tribes agreed to seek an extension of our current compacts until August 2017. Governor Blanchard was among the tribal leaders that signed the letter in that meeting. I am hopeful that we will be able to obtain this extension as we currently have a strong compact that provides revenue for our programs.

BIG JIM YOUTH AWARDS

This award is for AST High School Seniors nationwide and will be presented in May of this year by the Education Department. The awards include Academic and Athlete of the Year for both male and female (4 awards total with each award a \$1,000 scholarship). The purpose of the award is to recognize outstanding performance and to encourage

higher education for our tribal youth. The judges for the award will be an unbiased and independent group of non-AST members who are knowledgeable in the fields of education and athletics.

PHONE SYSTEM IMPROVEMENT

The phone improvement committee has been working to improve the service to the complex and we have implemented several improvements which will enhance our service to you.

A few people "**want the old phone system**". The old system was: the receptionist answers the phone and if she is on another call or at lunch, the caller can leave a voice message. We still have this system available today. All you have to do is press 0 for the operator. To make this option more apparent, we moved the instruction of "press 0 for the operator anytime" from the end of the script to the top. The voice prompt system is an enhancement to the old system and people can get through to departments to leave message after hours or during lunch. A few people say they "**don't know the extension numbers**" for people or departments. We are adding a second tier of departments/numbers for numbers that are frequently called. This includes our police department and health clinics as well as the Executive Committee members. The committee has been working to add all of our employees to the employee directory. We've also made up some "refrigerator-type magnets" listing of all of our departments with extension numbers that will be available at the receptionist office. Extension numbers are published on the back cover of every newsletter and are available on the website. The receptionist is giving out the extension number as she transfers people to a specific department. That way, if you get cutoff or have to call back....you will know the extension number. The receptionist does a good job of answering calls, but to make it even easier, she has been equipped with a headset so she can answer calls while she is in the adjoining mail room. These are just a few of the improvements that we have planned. We brought in a focus group of 5 tribal members to help us with ideas for improving our phone service. We appreciate their help and input with this ongoing process. Our improvement committee consists of Becky Prewett, Rico Coon, Paul McIntire and Colleen Butler.

CASINO UPDATE

The Casino is off to a great year and we are very excited about our current and future promotions. The Norman Casino is giving away a 2013 Chevrolet Crew Cab truck that is fully loaded on April 20th. The Shawnee Casino is giving away fishing packages every Friday and Saturday in April that include fiberglass fishing boats, trolling motors, fishing poles, and tackle boxes. Both Casinos will continue the popular \$500 hourly cash drawings on Friday and Saturday from 6pm to 10pm. The Casino also continues to offer \$10 Free Play to all Absentee Shawnee Tribal Members in addition to the weekly Match Play offered.

GENERAL ELECTION

The next general election will be on Saturday, June 15th, 2013. I encourage you to get out and exercise your right to vote.

If you have any issues or concerns that you would like addressed in the newsletter, please let me know.

Teri Reed, Tribal Secretary

teri@astribe.com 405-275-4030 Ext 104

Treasurer's

Report—

Greetings TRIBAL MEMBERS,

I love spring especially in the month of MAY like the saying goes, April showers, bring May flowers! We appreciate the great turnout for the 71st Semi-Annual General Council meeting. We hope you enjoyed, visited, and participated in the various department's surveys, handouts, etc. Remember to vote in June for the Runoff Election and if not going to be around to request your absentee ballot which is in the newsletter and watch the deadline to submit those to the election office. My condolences to those tribal members who have lost loved ones.

· 2012 Annual Audit has begun for the Absentee Shawnee Tribe. The Finance department has begun gathering requested data to conduct the audit. It usually takes about three to four months to complete the audit.

· AST Health Board Authority and LSWN Board Meeting, held every third Tuesday, Little Axe Health Facility, Little Axe, OK. Serves as Ad Hoc non-voting member. Monthly reports of Executive Director, Clinic Administrators, Department/Program Directors, financial, and activities of health facility are presented. We would like to extend to the Health Board members appreciation and thank you for serving on the Health Board. The Board consists of Troy Little Axe, Chairman, Greg Terrell, Secretary, Lisa Johnson-Billy, Nathan Boren, Surya Pierce, Sandra Vaughn, and Lancer Stephens.

· Monthly Program/Departmental Directors meeting. Each director comes every third Monday and gives a monthly update on their program/department. We, as the Executive Committee, appreciate these departments who take the time to come and give us an update every month and prepare monthly written reports. We understand they may have circumstances occur that prevent them from coming to the monthly meetings. THANK YOU!

· Elders' Monthly meeting are held every third Saturday, either at AST Resource Center or Title VI Bldgs, 10 am. If you are 55 years and older, please come join us for fellowship, food, and fun times together. Fund raisers, outings, and cultural activities are planned monthly. Participated in the annual audit for the Elders' Council along with Meredith Wahpeche, and Stella Little.

· Thunderbird Casino Monthly financial meeting with General Manager, Dillon Byrd, Controller, myself, and/or other Executive

Committee Member, who are available, to go over the monthly financials.

- Constitutional Revision committee. If you are interested in joining the constitution revision committee, call Eddie Brokeshoulder, 275-4030 X148, for the date and time of next meeting.

- Attended the United Indian Nations in Oklahoma, Kansas, and Texas (UINOKT), meeting Stroud, OK. This group has been around since late 1996 and their purpose is to promote unity among the tribes in Oklahoma, Kansas, and Texas. At these meetings we have 15 to 25 tribes represented. Goals are to have a website, press release, and lobbying efforts of all tribes in Oklahoma, Kansas, and Texas. Next meeting TBD.

- Representative Bob Cleveland, District 20-Cleveland, Garvin, McClain, and Potawatomi Counties. Beverly Felton, Executive Director invited Mr. Cleveland to come tour the LSWN health facility and he stated he has been using the facility and will have his wife and family come use our facility, too. He stated if we ever needed some assistance he would gladly help us.

- AICCO Women in Leadership Roundtable, State Representative Lisa Johnson-Billy and I were panelists. The newly crowned royalty from the Changing Winds Society, Miss Indian OKC-Raven Morgan (Cheyenne); Jr. Miss Indian OKC-Chyna Chupo (Seminole); and Little Miss Indian OKC-Akiane Bates (Shawnee) were present. It was an honor to encourage these young ladies to strive to be the best they can be and never quit or give up on their goals. These young women have stepped forward to represent their tribes, OKC and Native Americans in general at 60 plus events throughout the coming year. Congratulations to them all.

- CDFI (Community Development Financial Institution) Grant-Action Planning Meeting of Steering Committee. Grant was submitted February 28, 2013 and should know in August if awarded. Attendees were Gene Davis, All Nations Bank, Anita Chisholm, Tribal Member, Rick Short, Glenna Jones, Kristie Coker-Bias, Eddie Brokeshoulder, and I. Discussion on creating initial infrastructure, market analysis, legal infrastructure, and organizational structure. Next planning meeting, Thursday, 5-23-13, 3pm, Governor's Conference Room. If anyone is interested in being on this committee, please contact Eddie Brokeshoulder, 275-4030, Ext. 148.

- Burial/Funeral Benefits with CCI, (Heidi Offutt and Randy Carter) meeting to discuss potential and additional benefits to current burial assistance services.

NEWS FLASH

- Sally Jewell the 51st Secretary of the Interior was officially sworn in on Friday, April 12 at the Supreme Court of the United States. Jewell begins her first day in office meeting some of the Department's more than 70,000 employees. She also began to hold meetings on important issues before the Department, including energy development, conservation,

Indian Affairs and youth engagement. Jewell said, "At Interior, we have vast responsibilities to the American people, from making smart decisions about the natural resources with which we have been blessed, to honoring our word to American Indians and Alaska Natives." www.doi.gov news release

- Oklahoma City Schools Harding Charter Preparatory High School and Classen School of Advanced Studies have been named among the top 50 high schools in the nation. Harding Charter is No. 23 on the list; Classen is No. 36. "This is an honor to have two schools in our state recognized among the best schools in the nation," State Superintendent Janet Barresi said. "We applaud the work of the educators at these schools who train their students to be completely prepared for the demands of college and the work force in the 21st Century and to be good citizens." For more info see website www.thebestschools.org

- Indian Gaming, According to "Alan P. Meister, PhD's, article in the "Casino Lawyer", Spring 2013. "In 2011, it is estimated that direct and secondary impacts of Indian gaming totaled approximately: \$81.8 billion output; 686,000 jobs; \$26.8 billion in wages; \$11.0 billion in federal, state, and local tax revenue; and \$1.4 billion in direct payments by tribes to federal, state, and local governments". "The states that made the largest positive contribution to nationwide gaming revenue growth in 2011 were large Indian gaming states with healthy growth rates: Oklahoma, Arizona, Washington, and California." For more information on the Indian Gaming Industry Report, (2013 Edition) recently released. www.indiangamingreport.com

The Finance Department employees and Controller, Belinda Collins, are deserving recognition as they daily continue the never ending processes for the financial side of the Absentee Shawnee Tribe. Without their tireless dedication and commitment we could not keep the financial transactions processes flowing!

My appreciation to the Financial Consultant, Eddie Brokeshoulder, who continues to assist me with numerous projects, attend meetings where I cannot attend, and consulting decisions in the office of Treasurer! Also, sincere appreciation and thanks to Arlene Herrera who serves as Administrative Assistant to me and Enrollment. We appreciate all your phone calls, emails, and visits. May God continue to bless you and yours! See below articles from All Nations Bank, Finance Department, and Financial Consultant, Eddie Brokeshoulder.

Respectfully yours,

Kathy Deere, Tribal Treasurer

"What you have in your mind, your talents, your native abilities, no one can take from you. When you die you take them with you. Use them diligently while you are here."

-Alfred A. Montapert

Finance Department

May 2013

The Finance office continues our efforts in keeping the day to day activities flowing effectively and efficiently through communication between the Finance office and Programs. In working together, we have found the most time effective and cost effective processes for transacting business.

Tribal Members and Native Employees allowing clinic and pharmacy visits to be claimed on their medical insurance coverage from private insurance or other coverage is very beneficial to the Tribe's health systems. Any cost not paid by your insurance company will be paid by Tribal health system funds. You will not be asked to pay a deductible or any charges not covered by your insurance. Using your coverage allows the health systems to charge your insurance for the service rather than it being paid in full from the health system funds. This in turn enhances the entire program and allows more services to Tribal members. In addition, any funds paid by the Tribe on claims filed with your insurance helps to meet your deductibles. The Tribe's 2010 and 2011 Audits are "unqualified"; which when compared to an educational grading scale is an A. We are prepared for the 2012 audit coordinating business entities that will roll up into the tribe's audit. Auditors are currently. The 2013 Indirect Cost Proposal was submitted to the National Business Center (NBC) on September 4, 2012. NBC is seven months behind due to budget cuts thus staff cuts. Our rate is up from 17.74% for 2010 to 21.98% for 2011 and our rate for 2012 is 22.35% and is expected to increase for 2013. We were assigned a negotiator and I have been working with that negotiator since April 11, 2013. Hopefully our rate will be approved soon.

The finance department for 2013 is completing accounting by the 10th day of the month which has been extended from the 7th allowing the health finance to provide reports necessary for adjusting inventory and accounts receivable. Financial reporting for the Health Authority and Li Si Wi Nwi, Health Inc. boards for Absentee Health Systems, Shawnee and Little Axe (LSWN) continues. The Finance staff has completed the March reconciliations for financial. It is imperative the accounting staff continue to stay ahead of all of the accounting so that audits go smoothly, so that Indirect Cost rates will stay up to date as well. Indirect cost proposals cannot be submitted without completed audits as the audit is used to calculate the proposal. There are many processes in place in your Tribe's accounting department that ensure we keep accurate records of transactions. The Tribe's accounting processes must be in compliance with GAAP; (Generally Accepted Accounting Principles) and GASB (Governmental Accounting Standards Board) and these rules are updated sometimes annually.

The Tribe currently has compact funds of

BIA and I H S, 51 Grants. In addition, the Tribe operates on a General Fund and an Indirect Cost Fund. The new clinic building payments are current and have been and projections are that they will continue to be current going forward.

The Absentee Shawnee Tribe's Finance Department has very hard working group of people and it is an honor to work with them, the Treasurer's office and at the Absentee Shawnee Tribe. The Finance Department employs 14: with 7 (50%) being AST Tribal Members, 2non-AST tribal members, and 5 (36%) being non-natives. This department as always would like to extend a special thanks and note of appreciation to the Executive Committee for providing the tools, resources, and support to enable the finance staff to reach its accomplished goals and to continue with this effort. A special thanks and note of appreciation to Program Managers and Employees of the Tribe for their assistance and dedication in our continued group effort toward accomplishing our goal. If you have any questions or needs, please call 405-275-4030 ext 162 and I will be glad to assist you.

Respectfully,
Belinda Collins, Controller

and vital to improving our Tribal Government for our next generation.



AST Native Community Development Financial Institution (CDFI): A planning meeting with consultant Kristi Coker-Biaz and AST CDFI steering committee was held to develop a strategy for non-profit loan fund action plan for starting a CDFI. The steering committee agreed to start with creating initial infrastructure, developing market analysis with assistance from First Nations Oweesta Corporation and developing our legal infrastructure. In attendance were Gene Davis, AllNations Bank, Anita Chisholm, Tribal Member, Rick Short, Glenna Jones, Kristi Coker-Biaz, Treasurer Deere and I. Our next planning meeting is Thursday, May 23rd at 3 p.m., Governors Conference room. If you or you might know of someone who might be interested in being on this committee or serving as member of our board of director's, please contact Eddie Brokeshoulder, 275-4030 x 148 or eddieb@astribe.com.

Specialty Crops Workshop: Attended a crops workshop sponsored by Otoe-Missouria and Ponca Tribes in Red Rock, Oklahoma. The workshop was held in conjunction with Oklahoma State University Cooperative Extension and USDA Risk Management agency, designed to provide demonstration and hands-on experience of specialty crop production. Crops such as vegetables, fruits, herbs and other crops can be grown successfully. If you are interested in developing or starting a garden, please contact me at 405-275-4030 x 148 or eddieb@astribe.com.

Gardening 101 Workshop: Attended a Gardening 101 workshop sponsored by Sac and Fox Nation in conjunction with Oklahoma State University Cooperative Extension Service of Shawnee, Oklahoma. Instructor was George Driever, Ph.D. extension educator; topic was "Organic Approaches to Home Gardening".

In closing, thank you for your participation in the 71st Semi-General Council meeting. The office of Treasurer looks forward to your questions and concerns. I can be reached at 405-275-4030 x 148 or eddieb@astribe.com.

Respectfully,
Eddie Brokeshoulder
Financial Consultant

**AST CONSTITUTION REVISION COMMITTEE
SEEKING VOLUNTEER TRIBAL MEMBERS**
Are you interested in participating and being a part of a better tomorrow?
Are you an Elder or Youth willing to better the Absentee Shawnee Tribe, if so please contact: Eddie Brokeshoulder at 405-275-4030 x 148 or eddieb@astribe.com

RESOLUTIONS

The following are Resolutions passed through April 17, 2013

EXECUTIVE RESOLUTIONS

E-AS-13-31 04/17/13

Establishes that the 72nd Semi-Annual General Council Meeting for the Absentee Shawnee Tribe of Indians of Oklahoma be set for October 5, 2013 @ 10:00 a.m. Thunderbird Casino Event Center / Warrior Room, Little Axe, Oklahoma.

E-AS-13-32 04/17/13

Authorizes and approves the Absentee Shawnee Tribe of Indians of Oklahoma, through the Chief of Police of the Absentee Shawnee Tribal Police Department, to apply for the U.S. Department of Justice FY 2013 Smart Probation: Reducing Prison Populations, Saving Money, and Creating Safer Communities Grant.

E-AS-13-33 04/17/13

Approves and accepts Eric Lynd Wahpekeche, Mirissa Bethany Mullins, Zachary Lee James, Landon Jayse Hernandez, Camden Blake Downs, Cayden James Downs, Annabella Rai Casteel, Stormy Ray Wolfe, Dean Owen Wilson and Daveny Amour Little Axe as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution.

E-AS-13-34 04/17/13

Appropriates and approves Thirty-Seven Thousand Dollars and No Cents (\$37,000.00) to the Music Department from the General Fund.



Absentee Shawnee Tribe of Oklahoma
George Blanchard, Governor
2025 S. Gordon Cooper Drive,
Shawnee, OK 74801
(405) 275-4030

Fax 275-5637

April 25, 2013

GENERAL NOTICE

Due to unexpected vacancy in the position of Absentee Shawnee Gaming Commissioner, the Executive Committee of the Absentee Shawnee Tribe of Indians of Oklahoma has adopted the following Administrative Policy.

For a period effective on this date April 25, 2013 and not to exceed 30 working days from this date, one Gaming Commissioner (Roy Larney) has signature authority for all documents, policies and gaming licenses. This will allow for the continued operation of the Tribe's Gaming Operations with one Gaming Commissioner signature. This notice is effective immediately.

This notice will be placed in all Tribal buildings and in the Tribal Newsletter.

Approved and adopted by:

George Blanchard, Governor

Isaac Gibson Jr., Lt. Governor

Teri Reed, Secretary

Kathy Deere, Treasurer

Jeff Gibson, Representative

MURROW INDIAN CHILDREN'S HOME

BENEFIT POW WOW

Sponsored by Murrow Indian Children's Home
Hosted by The Center for American Indians

Free Admission &
Public Invited

Saturday, June 29, 2013

Bacone College
Palmer Center
2299 Old Bacone Rd
Muskogee, OK

Contests:

Men's Combined
Women's Combined
Tiny Tots

All Contestants Must be in Grand Entry

50/50 **Raffles** **Cake Walk** **Silent Auctions** **

Pow Wow Information:
Betty R Martin
(918)682-2586
murrowhomedirector@gmail.com
www.murrowchildrenshome.org

Arts & Crafts Vendor Information:
Stella Pepiakitah
(918)316-9091

All Drums, Royalties, and Dancers Invited
NOT RESPONSIBLE FOR ACCIDENTS, INJURIES OR THEFT

Mission: The Mission of Murrow Indian Children's Home is to provide a safe, nurturing environment, spiritual foundation, and cultural experience to Native American Children in crisis. 501 C-3 NON PROFIT

Head Staff:

Head Singer:
Tim Washee
Head Gourd Dancer:
Eli Crowels
Head Lady:
Savannah Waters
Head Man:
Thorpe Sine
Master of Ceremonies:
Chogie Kingfisher
Arena Director:
Robbie Anquoe
Color Guard:
Cherokee Color Guard

Schedule:



2:00PM	Gourd Dance
5:00PM	Supper Break
6:00PM	Gourd Dance
7:00PM	Grand Entry
11:00PM	Closing Song

Bring Your Own lawn Chairs



Camp Nikoti Tribal Youth Program presents...

Melokami Youth Camp 2013

THANK YOU to all tribal program staff who helped make this year's camp a success and full of fun for the youth!



Woman in Leadership Luncheon/Panel Discussion

American Indian Chamber of Commerce of Oklahoma - OKC Chapter



Keynote Speakers: (From left to right)

- * Lisa Billy
Oklahoma House of Representatives
- * Kathy Deere
Absentee Shawnee Tribe
- * James Lambertus
Host/Chair of AICCOK- OKC Chapter

DATE: April 10, 2013

Created by: Carol Butler
TERO Office Assistant
Absentee Shawnee Tribe of Oklahoma

WHITE TURKEY BAND POW-WOW

HONORING: STUDENTS AND GRADUATES

MORE INFORMATION CALL:

GWEN SWITCH

405 204-9612

TWILA PARKER

405 229-8052

EDWINA BUTLER-WOLFE

405 488-4569

Info about the Pow-Wow:

When: May 18, 2013

Where: Horse Shoe Bend Community Building
46309 Garrett's Lake Road, Shawnee, Ok 74801

Time: 2:00 pm until 5:00 pm Gourd Dance

5:00 until 6:00 pm Dinner

6:00 until 7:00 pm Gourd Dancing

7:00 p.m. Grand Entry and War Dancing

HEAD STAFF:

HEAD LADY DANCER:	EBEN WATASHE
HEAD MAN DANCER:	BRANDON BUTLER
HEAD GOURD DANCER:	CODY MORRIS
HEAD SINGER	KESKO WALKER
MC:	JAMEY NOBLE
ARENA DIRECTORS:	RANDALL WATSON
	STUART ROLETTE

ART AND CRAFT VENDORS:

\$25.00 SET UP FEE

(BRING YOUR OWN TABLES AND CHAIRS)



Drugs and Alcohol Not Allowed.

Committee not responsible for accidents or theft.

Tribal Youth Council

Location: AST Complex Building I

Date/Time: Meeting will be May 11th at 10:00am. Meetings vary in length, but usually last at least an hour.

Participants /Ages: 6th grade to 12th grade. The Youth Council is open to all students in this grade range.

Transportation: Parents will be responsible for bringing and picking up their child.

What is it? : The Youth Council is a way for students from the surrounding AST communities to work together and bring to light things they need help with in their school. It is also a way for students to work and learn how they can create a difference for the tribe and their own community. We explore different prevention topics, volunteer in the community, and also explore further educational options.

Questions: For Further questions please contact Tresha Spoon at 275-4030 ext. 121, or Blake Goodman at 364-7569.



Join us for an exciting week of athletic competition in

**Oklahoma City & Shawnee,
June 9-15, 2013**

Athletes representing Indian nations, bands and tribes from across the United States will gather to share their talents in the spirit of the "World's Greatest Athlete" and Native American Legend...Jim Thorpe!

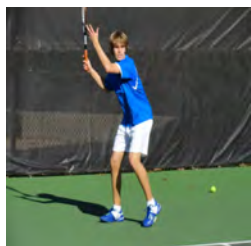
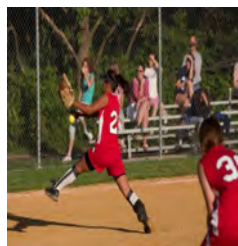
Featuring 11 sports: (ENTRY DEADLINE MAY 1, 2013)

Tennis, Softball, Basketball, Golf, Track & Field, Cross Country, Wrestling, Stickball, Martial Arts, Beach Volleyball, 5K Run

*Plus an Oklahoma Native American High School All Star Football Game on Friday, June 14th

For more information contact or to get an entry form:
1-405-208-9253 or info@jimthorpegames.com

For Tribal members that are participating, if you have photos taken and would like them put in our newsletter, please send in an e-mail to stiger@astribe.com



MAY IS A BUSY BUSY MONTH FOR BUILDING BLOCKS, WE HAVE MANY EXCITING THINGS GOING ON!!!!

WE WILL BE STARTING OFF THE MONTH WITH OUR ANNUAL "MUFFINS FOR MOMS" IN CELEBRATION OF MOTHERS DAY! THIS IS ALWAYS A BIG SUCCESS AND WE ARE LOOKING FORWARD TO IT ONCE AGAIN. THE FAMILY BREAKFAST TURNED OUT WELL ALSO, ITS ALWAYS NICE TO SEE FAMILIES COME TOGETHER AT SPECIAL EVENTS LIKE THAT, IT DEFINITELY MAKES A DIFFERENCE IN EACH CHILD'S DAY. THE LAST DAY OF SCHOOL IS AROUND THE 23RD AND THAT MEANS ALL THE BIG KIDS WILL BE HERE. ALL THE TEACHERS WILL START PLANNING FIELD TRIPS, SO BE ON THE LOOK OUT FOR THOSE DATES. SINCE IT'S GOING TO START GETTING WARM WE WILL OPEN THE SPLASH PAD UP AT THE END OF THE MONTH. LOOK FOR LETTERS FROM YOUR TEACHERS ABOUT WHAT TO BRING AND WHAT DAYS THEY WILL BE HAVING THEIR WATER DAY. BUILDING BLOCKS WILL BE CLOSED MONDAY MAY 27TH TO OBSERVE MEMORIAL DAY!!! WE HOPE EVERYONE HAS A FUN SAFE WEEKEND.

LAUREN MAY

BUILDING BLOCKS CDC INTERIM DIRECTOR
2025 S. GORDON COOPER DR.
SHAWNEE, OK 74801
PHONE 405-878-0633
FAX 405-878-0156

HORSE SHOE BEND AFTER SCHOOL PROGRAM: May 2013 News



Students during Spring Break had activities planned all week long.

Monday was a movie day, students watched a classical movie, "The Sound of Music" in the morning, and afternoon we had activities outside playing baseball.

Tuesday morning Jimmi Norris and Margaret Starkey of the Diabetes Department of the Absentee Shawnee Health Clinic had a presentation to the students of eating healthy. Students received a backpack of informational brochures and healthy treats. Also a dinner plate was given to each student to take home. The afternoon Rosie

Tallbear, Fitness Facility Director of the Absentee Shawnee Wellness Department planned activities with students outside.

Wednesday activities we had Evelyn Pablito, Water Pollution Prevention Program of the OEH Department of the Absentee Shawnee Tribe. Evelyn coordinated a Scavenger Hunt and Recycling Activity. Students walked in the field at Horse Shoe Bend collecting bugs, looking for tracks of animals and taking photos on the nature walk. Evelyn had students do some worksheets about recycling and students were given a bag of treats.

Thursday and Friday activities was coordinated by Jenifer Sloan, Director of the MSPI Program of the Absentee Shawnee Behavioral Health Program. Students from Horse Shoe Bend was transported to the Neil Gwaltney Ranch in Shawnee for the two days of activities; students learned about the horse and how to ride a horse, games, and creating art in nature. Also students went on a nature walk.

I would like to thank the Absentee Shawnee Maintenance Department for setting the inflatable up for our students to use during Spring Break. Students had a big time bouncing in the inflatable. Also like to thank everyone as mentioned above for their time in educating our young students. And thank the parents for allowing their children to attend the Spring Break activities.

The White Turkey Bank sponsored the Horse Shoe Bend After School Program Easter Egg Hunt. Students colored 224 eggs on Wednesday, March 27, and hunted the eggs on March 28. Three age groups were as follows: Kindergarten, First and Second Grade, and Third and up. Each group had a prize egg and the one who had found the most eggs. Winners were Brendan Winter, Jordan Coody, Damon Wilson, Zach Fife, Jayden Robinson. Like to thank the following ladies: Gwen Switch, Janet Jeske, June Buckner, Kay Wallace, Charlett Ellis, Jennifer Castaneda, Melissa Lopez, and Ramona McCoy for providing the boiled eggs.

As the school year is narrowing down, the after school program will be planning activities for the summer. We will be focusing on subjects like math, science, history, and physical activities.

Schedule for the summer will be:
Monday thru Thursday, 8:00 a.m. until 12:00 p.m.
Activities will start on June 3, 2013 thru July 18, 2013.



On March 29, 2013, the Sac and Fox Nation donated \$10,000.00 to the Horse Shoe Bend After School Program. I am very appreciative for their generous donation. The funds will go toward the students' supplies at the center and snacks. And we are able to pay our tutors for their services to the students that attend the after school program. The Sac and Fox Nation had made a donation last year of \$10,000.00.



RUBEN WILSON

Ruben was honored with the Citizenship Award in his Fourth Grade Class at North Rock Creek School. He is very helpful and masters all his school studies. Ruben has been attending the Horse Shoe Bend After School Program for two years. He is the son of Calvin and Annie Wilson, and is a member of the Sac and Fox Tribe of Oklahoma.



JORDAN COODY

Jordan received the Scholar Award for the third time this school year. He is in the Second Grade at North Rock Creek School. Jordan is an outstanding student and works hard in his studies at Horse Shoe Bend After School Program. He is tutored by Caitlin Wells from Oklahoma Baptist University. Jordan is the son of Kyle and Kenna Coody. Jordan is a Tribal member of the Seminole Nation of Oklahoma.



ALHIJAH GIPP

Alhijah was honored with the Achiever Award in his Kindergarten Class at North Rock Creek School. He is a very talented student and shows good sportsmanship in our outside activities we have at the Horse Shoe Bend After School Program. He is the son of Kyle and Jamie Gipp and is a Sac and Fox Tribal member of Oklahoma.



GABRIEL FIFE

Gabe has won the STEM Award for the third time this school year. He attends Earlsboro Elementary School. Gabe excels in all his school work and is an excellent student. He likes to play all sports and is very athletic. Gabe is the son of Stephen and Theresa Fife and is a Tribal member of the Absentee Shawnee Tribe.



JAYDEN ROBINSON

Jayden has been honored to be a mascot to run in the Little Olympic at O.B.U. Track on May 3, 2013. Jayden competed with other runners and came out first place for this position. He attends South Rock Creek School and is in the First Grade.

CONGRATULATIONS!!!!!!!

As our program has grown and is progressing we have received calls from students from other colleges in Oklahoma to do their internship projects with our after school students. Faith Brown, student at Northeastern University has been traveling to the Horse Shoe Bend at least once a month to work with Desiree Johnson with her internship project. Faith has 3 semesters before receiving her degree in education.

I have an awesome staff of tutors that help our young students daily. Thanks to Elaine, Stuart, Randall, Caitlin, Joanna, Lauren, Heather, Meagan, Nicole, Macy, Dakota, Haley, Chris, and Captain.

If you have any questions about the Horse Shoe Bend After School Program please call 405-481-0397.

Thank you,
Edwina Butler-Wolfe, Director
Horse Shoe Bend After School



Oklahoma Inter-tribal Diabetes Coalition

SAVE THE DATE

4th Annual Benefit Golf Scramble Pictures



ANDY WARRIOR, RANDY EDGE, REP. JEFF GIBSON



KEVIN BLANCHARD



LEVI LITTLECREEK



SHAWNEE KICKAPOO &
TANYA RICHARDSON



REP. JEFF GIBSON, ROY CHARLEY, DAVID LITTLE



LEVI LITTLECREEK, MIKE WOOD, SECRETARY TERI REED

Wills Clinic

May 16th, 2013

9:00 am - 4:00 pm

Little Axe Resource Center

Call OILS at:

(405) 943-6457 or 1-800-658-1497

To make an appointment, if anyone needs assistance with will before, then call same number to make arrangements for an appointment to meet with an OILS attorney.

If you'd like to submit an ad or article give us a call at

(405) 598-1279

(405) 481-0558

or send us an e-mail at

stiger@astribe.com

ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY THE 20TH OF THE CURRENT MONTH
Unfortunately, we can only accept one picture per birthday person, not per birthday wish.



AST PHARMACY NEWS



- Visit our new, convenient drive-thru at the Little Axe location for refill drop off or pick up!!
- As of January 1, 2012, Oklahoma State Law mandates that a current, state issued photo ID be on file for both the patient and the representative picking up for EVERY fill of ANY controlled medication.
- Deliveries of controlled medications will no longer be allowed.
- Both Shawnee and Little Axe pharmacy locations fill prescriptions for members of all tribes, but outside prescription orders are restricted to Absentee Shawnee Tribal citizens with established charts.
- If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with a current cell phone number.
- The following are a few tips to help us be more efficient in our delivery of pharmacy services to you:
 - ✓ Present insurance cards each time you pick up or drop off a prescription
 - ✓ Keep us informed of changes in address, phone number and other contact information.
 - ✓ Let the Pharmacy staff know if the prescription is going to be picked up or needs to be delivered.
 - ✓ When requesting refills, please provide 24 hours' notice and either the refill number, which is located above your name on the prescription label, or the names of your medication.

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

Hours of Operation:

Little Axe: 7am-5:30pm Monday-Friday

Shawnee: 7am-6pm Monday-Friday

We are open through the lunch hour!!

****BOTH PHARMACY DEPARTMENTS ARE CLOSED WITH THE CLINICS THE FIRST WEDNESDAY AFTERNOON OF EVERY MONTH TO COMPLETE ADMINISTRATIVE DUTIES****



Are you at risk for diabetes, have diabetes or know someone who does? Type 2 diabetes is the most common type of diabetes and affects millions of Native Americans. Many people are unaware that they have diabetes or pre-diabetes. Native Americans are twice as likely to develop Type 2 diabetes than others. Some common signs and symptoms include:

- Frequent infections
- Blurred vision
- Cuts/bruises that are slow to heal
- Tingling/numbness in the hands/feet
- Recurring skin, gum, or bladder infections

Often people with type 2 diabetes have no symptoms.

Some ways to prevent and manage diabetes is through healthy lifestyle behaviors. One question that many people with diabetes or pre-diabetes often ask is "What can I eat?". The American Diabetes Association states that you do not have to be deprived or restricted. The key factors are learning what are the "superfoods", how much of it you can have and how often. Getting into the habit of eating a healthy diet helps you manage diabetes and prevent complications caused by diabetes.

The following foods are listed on the American Diabetes Association web site as "superfoods". Try to incorporate as many of these foods into your daily meal plan to enhance the nutrient content of your meals.

The foods listed have a low glycemic index (causes slower rise in blood glucose after eating) and provide key nutrients that are lacking in the typical western diet such as:

- calcium
- potassium
- fiber
- magnesium
- vitamins A, C, and E.

Beans, dark green leafy vegetables, citrus fruit, sweet potatoes, berries, tomatoes, fish high in Omega-3 fatty acids, whole grains, nuts, fat-free milk and yogurt. To learn more about eating these superfoods and recipes visit diabetes.org and sign up for Wellness and Healthy Eating classes at the Little Axe Clinic. Call Sidna McKane to sign up at 405 701-7977.

Source: American Diabetes Association at www.diabetes.org



AST COUNTRY KITCHEN

Sunday - 7am to 7pm

Monday - 7am to 3pm

Tuesday - 7am to 3pm

Wednesday - 7am to 8pm

Thursday - 7am to 8pm

Friday - 7am to 9pm

Saturday - 7am to 9pm

Early Bird Breakfast

\$4.99

2 Eggs/Bacon or Sausage/Hash Browns

Biscuits & Gravy or Toast & Coffee

(Not valid on Saturday or Sunday. 1 coupon per customer. With coupon. No substitutions)



Check out our daily homemade lunch specials!

Something different every day!

Open 7 Days A Week!

366-7220



(In Front of Thunderbird Entertainment Center Next to AST Smoke Shop)

Edwina Butler-Wolfe
Elect Me for Governor and
Together we will Build For the Future (BFF)!

Old issues:

I have always been a candid person and speak my mind on issues. So first let me say I appreciate that financial information needed for you our Tribal citizens is being disclosed. Yet we are due more – much more. Such as: why didn't we know that the Clinic was having financial problems? Why haven't we previously been advised about our third party income and how it's being used? How is our Casino's doing and how can they offset the sequester (removal of certain funds automatically from a budget) happening within our Programs? When was the last time we saw a financial report on them? At General Council? I noticed in our AST newsletter that the BancFirst President had indicated that the next interest payment was to be made but what about the principal payment?

New issues:

Let's look at some other things going on with the Tribe? Why doesn't the Health Board provide a monthly report for the General Council? It was good to know who serves on our Health Board and I thank the Treasurer for stating who was on the Board. A question I have is 'Are Tribal citizens aware that all appointments done by the Health Board and for Committee's are reviewed by the Governor's office before the Executive Committee approves them?' I have requested previously to see Health Board meeting minutes and been denied these meeting minutes. Why? I am a concerned Tribal citizen and should have access to the business of the Tribe, as should you. I believe our Committee's and Boards should be subject to the 'Open Records Act' unless under an Executive or closed session. I will put that into place if I'm elected.

Concerns about the possibility of the Citizen Potawatomi's (CP) taking the Mission Hill Hospital over and what impact that might have to the Tribe? It's my understanding that if the CP's take that building over they would have to do a lot of repairs and it could potentially be a service offered to all people if they open it as their own. We still need to get our law suit settled about our land rights here at the Tribe so that if the CP's consider further development as a township or have other expansion plans we will have our own land base to work off of. If elected that will be one of my major priorities. As for now I would like to know what is the status of our lawsuit? What actions have been taken so that we can remedy being on CP leased land?

Nepotism still appears to be an issue within the Tribe. We need to look at this issue and ensure that hiring practices get the best qualified applicant for the position. An example of nepotism is the hiring by the Health Administrator of her son's significant other as her receptionist at the Clinic. If elected I will work on making our Human Resources system work for our people and get the best qualified applicants.

I noticed that the Governor has been given signature authority for the Tribe to enter into contractual agreements between the AST and ASED, Inc. I hope this signature authority is after the Executive Committee has reviewed and approved off on the contracts to be entered into not just giving the Governor carte blanche authority.

In ending I realize I've asked many questions. These are tough questions but need to be asked for our people. I want our youth to have a land base that is their own. I want them to have health services that they can be assured of. I want the best for our people and I want your help to do it. Elect me and I will do the work for you! I am committed to our future, to our people, to Building for the Future – BFF!

Edwina Butler-Wolfe 405 488-4569 ebutler405@yahoo.com

Absentee Shawnee Tribe Transit System (2013)

This questionnaire is to gather information to determine the need for transportation services within the tribe's jurisdictional boundaries.

Services: Monday thru Friday 8:00 – 5:00, special exceptions for weekends.

We will provide transportation to and from the following in (VANS OR BUSES):

Clinic (Little Axe)

Clinic (Shawnee)

Wal-Mart

Grocery Stores

Tribal Complex

What other needs do you think you would have from the transit system?

1.

2.

3.

Tribal member signature:

Name:

Address:

Contact #:

FHA Transit Coordinator questions call Mike Wood at 275-4030 Ext.112 or cell (405) 432-9652.

TIGER FAMILY REUNION

THE TIGER FAMILY REUNION HAS BEEN SCHEDULED FOR MAY 25 AT THE POST OAK AREA AT THUNDERBIRD LAKE.

START AT 10am TILL 10pm.

BRING A COVERED DISH OR DRINKS!

ALSO BRING SOME GAMES AND YOUR LAWN CHAIRS!!

EVERYONE WELCOME! !



AAA Oklahoma News Release

www.AAA.com
www.facebook.com/AAAOKlahoma
www.twitter.com/AAAOKlahoma

Contacts: Chuck Mai
(405) 753-8040 / (405)-209-8260
chuck.mai@aaaok.org

Danial Karnes
(918) 748-1074 / (918) 935-9318
danial.karnes@aaaok.org

Tornado Safety Tips from AAA Oklahoma

NEWS from AAA Oklahoma, April 15, 2013 – Storm season is here, when Mother Nature most often unleashes her fury on the Sooner State. AAA Oklahoma wants you to be prepared and offers the following tips for those who find themselves in the path of severe weather or a twister.

Seek Shelter

Do not try to outrun a tornado. Instead, stay calm and seek shelter.

- **At home or work**, seek shelter in the central part of the building, away from windows. Basements or storm shelters are the best havens. If this is not an option, take cover in the bathroom, closet, interior hallway or under a heavy piece of furniture or mattress.
- **If you are in your car**, abandon your vehicle and seek shelter in the nearest building. Never try to outrun a tornado. Your vehicle will offer no protection from a twister. Plus, it is impossible to know which direction a tornado may decide to go.
- **If you are caught in the open**, with no buildings available to you, find a ditch, ravine or low-lying area and lie flat. Stay away from roadway overpasses.
- People living in **mobile homes** should leave them and seek shelter elsewhere.

Protect your Property

Prepare before the storm strikes.

- If a **tornado watch** has been issued, move cars inside a garage or carport to avoid damage from hail that often accompanies tornadoes. Keep car keys and house keys with you.
- If time permits, move **lawn furniture and yard equipment** inside. They could be damaged or act as dangerous projectiles causing serious injury or damage.
- Shut off the water supply to your **washing machine** when not in use.
- Make an **inventory of possessions** and store the list off-premises. If belongings are damaged, this list will help facilitate the claim-filing process.

While tornadoes are deadly, a severe storm can be just as dangerous due to lightning, heavy rain and the possibility of flooding. Prepare now for all forms of severe weather.



Vera (Gibson) Dawsey 2013 AST Secretary Candidate

Hello All!

Many issues have come to my attention as well as reinforce other situations I have been speaking about all along. These issues are regarding the current Executive Committee members' handling of nepotism in the work place, low employment rate for AST members, as well as the handling of programs that were created to benefit tribal members but don't operate to their fullest capacity. As many of you know General Council was recently held at the Little Axe Clinic on April 6th. This is supposed to give tribal members an opportunity to ask our elected officials

questions and voice our concerns. However, not one direct answer was given to those asking the questions. For those who weren't present at General Council, I would like to fill you in. One tribal member who used to work for the AST Health system asked Governor Blanchard how he could be fair and objective with his daughter Beverly Felton is Executive Director over the AST Health System. If she wasn't working in the best interest of employees and the tribal members, how could we as tribal members expect him to be fair and assist in fixing the problem? His reply was that he didn't want her to accept the job as Executive Director. That wasn't the question the tribal member asked, so the tribal member gave an example by stating Health Executive Director Beverly Felton solely hired and supervises her daughter-in-law who also lives with Director Felton and that was an unethical hiring practice. (I would like to add after this announcement at General Council, Director Felton moved her daughter-in-law under the supervision of her friend/ clinic administrator, maybe in the hopes that no one would notice.) Governor Blanchard was asked, "Who was going to hold Ms. Felton responsible?" Furthermore, the tribal member questioned how is it other Executive Committee Members haven't bothered to investigate the high turnover rate for employees and medical providers who are quitting as quickly as they start working for our health programs? A suggestion was conducting an employee satisfaction survey to evaluate Director Felton's performance as an Executive Director. Governor Blanchard's response was he wasn't over Director Felton but the Health Board governed her. However, concerned employees have said Ms. Felton has used scare tactics with employees stating in a clinic meeting announcing that she has the EC's (including her dad's) full support to fire anyone she feels needs to. How is this type of intimidation in the work place ethical and not a conflict of interest? As for the employee satisfaction survey, Governor Blanchard said it should be up to the employees to do a survey like that. I'd like to see how far Ms. Felton would allow that to go. My question is who will listen to the results and make the necessary changes? The truth of the matter is that the EC are the people who appoint the Health Board. If the Health Board isn't doing their jobs to make sure that unethical business practices aren't taking place or aren't questioning the extremely high turnover rate for employees, (including medical providers) then WHO ELSE WILL STEP UP TO MAKE NECESSARY CHANGES? FACT: The EC has the power to do all of that! Obviously Secretary Reed isn't going to stand up and propose change! For those who know anything about facebook, Secretary Reed as well as members of our AST Health Board are "friends" on Director Felton's internet facebook page and are able to read what Ms. Felton feels she needs to put on the internet for the world to see. Ms. Felton has put on the internet that she was going on a "firing spree (at the clinic)," also that she put on the internet that she knows people who are more scared of catching the flu than of catching an STD's, as well as tell the world personal family business in an attempt to slander other tribal members, while at the same time advertising for our AST Health Systems. Director Felton also went so far as to request help in taking a business class to "help out in [her] job." Shouldn't she already have that education and ethics since she is heading up such a big business venture? How does the behavior of Governor's daughter reflect our tribe? It's an embarrassment to say the least and these are questions that our current administration should be asking. Instead, Governor Blanchard stated at General Council, "I don't have a problem with her [Beverly, Health Director/ Daughter]." The current EC should know that I have had several people tell me that when they were seeking medical care outside of our health programs, where our former medical staff work, they have been told they quit and could no longer work under Ms. Felton because she was unethical and "doesn't know what she is doing." I have heard allegations that Ms. Felton brushed an incident under the rug involving a friend/non-tribal employee taking it upon himself to change a patient's prescription without the knowledge of the Dr. and hand delivering it to pharmacy. This person is still working for our Health Programs and I shouldn't have to tell Ms. Felton THAT'S A FELONY! Tribal members have been fired for much less under Ms. Beverly Felton. It's not just about how much money is in the bank, it's also about good consistent care to our community instead of our community members going in to find out another medical provider has been run off. Why can't she keep these professional employees happy? When is someone impartial going to act in the best interest of the tribe as a whole and NOT the best interest of a friend or their own child? I challenge Secretary Reed and the rest of the Executive Committee to explain those things to me. They have apparently given the approval to Ms. Felton to fire people, but the EC doesn't have the authority to improve ourselves as an employer and improve our services to our own people? I question that!

Secretary Teri Reed hardly even spoke when she was spoken to at General Council. Isn't that our time to get answers out of the elected officials representing us? Silence seems to be the theme of Secretary Reed. Last year a tribal member went to Secretary Reed for

assistance involving the tribe's Building Blocks Daycare. Representative Gibson kicked an AST child out of the daycare because of a history of seizures and said she was a liability to the tribe. This is fact, let them tell you what they want; I have heard the tape recordings and seen the documentation. If you need more, I would be happy to get you in touch with this mother. The AST mother felt her child's civil rights were being violated according to the American's with Disabilities Act. After Representative Gibson told the tribal member she was "going against the tribe" by standing up for her child, she turned to Secretary Reed. Ms. Reed said to this tribal member "you are going to have a long hard road ahead of you..." and she didn't want to "step on anyone's [other EC members'] toes" by getting too involved. This is just one example of Secretary Reed not advocating for a tribal member due to Ms. Reed's best interest rather than standing up for what is right. In the April 2013 Newsletter Ms. Reed stated in her campaign letter, "I have the courage to stand up for my beliefs even when it might be easier to just go along with the majority. When I see unjustness, I work to make it right." Where were your beliefs and efforts when you didn't want to step on anyone's toes and declined to stand up for the AST child's legal rights protected by the ADA? We have had the mentality that we can do what we want because we are a tribe, but this is exactly the type of passive and self-serving leadership that holds us back as a government and betrays tribal members trust in OUR own tribe. How do we expect Ms. Reed to serve us in office when she refuses to advocate for someone even as small as a baby and fails to answer questions for the very people who elected her? It can be appreciated that Ms. Reed chooses to represent us with so much integrity, but let's make this clear, silence and avoiding conflict with the "majority" is NOT integrity.

When many EC members campaign, they will tell you they intend to listen to you and stand up for what is right. Have you seen that with those who have promised you things? I can honestly tell you that I was in great support of Secretary Reed when she first ran. I thought she was going to stand up against "unjustness" and work for us as tribal members; I have yet to see that. She has a low employment rate for AST members at both smoke shops and the restaurant. When is Secretary Reed giving our members the opportunity to support their families and give back to our tribe? Secretary Reed if I am wrong, I encourage you to provide current numbers of how many AST you employ and how many non-AST in the June newsletter. I have heard several complaints from our people searching for work, who can't get a job with our own tribe. Ms. Reed has been passive and silent about her dealings around ASED Inc. (Economic Development Board) by creating ASED Enterprises. She is the only stakeholder in the whole organization. Where are her systems of checks and balances, which will make sure that she doesn't have her hands in all of the cookie jars? Why isn't ASED Inc. allowed to work at the capacity they were formed to, in order to better the tribe economically? It may be possible that ASED Inc. could expand our businesses and create more jobs for our people. They have the education and know how to, but Ms. Reed cut them off at their knees and has handicapped them. If you don't believe me, I encourage you to contact Dan Little Axe and ask him about his presentation at General Council that supports that statement. Edwina Butler-Wolfe said it best when she said our current EC has no transparency, meaning we as tribal members aren't allowed to know what dealings our EC members are taking part in and how we as a business are really doing. Also, I would like to see the Resolution on the (TRAP) Tribal Revenue Allocation Plan, which is part of the agreement with the BIA, and NIGC, for the monies that come out of the CASINO. I have asked about but no one seems to have it or knows where it is. I would also like to see the letter from the BIA, stating that the Resolution has been ratified by the BIA. Through this agreement, every program in our tribe is supposed to get a percentage of the monies from the casino. These programs include Social Services, Education, Police Department, and more. It is my understanding that all of the programs, with the exception of the Tribal Police, have been funded a smaller portion of monies than in the initial agreement. The Police Department hasn't received these monies for years. Without ratification from the BIA, no funding changes can be made. If I am not mistaken the Casino could be in jeopardy if there is no ratification. Also, by failing to allocate the agreed funds for our programs, services are being limited to tribal members. Have you ever been told that certain tribal programs are low in funding and can't help? This may be part of the reason.

It's obvious that there are more questions than there are answers and no one is talking. I challenge any one of our elected officials to answer them, not just because they want back in office but because we deserve that. Currently, there is too much support for nepotism in the work place, low employment rate for AST members, as well as the ignoring the purpose our tribal programs were actually formed for. Let's change that! Even if you don't vote for whatever reason, please start in June. If I am elected as your Tribal Secretary this June, my priorities will include advocating or standing up for tribal members, standing up for employees in our tribal businesses and striving for our tribal businesses to engage in ethical business/hiring practices that don't promote nepotism. I would also like to see the tribal government be more self-sufficient to support our programs such as Social Services, Education, and P.D. Please don't misunderstand, I don't have any personal problems with anyone named, instead I have loyalty to the tribe as a whole. If I overlook these issues that hold us back simply because I know the people involved, I would be no better than those holding up real progress. I come with no personal agenda, just the frustration that many of you tribal members feel each time your choice elected official lets you down, betrays your trust, and breaks promises. Please feel free to contact me, my phone number is 405-307-0954 and email address is dawvera@outlook.com

Everyone be blessed and thank you,
Vera (Gibson) Dawsey, your 2013 AST Secretary Candidate

FY-2013
YTD TAX COLLECTIONS
(thru 3/31/13)

RUN DATE:
04/22/13

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$5,320.89	\$5,961.53	\$10,318.20	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$21,600.62	1.79%
Gaming % of free cash	\$414,328.00	\$408,888.00	\$225,370.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,048,586.00	87.05%
Employee (1%)	\$29,238.39	\$4,799.87	\$4,314.16	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$38,352.42	3.18%
Severance (8%)	\$15,812.22	\$5,128.09	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$20,940.31	1.74%
Motor Vehicle	\$14,481.54	\$13,521.61	\$15,001.64	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$43,004.79	3.57%
Tobacco Refund	\$10,087.72	\$12,244.26	\$8,474.55	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$30,806.53	2.56%
TOTAL TAXES	\$489,268.76	\$450,543.36	\$263,478.55	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,203,290.67	
Miscellaneous	\$970.00	\$250.00	\$106.75	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,326.75	0.11%
TOTAL COLLECTIONS	\$490,238.76	\$450,793.36	\$263,585.30	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,204,617.42	100%

AllNations Bank Security Update 4/22/13

HOW COMPUTER VIRUSES WORK

Strange as it may sound, the computer virus is something of an Information Age marvel. On one hand, viruses show us how vulnerable we are -- a properly engineered virus can have a devastating effect, disrupting productivity and doing billions of dollars in damages. On the other hand, they show us how sophisticated and interconnected human beings have become.

For example, experts estimate that the *Mydoom worm* infected approximately a quarter-million computers in a single day in January 2004. Back in March 1999, the *Melissa virus* was so powerful that it forced Microsoft and a number of other very large companies to completely turn off their e-mail systems until the virus could be contained. The *ILOVEYOU virus* in 2000 had a similarly devastating effect. In January 2007, a worm called Storm appeared -- by October, experts believed up to 50 million computers were infected. That's pretty impressive when you consider that many viruses are incredibly simple.

When you listen to the news, you hear about many different forms of electronic infection. The most common are:

- **Viruses:** A virus is a small piece of software that piggybacks on real programs. For example, a virus might attach itself to a program such as a spreadsheet program. Each time the spreadsheet program runs, the virus runs, too, and it has the chance to reproduce (by attaching to other programs) or wreak havoc.
- **E-mail viruses:** An e-mail virus travels as an attachment to e-mail messages, and usually replicates itself by automatically mailing itself to dozens of people in the victim's e-mail address book. Some e-mail viruses don't even require a double-click -- they launch when you view the infected message in the preview pane of your e-mail software.
- **Trojan horses:** A *Trojan horse* is simply a computer program. The program claims to do one thing (it may claim to be a game) but instead does damage when you run it (it may erase your hard disk). Trojan horses have no way to replicate automatically.
- **Worms:** A worm is a small piece of software that uses computer networks and security holes to replicate itself. A copy of the worm scans the network for another machine that has a specific security hole. It copies itself to the new machine using the security hole, and then starts replicating from there, as well.

To protect you from malicious computer viruses turn the "Reading Pane" off in your email program and never open attachments to an unexpected email even when they come from a friend or family member. Often times the virus has attached itself to your friend or relatives computer and is emailing itself to you without the sender's knowledge.

If in doubt contact the sender to see if they actually sent you the email.

You're AllNations Bank Family,
Gene, Eugene, Amber, Delaina & Joy

MOM
Happy Mother's Day

Wishing a very Happy Mother's Day to my
Beautiful & Radiant Mom, Marie Gibson!!
I Love You very much, Mom!!
Niyawa for all that you do!



To the most loving
MOM,
Velma Blanchard
We love you very
much!
Marvin & Sherry

eat right. Academy of Nutrition and Dietetics

Eat Right

Food, Nutrition and Health Tips from the Academy of Nutrition and Dietetics

Color Your Plate with Salad

Pack more nutrition into your day with a colorful main dish or side salad. Keep basic ingredients on hand for a quick addition to any meal.



Encourage kids to eat more vegetables by setting out ingredients to make their own salad creations. Or, let them choose individual items with salad dressing as a dip.

Select from
Vegetables,
Fruits and
Beans

(Chopped, diced, shredded, sliced or whole)

Mix and match ingredients by choosing one or more foods from each column below. Consider flavor, texture and color. Add a light salad dressing and enjoy!

Start with Leafy Greens

- Arugula
- Boston or Bibb lettuce
- Escarole
- Green or Red leaf lettuce
- Iceberg lettuce
- Mixed greens
- Napa Cabbage
- Radicchio
- Romaine
- Spinach

Vegetables

- Artichoke hearts
- Bean sprouts
- Beets
- Bell pepper
- Bok choy
- Broccoli or cauliflower
- Carrots
- Celery
- Corn
- Cucumbers
- Onion (red or sweet)
- Peas
- Radishes
- Sugar Snap Peas
- Tomatoes
- Water chestnuts
- Zucchini



Orthostatic Hypotension and Unintentional Falls

According to the Center for Disease Control and Prevention Postural Hypotension or Orthostatic Hypotension is a medical condition associated with unintentional falls. Orthostatic Hypotension occurs when your blood pressure drops while changing from a lying position to a sitting or standing position.

Symptoms:

- *Lightheadedness/Dizziness after changing positions
- *Fainting feeling, passing out and/or falling

- *Headaches, tunnel vision
- *Weakness and/or fatigue

Timing:

- *When changing positions
- *In the morning
- *After consuming a large meal
- *During exercise
- *When straining on the toilet

Treatment:

- *Notify your primary physician
- *When changing positions, sit on the side of the bed for a few moments before standing.
- *Try to sit down when doing strenuous activities/exercises. Chair exercises are ideal for elders with tendencies of falling.
- *Have something to hold onto when getting out of bed.
- *Sleep with your head elevated.

AST Injury Prevention

Located in Public Health
Nursing Dept.
Little Axe Health Center
15951 Little Axe Drive
Norman, OK 73026
P: 405-701-7601
F: 405-701-7605
Sharon Ponkilla LPN
sponkilla@astribe.com

Little Axe Health Center
405-447-0300
Shawnee Clinic
405-878-5850





BIRTHDAYS

2013

AHTONE, CATLIN RAY
 ALFORD, AMY DIANNE
 ALFORD, CHRISTIAN SHAWNEE
 ALFORD, MAGDELENA SPANETA
 ALLEN, LUCINDA NICOLE
 ALLEN, PATRICIA ANN
 ATCHICO, JOHN EDWARD
 ATWELL, DAVID EUGENE
 ATWOOD, REAGAN NICOLE
 BAILEY, BRITTANY CIARA
 BARTON, TRAE LEE
 BATEMAN, ALBERTA DENISE
 BATES, AKIANE KAREE
 BAUGHMAN, BRENDA JANE
 BELVIN, JUSTIN RAY
 BENDER, LEAL DESMA
 BENTLEY, CURTIS LEE
 BETTELYOUN, LULA MAE
 BIGPOND, ROY
 BLACK, CASSANDRA RENE
 BLACK, TIMOTHY WAYNE
 BLACKBURN, GAYLE ANN
 BLANCHARD, JOEY EDWARD
 BLANCHARD, CAELYNN BLU
 BLANCHARD, DAKOTA JOSHUA
 BLANCHARD, GLENDINE
 BLANCHARD, JOSEPH HENRY
 BRADLEY, JERRY DEAN
 BRADLEY, TERRY DON
 BRADY, LYNN MARIE
 BREEDING, SEAN K. C.
 BRINSON, ARIANA ISABEL
 BRISTER, APRIL ANGELA
 BROCKSMITH, CHOLE ELIZABETH
 BROWN, CHELSEA NICOLE
 BRYANT III, CHESTER A.
 BUCKLEY, GERALD WAYNE
 BULLARD, ADAM DREW
 BUMP, HALEY KALYN
 BUMP, KARLI JESSICA
 BUSTAMANTE, ANDREA NADINE
 BYERS, CHRISTIAN DANIEL
 BYERS, ERIC NELSON
 BYERS, MELISSA SUE
 CAGLE, ALICIA NICOLE
 CAMPBELL, CHARLES ELBERT
 CHARLEY, ARRON MICHAEL
 CHARLEY, MELLONEY ANN
 CITY, KATHON CLAY
 CITY, LINDSEY NICOLE
 CLINESMITH, BLAKE WESTON
 CODDINGTON JR., KEVIN DWAYNE
 COLLETT, BONNIE SUE
 COLUNGO, STEVEN LEE

COMBS, MICHELLE LYNN
 CONOVER, GLORIA JEAN
 COON, JUSTIN KYLER
 COYLE, SARA MICHELLE
 CREAMER, CORA MAE STARR
 CRIPPS, ANITA LOUISE
 CUELLAR, ORIETTA FAITH
 DANKENBRING, BRYCE THOMAS
 DAVIS, DALE ALLEN
 DEERE, SHAWNEEN ESTELLINE
 DENNY, JACQUELINE
 DOSPAPAS, VERNA MAY
 ELEPHANT JR., EDWARD ELMER
 ELLIS, GREGORY SCOTT
 ELLIS, HEATHER ANN
 ELLIS, HOLLY DIANA
 ELLIS, MICHAEL FRANK
 EVANS, LISA MICHELLE
 FACTOR, JAREMYAH JAMEZ
 FEELING, LAVONNA JEAN
 FERRELL, ALYSSA KAY
 FERRELL, AMBER NICOLE
 FERRER, JOSHUA LEE
 FIFE, GABRIEL DOUGLAS
 FIFE, TERESA LAURA IRENE
 FOOTRACER, LEE ANNA GAIL STUBB
 FOREMAN JR., LEONARD DEWAYNE
 FOREMAN, JACOB COLLIN
 FOREMAN, JALEN HAWKE
 FRITSCH, JOLEY MARIE
 GALLOWAY, ZACHARY ADAM
 GAUT, CRYSTAL LYNNE
 GIBSON SR., ROY GENE
 GIBSON, DAVID MICHAEL
 GIBSON, JEFFREY WAYNE
 GODWIN, LUCY G.
 GOUGE, KARA JOE
 GRANSTROM, CODY JAMES
 GRAVES PYRCH, KAREN SUE
 GRAVES, SHAROL ANNETTE
 GRAY, BRANDEN TYLER
 GRAY, DAKOTA CHRISTIAN
 GREELEY, CARSYN RYAN
 GRIFFIN, DIANE SUE BERRY
 HALE, KATHY SUE
 HALL, EMILY KATHERINE
 HARRIS, KONNER LEE LITTLE CHARLEY
 HAUMPY, TAJ-AH BILLY
 HEATH, SPENCER BLAKE
 HENDRICK, LUKE MICHAEL
 HENRY, EDDIE ALLEN
 HERNANDEZ, JENNIFER LOIS
 HILL, YVETTE CARMEL
 HOOD JR., WARREN WESLYON

HOOD, ELENA ANN
 HOOD, LISA
 HOOD, THOMAS EDGAR
 HUMPHREY, CAROL LEE
 HUNT, DOMINIQUE ANNASTASIA MARIE
 HUTCHINSON, VELMA RAE
 IRVIN, STEVEN BENJAMIN
 JACKSON III, MARK SWEENEY
 JOHNSON HARJO, CURTIS RAY
 JOHNSON JR., RICHARD TAFT
 JOHNSON, COREE LEE
 JOHNSON, GABRIELLA KAYANN
 JOHNSON, MICHAEL SCOTT ISAIAH
 JOHNSON, NICHOLAS JAMES
 JOHNSON, PRISCILLA GRACE
 JOHNSON, WALTER KIRBY
 JOHNSON, WHITTNEY BROOKE
 KASECA, BARRY ALVIN
 KASECA, KANTYNN JAMES
 KASECA, ROY JAMES
 KEITH, MARSHALL COLLINS
 KIRBY-GIBSON, IAN JACOB
 KMATZ, MINDY LYNNETTE
 KOBBS, JENNIFER ANN
 KOWITZ, MICHAEL RAYMOND
 LEEDOM, COURTNEY DAWN
 LITTLE AXE, SABRINA
 LITTLE CHARLEY, CHERYL JEAN
 LITTLE CHARLEY, TERRY LEE
 LITTLE CREEK, VERNON DALE
 LITTLE, JADYN ALISE
 LITTLE, MADISON DIANE
 LITTLECREEK, ANDERSON DOREECE
 LITTLECREEK, DAKOTA DWIGHT
 LITTLECREEK, TIFFANY NICOLE
 LITTLECREEK, TRISTYN DENAE
 LONGHORN, SEAN RAY
 LONGHORN, WEDA LOUISE
 LOPEZ JR, ROLANDO
 LOVINS, AUDREY ANN
 LOVINS, EARL DEAN
 MACGILL, GEORGIA SUE
 MACK, RYLAN EMORY
 MANN, SALLY ARLENE
 MASQUAT JR., GEORGE
 MASQUAT, CHELCY NICOLE
 MATHANY, SUSANNE CHRISTINE
 MATTHEWS, MARY CAROLINE
 MCGOWAN, PATRICIA LYNN
 MCMILLAN, SHELLY KRISTIN
 MEDINA, ALYSSA PAMELA LEE
 MEQEHEE, DOUGLAS DEWAYNE
 MEQEHEE, TONIA LYNN
 MENDOZA, AMANDA RANEE
 MEYER, DOREEN
 MILLER, CASEY RYAN
 MINER, HEATHER ROCHELLE
 MINESINGER, SCOTT BROOKER
 MITCHELL, DESIREE ROSE

MONTGOMERY, MATTHEW SCHYLER
 DAUGHERTY
 MOORE, EMILY RENEE
 MORGAN, POLLY A LITTLEBEAR
 MORTON, JEREMIAH JAMES
 MUNROE, DOUGLAS
 NEESE, LISA MARIE
 NEUGENT, ALENA DEE
 NEUGENT, ALISA MARIE
 NEW MOON, JAKE LEE
 NEW MOON, JENNIFER BROOKE
 NEWTON, JESSICA ANN
 NOYES, PAULA JO
 OLDHAM, GEORGE LYNN
 ONZAHWAH, DEBORAH KAY
 OTT-PROCTOR, LYLLE LEE ANN
 PANTHER, JEFFERY WAYNE
 PARKER, SHAWN IAN
 PAWPA, DONALD WAYNE
 PEARL, MELVIN JOE
 PITNER, KAMRYN NICOLE
 POWELL, FAWN LAVERENE
 POWELL, KENDALL LYNN
 PYRCH, LAUREN KARLY
 RAISBECK, DAVID NATHANIEL
 RAMIREZ JR., FLORENTINO
 RAMIREZ, ELICIA MARIE-ALKA
 REAVIS, RICCI DONNICE
 ROACH, DAKOTA EUGENE
 ROBERTSON, RITA JEAN YORK
 ROBISON, MORGAN TELL
 ROBISON, THOMAS AARON
 ROCHON, GERALD WAYNE
 ROCK, MICHAEL EUGENE
 ROLETTE, DOMINI ANTOINETTE
 ROLETTE, GILBERT EARL
 ROLETTE, JOSHUA DAVID MICHAEL
 RUDLOFF, LACEY REI
 RYAN, ROYCE LIAM
 SALAZAR, TERRY LEE
 SALISBURY, LUCAS HOLDEN
 SALISBURY, MARA ANN
 SANDERS, PATTY RUTH
 SCHULENBERG, DONALD DEREK
 SEVIER, ELLIOTT ROSE
 SHAWNEE, JARRETT LLOYD
 SHULAR, MONTE LEE
 SMITH, JEREMIAH ROBERT
 SMITH, RICHARD ALEXANDER
 SMITH, TERESA RENEE
 SMITH, VALERIE ANN
 SMITH, VANESSA RAE
 SNAKE, NORMA LOUISE
 SOAP JR, JOHN LEE
 SOAP, ROGER EUGENE
 SPICER, AMBER JO
 SPOON JR., ROBERT RAY
 SPOON, JOPLIN DUPRE
 SPOON, LANDON JOE

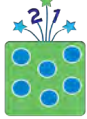
SPOON, LEXI DELLA-ANN
 SPRIGGS, WARREN PAUL
 SPRINGER, DELORES ANN
 SPYBUCK, EASTON CADE
 SQUIRE, NATHAN GENE
 STARR III, HENRY JAMES
 STARR, ANTHONY CRAIG
 STEVENS, LAURENCE PAUL
 STEWART, GRACIE NICOLE
 STONE JR., JAMES LEE
 STRAIN, CYNTHIA ANN
 SULTUSKA, ELLA L.
 SULTUSKA, JERRY WAYNE
 SULTUSKA, RODNEY STEVEN
 SUMMERS, DOROTHY JEAN DIRT
 SURFACE JR., ROBERT MONROE
 SWITCH -BUCKNER, JUNE
 SZOKE, DEBRA JEAN
 TALBERT, ELANIA MICHELLE
 TALLCHIEF IV, EVES
 TALLCHIEF, JOHN G.
 TAYLOR, DARWIN JACOB
 TEBE I, MAVRIK WEST
 THORNHILL, NOAH HUNTER
 THORPE, BURKE JAMES
 TIGER, JENNIFER DIANE
 TIGER, ROLAND
 UCHIDA JR., STEPHEN ROBERT
 VALDIVIA, JENIKA NICOLE
 WAKOLEE, CARMEN JEAN
 WALKER, JO ANN LOUISE
 WALLACE, BRENDA GAYLE
 WARRIOR, JOHNNIE ANDREW
 WARRIOR, KENNETH JAMES
 WATKINS, JAMIE LYNN
 WATSON, BRITTANY L. P. D.
 WATSON, JANELLE ILISE
 WATSON, THOMAS AARON
 WESLEY, ULA MAE WELCH
 WHITE IV, CHARLES DANIEL
 WHITE, BROOKLYN DEE
 WHITE, CAITLYN ROSE
 WHITE, CLAYTON RANDALL
 WILKERSON, KATIE EVALYN
 WILLIAMS, COLTON ALEXANDER
 WILLIAMS, DAVID CHRISTOPHER
 WILLIAMS, RUTH HELEN
 WILSON, CARLA MARIE
 WILSON, CECIL ALAN
 WILSON, CHRISTOPHER BLAINE
 WILSON, DIANA LYNN
 WILSON, FRANCIS LYNN
 WILSON, HELEN JUNE
 WILSON, LANA LOUISE
 WITT, AMBRA DENISE
 WOLFE SR., HOUSTON HUGH
 WOOD, LILLIAN KAY
 WUCINSKI, GARY RAY
 YOUNG, LYNDA RENEE



CHRISTIAN DANIEL BYERS

We love you very much!
Auntie Sherry & Uncle Marvin, and your cousins Jordan, Ryder, & Baby Landyn

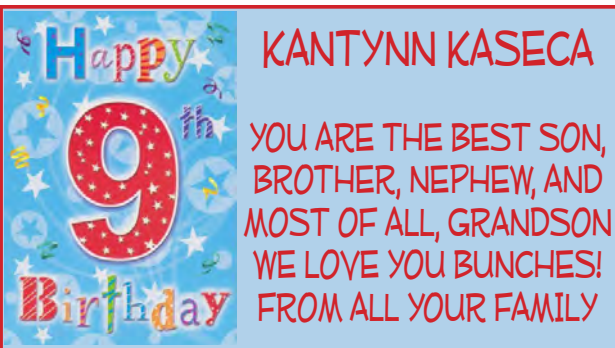
Happy 21st Birthday



Brittany LaDawn Paige Danielle Watson

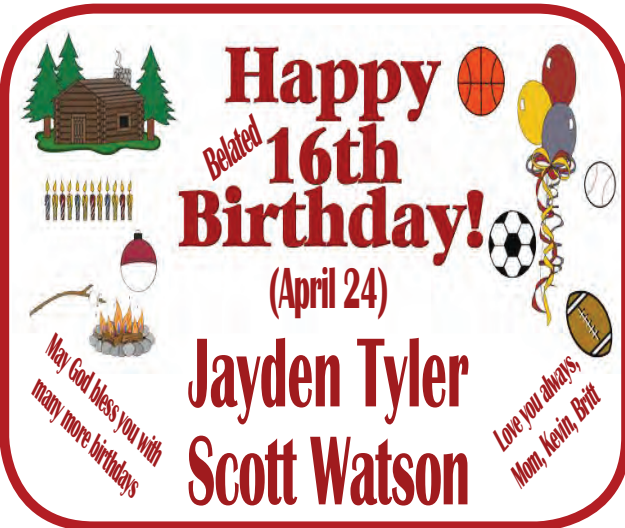
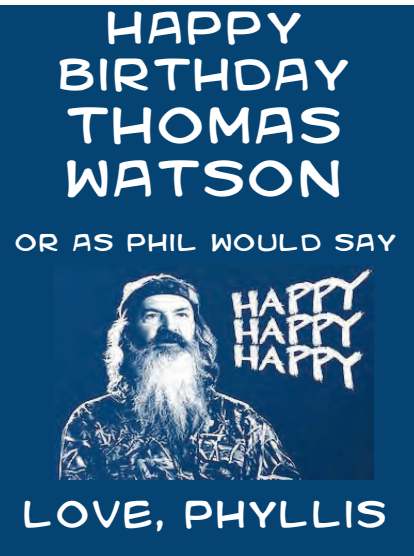
(May 24th)

May God Bless you with many birthdays.
Love You Always,
Mom, Kevin and Jay



KANTYNN KASECA

YOU ARE THE BEST SON, BROTHER, NEPHEW, AND MOST OF ALL, GRANDSON WE LOVE YOU BUNCHES! FROM ALL YOUR FAMILY



Happy Belated 16th Birthday!
(April 24)

Jayden Tyler Scott Watson

May God bless you with many more birthdays

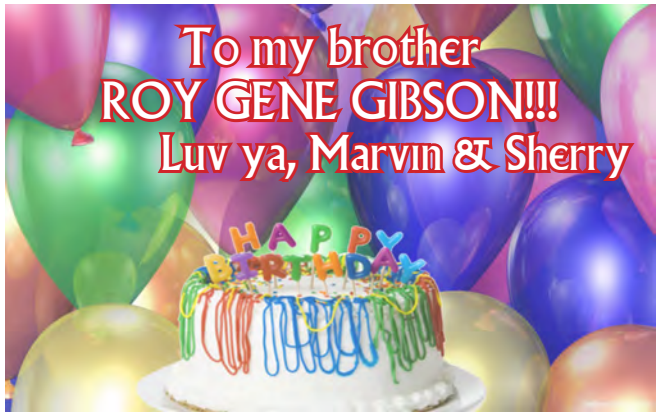
Love you always,
Mom, Kevin, Britt



To my niece **Baley Bierd**

Happy 15th B'day!

April 24
I wish you a wonderful day! I love you bunches!
From Aunt Rhonda & family

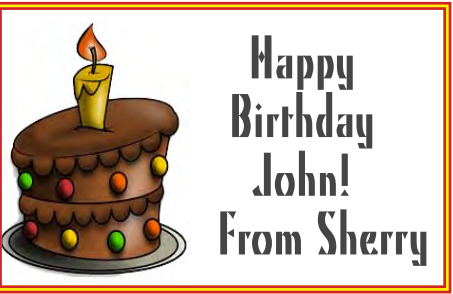


To my brother **ROY GENE GIBSON!!!**
Luv ya, Marvin & Sherry

Happy Birthday Jules!



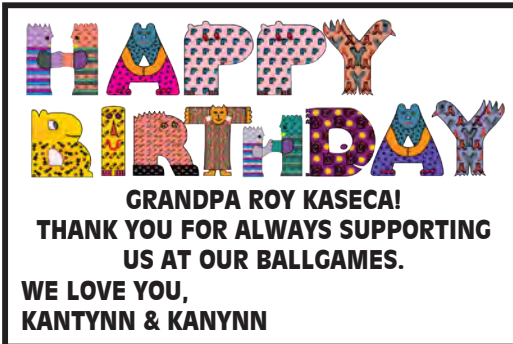
I hope you have many more!
Love, PaPa



Happy Birthday John!
From Sherry



To my two OLDER sisters **ROSADA & MARTHA**
I love you both very much!



GRANDPA ROY KASECA!
THANK YOU FOR ALWAYS SUPPORTING US AT OUR BALLGAMES.
WE LOVE YOU,
KANTYNN & KANYNN



Happy Birthday CHUBS FOREMAN!!
From Sherry & Marvin



Joplin Hey Birthday Boy!!

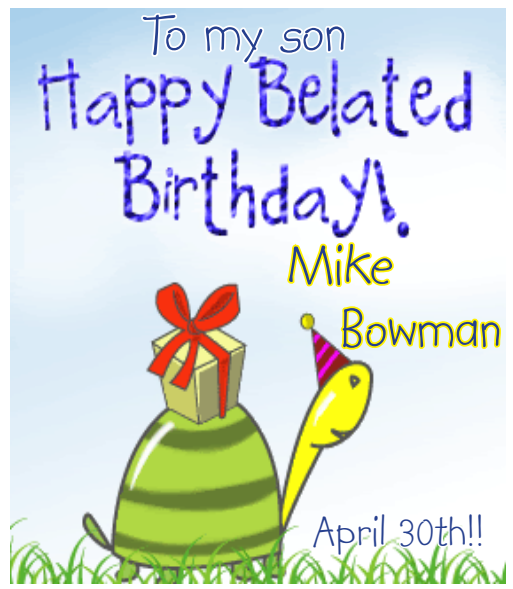
Joplin, You're the best little brother we have and we're wishing you a very happy birthday! You're one in a million!
Love Jiliyan & Justin
I'm wishing you a very happy 5th birthday to the most wonderful, energetic little boy!! Mommy loves you so much little man!
Love, Mom
Grandson, Happy 5th birthday!!
Granny loves you so much! You're my little man!
I love you- Granny Low
Have a Very Happy 5th Birthday May 17th!!
I love you so very much!!
Love Auntie BJ



TO MY SON **BRYCE RUNSABOVE & SISTER SHARON SHAWNEE**

HAPPY BELATED BIRTHDAY

BOTH APRIL 1ST!!



To my son **Happy Belated Birthday!**

Mike Bowman

April 30th!!



To my sister **Mary Ann**
Sending you belated

birthday wishes!

April 18th!

The Absentee Shawnee Tribe Veterans Association



Richard Birdtail - Walter Larney - David Little

On Thursday, April 18th, 2013, the Veterans Association had the honor of posting the colors at the conference of "6th Annual Preparing for the 7th Generation" at Tulsa Marriott Southern Hills, Tulsa, OK



(l-r): Clarence Yarholar, Patricia Yarholar, David Little, Richard Birdtail, Mary Birdtail, and Walter Larney



NOT GOING TO BE HOME CALL & LET US KNOW
405-275-4030 EXT 169
OR NOTIFY YOUR DRIVER

May 2013

LUNCH SERVED MONDAY – THURSDAY 11AM TO 1PM
BREAKFAST SERVED ON FRIDAYS 9 AM TO 11 AM

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 BBQ Chicken Baked Beans Spinach Bread Cake	2 Beef Fingers Mashed Pot/Gravy Brussels Sprouts Bread Plums	3 Pancakes Sausage Links Fruit	4
5	6 Smoke Sausage Mac n Chez Tossed Salad* Bread	7 Chicken Pot Pie w/ veggies Biscuit Peaches	8 Spaghetti w/ meat sauce Broccoli Garlic Bread Applesauce	9 Burrito Spanish Rice Chips N Salsa Fruit	10 Scrambled Eggs Sausage Gravy Biscuit	11
12	13 Turkey Veggies Bread Apricots	14 Hamburger Lett, Tom, Pickle Pork n Beans Cookie	15 Tamales Mexi-corn Tossed Salad* Pineapples	16 Chicken Patty Sandwich Chips Lett, Tom, Pickles Mixed Fruit	17 Oatmeal Bacon Toast Fruit	18
19	20 Cold Cut Sandwich Lett, Tom Mac. Salad Mandarin Oranges	21 Chef Salad w/ Chicken Crackers Pears	22 Enchilada Casserole Spanish Rice Cookie	23 Pinto Beans w/ ham Steak Fries Onion Crisp	24 Cereal Sausage Patty Toast	25
26	27  Memorial Day	28 Chicken Strips Mashed Pot/Gravy Greenbeans Bread Peaches	29 Pork Chop Stuffing Green Beans Pudding	30 Egg Roll Stir Fry Veggies Rice Banana w/Glaze	31 Scrambled Eggs Sausage Gravy Biscuit	

MENU SUBJECT TO CHANGE

2% MILK SERVED

ABSENTEE SHAWNEE TRIBAL
POLICE DEPARTMENT



SORNA

SEX OFFENDER REGISTRATION AND NOTIFICATION ACT
EMAIL: SORNA@ASTRIBE.COM
TIPLINE 405-273-1249

ABSENTEE SHAWNEE TRIBE

RANDY EDGE
TERO DIRECTOR

2025 S. Gordon Cooper Drive
Shawnee, OK 74801
redge@astribe.com



TERO
TRIBAL EMPLOYMENT
RIGHTS OFFICE

Phone 405.275.4030 ext. 135 Fax 405.395.9888 Cell 405.432.9859

TERO DEPARTMENT MAY NEWSLETTER

The Tribal Employment Rights Office also known as TERO is a department that protects tribal employees' rights and supports tribal career development. Within this past month, the TERO department has been very busy. We have added 7 new applicants to our database which now brings our total number of applicants to 560. Of those 7 new applicants, 6 are Absentee Shawnee Tribal members. We have also helped 56 applicants/guests who have walked in, called/received 303 phone calls, and referred 17 applicants to various departments within the tribe, 8 applicants to outside sources, and 4 applicants to Thunderbird Entertainment Center.

In addition to the activity above, TERO has also attended numerous meetings since the last newsletter. On **March 27**, TERO met with Jonathan from Oasis Temp Employment concerning applicants clearing with their services. Then, on **March 28** and later on **April 10**, TERO attended meetings on campus concerning the Absentee Shawnee Youth Award. On **March 29**, TERO attended the AGC Education Foundation Scholarship Readings at the University of Oklahoma. In **April**, on the **1st**, TERO attended the AICCOK-Oklahoma City Chapter meeting. At the meeting, bylaw revisions were discussed. Then on **April 3**, TERO attended a meeting between Jonathan from Oasis and five TERO applicants. At this meeting, the applicants filled out applications with Oasis. On **April 10th**, TERO attended the AICCOK-Oklahoma City Chapter Women in Leadership Luncheon at Twin Hills Golf and Country Club in Oklahoma City. Treasurer Kathy Deere was one of the guest speakers as was Lisa Billy, a member of the Oklahoma House of Representatives. Then on the morning of **April 12**, TERO met with Bob Shepard of the Absentee Shawnee Housing Authority in effort of working together for future projects. During this meeting, discussions took place about putting TERO applicants to work at the housing authority. Later that morning (**April 12**), TERO had a meeting with the Absentee Shawnee Human Resource Department in effort of discussing a better process to get more of our Indian people to work. Then in the afternoon of **April 12**, TERO met with Brad Jackson of the Absentee Shawnee Police and AST grant writer Glenna Jones. Then on **April 16**, TERO met with Anita Whiteshirt and Pawnee TERO Director Arthur Fields about the National Indian Council of Aging, Inc. grant that puts individuals 55 years of age and older to work. Then in the evening of **April 17**, TERO attended the reading session for the Absentee Shawnee Youth Award. Finally, on **April 18**, TERO attended the Council Tribal Employment Rights (C.T.E.R.) Convention/Planning Meeting at the Hard Rock Hotel and Casino in Tulsa, Oklahoma. At this meeting, discussions took place about the future CTER National Conference in June. At the current time, TERO has confirmed the use of the Absentee Shawnee tribe color guard's services, Governor George Blanchard's service as one of the spiritual leaders to give an invocation, and Isaac Gibson and band to provide evening entertainment.

In the final weeks of April, TERO will be attending several more meetings/scholarships interviews. On April 24, TERO will be in attendance to the 1st Annual Indian Education Summit Planning Session. Then, on April 25, TERO will be meeting again with the Absentee Shawnee Tribe Human Resource Department to go over questions and suggestions of bettering our Indian people for employment opportunities.

Within the next month of April, TERO will also be continuing to take applications for the construction project of the new Building Blocks Daycare that will be located in Little Axe. Please contact our TERO offices to update your application or to put in an application if you are interested. Also, there will be an opportunity to fill out an application for the National Indian Council on Aging. To fill out an application, you have to be 55 years of age or older.

The TERO department helps Native Americans with job placement and employment referrals, and we strongly encourage any tribal member of Native American who may need employment to come to the Absentee Shawnee TERO department and apply. To become an applicant, the process is simple. **First**, you will need to come to the department to pick up and fill out an application. We are located in building #1 on the second floor. **Second**, you will need to provide the TERO department your CDIB or a document to prove your tribal affiliation (**YOU MUST BE A MEMBER OF A FEDERALLY RECOGNIZED TRIBE TO BECOME AN APPLICANT**), your social security card, and your Driver's License or state ID. **Third**, you will need to provide the department with any licenses, credentials, or any other certifications/degrees you have acquired.

In addition to keeping your application on file, we also provide some other services. **TERO holds the responsibility of insuring our applicants have equal opportunity for employment and receive call backs or letters on all positions that are applied for.** The TERO department also provides/helps our applicants with job search, referrals, resume assistance, interview tips, and application status. Further, for your convenience, the TERO department also posts all tribal positions, some local positions, and some positions for the Oklahoma City, Norman, and Moore areas outside of our offices on bulletin boards and in binders. Currently, we have close to 100 job openings posted outside of our offices. However, keep in mind, these job postings are constantly changing and being updated weekly as positions are filled. So, a job that may be listed below may already have been filled. However, still stop by and fill out an application, if you haven't already done so, and look at the current job openings. If you have any further questions about the TERO program or just have a request, you can contact our office anytime Monday through Friday from 8 am to 5 pm (closed 12 pm to 1 pm for lunch), and we will be happy to assist you.

Randy Edge (Director) 405-275-4030 ext. 135
Carol Butler (Office Assistant) 405-275-4030 ext. 163

The following is a list of job openings for some off campus positions posted at the TERO department:

- | | |
|---------------------|---------------------|
| Office Clerks | Mixer Driver |
| Cashiers | Water Well Driller |
| Executive Assistant | IT Assistant |
| Assistant Managers | Resident Advisor |
| Accounting Clerk | Security Officer |
| Bus Drivers | Customer Service |
| Delivery Drivers | Host/Hostess |
| Mechanic Helpers | Assistant Teacher |
| Laborer | Warehouse Associate |
| Maintenance Worker | Security Officer |

NATIVE YOUTH PREVENTING DIABETES

NYPD 2013

June 10 – 14, 2013



5 days and 4 nights of outdoor activities, Native American cultural activities, and healthy FUN!

REGISTRATION DEADLINE IS MAY 10, 2013!!!

Please contact Diabetes and Wellness Dept. at
(405)701-7979 or (405)701-7978 for more information

Foster & Adoptive Parents Needed!!!

Can you open your home and heart for a foster child? Foster parents provide a temporary, safe home for children in crisis. Foster parents are partners with child welfare workers, lawyers and judges. It is not for everyone but if you have it in your heart - we need you.

- Can you love and care for a child who comes from a difficult background?
- Can you help a child develop a sense of belonging?
- Are you secure in yourself & your parenting skills?
- Can you maintain a positive attitude toward a child's parents?
- Can you love with all your heart & then let go?

FOSTER PARENTS PROVIDE A TEMPORARY, SAFE HOME FOR CHILDREN IN CRISIS. THEY ARE PARTNERS WITH WORKERS, LAWYERS, AND JUDGES. IT IS NOT FOR EVERYONE! CAN YOU OPEN YOUR HOME AND HEART FOR A FOSTER CHILD?

Many children need a loving home and a family to help them through a very tough time. Please think about it and talk with your family before you become a foster home. They all need safe, supportive environments!

If you find yourself and your family interested in Foster Care, please contact Amanda Lenora, CPS/Foster Care Worker - 405-878-4702

ASTribe Indian Child Welfare Department FOSTER CARE

This article appears in the Daily Times in Farmington, New Mexico. And even though this talks about the foster care program and tribal children in foster care, this article can speak on behalf of what the Absentee Shawnee Tribe Foster Care and other tribes are going thru. Finding foster homes is a necessary to not only protect AST children but to also maintain their cultural identity, heritage and traditions. The Absentee is a small tribe and we should be able to work as ONE TRIBE to care for the AST children. If you have any questions, contact the ICW department at (405)275-4030.

"Only two foster homes in San Juan County belong to American Indian families, but more than half of the 85 children in foster care now are American Indian. That means about 40 American Indian youths in the local foster system are living with non-native families. The Children, Youth and Families Department, charged with placing children in alternate homes if their own families are deemed unsafe for reasons of abuse or neglect, is having a hard time finding enough native families for the number of native children in the system.

The department does everything it can to match a child with a family of a similar background. That doesn't work when fewer homes than children are in the system, which means native children more often than not end up in non-native families. This is contrary to federal policy, which directs the department to make every effort to place children of American Indian descent in homes that nourish their cultural identity. But without more native families stepping up to offer a home for children, there is little the department can do to remedy this situation.

The Indian Child Welfare Act provides four placement options, which the department must pursue in descending order every time it places a native child. The first option is to place American Indian children with a relative who can provide a safe environment and who eventually attains a foster care license. The second option is for a child to be placed in a family from the same American Indian tribe. The third is for the child to be placed with a American Indian family not of the same tribe. The final option, and the one the CYFD most often uses, is matching native children with non-native families that simply have a foster care license.

This is a loss for children and for potential foster families. It's also a loss when it comes to efforts to revitalize native traditions and teach them to the children. We encourage all native families with the resources that can allow children a home to contact the Children, Youth and Families Department. Fostering a child is one of the most rewarding things a family can do."

In the state of Oklahoma alone, there are almost 3000 Native American children in the foster care program with a majority of these children placed in non-native placements. Now imagine if your son, daughter, grand children were placed in another home that didn't teach or understand the Absentee Shawnee traditions. What would happen to their identity, their sense of being a AST, their sense of belonging and being proud of being a Absentee Shawnee?

The AST ICW dept are in need to foster homes. Emergency homes, temporary homes, it doesn't matter. We have made it a goal to get certify at least 5 homes to be foster homes for the AST. With obtaining more every year from this point on. It takes ONE TRIBE to care for ONE CHILD. As the great Tecumseh said, "A SINGLE TWIG BREAKS BUT A BUNDLE OF TWIGS IS STRONG."

For more information about being a foster home, please contact: Indian Child Welfare Department (405)878-4702

AST MAINTENANCE DEPT. NOW TAKING GRASS MOWING APPLICATIONS

Absentee Shawnee Tribe of Oklahoma
Maintenance Department
2025 S. Gordon Cooper Drive
Shawnee, Oklahoma 74801
(405) 275-4030

GRASS MOWING APPLICATION

The following are the requirements for this program:

1. Must be an Absentee Shawnee Tribal Member
2. Must be 65 years or older
3. Handicap/Disabled (Please have letter from doctor if under age 65)
4. Must provide proof of residency
5. All trash, branches, debris must be cleaned out of yard

The Absentee Shawnee Tribe Maintenance Department will **ONLY** mow and weedeat applicants' lawn. Maintenance will mow every two (2) weeks. Also, the maintenance workers will not trim trees, shrubs, etc. **NO RENTAL PROPERTY** will be mowed.

If you have any questions, please contact Rita Harjo at (405) 275-4030 ext. 128.

NAME: _____

ADDRESS _____

CITY: _____ STATE: _____

ZIP: _____

CDIB#: _____ DOB: _____

HOME PHONE: _____

MESS PHONE: _____

Finding directions to home:

Diabetes and Wellness Program

Recipe

Chicken Salad

Ingredients:

- 5 oz can chicken in water
- 1 large stalk celery - cut into small pieces
- 8 Grapes - quartered
- ½ gala apple - cut into small pieces
- 1/4 cup walnuts -chopped
- ½ cup light miracle whip

Directions:

1. Drain chicken.
2. Mix all ingredients together in a bowl. Enjoy!



Nutritional Information:

-about 5 servings
For each serving:
Calories 120
Fat 7.8g
Carbohydrates 6.6g
Fiber 1.2g
Sodium 287.5 mg
Protein 7.3g

Diabetes and Wellness Program
Absentee Shawnee Tribe Health Clinic
Phone: (405)701-7977 (405)447-0300
Fax: (405)701-7984
15951 Little Axe Drive
Norman, OK 73026



Mark Your Calendar

Upcoming Events...

Education Opportunities

- Learning to Control your Diabetes
Join us for a 6 week program that teaches you the basics of Diabetes, giving you the tools you need to help manage this disease.

Locations:

Little Axe Health Center
Shawnee Health Clinic

Space is limitedcall now and enroll!!

NEW - Fitness Dance Classes

Shawnee Health Clinic -
Monday and Wednesday at 12:00
Little Axe Health Center -
Tuesday and Friday at 12:00
Please call to sign up

ODC Golf Tournament

April 19, 2013
Deadline to register is April 15, 2013
Please call for details and registration form

NYPD Camp for Kids

June 10-14, 2013
DEADLINE to register is May 10, 2013
Spots limited, contact now



Office of Environmental Health & Engineering

- Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- a. Handicapped/Disabled and Elderly
- b. Income
- c. Family Size/Overcrowded Living Conditions
- d. Condition of Home

Other Programs available:

- Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website: www.astribe.com.

Submit completed application to:

Office of Environmental Health & Engineering
Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801

Absentee Shawnee Tribe Complex
Office of Environmental Health & Engineering, Building 13
If you have any questions, you can reach us by phone at (405) 214-4235

eat right. Academy of Nutrition and Dietetics

Eat Right

Food, Nutrition and Health Tips from the Academy of Nutrition and Dietetics

Power Up with Breakfast

Breakfast gives you energy to start the day. A healthy breakfast is important for everyone. Get the morning nutrition you need with these quick breakfast ideas.

- Make instant oatmeal with low-fat milk instead of water. Toss in raisins or dried cranberries and chopped walnuts.
- Layer low-fat plain yogurt with your favorite crunchy cereal and blueberries.
- Blend a breakfast smoothie with low-fat milk, frozen strawberries and a banana.
- Make one packet of microwave oatmeal with low-fat milk. Mix in 1/4 cup unsweetened applesauce. Sprinkle with apple pie spice or cinnamon.
- Top a toaster waffle with low-fat yogurt and peach slices.
- Stuff a whole-wheat pita with a sliced, hard-cooked egg and low-fat shredded cheese.
- Spread a flour tortilla with peanut butter. Add a whole banana and roll it up.
- Spread low-fat cream cheese on a whole-grain toasted bagel. Top with sliced strawberries.
- Add lean ham and low-fat Swiss cheese to a toasted whole-grain English muffin.



ABSENTEE SHAWNEE TRIBE OF OKLAHOMA

RECYCLING MATERIAL THAT WE ACCEPT.

ALL WHITE PAPER, ENVELOPES, COLORED PAPER, JUNK MAIL, FAX PAPER, MAGAZINES, NEWSPAPER, CARDBOARD, AND ALUMINUM CANS.

MATERIAL WE DO NOT ACCEPT.

TONER, CARBON PAPER, FOOD WASTE, AND PLASTIC.

REMEMBER, WHEN IN DOUBT THROW IT OUT.

CONTACT INFORMATION

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA

OFFICE OF ENVIRONMENTAL HEALTH & ENVIRONMENTAL PROGRAMS.

2025 S. GORDON COOPER DR. SHAWNEE, OK 74801

PHONE: (405) 214-4235

FAX: (405) 878-4701

Absentee Shawnee Tribe Recycling Program

"To Establish a recycling program for municipal waste planning, reduction, and Recycling"

The Office of Environmental Health and Environmental Program is proud to announce the start of a new recycling program for the Absentee Shawnee Tribe. The recycling center is located in the yellow metal building adjacent to the OEH Department. The Absentee Shawnee Tribe (AST) Recycling Program Program declares that waste reduction and recycling are the preferable to the

or processing of municipal waste, and that removing certain materials



from the municipal waste stream will decrease the flow of solid waste to municipal landfills. AST Recycling Program used the knowl-

edge and information about recycling markets and market demand as well as information obtained from various publications and the internet to comprise an analysis of material the recycling program will address at the start of the program. AST Recycling Program Plan establishes a goal that, by year's end 2013, at least 25 % of the recyclable material produced by the Tribe will be recycled.

Reduce, Reuse, and Recycle

The AST recycling Program will initially focus on the following waste stream material; High-Grade shredded paper, Assorted office paper,

Phone books, Magazines, Cardboard, Newspaper, and Aluminum cans. As the program and market develops, other recyclables will be sought.

There is a cost associated with recycling, However, economic, social, and environmental benefits exceed these cost.

AST Indian Child Welfare

Greetings AST Tribal Members!

We are revamping the Indian Child Welfare Page finally with some new information to present about exactly what our Department does on a daily basis.

Amanda Lenora is our Child Protective Services (CPS)/ Foster Care worker. Ms. Lenora responds jointly with law enforcement when one of our tribal children are alleged to be abused or neglected, and completes an investigation of the situation then staffs with the Attorney General's office her findings. Ms. Lenora is also the tribe's Foster Care worker. Ms. Lenora is on a major recruiting campaign to find Absentee Shawnee Tribal Members who would like to become a tribal foster parent for our tribal children. At this time, AST ICW has nine foster homes; the most the tribe has ever had. These past four months, Ms. Lenora has worked tirelessly to ensure that home studies, fingerprints, CANIS results, and personal reference letters have been turned in to DHS State office to get the homes fully approved as paid homes. The hard work Ms. Lenora has put in over these last few months is to be commended.



Sena Yesslith is our Promoting Safe and Stable Families (PSSF) Coordinator and Parenting Educator. Ms. Yesslith also helps with cases where sibling visitation is facilitated, and goes out of her way to do anything that is asked of her. She did a fantastic job pulling out all the stops for child Abuse Awareness Month. Ms. Yesslith goes above and beyond in her job. I am so proud of her diligent efforts to help our tribal children stay connected to their kin, culture, and community.

I am the ICW Director, but that does not mean that I get to sit behind a desk every day. I am also the Permanency Planning worker; also known as the "treatment" worker for families. I attend state court hearings all across the state of Oklahoma on our tribal children who are in DHS custody; I do Family Functional Assessments with parents whose children have recently been removed from their custody to personalize a treatment plan that fits the client that is then approved in AST Tribal Court. I write progress reports with recommendations regarding positive (or negative) behavior changes which led to the removal of the child from his or her parents. I also conduct monthly worker visits with each foster family and the parents. Sometimes, the foster care worker will do worker visits to assess the home environment on her end of her job description.

My first goal as the permanency worker is Reunification with a parent or parents. The AST ICW Department follows the laws of the AST Juvenile Code, and will continue to follow the law as long as I am the director. I am very glad I still get to work with our tribal members and not just sit behind a desk. I love the field work aspect of the job and have met a lot of wonderful, caring people who have told our staff, "Thank you for the job you are doing for our children."

Most of all, I would like to thank Representative Jeff Gibson for his unwavering support of the job that we do in ICW. Representative Gibson is very approachable and cares what goes on in the oversight of his department. I would also like to thank the Executive committee and Governor Blanchard for being so welcoming. The staff in ICW always has a target on their back for the work we do to keep our tribal children safe. We're not exactly popular but we run every decision we make through the Attorney General's office and the Court. Ultimately, we are not trying to win a popularity contest. We are part of the most important job in the world, ensuring that our children are safe, and to work with the parents to correct the conditions which led to the removal of their children from their care to get them back home as soon as it is safe to do so.

The ones who need to be personally thanked are our tribal foster parents. They are the ones who step in a child's life in a time of need. I thank each and every foster parent from the bottom of my heart. They don't do fostering for the money; they do it to make a positive difference in a child's life until that child can be returned home to his or her family. And the foster parents' that work with the biological parents is amazing! Reunification happens quite a bit faster when you have the biological parents and the foster parents working together.

Speaking of working together, when I came onboard as the ICW Director, my main motto was "Teamwork". We cannot do this job and be successful if we do it as individuals. Even though we all have our own job descriptions, teamwork has proven to be the most effective way to ensure our tribal children are safe, and our clients are satisfied with the work we are doing. In closing, I will leave you with this. The following is a parable about how essential helping each other is to being successful: "Geese instinctively know they go farther and faster by flying in a V formation. Each bird's flapping wings create an updraft to ease the way for the birds behind them. And, as the lead bird tires, another takes its place. Cooperation helps them cover 70% more miles in the same time as one bird alone; their journey together is a triumph of teamwork."

It's always nice to work with people who can feel comfortable relying on each other for help.

Thank you,
Summer Ackerman
Director of Indian Child Welfare
Absentee Shawnee Tribe
(405) 878-4702



ABSENTEE SHAWNEE TRIBE Promoting Safe and Stable Families Parenting Classes

PSSF Program provides parenting classes to promote positive parenting, help with the understanding of child development and communication skills to strengthen the entire family.

The classes will meet every Wednesday evening for ten weeks at 6 pm starting **May 15th and ending July 17, 2013 in Building #16**. New participants will be accepted until May 22nd, after this date they will have to wait until the next session to enroll. Any cancellations of classes will push the ending date back a week; participants have the option of attending a day session to end at the set date. Every class must be attended by the participant to receive a Certificate of Completion.

A dinner will be provided at every class as well as a babysitter on site if needed. Classes are also available for non-tribal members at a small fee. For more information or to sign up, call 405-878-4702.

Sena Yesslith, PSSF Worker

SENIOR GAMES

The Absentee Shawnee Tribe was represented in the Yukon Senior Games on April 12, 2013.

Retha Wilson and Edwina Butler-Wolfe, tribal members, participated in the basketball events 50 - 54 age group: Free Throws, Dribbling, 3 Pointers, Hot Shot.

Retha received Gold Medal in the Dribbling event and Silver in the Free Throws, Silver in Hot Shot, and Silver in 3 Point Shot.

Edwina earned Silver in the Dribbling Event, Gold in Free Throws, Gold in Hot Shot, and Gold in 3 Point Shot.

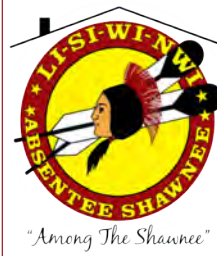
We were scheduled to play in the 3 on 3 games but found out no other women teams entered beside us. Doris Harris from Oklahoma City was scheduled to play on our team.

Looking for women basketball players 50 - 54 years of age to play 3 on 3 in the 2015 Senior Game Nationals. You will have to qualify next year to be in the 2015 National Events. Nationals are played every other year, this year events will be held in July in Cleveland, Ohio.

CONTACT:

EDWINA BUTLER-WOLFE 405 488-4569

RETHA WILSON 1-(605) 821-9337



Absentee Shawnee Housing Authority

107 N. Kimberly, Shawnee, Oklahoma 74804

Phone: (405) 273-1050

Come in and visit with us about:

- ❖ Lease with Option to Purchase
- ❖ Rental for Over Income
- ❖ Rental
- ❖ Budget Counseling



2013 AGC of Oklahoma Education Foundation Scholarships



University of Oklahoma
Construction Science
Scholarship Interviews
03/29/2013

- Andy Rine**
Flintco
- Randy Edge**
A.S.T. TERO
- Ken Robson**
OU Construction Science
Division, Director
- Doug Tapp**
AGC Executive Director of
Oklahoma Building Chapter



The Music Within You



Each and every one of us has some kind of music within us, some of find it and some don't but it's there! I've had the privilege of being a part of many children, adults, and elders that have found that precious gift and are now enjoying their blessings and many are passing their gift on to a brother or sister or an elder in their family, I have three six year old girls in one of the piano classes each week and in a very short time have become just awesome as beginners of their age, I've played music from the age of 8 my dad was a master guitar and fiddle player and I thank GOD that I received the same give of music and I want to share that talent with all that want to learn music. Like a lot of us we've all had problems in our love's and for me music has always been there to be a help in hard times for me, I hope all that read this article give me a call and let me help you all find that musical gift within you and you each one can learn to enjoy the winds beneath your wings,



because music can make you sore and excel in every aspect of life, When I see the amazing smile on the face of a six year old learning to play a simple song that makes my day and I can live on a smile for weeks, You all are invited to our FREE music lessons at the Shawnee music house or if you live in Little Axe you can have a class at the Little Axe health Center, I hold classes there every Tuesday from 9:00 a.m. until close at 5:00 p.m. all you to bring is yourself and a want to play music, We offer piano bass guitar acoustic guitar at the LAHC and at the Shawnee Music house you can learn to play the drums or any of the other instruments, the lessons are Free and I'll always be there for each student to be alongside of you every step of the way of you becoming a musician, there is no time limited on you learning to play, so please come join all that love and want to play music, I'm looking forward to meeting everyone that calls or you can email me direct if you'd like at pbradley@astribe.com.

Or call my cell 405-370-5576 I'm up until 10:00 every night so give me a call and let's get playing music.

Phil Bradley: Music

405-275-4030 Ext: 117 Shawnee office

DISABILITY BENEFITS FOR WOUNDED WARRIORS

Military service members can get their disability claims processed quickly by Social Security.

Benefits available through **Social Security** are different than those from the **Department of Veterans Affairs** and require a separate application.

The expedited process is used for military service members who become disabled while on active military service on or after **October 1, 2001**, regardless of where the disability occurs.



www.socialsecurity.gov

or call toll-free, **1-800-772-1213**

(for the deaf or hard of hearing, call our TTY

number, **1-800-325-0778**)

AST Injury Prevention

May 2013

Don't Lose Sight of Fall Prevention

According to Healthy People 2010, the second leading cause of death among Native Americans are caused by unintentional falls. Annual eye exams are an essential aspect of elder fall prevention. Poor vision contributes and increases your chance of falling.

Poor vision includes :

- Old vision prescriptions
- Improper fitting eye glasses
- Medical conditions such as cataracts, glaucoma and retinal detachment.

Symptoms of poor vision

- Blurred, cloudy or double vision
- Blank spots in vision field
- Floating or dark spots
- Pain or pressure in the eyes
- Little or no peripheral vision



Annual dilated eye exam

This exam allows your optometrist to look at the structures within the eye. Drops are used to dilate the pupils opening them up for better visualization. Signs of cataracts, glaucoma, and retinal detachment are identified by this exam. Finding and treating eye problems early can prevent serious problems from developing. It's important to have this exam done yearly even if your vision is normal.

Located in Public Health

Little Axe Health Center

15951 Little Axe Drive

Norman, OK

P: 405-701-7601

F: 405-701-7605

E: sponkilla@astribe.com



AST Youth Fitness

The Absentee Shawnee Fitness Program has been working with the AST Tribal Youth Program in promoting physical activity to help prevent diabetes among tribal youth. AST Tribal Youth Program participants have really enjoyed the games that the Fitness program has provided. The goal of the Absentee Shawnee Fitness Program is to provide an outlet for exercise and physical activity through fun games and activities. The youth are learning about healthy ways to prevent diabetes through healthy physical activity. The Absentee Shawnee Fitness Program would like to thank the AST Tribal Youth Program for allowing the Fitness staff to educate and provide activities for the youth to prevent diabetes.



Absentee Shawnee Fitness Program

Stronger Seniors Chair Exercise

Chair Exercise are exercises or workouts done while seated in a chair, or sometimes standing next to the chair for stability. Chair exercises are suitable for older adults due to the solid base of support preventing falls, and less strain on the joints.

They are also suitable for beginning exercisers who need to start with easier exercises to gain functional strength for the tasks of daily living. Other groups that would benefit include those with chronic conditions such as Cardiovascular Disease, Diabetes, Obesity, Arthritis and Osteoporosis. Other people who could improve their quality of life are the partially mobile, people in wheelchairs, the frail and the elderly.



Tai-Chi

Tai chi is a self-healing system of slow, graceful exercises that combine movement, meditation and rhythmic breathing to improve the flow of chi which is thought to prevent illness and improve well-being. Preliminary research suggests that tai chi may reduce stress, lower blood pressure and help older adults by improving posture, balance, muscle tone, flexibility and strength.



Strength

Flexibility



EVERY TUESDAY, THURSDAY, AND FRIDAY!

AST RESOURCE CENTER

TUESDAY (Chair Exercise/or Tai-Chi)
10:00 a.m. - 10:45 a.m.

THURSDAY (Chair Exercise/or Tai Chi)
10:00 a.m. - 10:45 a.m.

FRIDAY (Chair Exercise/or Tai Chi)
11:00 a.m. - 11:45 a.m.

Stress relief

Balance



The AST Fitness Program would like to extend an invite to all tribal members looking to increase their levels of physical activity and learn more about fitness and exercise. The AST Fitness Facility at the Resource Center is fully equipped with state of the art treadmills, elliptical machines, stationary cycles, dumbbells, isolation strength machines, and a cable machine. Our facility is also equipped with freestanding striking bags, medicine balls, exercise balls, fitness mats, resistance bands, BOSU balls, and other various exercise apparatus for your preferred workout. The AST Fitness Program currently provides free fitness classes to all tribal members. Classes include: Kickboxing, Circuit Training, Chair Exercise, Tai Chi, Boot camp, and Aerobic Fitness. The AST Fitness Program is here to help you get started on increasing your levels of physical activity and exercise. We invite you to come visit our fitness facility and see what our fitness program can provide for you.



AST Fitness Facility Hours

Monday through Thursday

6:00 a.m. – 9:00 p.m.

Friday

6:00 a.m. – 9:00 p.m.

Saturday/Sunday

CLOSED

405-364-7298



AST Health News

Absentee Shawnee Medical Clinic's Behavioral Health program has so much to offer! In the last month, nearly 21 individuals have presented for counseling services with over 77 encounters. Services include resource and referral information, crisis intervention, Drug and Alcohol assessments, individual therapy, family therapy, and group sessions. Group sessions include topics such as Early Recovery Skills, Relapse Prevention, Anger Management, Feelings in Recovery, and Healthy Relationships. Group sessions, including Intensive Outpatient Services (IOP), have been going strong and are still available to new patients who are looking to fulfill any Drug and Alcohol Assessment or DUI recommendations. At this point, services are offered for all Federally Recognized Tribes and SoonerCare participants. Both adolescents and adults are welcome. Feel free to call or come in to set up an appointment if you would like to speak with someone. We would love to help you move on.

"I can choose to let it define me, confine me, outshine me, or I can choose to move on and leave it behind me." -Unknown

For additional information or to schedule an appointment: Alicja L. Carter, LADC Absentee Shawnee Behavioral Health 405-878-4716

PHARMACY CHANGES COMING

Beginning on July 1, 2013, there will be some changes occurring within the pharmacy in regards to medications. At the April Health Board meeting, the Board voted to either restrict or eliminate certain medications from the pharmacy formulary. Patients and their providers will be receiving a call and/or a letter from the pharmacy director and the pharmacists detailing the new changes if they happen to have a medication on the list.

A drug formulary is a list of medications that are available in the pharmacy. Formularies exist to allow health care providers to offer the most effective drug therapy possible with limited resources in today's environment of increasing drug prices. Having a formulary allows us to offer the safest, most effective, and least costly health care possible. The Pharmacy and Therapeutics Committee (P&T Committee) develops our drug formulary. This committee is composed of the physicians and pharmacists from both medical clinics who reviews the medications in all therapeutic categories, and based on safety, effectiveness, and cost, and selects the most cost-effective drugs in each class. The P&T Committee regularly reviews new and existing medications to ensure that our formulary remains responsive to the needs of our members and providers. We update the formulary periodically and it is subject to change.

One goal of the changes is to help eliminate the abuse of prescription drug use. According to the National Institute on Drug Abuse, in 2009, 16 million Americans age 12 and older had taken a prescription pain reliever, tranquilizer, stimulant, or sedative for nonmedical purposes at least once in the year prior to being surveyed. Source: National Survey on Drug Use and Health (Substance Abuse and Mental Health Administration Web Site). The NIDA-funded 2010 Monitoring the Future Study showed that 2.7% of 8th graders, 7.7% of 10th graders, and 8.0% of 12th graders had abused Vicodin and 2.1% of 8th graders, 4.6% of 10th graders, and 5.1% of 12th graders had abused OxyContin for nonmedical purposes at least once in the year prior to being surveyed. Source: Monitoring the Future (University of Michigan Web Site). Prescription drug abuse means taking a prescription drug that is not prescribed for you, or taking it for reasons or in dosages other than as prescribed. Abuse of prescription drugs can produce serious health effects, including addiction.

According to the National Institute on Drug Abuse, the three classes of prescription drugs that are often abused include: Opioids used to treat pain; Central nervous system (CNS) depressants, such as benzodiazepines (e.g., Xanax, Valium, Ativan, Klonopin), used to treat anxiety and sleep disorders; and Stimulants, such as Adderall or Ritalin, used to treat attention deficit disorder and narcolepsy (a sleep disorder). All these drugs require a doctor's prescription in order to have them filled at a pharmacy, but the abuse is on an increase and no one really knows for sure why. It's thought, though, that because there are more drugs available to more people, the opportunity for abuse is greatly increased. Doctors report writing more prescriptions for patients than ever before. That includes prescriptions for commonly abused drugs such as opioids, CNS depressors, and stimulants. In addition, you only have to go on the Internet to find vast numbers of online pharmacies selling these highly addictive drugs. Online pharmacies make it easy to get these drugs -- even for children or teens.

It's not uncommon for teens to talk about stealing medication from their parents' medicine cabinets. Instead of taking illegal substances commonly sold in back alleys, many teens today tell of having prescription parties where they gather at someone's home, mix their parents' prescription pills in a bowl, and then help themselves to whichever pill looks most appealing. The problem is most teens

have no idea what medications they are taking and which medications may cause serious problems, even death, if taken with other drugs or alcohol.

Another goal of the change is to help prevent "doctor shopping" among patients. Doctor shopping is a practice in which patients go from one health care professional another in order to get the treatment, diagnosis, or medication that they did not get from the first doctor. Often, patients will go to any pharmacy that carries the medication they want, in this case, the narcotics. In order to prevent patients from going from doctor to doctor, and for the pharmacy to keep track of what narcotics are being abused, we will limit or eliminate those most abused narcotics from our formulary. Some patients may also see many different doctors to get the same medication to have filled in our pharmacy. One way our pharmacy works to help prevent doctor shopping is with the Oklahoma Prescription Monitoring Program (PMP), which was enacted into law by the Oklahoma Anti-Drug Diversion Act. The PMP is a statewide electronic database which collects designated data on substances dispensed in the state. The PMP is housed by a specified statewide regulatory, administrative or law enforcement agency. The housing agency distributes data from the database to individuals who are authorized under state law to receive the information for purposes of their profession.

There are also laws that prohibit the number of refills or the number of "pills" to be given at one time. Because our pharmacies are both registered with the state and our pharmacists are all licensed by the state of Oklahoma, we do have to follow the laws of the state in regards to prescribing and filling of medications. In Oklahoma, there is a law that limits the number of days' supply of medication given for all prescriptions. Some of the other laws we must follow are: The number of days after a prescription is issued during which a pharmacist is allowed to fill a prescription; the quantity prescribed and/or dispensed of a controlled substance for no more than a specified days' supply (including laws limiting the quantity prescribed and/or dispensed during an emergency period); the number of days' supply for an individual practitioner prescribing multiple controlled substance medications; the quantity or days supplied in refills for a controlled substance medication; the number of days that a benefit plan will pay for (e.g., states where Medicaid will not pay for a new prescription until 85% of the days' supply has elapsed); the quantity or days' supply of controlled substances prescribed orally (including medications prescribed during an emergency period); and the quantity or days' supply of controlled substances prescribed by health care practitioners other than a physician (physician assistants, nurse practitioners, etc.).

We are sorry for any inconveniences these changes may make in the patient getting their medications, but we must all work together to prevent the abuse of prescription medications. If you have any questions or would like to discuss your medications with your provider, please make an appointment and they will be happy to meet and discuss other medications that may be used in place of the medications that will be restricted. Again, the pharmacists will be contacting all the patients who this may affect and they will also contact the providers who are writing the prescriptions in order to educate them on what medications will be restricted and which ones will be eliminated. Please contact your provider or the pharmacist for more details. It is also important that we have a current, updated phone number and address on file. Please contact the clinics and the pharmacies with any new information regarding patient address or phone number changes.



AST Health Fair Evaluation Results

April 6, 2013

N = 49

- How would you rate the health fair in general?
 - Excellent = 78%
 - Fair = 20%
 - Poor = 2%
- Do you plan on making any personal health changes as a result of what you learned today or screening that was provided to you?
 - Yes = 76%
 - No = 24%
- Do you plan on using any of the health fair information that you received today? Please check the ways that you plan to use the information:
 - 7% = Do not plan on using the information.
 - 55% = Plan to read the pamphlets & educational information for their own benefit.
 - 38% = Plan to share information with family and friends.
- Which AST clinic do you use:
 - 35% = AST Shawnee Health Center
 - 55% = Little Axe Health Center
 - 10% = Other
- Did you participate in the Fun Run/Walk this morning?
 - Yes = 19%
 - No = 81%
- Please provide your comments: Good breakfast; In the 1980's at old Health Center change of lifestyle with help prevent diabetes; Congratulations on a very good health fair & good information; too late for walk; Excellent information thank you; Good info; Health fair is very good; I'm very pleased. A lot of frustration at and in different areas.

Thank You for Your Time!

AST Public Health Nursing Department Programs; Caregiver Program & Injury Prevention Program Host Elders in Two Educational Events

AST Public Health grant programs hosted an elder outreach event Friday, November 30 at the AST Little Axe Resource Center. The "Brown Bag Special" elder event focused on medication safety and management, as well as the risk of elder fall injuries that can contribute to taking medications. A "brown bag" lunch was provided to participants during the speaker presentations. AST Health's Director of Pharmacy, Nancy Phelps spoke on medication management and safety. Elders had the opportunity for an extended question and answer session regarding medications, use of AST pharmacy services and obtaining refills. The Caregiver program provided each participant with a personal wallet record to log their medication, allergies, doctor and pharmacy information to have available when they seek medical care. Each participant was given weekly medication planner boxes that Public Health Nursing provided instructions on and demonstrated use. Additional presentations on available program services and contact information were given by Behavioral Health Director, Dara Thorpe and Injury Prevention Program Coordinator, Sacha Almanza. Elder games and physical fitness activities, such as Tai Chi which promotes balance and mobility, were provided by the Resource Centers physical fitness staff.

The last AST Public Health grant programs elder event was held Thursday, December 20th at the Little Axe Resource Center. This "Winter Wellness Land" event included door prizes, fitness games and highlighted fire safety as weather conditions turn cold. AST physical fitness staff provided games and chair and strength band exercise demonstration to participating elders. Special guests included recently retired Shawnee Fire Department Captain of 24 years, Billy Mitchell, AST OEH Director Kenny Jones, and OEH Project Coordinator Dennis Burks. Mr. Mitchell's presentation included a fire extinguishing safety education video and a offered a question and answer session concluding the presentation. AST tribal members are eligible for free Carbon Monoxide and Smoke Detectors, including installation, through a program offered by the AST OEH staff. Many participants signed up for these OEH Services.



For more information on
AST OEH Services contact 405.214.4235
or
AST Public Health Nursing Programs

SAFETY TIPS FROM...



- ✓ Never leave children alone in or around cars; not even for a minute.
- ✓ Put something you'll need like your cell phone, handbag, employee ID or brief case, etc., on the floor board in the back seat.
- ✓ Get in the habit of always opening the back door of your vehicle every time you reach your destination to make sure no child has been left behind. This will soon become a habit. We call this the "Look Before You Lock" campaign.
- ✓ Keep a large stuffed animal in the child's car seat when it's not occupied. When the child is placed in the seat, put the stuffed animal in the front passenger seat. It's a visual reminder that anytime the stuffed animal is up front you know the child is in the back seat in a child safety seat.
- ✓ Make arrangements with your child's day care center or babysitter that you will always call if your child will not be there on a particular day as scheduled.
- ✓ Keep vehicles locked at all times; even in the garage or driveway and always set your parking brake.
- ✓ Keys and/or remote openers should never be left within reach of children.
- ✓ Make sure all child passengers have left the vehicle after it is parked.
- ✓ When a child is missing, check vehicles and car trunks immediately.
- ✓ If you see a child alone in a vehicle, get involved. If they are hot or seem sick, get them out as quickly as possible. Call 911 or your local emergency number immediately.
- ✓ Be especially careful about keeping children safe in and around cars during busy times, schedule changes and periods of crisis or holidays.
- ✓ Use drive-thru services when available. (restaurants, banks, pharmacies, dry cleaners, etc.)
- ✓ Use your debit or credit card to pay for gas at the pump.

For additional information about ways to keep children safe in and around vehicles, visit our website at www.KidsAndCars.org.

Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy for at the Education Department office or for download at www.astribe.com.

- **Academic (K-12) Program:** assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- **Zahn Program:** established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- **Job Training Adult Education Program:** funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- Higher Education: **Education Incentive Award Program:** funds for undergraduate degrees, one associates or bachelors degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- **Graduate Scholarship Program:** funds for one master's degree or one doctoral degree, and can fund for one graduate admissions test. This program has funding levels based upon full-time and part-time status.

All funding is based upon the availability of funds at the time of application.

Attention :

If you are considering taking courses for the spring 2012 semester, please contact the Education Department as soon as possible.

All applications and guidelines are available at www.astribe.com. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275-4030 ext. 121 or 1-800-256-3341 or email to tresham@astribe.com.

AST Education Department; Big Jim Youth Award applications

The Absentee Shawnee Tribe's Education Department will begin accepting applications for the following awards:

- Big Jim Academic Achievement Award (Male and Female)
- Big Jim Athlete of the Year (Male and Female)

High school **Seniors** of both genders within the 50 United States are eligible to apply for these awards for the 2012/2013 school year. Applications will be accepted from January 1 to March 1, 2013 by US mail or email, official transcripts must be mailed. The official application form will be available at www.astribe.com under the Education Department. The \$1000.00 award is in the form of a scholarship to the college or university where the award recipient will attend for the fall 2013 semester.

Individuals are encouraged to nominate deserving high school Seniors. You may nominate yourself. Please refer to the application for required documents. Eligible nominations will be judged by a panel of (non-AST) experts assembled specifically for this purpose. The intent is to bring together an unbiased group of experts to evaluate the applicants in an impartial and unbiased environment. Their decisions are final with respect to all matters concerning these awards. **Awards will be announced in May 2013.**

Award recipients will be recognized as the 2012/2013 Big Jim Academic Achievement Award winner or the Big Jim Athlete of the Year. In addition to this recognition the award recipients will receive a **\$1000.00** scholarship to be used towards their education and the advancement of their career.

Questions on these awards program should be addressed to:

Absentee Shawnee Tribe
Education Department
c/o Tresha Spoon
2025 S. Gordon Cooper Drive
Shawnee, OK 74801
405.275.4030 Ext 121
youthaward@astribe.com

**ABSENTEE SHAWNEE ELECTION COMMISSION
OFFICIAL ELECTION RESULTS
PRIMARY ELECTION MARCH 16, 2013**

This is to announce OFFICIAL results of the March 16, 2013 Primary Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant on the Tribal Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

EXECUTIVE COMMITTEE

Tribal Secretary (2 Year Term)

Sharon Ponkilla	_____45_____	Votes
Vera Gibson Dawsey	_____57_____	Votes
Teri Reed	_____91_____	Votes

We the officials are responsible for declaring the above election results, do hereby claim that the above statements are true and correct to the best of our knowledge.

[Signature]

Election Commissioner

[Signature]

Deputy Commissioner

[Signature]

Election Secretary

[Signature]

Commission Member #1

[Signature]

Commission Member #2

[Signature]

Tribal Judge

Date: 3/22/13

PLEASE fill out EACH BLANK completely and return by the Deadline.

ABSENTEE BALLOT REQUEST

I, _____, hereby certify that I am or will be an Eligible Voter of the Absentee Shawnee Tribe on or before June 15, 2013. I cannot physically be present to cast my Vote at the **June 15, 2013 Run Off Election**, therefore, I am requesting an Absentee Ballot be mailed to me at the following address.

Name (please print): _____ (first) _____ (middle) _____ (maiden) _____ (last)
Address: _____ City: _____ St: _____ Zip: _____
CDIB#: _____ Date of Birth: _____
Signature: _____ Date: _____

All **REQUESTS** must be returned to the Election Commission by the deadline of **May 26, 2013**

Mail to:
Absentee Shawnee Election Commission
P.O. Box 741
Tecumseh, OK 74873

Fax to:
Fax # (405) 273-1337 (Do not fax to any other fax #)
Phone: (405) 275-4030 ext. 150
Toll free number 1-800-256-3341 ext.150

Deliver in Person to:
Election Commission Office located in the Tribal Court Building

All eligible voters are entitled to vote either at the Polls or by Absentee Ballot. For your convenience-This form may be duplicated

ELECTION COMMISSION USE ONLY

Received: _____ Approved: _____ Disapproved: _____
If Disapproved (reason): _____
Denial Letter Mailed: _____ Ballot Mailed: _____

Election Commission/Representative



Fellow Tribal Members:

My name is Teri Reed (Teresa White). I am your current Tribal Secretary and I have been honored to serve you over the past 18 months. I want to thank you for the strong support of my candidacy in the primary election on March 16th. I appreciate the emails, phone calls, and text messages I received from tribal members and employees who believe that I have made a difference for the tribe. I feel like the best is yet to come, and there is much more to accomplish. The race is not over and I need your continued support in the June General Election. Your vote matters, so please remember to vote on Saturday, June 15th, 2013.

For those of you who are still on the fence and trying to determine your candidate of choice, I ask you to take the time to compare

the differences between the two candidates in the areas of professional accomplishments, business experience, plan for the future of the tribe, and personal values. I feel that I have demonstrated the ability to understand and act on the important issues. I feel I have acted professionally and effectively when representing the tribe in business activities/ventures with other tribes, with local and state officials, business professionals, and government offices. It's important to me that people are treated fairly, and I have a low tolerance for petty issues and gossip. I realize that it is difficult to get to know someone, especially anything about their value system, from a newsletter article. I am available to visit with you by telephone or by personal visit should you have questions or if you just want to meet to discuss issues that are important to you. You can set up a time by calling my office.

BACKGROUND

My father was Leroy White who passed in 2002. The matriarch of our family is my mother, Dee White. My paternal grandparents were Tennie Little Jim and Willie White, and my great grandparents were Little Jim and Ella (Beaver) Little Jim. My parents instilled a good sense of core values in our family. We were taught to work hard, to be fair to others, and to respect our traditions. I moved away from the Little Axe area and raised four children who have blessed me with ten wonderful grandchildren. I have a strong extended family that is supportive and active in their communities and in our tribe's culture.

BUSINESS EXPERIENCE

After a long and successful career (30+ years) in business as an executive for a large communication company and owning my own Real Estate Brokerage and Investment Branch, I ran for office as your Secretary in 2011. In the past, I enjoyed playing a little golf, watching sporting events, traveling, and getting involved with any group that had a good cause. A lot of these activities came to a halt after I became Secretary, but I still enjoy these activities whenever time permits.

As a business consultant, I traveled all over the country in the 1990's helping with multimillion dollar process improvement projects. I was usually in charge of leading the teams in addition to serving as the lead statistician for data analysis. I have had extensive training in management development, team building, leadership skills, and problem solving. After early retirement, I opened my own Independent Real Estate business in the early 2000's. After the housing market took a downturn, I decided that the time was right for me to pursue a new direction and a good time to get more involved in our tribal government.

TRIBAL EXPERIENCE AND ACCOMPLISHMENTS

I am a member of the National Congress of American Indians (NCAI) and the Oklahoma Federation of Indian Women (OFIW). I have been recognized by the Outstanding Professional Women's Organization for my work in business. I am the past President of the Noble Chamber of Commerce, and the current Vice President of Little Axe Chamber of Commerce. I have completed and passed the Indian Country Financial Oversight Certification Program.

As your Tribal Secretary, I have worked hard to improve the services we provide to tribal members while instituting and supporting new services. I have served with integrity and have done my best to serve honorably and with passion on issues that are important to you and our tribe. I have the courage to stand up for my beliefs even when it might be easier to just go along with the majority. When I see unjustness, I work to make it right. I look for ways to save the tribe money and stop unnecessary spending and waste. If I see weaknesses in our work processes, I work to eliminate them.

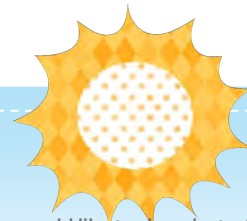
Some of my recent accomplishments include:

- As one of the founding members of the Big Jim Youth Award program, I developed the program prototype and led a team in the implementation of this new program that is open to High School Seniors nationwide.
- Saved the tribe thousands of dollars in unnecessary fees and charges in telephone usage charges and unauthorized fees.
- Led a team to make improvements to the website (ongoing).
- I took the lead in remodeling and opening the exercise facility at the complex and organized a remodeling project for the main building in the complex.
- Planned, organized, and coordinated the rebuilding of the Harrah Smoke Shop which is scheduled for a grand opening in March.
- Coordinated the implementation of new gas pumps at our convenience store and increased gas sales by 33%.
- Reviewed and provided input on saving time/money on countless practices and work processes for the Tribe, Stores, and Health Clinics.
- Streamlined the corporation documents, tax IDs, and licenses that we use to run tribal businesses so that there is a clean line of business ownership, authority, and accountability.
- Supported economic development activities and grants.

If I am afforded the opportunity to serve another term, I want to focus on continuing to improve and add services to tribal members, supporting assisted living and housing initiatives, increasing the tribe's land base, strategic planning, and more economic development opportunities for increasing our revenue base. I would also like to work on creating some buyer discounts that will benefit tribal members in purchasing goods and services nationwide.

I feel a great sense of accomplishment in what I've been able to do and I feel that I have much more to offer. Please vote for me on June 15th. Thank you for your continued support.

Teri Reed – Candidate for Tribal Secretary
405-275-4030 Ext 104



Promoting Safe & Stable Families would like to share just a few summer tips from Healthy-Children.org to keeping your children safe.

Playground Safety

- The playground should have safety-tested mats or loose-fill materials (shredded rubber, sand, wood chips, or bark) maintained to a depth of at least 9 inches (6 inches for shredded rubber). The protective surface should be installed at least 6 feet (more for swings and slides) in all directions from the equipment.
- Equipment should be carefully maintained. Open "S" hooks or protruding bolt ends can be hazardous.
- Swing seats should be made of soft materials such as rubber, plastic or canvas.
- Make sure children cannot reach any moving parts that might pinch or trap any body part.
- Never attach—or allow children to attach—ropes, jump ropes, leashes, or similar items to play equipment; children can strangle on these. If you see something tied to the playground, remove it or call the playground operator to remove it.
- Make sure your children remove helmets and anything looped around their necks.
- Metal, rubber and plastic products can get very hot in the summer, especially under direct sun.
- Make sure slides are cool to prevent children's legs from getting burned.
- Do not allow children to play barefoot on the playground.
- Parents should supervise children on play equipment to make sure they are safe.



Bicycle Safety

- Do not push your child to ride a 2-wheeled bike without training wheels until he or she is ready. Consider the child's coordination and desire to learn to ride.
- Take your child with you when you shop for the bike, so that he or she can try it out. Buy a bike that is the right size, not one your child has to "grow into." Oversized bikes are especially dangerous.
- Your child needs to wear a helmet on every bike ride, no matter how short or how close to home. Many injuries happen in driveways, on sidewalks, and on bike paths, not just on streets. A helmet protects your child from serious injury, and should always be worn. Children learn best by observing you. Set the example: Whenever you ride, put on your helmet.
- When purchasing a helmet, look for a label or sticker that says the helmet meets the CPSC safety standard.



Bug Safety

- Don't use scented soaps, perfumes or hair sprays on your child.
- Avoid areas where insects nest or congregate, such as stagnant pools of water, uncovered foods and gardens where flowers are in bloom.
- Avoid dressing your child in clothing with bright colors or flowery prints.
- To remove a visible stinger from skin, gently back it out by scraping it off horizontally with a credit card or your fingernail.
- Combination sunscreen/insect repellent products should be avoided because sunscreen needs to be reapplied every two hours, but the insect repellent should not be reapplied.
- Use insect repellents containing DEET when needed to prevent insect-related diseases. Ticks can transmit Lyme Disease, and mosquitoes can transmit West Nile Virus and other viruses.
- The current AAP and CDC recommendation for children older than 2 months of age is to use 10% to 30% DEET. DEET should not be used on children younger than 2 months of age.
- The concentration of DEET varies significantly from product to product, so read the label of any product you purchase. Children should wash off repellents when they return indoors.
- As an alternative to DEET, picaridin has become available in the U.S. in concentrations of 5% to 10%.



Lawn Mower Safety

- Only use a mower with a control that stops the mower blade from moving if the handle is let go.
- Children younger than 16 years should not be allowed to use ride-on mowers. Children younger than 12 years should not use walk-behind mowers.
- Make sure that sturdy shoes (not sandals or sneakers) are worn while mowing.
- Prevent injuries from flying objects, such as stones or toys, by picking up objects from the lawn before mowing begins. Have anyone who uses a mower wear hearing and eye protection.
- Do not pull the mower backward or mow in reverse unless absolutely necessary, and carefully look for children behind you when you mow in reverse.
- Always turn off the mower and wait for the blades to stop completely before removing the grass catcher, unclogging the discharge chute, or crossing gravel paths, roads, or other areas.
- Do not allow children to ride as passengers on ride-on mowers.
- Keep children out of the yard while mowing.
- Drive up and down slopes, not across to prevent mower rollover.
- Keep guards, shields, switches, and safety devices in proper working order at all times.
- Children in the vicinity of running lawnmowers should wear polycarbonate protective eye wear at all times.



The month of April is Child Abuse Prevention Month and the Promoting Safe and Stable Families would like to provide some information about child abuse, warning signs and tips on how you can help to prevent the abuse of a child from www.preventchildabuse.org.



FACTS ABOUT CHILD ABUSE

What is Child Abuse and Neglect?

- Physical abuse – an injury to a child that is not an accident, may include: hitting, punching, beating, burning, biting, kicking, cutting, shaking, or any action that physically harms a child.
- Emotional abuse – maltreatment of a child that may involve criticizing, insulting, yelling, swearing, manipulating, rejecting or withholding love.
- Sexual abuse – any sexual activity with a child, including exhibitionism, photographs or videos, pornography, prostitution, fondling, or rape.
- Neglect – failure to provide for a child's basic physical, emotional, medical or educational needs.

Who Abuses Children?

Most often the abuser is someone the child knows, such as a parent, relative, neighbor or friend of the family.

Where Does Child Abuse Happen?

Wherever children are, where they live, sleep, learn or play.

How Often Does Child Abuse Occur?

Each year, close to 3 million reports of suspected abuse is filed in the United States. Many more cases never get reported. One victim of child abuse is one too many!

WARNING SIGNS OF ABUSE

Children who are abused may show physical and behavioral signs. You may be a child's only lifeline to safety. Please pay attention to the treatment of children around you. Child abuse is everyone's business. If you suspect a child is being abused or neglected in Oklahoma, call 1-800-522-3511.

Children who have been abused or neglected may be:

- Nervous around adults or afraid of certain adults
- Reluctant to go home
- Very passive and withdrawn—or aggressive and disruptive
- Often tired or complaining of nightmares, or not sleeping well
- Fearful and anxious • Showing sudden changes in behavior or school performance

Possible signs of physical abuse:

- Unexplained burns, bruises, black eyes or other injuries
- Apparent fear of a parent or caretaker
- Faded bruises or healing injuries
- Injuries that do not match the explanation

Possible signs of sexual abuse:

- Difficulty walking or sitting, or other indications of injury to the genital area
- Sexual knowledge or behavior beyond what is normal for the child's age
- Running away from home

Possible signs of neglect:

- Frequently missing school
- Begging for or stealing money or food
- Lacking needed medical or dental care
- Being frequently dirty
- Using alcohol or other drugs
- Saying there is no one at home to take care of him or her

Possible signs of emotional abuse:

- Acting overly mature or immature for the child's age
- Extreme changes in behavior
- Delays in physical or emotional development
- Attempted suicide
- Lack of emotional attachment to the parent.

Many of these signs may also be present in children exposed to violence in their homes and communities, like domestic violence and gang violence. These signs don't prove that a child is being abused. But they could be a signal that the child and his or her family may need help. If you know of and or suspect a child is being abuse, call the hotline at 1-800-522-3511 or the ICW department at 405-878-4702.

TEN WAYS TO HELP PREVENT CHILD ABUSE

Be a nurturing parent.

- Children need to know that they are special, loved and capable of following their dreams. Help a friend, neighbor or relative.
- Being a parent isn't easy. Offer a helping hand take care of the children, so the parent(s) can rest or spend time together.
- Help yourself.
- When the big and little problems of your everyday life pile up to the point you feel overwhelmed and out of control – take time out. Don't take it out on your kid.
- If your baby cries...
 - It can be frustrating to hear your baby cry. Learn what to do if your baby won't stop crying. Never shake a baby – shaking a child may result in severe injury or death.
- Get involved.
- Ask your community leaders, clergy, library and schools to develop services to meet the needs of healthy children and families.
 - Help to develop parenting resources at your local library.
 - Promote programs in school.
 - Teaching children, parents and teachers prevention strategies can help to keep children safe.
 - Monitor your child's television and video viewing.
 - Watching violent films and TV programs can harm young children.
 - Volunteer at a local child abuse prevention program.
 - For information about volunteer opportunities, call 1.800.CHILDREN.
 - Report suspected abuse or neglect.
 - If you have reason to believe a child has been or may be harmed, call your local department of children and family services or your local police department.

**26th ANNIVERSARY
THUNDERBIRD CASINO
POW WOW
JULY 4-5-6, 2013
17 MILES EAST OF NORMAN**

**MASTER OF CERMONIES: SAMMY "TONEKEI" WHITE
HEAD MAN DANCER: WOLFY LEITKA
HEAD LADY DANCER: LESLIE REALRIDER
HEAD SINGER: FOREST WALKER
HEAD GOURD DANCER: ADAM PROCTOR
ARENA DIRECTOR: SAM HOWELL
ABSENTEE SHAWNEE COLOR GUARD
SUPPER EVERY EVENING @ 5PM**

**ART AND CRAFT VENDORS WELCOME
CALL: LEONARD LONGHORN 405-481-0674 or
SUE BLANCHARD 405-312-4621**

All contestants must be if full regalia and number in full display during Grand Entry each night and dance July 4th during inter-tribal dancing. All decisions made by the powwow committee are final.

**NOT RESPONSIBLE FOR ACCIDENTS, INJURIES
AND LOSSES --DRUGS, ALCOHOL ARE PROHIBITED**

Yellow Brick Road ©96

**ABSENTEE SHAWNEE TRIBE OF OKLAHOMA
DOMESTIC VIOLENCE
DEPARTMENT**

Victim Advocacy
Assist victims by offering educational classes that focus on the dynamics of domestic violence and sexual assault, stalking and dating/violence. Each victim is helped with emotional support and resources both from Tribal programs and local community programs.

Court Advocacy
Assists survivors with domestic violence court related appearances as well as filing for emergency protective orders (EPO) or restraining orders.

Housing and Utility Assistance
Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

Transitional Housing
The AST DV Transitional Housing Program serves victims of Domestic Violence. Participants have up to two years to obtain education and job skills needed to begin a new life. Services include case management, counseling, and transportation. There area four homes all equipped with furniture and basic household items.

Referral Assistance
Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

Sexual Assault Advocacy
The AST DV Sexual Assault Program is on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to sexual assault survivors at hospitals, police stations and throughout the legal system. The Program also serves as a resource center to the community by offering educational information and referrals.

Shelter Placement Assistance
The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

Community Outreach
The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 275-4030.



ABSENTEE SHAWNEE TRIBE
OF INDIANS OF OKLAHOMA
2025 S. GORDON COOPER DR.
SHAWNEE, OK 74801

PR-SRT
STANDARD MAIL
U.S. Postage Paid
Permit No. 434
Shawnee, OK 74801

RETURN SERVICE
REQUESTED

GOVERNOR'S CORNER

May 2013

1. It's spring time
Ho wa ma lo ki me
2. Time to start planting a garden
Ho wa ka hi la me ma ke ne ge ka pa
3. Plow the garden
Ka pi ke ge ka pe ti wa
4. What are you going to plant?
Na he wa ke si hi ge ka?
5. Spring
Ma lo ki me
6. Summer
Pa li we
7. Fall
Ti qi ke
8. Winter
Pa po ke

Cover art is a selection of Earnest Spybuck painting,
"Shawnee Home Life About 1890" ca. 1910

ABSENTEE SHAWNEE TRIBE - SHAWNEE DEPARTMENT EXTENSIONS

Tribal Complex (405) 275-4030 or 1-800 256-3341

Gov.	Governor George Blanchard	188	<u>HUMAN RESOURCES</u>	Lisa Brownell (HR Director)	131	<u>SOCIAL SERVICES</u>	Annie Wilson (Director)	167
	Leonard Longhorn	187		Elizabeth Clark	170		Les Cusher	136
	Lt. Governor Isaac Gibson	132	<u>FINANCE</u>	Rachael Lankford	111		Alicia Engler	179
Lt. Gov.	Andy Warrior	189		Belinda Collins (Controller)	162	<u>TERO</u>		
	Mary Billy	146		Genevieve Foster (Asst. Cont.)	161		Randy Edge (Dir.)	135
	Clarice Murdock (Self Gov. Spec.)	205		Amy Hilderbrand (Pay. Spec.)	159		Carol Butler	184
	Reitha Wilson-Pearman	142		Jessica Gonzales	115	<u>TITLE VI</u>		
	Mike Wood	112		Courtney Green	129		Thomasine (Doss) Owings (DIR)	169
Secretary	Secretary Teri Reed	104		Jenny Ware (Acct. Pay.)	143		Johannie Mae Bettelyoun	180
	Jerry Ann Knox	186		Holly Davis (Acct. Pay. Spec.)	144		Donna Butler	149
	Paul McInfire	154		Dee Wood (Staff Acct. II)	110		Robert Schoolfield	149
Treas.	Treasurer Kathy Deere	118		David Deer	151		Ted Watson	149
	Eddie Brokeshoulder (Fin. Consl.)	148		Twyla Blanchard (Staff Acct. II)	175	<u>OTHER EXTENSIONS</u>		
	Arlene Herrera	119		Jennifer Hernandez (Budget Analyst)	213		Bldg. 1 Conf. Rm.	109
Rep.	Representative Jeff Gibson	202		Glenna Jones (Grants)	145		Bldg. 1 Break Rm.	185
	Bridgette Wilson	237	<u>LITTLE AXE RESOURCE CENTER</u>	Bucky LittleCharley	585-8310		Gov. Bldg. 2 Conf. Rm.	211
	Rick Short	158		Duke Blanchard	585-3669		Fam. Svcs. Conf. Rm.	191
			<u>ASEDA</u>				Finance Conference Rm.	171
	Adam Proctor	181						
			<u>ATTORNEY</u>					
	Alyssa Campbell	134				<u>OTHER ENTITIES & TOLL FREE</u>		
	Whitney Weingartner	134				All Nations Bank		273-0202
	Troy Littleaxe	134				ASEDA		878-6782
	Michalah Anderson	134				AST Campus		275-4030
						Toll Free		1-800-256-3341
						Brendle Corner		447-3372
COURT	Kathy Brock (Court Clerk)	120				Building Blocks		878-0633
	Vanessa Ryder	139				(Lauren May, Rick Short)		
			<u>MUSIC</u>			Housing		273-1050
	CULT. PRES. / GIFT SHOP					Indian Child Welfare		878-4702
	Joseph Blanchard (Director)	203				(Summer Ackerman, Sena Yesslth, Amanda Lenora)		
	Stacy Hessler (THPO Specialist)	199				Country Kitchen Restaurant		366-7220
	Esther Lowden (Gift Shop Manager)	122				Media (Sherman Tiger)		598-1279
	Joshua Shawnee	122				OE/H/OEP		214-4235
						(Kenny Jones, Dennis Burks)		
			<u>DOMESTIC VIOLENCE/FAMILY SERVICES</u>			Police Dept.		275-3200 / 275-3432
	Kimberly Stephens	156				Thunderbird Casino NRM		360-9270
	Deborah Davis (Domestic Violence)	235				Shawnee Casino		273-2679
	Jackie Denny	108				Tribal Store (Little Axe)		364-0668
	Linda Gouge (Sexual Assault Adv.)	206				Harrah Smokeshop		454-0055
	Melissa Lopez	195				<u>LITTLE AXE CLINIC</u>		
	Casey Wilson	113				Clinic - Medical		447-0300
	Sujata Sturm	168				After hours		307-9704
			<u>EDUCATION</u>			Diabetes		360-0698
	Margaret Ellis Admin. Asst./Rec.	193				Pharmacy		292-9530
	Tresha Spoon	121				Resource Center		364-7298
			<u>ELECTION COMMISSION</u>			(Christy Wiens, Buster Bread, Rosie Talbearth, Blake Goodman)		
	Emily Longman	150				<u>SHAWNEE CLINIC</u>		
						Clinic (Bldg. 17)		878-5850
			<u>ENROLLMENT</u>			Pharmacy		878-5859
	Larry Buckley	107				Toll free		1-866-742-4977
	Jonas Jacobs	103						
			<u>REALTY</u>					
	Rachel Howell (Director)	125						
	Jonas Jacobs	103						
			<u>HORSE SHOE BEND</u>					
	(After School Program Director)							
	Edwina Butler-Wolfe	133						
			<u>PAGING ZONES</u>					
			ALL PAGE					70
			Finance page					71

EMAIL ADDRESSES FOR EMPLOYEES IS THE FIRST INITIAL OF THEIR FIRST NAME FOLLOWED BY THE LAST NAME AND @ASTRIBE.COM.
FOR EXAMPLE, AN EMPLOYEE NAMED JOHN DOE CAN BE REACHED AT JD0E@ASTRIBE.COM.
CORRECTIONS? E-MAIL TO PHONELIST@ASTRIBE.COM

UPDATED: MARCH 25, 2013