



# The Absentee Shawnee News

"Among The Shawnee"

November 2015 Volume 27 No. 42

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# WALPOLE ISLAND FIRST NATION HISTORY

On October 5th, 2015, the Bkewanong First Nation held a community celebration and unveiling of their Tecumseh Statue. The statue sits at Tecumseh Highway and River Rd., Walpole Island First Nation, Ont. If you notice the flags flying at half-mast, it is on this date that Tecumseh died fighting, 10/05/1813 in what is now Thamesville, Ont.

It is fitting that Tecumseh's statue stands among Walpole Island First Nation Veterans War Memorial Center.



# Executive Committee



**Edwina Butler-Wolfe**  
**Governor**



**Issac Gibson**  
**Lt. Governor**



**John Johnson**  
**Secretary**



**Leah Bates**  
**Treasurer**



**Kenneth Blanchard**  
**Representative**

**Monthly Executive Committee meetings can be watched online at [astribe.com](http://astribe.com)**

## Governor's Report

### **HELLO MY ABSENTEE SHAWNEE PEOPLE!**

Fall has finally fallen and cooler weather will soon be here. As I have previously stated in my newsletters I usually associate cooler weather with the Tulsa and Oklahoma City State Fair(s). This year it was unusually warm with a few minor rain showers during our Fair(s) which to me wasn't good State Fair weather. I am a firm believer that we are seeing these climactic changes due, in part, to global warming.

For those of you who may reside outside of the Shawnee or Little Axe area's or are new to the tribe you may not be familiar with the location and buildings that house our elected leaders, their staff and a range of services. In Shawnee we have building number 1 which is the large building in the middle of the tribal complex. This building currently holds the staff of the Lt. Governor, the Treasurer and her administrative support staff, the Representative and his Special Projects Coordinator, BIA, Education, Realty, Social Services and the Tax Commission.

Building number 2 is where the Office of the Governor and Enrollment is located. Building number 3 holds the Attorney General, Court system, Domestic Violence, Election Commission, and Human Resources. Also, on the campus is the former Shawnee Service Unit clinic now referred to as the Absentee Shawnee Tribal Health Authority (ASTHA) clinic and this clinic serves Absentee Shawnee tribal members, other tribal members, employees of the Absentee Shawnee Tribe and Medicaid eligible. On the grounds of the tribal complex there are a number of stand-alone buildings and these houses Maintenance, Finance/Title VI, Office of Environmental Health (OEH&E) and Engineering, Building Blocks II, Procurement, Indian Child Welfare, Culture & Preservation/Gift Shop, Police Department/Management Information Systems (MIS), All Nations Bank, the Casino. There are two trailers on the Shawnee tribal grounds and this is where the Shawnee

Afterschool Program and Veterans/Elders Programs are located. These buildings and trailers are located on trust land. In the Little Axe area we have the large joint venture clinic, referred to as the Li-Si-Wi-Nwi clinic. This is a joint effort between the Indian Health Service and the Absentee Shawnee Tribe and is located on what is known as fee land – property not in trust but owned by the tribe. The Little Axe community also hosts the Thunderbird Casino, Absentee Shawnee convenience store and the AM/PM clinic all of which is located on trust land. The Absentee Shawnee Tribe has three community centers: Brindle Corner, Horseshoe



**Seminole chief Lewis J. Johnson, Edwina Butler-Wolfe, Chief Leonard Harjo**

Bend and Little Axe. There is not a community center one on the grounds of the Shawnee tribal complex or inner city of Shawnee and this is in large part due to a land base dispute that ended with the Citizen Potawatomi Nation having specific legal rights to land that enjoins with the Absentee Shawnee Tribe.

This month I actively participated in several meetings, despite suffering from a health setback. On September 3 I attended the Sac and Fox Nation's ground breaking for elder housing apartments in Shawnee. On September 19<sup>th</sup> I took part in the Seminole Nation Day

parade where I and my son, Josh, gave candy out to children and got to speak with those participating in the event. September 23<sup>rd</sup> I attended the North Rock Creek meeting held at the school with the focus being on the rural tax votes. On September 25<sup>th</sup> the tribe hosted the Rural School Education, known as OKRA, with the meeting being held in the Governor's building. There were a number of educators present in addition to myself and Representative Ken Blanchard. On October 13<sup>th</sup> I and Shawnee City Commissioner for Ward 5, Lesa Shaw, were asked to present at the annual Blue Cross/Blue Shield of Oklahoma meeting in Oklahoma City. I was invited to take part in the 'Meet and Greet' event for the new Little Axe School Superintendent Thomas. This event was attended by me, Tresha Spoon, our AST Education Director and Blake Goodman, TYP Coordinator.

**OTHER TOPICS/EXPRESSIONS**

***Happy Birthday & Anniversary***

To those who have had a birthday or anniversary I extend my warmest regards.

***Condolences***

To those families who may have lost a family member this month I extend my condolences to you and your family.

**IN CONCLUSION**

I have 20 months left in Office and I find each day eventful and full of possibilities. My door is always open (unless I am in a meeting or at a meeting) and I welcome your visits.

**Help me to make a difference – stand beside me and Let us Build for the Future (BFF) - united and together!**

Thank you for your support.

**Secretary's Report**

Hello,  
 First I would like to say Thank You to everyone who supported me in the June 2015 Election. I really appreciate all your votes. As your new Tribal Secretary, I am very pleased and looking forward to working with the rest of the Executive Committee to move forward for the sake of the Tribe. I would also like to say Thank You to the Staff of my office. They have been really helpful and knowledgeable during this transition.  
 I have been in office a little over four weeks and I am still learning all the policy, procedures, and programs the Tribe has to offer. I am also learning the policy and procedures for the programs I am over which are: Social

Services, Title VI, Domestic Violence, ICW, Enrollment, and the TERO Department. If you have any questions pertaining to any of these programs feel free to come visit me or call (405) 275-4030 Ext. 6289. I will make myself available for your tribal needs.  
 Thank you,  
 Secretary John R. Johnson

**Representative's Report**

Greetings Tribal Members  
 Another General Council has come and gone. For those of you that had the opportunity to participate, I congratulate you for your interest in the operation of your Tribal Government.

I noted that there were some Tribal members who had traveled a great distance to come and join us. I enjoyed talking with a great majority of you and welcomed your input. There were some in attendance that I have not seen in quite a while, relatives in fact, that have other family interests or just moved away. Nonetheless, talking with them seemed as if they had not left at all.

There was much discussion and debate in the business portion of the meaning and we will (Executive Committee) take it under advisement.  
 If you desire to contact me at the Tribal Complex, please write to Representative Ken Blanchard, 2025 S. Gordon Cooper Drive, Shawnee, Oklahoma 74801, or by phone at 405/275-4030 ext. 6287.  
 Respectfully,  
 Ken Blanchard

**Tribal Court Notice**

IN THE TRIBAL COURT OF THE ABSENTEE SHAWNEE TRIBE  
 SHAWNEE, OKLAHOMA

Rosada Bowden )  
 vs ) Case No. CIV-2013-58  
 Rae Atwara )

**NOTICE BY PUBLICATION**  
 TO WHOM IT MAY CONCERN: Rae Atwara

**YOU ARE HEREBY NOTIFIED** that Rosada Bowden has filed a Citation for Contempt regarding Order for Grandparent Visitation.  
**YOU ARE HEREBY NOTIFIED** that a hearing has been set on the 20th day of November, 2015, at 1:30 o' clock pm before the Honorable Judge Haddox, at the Absentee Shawnee Tribal Court in Shawnee, Oklahoma, at which time and place any person who objects may appear and present evidence at the hearing on said Citation for Contempt. Failure to appear may result in the Court granting said Citation for Contempt.

Dated this 13 day of October, 2015.

**No reports submitted by Lt. Governor and Treasurer**



**REMEMBER  
VETERANS  
DAY**

**November 11<sup>th</sup>**

# *A Little Note from The Tag Office*

## *Did You Know.....*

*Any name changes that may occur (ie: marriage, divorce, etc.) need to be updated through enrollment, BEFORE any new registrations or renewals can be processed.*



### **Personal Banking:**

**AllNations Bank** offers a wide range of products and services to meet today's consumer demand including our AllNations Bank Free Checking Account; Savings Account; Certificate of Deposit Accounts; Individual Retirement Accounts; Money Market; Now Accounts & Consumer Loans including Auto, Boat and more. AllNations Offers Free ATM/Debit Card with each personal account that can be used at our Shawnee OK Drive Up ATM. In addition, we offer a wide selection of Safe Deposit Boxes for rent at competitive prices.

#### **Contact Us for Details As Follows:**

**Calumet Office - Gene Davis or Dixie Smith 405-893-2240;  
114 E Main, Calumet, OK**

**Shawnee Office - Gene Davis or Eugene Stidham 405-273-0202;  
2023 S. Gordon Cooper Drive, Shawnee, OK**

### **Business Banking:**

In addition to our Commercial Checking account, AllNations Bank offers a wide range of products and services to meet today's business needs including all types of Commercial and Small Business Loans; Merchant Services; Night Depository Drop & More.

#### **Contact Us for Details As Follows:**

**Calumet Office - Gene Davis or Dixie Smith 405-893-2240;  
114 E Main, Calumet, OK**

**Shawnee Office - Gene Davis or Eugene Stidham 405-273-0202;  
2023 S. Gordon Cooper Drive, Shawnee, OK**

### **Banking Hours:**

2023 S. Gordon Cooper Drive, Shawnee, OK 74801

Lobby Hours 9:00 AM - 5:00 PM Monday - Friday

Drive In Hours 8:00 AM - 6:00 PM Monday - Friday

Saturday: 9:00 AM-12:00 Noon

# Tax Collections

FY-2015  
YTD TAX COLLECTIONS  
(thru 9/30/15)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$1,309.86	\$98.49	\$32,618.91	\$119.48	\$12,469.19	\$6,240.39	\$5,322.62	\$5,825.51	\$1,059.20	\$0.00	\$0.00	\$0.00	\$65,063.65	3.01%
Gaming % of free cash	\$164,284.00	\$150,000.00	\$250,000.00	\$265,798.00	\$200,000.00	\$250,000.00	\$200,000.00	\$150,000.00	\$200,000.00	\$0.00	\$0.00	\$0.00	\$1,830,082.00	84.68%
Employee (1%)	\$41.05	\$0.00	\$11,691.21	\$0.00	\$11,597.06	\$36,303.24	\$3,817.41	\$19,742.45	\$12,900.47	\$0.00	\$0.00	\$0.00	\$96,092.89	4.45%
Severance (8%)	\$7,199.15	\$756.29	\$5,251.65	\$4,449.01	\$5,411.85	\$5,533.28	\$4,318.57	\$3,852.18	\$544.92	\$0.00	\$0.00	\$0.00	\$37,316.90	1.73%
Motor Vehicle	\$11,660.98	\$16,042.65	\$16,645.60	\$16,196.66	\$10,223.79	\$15,487.60	\$16,468.69	\$15,061.03	\$13,262.66	\$0.00	\$0.00	\$0.00	\$131,049.66	6.06%
Tobacco Refund	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	0.00%
<b>TOTAL TAXES</b>	<b>\$184,495.04</b>	<b>\$166,897.43</b>	<b>\$316,207.37</b>	<b>\$286,563.15</b>	<b>\$239,701.89</b>	<b>\$313,564.51</b>	<b>\$229,927.29</b>	<b>\$194,481.17</b>	<b>\$227,767.25</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$2,159,605.10</b>	
Miscellaneous	\$305.00	\$125.00	\$120.00	\$182.50	\$92.50	\$145.00	\$145.00	\$250.00	\$165.00	\$0.00	\$0.00	\$0.00	\$1,530.00	0.07%
<b>TOTAL COLLECTIONS</b>	<b>\$184,800.04</b>	<b>\$167,022.43</b>	<b>\$316,327.37</b>	<b>\$286,745.65</b>	<b>\$239,794.39</b>	<b>\$313,709.51</b>	<b>\$230,072.29</b>	<b>\$194,731.17</b>	<b>\$227,932.25</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$2,161,135.10</b>	<b>100%</b>

# Election Commission

The following positions will be open for the elections to be held in 2016.

## EXECUTIVE COMMITTEE:

Position	Filing Fee	Term
Lt. Governor	\$590.00	Two (2) Years
Tribal Treasurer	\$590.00	Two (2) Years
Tribal Representative	\$590.00	Two (2) Years

## ELECTION COMMISSION:

Position	Filing Fee	Term
Election Commissioner	\$215.00	Three (3) Years
Election Secretary	\$215.00	Three (3) Years
Commission Member #1	\$132.00	Two (2) Years

Fee Amount: Basic fee (Executive Committee \$500.00 and Election Commission \$125.00) plus \$40.00 Alcohol test, \$25.00 Drug test, and \$25.00 MVR.

## QUALIFICATIONS:

- A. An enrolled member of the tribe.
- B. An eligible voter for purposes of voting in tribal elections.
- X. Must be twenty-one (21) years of age on the date of the election for which he/she desires to be a candidate.
- Δ. Physically reside within the following Counties: Cleveland, Pottawatomie, Oklahoma, McClain, Garvin, Pontotoc, Seminole, Lincoln, or Okfuskee.
- E. In cases where a prospective candidate has been convicted of a felony, such person shall not be eligible for consideration as a candidate until at least five (5) years have passed following completion of the penalty for such conviction(s).
- Φ. Not more than one (1) member of an immediate family shall be elected to the same tribal elective body except when running as a candidate for the same elective position.

Consult the Election Ordinance for Specific/Additional Qualifications.



Absentee Shawnee Tribe Of Oklahoma  
After School Program - Shawnee  
2025 S. Gordon Cooper  
Shawnee, OK 74801  
P: (405) 878-0633 F: (405) 878-0156

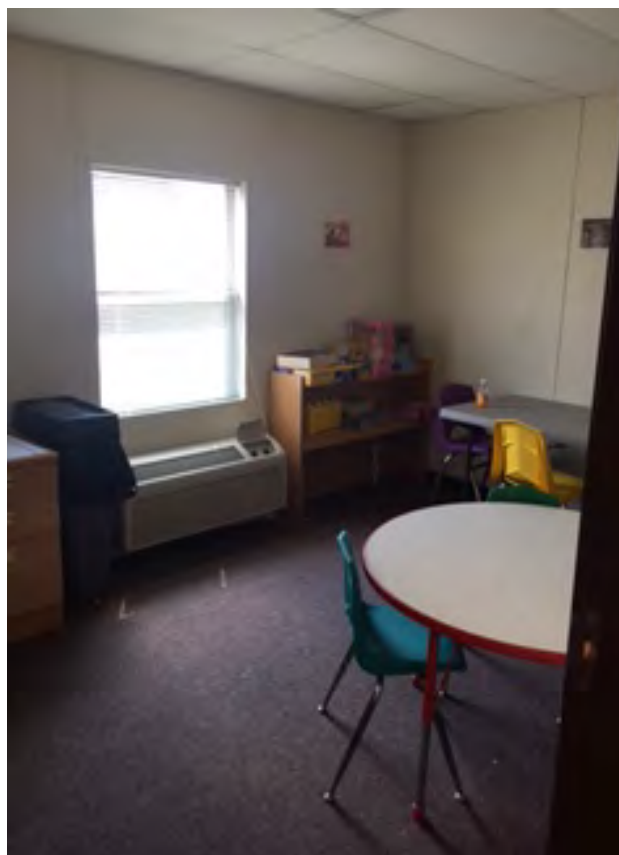


Absentee Shawnee Tribe  
After School Program

Absentee Shawnee Tribe Of Oklahoma  
After School Program- Shawnee  
2025 S. Gordon Cooper Shawnee, OK 74801  
P: (405) 878-0633 F: (405) 878-0156

The AST After School Program (ASP) - Shawnee has opened as of August 13, 2015. We will be accepting children who are in Kindergarten up to 12 years of age. We will be able to pick up from Shawnee or Tecumseh schools only. The cost is \$25 per child per week. This fee will be able to help with transportation costs, snacks and supplies the children may need.

We will only be open when the schools are open. At this time we will not provide services for school breaks including fall, winter, spring and summer breaks. The ASP-Shawnee will have tutors on hand to provide assistance with homework. We do have spots available; if you are interested please feel free to contact Briana Ponkilla at [Briana.ponkilla@astribe.com](mailto:Briana.ponkilla@astribe.com) or (405) 878-0633.





Menu subject to change

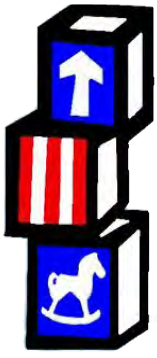
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Fall Back One hour	2 Egg Roll Stir Fry Veggies Rice	3 Chef Salad Ham, Chez, Eggs Peaches Crackers	4 Pork n Potato's Green Beans Cake	5 Chicken Breast Wild Rice Tossed Salad* Mixed Fruit	6 Biscuit Sausage Gravy Scrambled Eggs	7
8	9 Chicken Broccoli Rice Casserole Bread/Fruit	10 Soft Taco Lett, Tom, Onions Refried Beans Apricots	11  AST Complex Closed	12 Turkey Sweet Pot. Stuffing/Gravy Rolls/Cobbler	13 Sweet Potato Pancakes Sausage Patty	14
15	16 Chili Chez, Onions Fritos Cookie	17 Oven Fried Chicken Mashed Pot./Gravy Veggies Bread/Pears	18 BBQ Sandwich Chips Pickle, Onion Pudding	19 Corn Dog Coleslaw Potato Log Applesauce	20 ELDERS THANKSGIVING DINNER SAC N FOX	21
22	23 Salisbury Steak Mashed Pot./Gravy Veggies Mand. Oranges	24 Cereal Boiled Egg Mixed Fruit	25 Title VI Closed	26 	27	28
29	30 Chicken Enchilada Soup Tortilla Chips Pear	31 Fish Coleslaw Hushpuppies Pie				

NOT GOING TO BE HOME!!!  
CALL AND LET US KNOW AT 405-275-4030  
EXT 6227 or 6270  
OR NOTIFY YOUR DRIVER

LUNCH SERVED MONDAY-THURSDAY 11 AM - 1 PM  
BREAKFAST SERVED FRIDAYS 9 AM - 11 AM

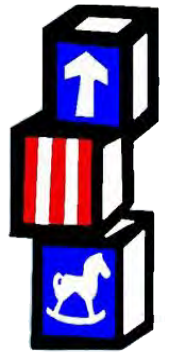






# Central Tribes of the Shawnee Area, Inc.

## CTSA



CTSA is a non-profit organization funded by the federal government to provide services to low income children and families. Our service areas include the Pottawatomie, Payne, Lincoln, and Cleveland counties; we have three Head Start centers and one Early Head Start Center. Our programs service children and provide services to the families of those enrolled children. Some of the services we provide are: free health screenings, access to child care, developmental screenings, nutritional assessments, referrals to community resources, individualized education planning, and much more.



**1535 N. McKinley, Shawnee, OK - Main Office 405-275-4870**

*Central Center 1533 N. McKinley, Shawnee, OK 405 878-5820*

*Early Bird Head Start 111 W. Vine, Cushing, OK 918-225-1029*

*Rainbow Head Start 516 Iowa St. Norman OK 405-447-0381*

Come by and visit our booth, sign our in-kind sheet, support our program and enter into a chance for a **\$100 gift card!**



Contact: Linda Day  
 AST Emergency  
 Management  
 Phone 405.740.1562  
 Fax 405.310.2396  
 lday@astribe.com

15702 Highway 9  
 Norman, OK 73026

AST Emergency  
 Management

# Press Release

## TRIBAL EMERGENCY RESPONSE TEAM

Congratulations!

**Norman, OK, September 25, 2015:** Our very first Absentee Shawnee Tribal Emergency Response Team has completed their training and received their certificates of completion. The team is made up of volunteers from the Little Axe Tribal Clinic, and is to be congratulated for their efforts and willingness to serve the tribe as emergency responders. Also thank you to Mark Rogers, Marla Throckmorton, and John Kammerzell for their support in this team and their training.

The instructor, Darrell Longhorn, tribal member and employee at the Little Axe Clinic, is certified to teach this class through the Oklahoma Department of Homeland Security. Thank you to Mr. Longhorn for his efforts to accomplish our goal of having a tribal emergency response team. The next step in the process will be to receive additional training and exercise what they have learned to enhance their skills.

Congratulations to: Ed Thorpe, Clayton Martinez, Donnie Marshall, Ronnie Little Axe, Felix Creek, Jason Bender, Kyle Gibson, Kristi McGuire, Misty McGirt, Manual Johnson, Travis O'Dell, Pamela Lewis, and Charles Lewis.

ABSENTEE SHAWNEE TRIBAL  
POLICE DEPARTMENT



## SORNA

SEX OFFENDER REGISTRATION AND NOTIFICATION ACT  
EMAIL: [SORNA@ASTRIBE.COM](mailto:SORNA@ASTRIBE.COM)  
TIPLINE 405-273-1249

## DISABILITY BENEFITS FOR WOUNDED WARRIORS

Military service members can get their disability claims processed quickly by Social Security.

Benefits available through **Social Security** are different than those from the **Department of Veterans Affairs** and require a separate application.

The expedited process is used for military service members who become disabled while on active military service on or after **October 1, 2001**, regardless of where the disability occurs.



[www.socialsecurity.gov](http://www.socialsecurity.gov)  
or call toll-free, **1-800-772-1213**  
(for the deaf or hard of hearing, call our TTY  
number, **1-800-325-0778**)

### CTSA Early Childhood Center

is seeking to hire a part-time  
**NUTRITION TECHNICIAN**  
for our Shawnee Location

The Nutrition Tech will provide support to the Lead Nutrition Tech, including dish washing, cleaning, serving and basic meal preparation.

Must be at least 18 years of age

Must have a high school diploma or equivalent

Must pass background investigation for licensed child care programs

Previous experience is preferred

Food handlers certification is a plus

All applications accepted with preference given to *qualified*  
Native Americans and current/former HS/EHS parents

#### Apply today:

Applications accepted until position is filled

Employment Applications can be downloaded at:

**[www.ctsaheadstart.org](http://www.ctsaheadstart.org)** (click on *Forms*)

or picked up at:

1535 North McKinley Avenue, Shawnee OK 74801

CTSA is an Equal Opportunity Employer

### CTSA Early Childhood Center

is seeking to hire a full-time  
**Early Head Start Teacher**  
for our Shawnee Location

An Early Head Start teacher provides educational experiences to infants/toddlers in a classroom setting, using developmentally appropriate practices.

#### **Early Head Start Teacher Minimum Requirements:**

- Infant/Toddler CDA Credential or Certificate of Mastery in CD
- Previous work experience with young children
- Pass background investigation for licensed child care programs

All applications accepted with preference given to *qualified*  
Native Americans and current/former HS/EHS parents

#### Apply today:

Applications accepted until position is filled

Employment Applications can be downloaded at:

**[www.ctsaheadstart.org](http://www.ctsaheadstart.org)** (click on *Forms*)

or picked up at:

1535 North McKinley Avenue, Shawnee OK 74801

CTSA is an Equal Opportunity Employer

# ELDERS COUNCIL

If you have a family member that is 55 or older and resides in a nursing home, assisted living or is homebound contact Meredith Wahpekeche at (405) 760-2601 or Betty Watson at (405) 637-5806

The Elders Council has a limited number of Christmas Baskets that will be distributed. They will need your name, address and phone number for delivery.



## THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/ renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at [www.astribe.com](http://www.astribe.com) and at the OEH&E building.



## Office of Environmental Health & Engineering

### •Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- a. Handicapped/Disabled and Elderly
- b. Income
- c. Family Size/Overcrowded Living Conditions
- d. Condition of Home

Other Programs available:

### •Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website: [www.astribe.com](http://www.astribe.com).

Submit completed application to:

Office of Environmental Health & Engineering  
Absentee Shawnee Tribe of Oklahoma  
2025 S. Gordon Cooper Dr.  
Shawnee, OK 74801

Absentee Shawnee Tribe Complex  
Office of Environmental Health & Engineering, Building 13  
If you have any questions, you can reach us by phone at  
(405) 214-4235

# News Release

By Sherman Tiger, Media Director



Lt. Governor Isaac Gibson

Jeffrey W. Gibson

Charges are filed against current Lt. Governor Isaac Gibson, Jr. and former Representative Jeffrey Gibson in the Absentee Shawnee tribal Court for embezzlement, fraudulent use of a credit card, misusing public monies, unlawful official action, and criminal conspiracy. Both parties have retained counsel at this time. Next court date is January 27, 2016 at 1:30 p.m. For a complete list of all pending charges against current Lt. Governor Gibson and former Representative Gibson, please contact Court Clerk Kathy Brock at 405-275-4030 Ext. 6241. There may be a charge per page for all requested copies.

Jeffrey W. Gibson, who is also known by J.W. Gibson, is not new to the court system. He has an extensive history of charges and court filings against him beginning October 2007 in Cleveland County. Since then he has had been convicted of Driving Under Suspension in Cleveland County in July 2009; two charges of Forcible Entry and Detainer with both being dismissed; two charges of Driving Under the Influence in Cleveland County (merged into one conviction and placed as a misdemeanor on 01-21-14); and in Oklahoma County he was involved in a Personal Injury Accident, Accident While Operating a Motor Vehicle While Under the Influence of Intoxicating Liquor – this was refiled as a felony on 03-14-14 and moved by the State to a misdemeanor charge January 2015 with a deferred sentence until 01-14-16; he is under supplemental orders for community service, restitution and court cost and under District Attorney Probation. These documents may be found at [www.oscn.net/applications/oscn/casesearch.asp](http://www.oscn.net/applications/oscn/casesearch.asp).

Absentee Shawnee Tribe  
219 E. Walnut  
Shawnee, OK 74801

AST Media  
2025 S. Gordon Cooper Dr.  
Tecumseh, OK 74873  
(405) 589-1279

**IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:**

**Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to [stiger@astribe.com](mailto:stiger@astribe.com)**

**ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY THE 15<sup>th</sup> OF THE CURRENT MONTH**

**UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON, NOT PER BIRTHDAY WISH.**

# NOVEMBER 2015 BIRTHDAYS

Aguinaga, Jessika Lyn  
Aguinaga, Mrs. Julia Dawn  
Aguirre, Daniel Enrique  
Alexander, Tammy Lynn  
Alford, Glen Tecumseh  
Alford, Reagan Elizabeth  
Alford, Rebecca Marie  
Alford, Thaddeus Ethan  
Alvarez, Amanda Leigh  
Araujo, Jonathan Jose  
Arms, Cameron Blake  
Arms, Dakota James  
Atwell, Danielle Elyse  
Badger, Casey Mae  
Baker, Makaiyah Lashaun  
Balch, Emily Twila Kay  
Banning, Carole Sue  
Bettelyoun, Cathern Mae Marie  
Bible, Jessica Ranae  
Billie, Kathrine  
Blanchard, Ashlynn Shay  
Blanchard, Cayanna Dee  
Blanchard, John Michael  
Blanchard, Lisa Ann  
Blanchard, Matthew Ryan  
Blanchard, Norman Neal  
Blocker, Bailey Marie  
Boatman, Allyson Lyndi  
Boatman, Mark James  
Bockoven, Tina Nicole  
Boston Sr., Carl Kent  
Boston, Arthur Joseph  
Box, Jodie Gayle  
Bradley, William Lee  
Brandon, Sean Patrick  
Breeding, Joshua Adam  
Brewer, Rocky Darren  
Brinson, Allen William  
Brokeshoulder, Rita Gayle  
Brown, Keyondre Duane  
Brown, Shandalyn Shermain  
Bryant, Corbin Ash  
Bryant, Lorraine Morton  
Bryce, Emily Danielle  
Buckheart, Felise Maria  
Bui, Reilly Paul  
Bump Jr., Richard Dewitt  
Campbell, Lousetta Spriggs  
Carolina, Jammie Leann  
Carter, Andrea Dawn  
Caudillo, Robert Lee  
Chisholm, Cole Nathaniel  
Collett, Dillon Wayne  
Colungo, Antonio Joaquin  
Cortez, Albus Renee  
Creek, Kaydence Rae  
Crossley, Joseph Tyner  
Crow, Anabeth Sophia Ximara  
Crow, Randon Matthew  
Danner, Latonia Marie  
Davis, Eli Joel  
Davis, Hannah Starr  
Davis, Joshua Lee  
Davis, Kayelah Janea Blair

Day, Darnell Ann  
Deere, Karena Louise  
Detwiler, Tanya Elaine  
Dietrich, Tricia Lynn  
Dodds, Cody Ralph  
Donnahoe, Leah Jane  
Doussett, Flossie Jean Spoon  
Doussett, Gabriella Diane  
Downey, Tyler Preston  
Draper Jr., Russell Lee  
Drywater, Sherry Lyn  
Duboise, Rebecca Kay  
Eckwardy, Selena Monica  
Eckwardy, Victoria Destiny  
Edgmon, Pacey Wyatt  
Edwards - Fletcher, Atheda  
Edwards, Chet  
Edwards, Cutke Lashelle R.  
Ellis Mahardy, Paul Samuel  
Ellis, Phillip Steven  
Ellis, Scott R.  
Foreman, Robert Wade  
Foreman, Thomas Henry  
Fuentez, Ariana Yasmine  
Garretson, Christopher P.  
Gibson, Anthony Duane  
Gibson, Dante Jamison  
Gibson, Pamela Ann  
Gibson, Wilfred Lew  
Goombi II, John Duane  
Goss, Melody Naomi  
Gower, Jon Paul  
Gray, Jared Christopher  
Gray, Jeffrey David  
Guttmann, Rosemary ( Bradley )  
Hadjiconstantinou, Brent  
Christopher  
Hale, Alisha Marie  
Harjo, Brittany Marie  
Harjo, Jacqueline Rhea  
Harjo, Maliyah Kinsley  
Harjo, Tawanna Jo  
Harman, Amy Marie  
Harp, Tara Rae  
Harris, Kallie Dahn  
Harvey, Ronnie Troy  
Hatcher, Donald Ray  
Haumpy, Olivia Huerta  
Haumpy, Zaylee Jew'el  
Hayes Ponkilla, Briana Cynthia  
Heisley, Robert Egan  
Hemphill, Justin Travis  
Hernandez, Isabella Lois  
Herrera Jr., Ruben Pilar  
Hicks, Emily Nicole  
Hood, Allison Rachelle  
Hood, Stefanie Michelle  
Hopper, Deborah Ann  
Houston, Sheri Lynn  
Humphrey, Jo Lynne  
Isaacs, Jon Edwin  
Jacobs, Tiffanie Marie  
Johnson Stephenson, Alyssa Cyndel  
Johnson, Anthony David

Johnson, Evan Ryan  
Johnson, Jackie Dean  
Johnson, Jaylin Lee  
Johnson, Michael Thomas  
Johnson, Nizhoni Naim River  
Johnson, Rayanna Kay  
Jones, Easton Allen  
Kaniatobe, Guy Eliot  
Kaseca Jr., Frank Linn  
Keith, Joni Cheryl  
Keith, Lisa Gaye  
Kilmer, Cheyenne Lashell  
Kilmer, Kayla Marlene  
Kinnamon Andersen, Sherri Kaye  
Kirby, William Hunter  
Larney, Patti Mae  
Larney, Walter Lee  
Leath, Timothy Coates  
Leitka, Devin Lance  
Limon Jr., Richard Martin  
Limon, Jocelyn Marie  
Lindsay, Seth Ryan  
Little Axe Sr., Troy Lee  
Little Axe, Brandon James  
Little Axe, Katherine Pauline  
Little Axe, Paiden Taylor  
Little Charley, Buck  
Little Charley, Keri Leeann  
Little Charley, Rebecca Ann  
Little Creek, Lindsey Denise  
Little Creek, Lynda Carol  
Little Jim, Caleb Frank  
Little Jim, Clint Jason  
Little, Dee Ann  
Little, Lisa Ann  
Littlebear, Clifford Newman  
Littlebear, Josheau Alan  
Littlecreek, Sammi Louise  
Littlecreek-Watts, Lily  
Littlehead, William Bill  
Loeks, Betty Lou Marx  
Logan, Terri ( Sloat )  
Longhorn, Joel Boyd  
Longman Jr., Henry Daniel  
Lovins, Garrett Scot  
Lowrance, Eaan Zane  
Mack, Darrin Wayne  
Mann, Loretta Lynn  
Mann-Shopteese, Wanda Gayle  
Martin, Skyla Reyann  
Martin, Tiffany Ann  
Martinez, Clayton Dale  
Martinez, Tiana Rae  
Masquas, Jeanlene  
McBride, Allison Lorraine  
McBride, Marshall Dylan  
McBride, Travis Eugene  
McEwin, Henry Bill  
McGirt, Ricky Lee  
McGonigal, Michael Shawn  
McGuire II, Wayne Lloyd  
Megehee, Sheyenne Nicole  
Miller, Charles Ray  
Miller, Kayci Dawn

Mills, Barbara Gail  
Mills, Lindsey Gayle  
Minack Larney, Kayla Leeann  
Mitchell, Legus Trent  
Mitchell, Meegan  
Mohawk, Joni Marie  
Montgomery, Stephany Sky  
Montgomery, Zedariah Oyreke-Dean  
Moore, Sophia-Marie Linda  
Morlan, Derek Thomas  
Morris, Miracle Marie  
Morton, James Cristian  
Morton, Rebecca Lynn  
Muench, Rose Ann  
Musick, Dr. Charles Randall  
Nail, Andrea Elaine  
New Moon, Jessica Lynn  
Nice Jr., Jonathon Lee  
Novick, Precious Dawn  
Ortiz, Isaiah Faustino  
Owens, Asher James  
Owens, Rhett Patrick  
Panther Jr., Donald Eric  
Parker, Whitney La Rae  
Perez-Vargas, Joel Encarnacion  
Pitner-Panther, Elizabeth La Rayne  
Ponkilla, Mary Frances  
Ponkilla, Sharon Renee  
Preciado, Oscar Gabriel  
Ramirez, Tiffany Elyse  
Richard, Frances Ann  
Roberts, Siera Brooke  
Robertson, Velisa Alyn  
Robinson, Sienna Gail  
Robison, Laynee Elizabeth  
Salazar, John Thomas  
Santa Cruz, Briana Danae  
Schoenebaum, Daxton Ryder  
Sherod, Daemon Marcus  
Shields, Brent Fremond  
Siemon, Hudson Kennedy  
Sinks, Robert Elmer  
Sloat, Amanda Renee  
Sloat, Jami Lynn  
Smith, Alfred L.  
Smith, Anna Mae  
Smith, Carolina Elizabeth  
Smith, Garrett Allen  
Snakeman, Sandra Kay  
Soap, Taziah Jayson Lee  
Spoon, Ariana Nicole  
Spoon, Christopher Scott  
Spoon, Joel Lee  
Spoon, Tresha Dawn  
Squire, Lauresa Cerise  
Squire, Michael Lee  
Stacy, Daelin Shey  
Stewart, Arvel Eugene  
Stinger, Elizabeth Juanita  
Stolby, Daniel A  
Stone, Heide Nichole  
Stuckey, Wade Dexter  
Switch, McKenzie Rancee  
Switch, Michael Dwight



Taylor, Ryan Aaden  
Thorpe, Gary Allen  
Thorpe, Iris Nahla  
Thorpe, Jasper Pristine  
Thorpe, Jonah Azariah  
Thorpe, Vicki Jo  
Tiger, Dion Anthony  
Tiger, Joseph Little Chief  
Tiger, Nakota Cotcha  
Tillery, Trevor Ryan  
Tilley, Nelson Vaughn  
Tyner Jr., Daniel Ray  
Tyner, Michael Roy  
Tyner, Wasalee Raine  
Upman, Belva Ann  
Vasquez, Makai Isaiiah  
Velez, Marcos Antonio  
Villalobos, Francisco Javier  
Voyles, Devin Robert  
Wakley, Stacy Ann  
Wakolee, Garry Lavar  
Wakolee, Jerry Lamar  
Walker, Kurtis Robert  
Walker, Ty Dewayne Owen  
Wallis, Collin Bryan  
Wallis, Dawn Marie  
Warrior, Aaron Duane  
Warrior, Debra Faye  
Wasley, Mandella Dawn  
Watson, Brent Randall  
Watson, Gavin Layn  
Watson, McKenna Ann  
Weaver, Dylan Micheal  
Webb, Paul Kenneth  
Werst, Nelda Jayne  
Westberry, Justin Doyle  
White Jr., Robert  
White, Daniel Lee  
White, Dustin Lee  
Wilburn, Sonya Leigh  
Wilkerson, Dorothea Fallon  
Williams, Anfernee Isiah  
Williams, Ella Ann  
Williams, Erik Braden  
Williams, Heath Jared  
Williams, Katharine Melina  
Williams, Nathan Barrett  
Wilson, Isaac Lane  
Wilson, Joseph Scott  
Wilson, Savannah Colette  
Wilson-Ongaco, Tristen Xavier  
Wolfe, Stormy Ray  
Wolfe, Tina Marie  
Wyatt, Ashley Dawn  
Yandell, Raymond Lloyd  
Yoder, Vanessa Lynn



# HAPPY BIRTHDAY

## McKenna & Randall Watson

We are proud of you both for staying in college!  
Hang in there!  
It will be worth all the hard work.  
We love you both!  
The Kasecas



# HAPPY

## Birthday!

Nov. 7<sup>th</sup>

# TIFFANY MARTIN

Have a happy & safe day!

Love Aunt Rhonda & family


# HAPPY

## birthday

# FRANK KASECA

You are an **ANNOYING & AGGRAVATING** man!!  
With a crazy laugh that makes us smile.

Love,  
Roy, Rhonda & Family



# TO MY GRANDSON



# HAPPY

# BIRTHDAY

# DEAN KRAUSS

# AST HEALTH SYSTEM - NOVEMBER 2015

In October, the Public Health Department sponsored the health systems' annual Breast Cancer Awareness Event at both the Little Axe Health Center and Shawnee Clinics, complete with light refreshments, breast cancer awareness information, followed by a few speeches from tribal and health leadership. Topics included stories of breast cancer losses and survivors from our health system and surrounding community and families, all providing strength and encouragement through testimonials and stories of survival from some very brave breast cancer survivors!

The second annual Zombie Run was another huge success, with more people participating than last year for a day of activity, music, health education, wellness activities, and good ole' fashion Halloween fun!

As the flu season rapidly approaches, it is imperative you get your flu shot. Several flu shots were given out at the free flu shot clinic provided at the General Council meeting in October, and we will also be providing the flu shot at both of our clinics with nurse visits. Tests for the flu are indicating it has arrived already beginning in September, so please ensure you and your family is protected. The health system encourages everyone in the community to stay healthy this year by utilizing good personal hygiene, especially with hand sanitation procedures.

The second annual Community Needs Assessment (C.N.A.) is nearing completion, and your voices are being clearly heard. The results of this survey will be compared to last year's Community Needs Assessment in the hopes of providing crucial data for comparison with last year's assessment to help guide priorities in planning, prioritization, and budgeting for the healthcare delivery of our tribal community.

Same-day Clinic and now the PlusCare Clinic (after hour's clinic) have consolidated into a single operation, allowing for opening up more access to acute services (non-emergency care) by our patients. It is important to arrival at least half an hour early, or even earlier, before closing to ensure care you need is able to be provided and does not drive overtime for the staff that must break down clinic operations nightly. When patients arrive close to closing, it could cause minor delays as the nightly closing checklist begins at 8:30 PM to close the clinic. The Pharmacy at Little Axe will also began extended hours to align with the PlusCare Clinic so that the PlusCare patients may conveniently access their medication after their evening or weekend visit with the provider in the non-emergent, ambulatory acute setting.

The health system governing boards and legal counsel, along with crucial help and assistance from the Executive Committee and Attorney General's office and finance, completed the refinancing of the BIA Joint Venture loan with the Little Axe Health Center. With the loan now refinanced, the interest rate and cost savings will be in the millions over the life of the loan, and will substantially reduce the principle on the loan as well as allow for accelerated payments to retire the debt much sooner than originally projected. We appreciate the help and support of everyone involved with this effort! The health boards, in partnership with the Executive Committee, continue the challenge of bringing online improvements also at the Tribal Complex for the Shawnee Clinic. The addition of a new pharmacy drive through, newly expanded contract health and physical therapy presence, and a new storm shelter facility are all adding convenience and increase service access to our patients.

We are thankful and very proud of our outstanding star performers this month and thank them all for their contributions to our patients, their fellow employees, and the tribe! Employee of the month for health was Sharon Ponkilla, LPN, ACA PRC Representative; the team of the month was the Health Transportation. The special leadership recognition award was presented to Wynona Coon, Transportation Director. Wonderful job gang, you all make a difference for our health system and the health and wellness of all of our patients!

## Additional Health Related Information:

- **AST/Service Health System Native American Veterans:** If you are currently receiving services with the area VA Medical Center, please contact us today to set up an appointment to have your services established with the AST Health System.

- **If you need CPR training,** please contact the AST Health System's Public Health Office at (405) 447-0300 for scheduling and training opportunities.

- **Contract Health Services (CHS)** interactive phone menu helps patients access the most appropriate service provider by calling (405) 701-7951. This feature will speed up access to the patients seeking services and follow-up to their care. We also have Contract Health representatives available at our Shawnee location. Tribal members are able to call Ms. Flo Mann, LPN or Ms. Laurie Webber, LPN at (405) 878-5850.

- **The AST Health System** continues to improve its Customer Service. The Customer Service Line is (405) 701-7623. Please direct all complaints or compliments to this line for appropriate attention and/or response. Please be assured that this is the best way to have each situation addressed, with consistent updates from our Health Staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or question pertaining to your case.

- **The AST Anti-Bullying Prevention "HOTLINE"** is (405) 701-7987 during work hours 8-5, M-F, and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481-0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others, please contact 911.

- **The Affordable Care Act Decision Tool** continues to be a valuable tool with helping you decide what you need to do for compliance with the act. Please see the ACA tab at the ASTHA Health Program's Website: <http://www.asthealth.org/aca> (Please visit our site today to find out what you need to do to protect yourself and your family)!

- **Emergency After hour Pharmacy Access:** If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Wal-green locations in Shawnee and Norman. You will need to submit your prescription and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then they shall fill your prescription. You will have a 5-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health approved Walgreen service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, Oklahoma or 615 West Main Street, Norman, Oklahoma.

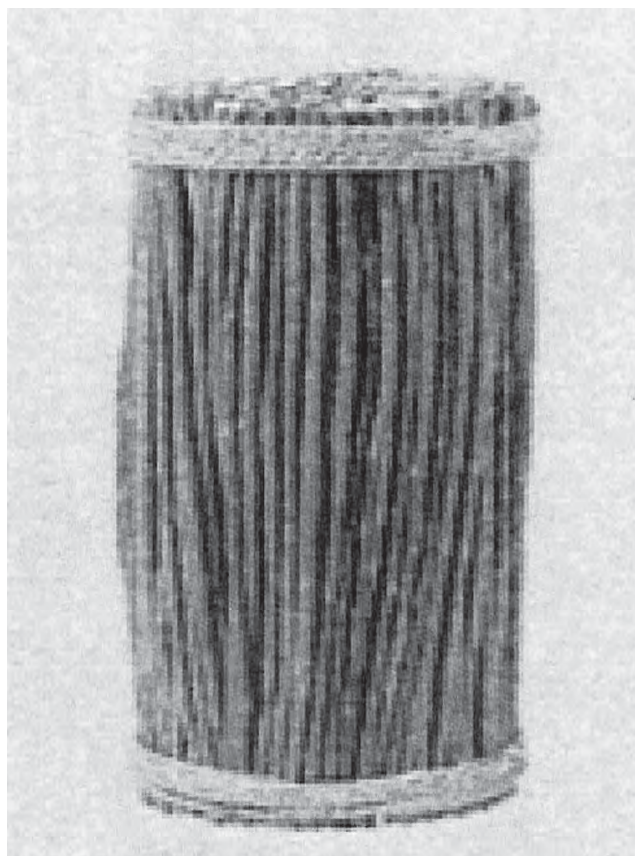
**The Little Axe Health Center Drive-Thru Pharmacy** is also available for emergency fills, for tribal members only, from: 5:00 PM to 9:00 PM Monday - Friday, 9:00 AM to 5:00 PM Saturday & Sunday and holidays from 9:00 AM to 5:00 PM excluding Thanksgiving and Christmas.

- **Social Media:** You can follow the AST Health System on Facebook and receive the most current messages and announcements regarding your tribal health care.



## Mission Statement

To promote the wellbeing of the “whole person” within the context of their culture.



## **A Single twig breaks but a Bundle of twigs is strong**

### *Services*

Supporting changes in the journey of life's transitions. The following services are offered:

- Resource/referral information
- Crisis intervention
- Child, adult, family and couple/marital counseling
- Therapy and Support groups (TBA)
- Drug and alcohol assessments
- Anger management
- Depression screenings
- Sweatlodge

## **ABSENTEE SHAWNEE INDIAN CHILD WELFARE DEPARTMENT**

Child abuse prevention has historically been and remains one of the most basic aspects of American Indian culture. The practices of prevention, though not labeled as such, are embedded in centuries-old spiritual beliefs, child-rearing methods, extended family roles, and systems of clans, bands, or societies. This natural system of child protection and child abuse prevention has been threatened over time by forced assimilation, relocation, externally imposed social services, alcoholism, and poverty, but the traditions and values have survived. The old teachings, values, and family systems are still at the core of that child maltreatment prevention in Indian country, but more formal community responses are also in place.

The Absentee Shawnee Tribe has an Indian Child Welfare Department to ensure our tribal children's rights are protected if they have a child abuse/neglect case being heard in the State Court System. ICW staff also work our own tribal cases on Trust land, or in our Tribal Court System. Our children are our Tribe's future. Someday the journey that many of you have started will be completed by them. If you know of a child that is being physically, or sexually abused please contact the ICW Department at (405) 275-4030. If you do not want to give your name, you don't have to do so. Sadly, there are things that not all of us are guaranteed in life when we are children. A healthy childhood free of dysfunction insures a foundation for education and success. Let us all do our part to insure our children have this foundation.

*ABSENTEE SHAWNEE INDIAN CHILD WELFARE DEPARTMENT IS OPEN TO ANY ABSENTEE SHAWNEE MEMBER WHO IS IN NEED OF OUR SERVICES. THE AST INDIAN CHILD WELFARE DEPARTMENT'S GOAL IS KEEP TRIBAL CHILDREN WITH THEIR TRIBAL FAMILY WHENEVER POSSIBLE. IF ICW HAS TO REMOVE A CHILD FROM THEIR HOME TO ENSURE THEIR SAFETY, WE LOOK FOR TRIBAL FOSTER CARE HOMES. WE ARE ALWAYS LOOKING FOR TRIBAL MEMBERS WHO ARE WILLING TO OPEN THEIR HOME TO NEGLECTED OR ABUSED AST CHILDREN. IF YOU ARE TRIBAL MEMBER AND IF YOU WOULD LIKE TO BECOME AN ABSENTEE SHAWNEE FOSTER HOME PLEASE CONTACT:*

*JULIE WILSON/FOSTER CARE 405-878-4702*



**Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect.**

**- Chief Seattle**

# From the Doctor's Notebook

We interrupt the current broadcast for this important announcement. We are rapidly approaching the time of year when people start to move indoors. Indeed, children in school are already starting to spread illness to those with whom they come into contact. Take if from someone who has been in the business for a good while. Most of those illnesses are caused by viruses that move rapidly through the population. The one we all know and dearly love is the common cold. This malady has plagued human populations since the dawn of history. A cold is the manifestation of a common virus called the Rhinovirus. The symptoms are well enough known that I do not need to elaborate. The virus attacks the upper respiratory system with a vengeance, wreaks its havoc on the victim over the course of a week to 10 days then just leaves without so much as howdy do. And in case you are wondering, we physicians DO NOT have some secret potion that we use on ourselves to treat colds, leaving the populace to suffer.

There are several times during the year when allergy symptoms also appear. The symptoms of allergies are more long lasting than a common cold and they can be mistaken for one another. Oklahoma is one of the worst states in the Union for this. Also, plain old particulates can cause a lot of upper airway problems that can mimic viral illness. This is especially true of the sinuses.

Again, the common cold is a virus, as are most of the commonly occurring respiratory tract infections. Because of this it is imperative to understand that the vast majority of common respiratory tract infections are not treatable with antibiotics. Antibiotics simply must be reserved to treat bacterial infections. The reason for this article is to place great emphasis on this. The issue is now becoming one of loss of effectiveness due to over prescribing antibiotics, especially for infections caused by viruses. To put it bluntly – antibiotics will not do a thing for a viral infection, such as a cold or even the flu.

Folks come in to the clinic for one of two types of respiratory problems, but sometimes both. They have a lot of coughing, sneezing, runny nose and early morning sore throat, or they just have a cough. On occasion there is an elevated temperature as well. These symptoms can be caused by all sorts of things but it is very important to distinguish the cause or etiology as we call it to arrive at a firm clinical decision about what to do. To just throw an antibiotic at these things does a great disservice to the patient because in many cases they arrive at the primary care office, having been seen at an urgent care, or heaven forbid the ER for a follow up visit with symptoms unresolved. It then turns out that the reason for the problem is not clearly understood in the first place. It is unfortunately true that many people go to an urgent care for respiratory problems, especially upper respiratory illnesses (URI) that are not amenable to an antibiotic. The diagnosis of a URI must be made on a clinical (simply by history and physical) basis most of the time but the realization that most of them are caused by viruses is overlooked. The tendency is to simply lump every “infection” into one basket results in the dispensing of an antibiotic with little chance of having any effect. Furthermore, the diagnosis of an “infection” leads many patients to conclude that an antibiotic is the only thing that will affect a cure. The thing that I have found most disturbing in my practice is the patient who comes in with upper respiratory symptoms demanding an antibiotic. After failing to get one from me they go to an urgent care, or even emergency room where they are shuffled in and out quickly and almost always receive a prescription for a Z-pack. They then call the office the next morning to tell my office manager that they are leaving my practice because I did not give them what they wanted but the ER did give them an antibiotic and now they are better (the next day). This scenario is played out over and over again in clinic practice. The mere fact that anyone with a viral upper respiratory infection treated with an antibiotic doing better the next day is clear evidence they did not need it in the

first place. You see - no antibiotic works in less than 24 to 48 hours.

There is a tendency to overuse the word “infection” in the language of disease processes. I want to emphasize another point. All pain is not an infection. The simple illustration by the fact that a knife wound hurts but is not an infective process. Adults come in to the clinic all the time with sinus pain that is presented something like this “Doc, I have a sinus infection.” I am a big believer in telling things like it is so when I explain the above I get greeted with looks like “This guy doesn’t know what he is talking about.” Believe me; I do know what I’m talking about when I say that true sinus infections are quite rare in the general non-smoking population. These “infections” are usually in the same category as a worsening allergy symptoms for which, again, an antibiotic will not do a thing.

No folks, no one who walks into to our Shawnee Nation Clinic with signs and symptoms of a viral infection or any respiratory tract disturbance will receive anything less than our full attention. We will do our best to help relieve or at least lessen symptoms but administration of an antibiotic will not affect a cure. One exception is the flu, which is a virus of many flavors. Tamiflu is a medicine, not an antibiotic that can shorten the course and severity.

I might point out that along with a history and physical an assessment of risk factors will take place as well. I know that a heavy smoker, or a person with established lung disease or who has an immune system that is not working well bears close observation and we will do that. The risk of a viral infection turning into a secondary bacterial infection is something of constant concern. That is why some folks are asked to go get a chest x-ray or go to the lab for some blood tests.

When we discuss the indiscriminate use of antibiotics for everything that walks in the door we must also examine the risks that antibiotics pose to anyone taking them. There are infections that can be brought on by using antibiotics that can be life threatening. Among the most dangerous is *C. difficile* colitis. Also, we must consider that certain antibiotics, when combined with other medications, or even used alone can cause changes in heart rhythms that can be fatal.

What is the bottom line here? It is your provider’s job, regardless of where you go, to be up to date and aware of when and how to use antibiotics for a given condition. Overuse of these precious medicines has led to situations where conditions once treatable are now resistant. One of the most dangerous of these is Tuberculosis. I therefore urge patients to go to their physician with confidence in their evaluation and care but also to adamantly request a firm diagnosis for the condition they are being seen for and to ask for the reason they are being given this or that medication as well as any side effects that they might be at risk for.

Sometimes the best medicine is prevention. Get your flu shot once a year. If you are at risk get a pneumonia shot. Wash your hands, and don’t let anyone cough in your face. Don’t touch your eyes or inside of your nose. If you do get ill consider the symptoms and your own health status. Drink lots of fluids, eat when you feel like it and get plenty of rest. The name of the game is to feel better and that is where your healthcare provider can help. Getting well is, however much of the time simply a matter of gutting it out. If you are simply feeling rotten and feel the need to come in to the clinic please do so. You will be met with the best outpatient care available and possibly something to help with your discomfort.

This all comes under the heading of taking charge of your own health and being aware.

WiToKi

Bruce Stafford, DO

Absentee Shawnee Tribal Health System, Little Axe Health Center

# **FYI: Contract Health Service News**

**Absentee Shawnee Tribal Health**

*The AST Contract Health Services Team are here to assist you  
... follow the CHS Guidelines!*

*Get a copy of the CHS Guidelines and update your information*

## **Emergency and Urgent Care Services**

CHS for a currently enrolled AST member who resides in the defined catchment area who needs emergent or urgent care:

1. Call the On-Call nurse at (405) 447-0300 option 9 for "triage".
2. Notify CHS on the next business day or within 72 hours after the ER visit. Notification does not assure authorization of payment. However if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance evidence must exist that the visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members *with* insurance, evidence must exist that a third party resource has made determination such services were "emergency care" or "urgent care" (such evidence may include payment from private insurance).
5. In the event that you receive a bill from a provider, please provide a copy to CHS. *You may leave bills at the Little Axe Health Center or Shawnee Clinic.*

## **Contract Health Services for AST members *with* Insurance**

CHS for a currently enrolled AST member who resides in the defined catchment area who has insurance such as Medicare or Private Insurance:

1. Complete CHS Patient Update form and update all information every 6 months.
2. Notify CHS at least 48 hours prior to appointment date for a (COB) Coordination of Benefits to be sent to provider
3. Inform Provider/HealthFacility that AST CHS is secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. *You may leave bills at the Little Axe Health Center or Shawnee Clinic.*

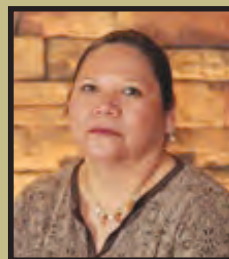
## **Contract Health Services for AST members *without* Insurance**

CHS for a currently enrolled AST member who resides in the defined catchment area who does not have insurance:

1. You must apply for all resources available to you such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, Auto Insurance and other personal injury or liability coverage. PRC staff and/or Benefit Coordinators can assist with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. Complete CHS Patient Update form and update all information every 6 months
3. You must utilize the services provided within the AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider.
5. An appointment will be scheduled and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. *You may leave bills at the Little Axe Health Center or Shawnee Clinic.*



**Contract Health Services is conveniently located at Shawnee Clinic-Building 16 and Little Axe Health Center**



Flo Mann



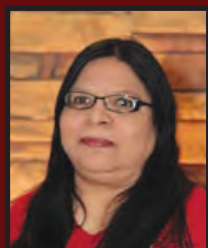
Laurie Webber

**Shawnee Clinic  
(405) 878-4702**

**Little Axe Health Center  
(405) 447-0300**



Debi Sloat



Glendine Blanchard



Sharon Ponkilla



Darla Gatzman



Jayne Werst

# NEW CAR SEAT LAW

On November 1, 2015, Oklahoma will have a new car seat law. House Bill 1847 updated the state's current law to mirror recommendations by the American Academy of Pediatrics and National Highway Traffic Safety Administration.

A child under 8 shall be properly secured in a child passenger restraint system (the law was previously only to age 6).

- ☒ Must be rear facing until two years of age or until the child reaches the weight or height limit of the car seat.
- ☒ Must be forward facing with harnesses at least two (2) years of age but younger than four (4) years of age.
- ☒ Age 4-8 years and less than 4 feet 9 inches in height should be in either a child passenger restraint system or child booster seat.

With the update Oklahoma becomes the second state to mandate rear facing until two years old.

“Car crashes are the leading cause of death for Oklahoma children”, said SAFEKIDS OK Executive Director, Katie Mueller. “In 2013, 6,000 child passengers were involved in traffic crashes. 607 were seriously injured and 22 were killed.”



**IS YOUR CHILD IN THE RIGHT CAR SEAT?**



**Register Now!!!**  
[www.asthealth.org/patient-portal](http://www.asthealth.org/patient-portal)

**New Patient Portal**  
Absentee Shawnee Tribal Health System

Little Axe Health Center  
Shawnee Clinic

**FollowMyHealth™**  
Universal Health Record 

Visit your app store and install  
the Follow My Health app

- Improved access to your health information
- Communicate directly with your clinic
- Request an appointment
- ...and more!



for real-time access to your  
health information

For more information on how you can register for the new AST **“Follow My Health”** Patient Portal, contact Patient Registration at Little Axe Health Center - 405.447.0300 or Shawnee Clinic - 405.878.4702

***Honoring Our Past  
With Promise for  
Our Future***

**LIFE** is Beautiful  
Living Meth Free



National Suicide  
Prevention

**1-800-273-8255**  
**(TALK)**



Absentee Shawnee  
Health Systems  
Shawnee & Little Axe

# The Absentee Shawnee Diabetes & Wellness Fitness Center's Fitness Schedule



## ABSSENTEE SHAWNEE FITNESS

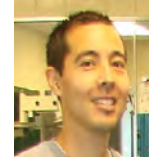


### FITNESS CLASS SCHEDULE

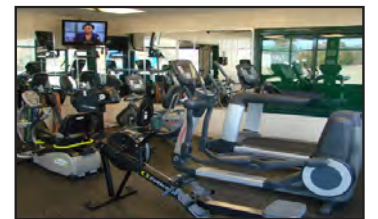
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Classes</b>	<b>Classes</b>	<b>Classes</b>	<b>Classes</b>	<b>Classes</b>
<u>Circuit Training</u> 6:10 a.m. - 7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Zumba!</u> 6:10 a.m. - 7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Circuit Training</u> 6:10 a.m. - 7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Cardio Kickboxing</u> 6:10 a.m. - 7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Circuit Training</u> 6:10 a.m. - 7:00 a.m. Chrissy Wiens Little Axe Resource Center
<u>Low Impact Chair Exercise</u> 12:00 p.m. - 12:30 p.m. Buster Bread Little Axe Resource Center	<u>Tai Chi</u> 12:00 p.m. - 12:30 p.m. Chrissy Wiens Little Axe Resource Center	<u>Low Impact Chair Exercise</u> 12:00 p.m. - 12:30 p.m. Buster Bread Little Axe Resource Center	<u>Tai Chi</u> 12:00 p.m. - 12:30 p.m. Chrissy Wiens Little Axe Resource Center	
<u>Circuit Training</u> 5:45 p.m. - 6:30 p.m. Buster Bread Little Axe Resource Center	<u>Circuit Training</u> 5:45 p.m. - 6:30 p.m. Buster Bread Little Axe Resource Center	<u>Circuit Training</u> 5:45 p.m. - 6:30 p.m. Buster Bread Little Axe Resource Center	<u>Circuit Training</u> 5:45 p.m. - 6:30 p.m. Buster Bread Little Axe Resource Center	



**Chrissy Wiens**  
Diabetes and Wellness  
Physical Activities Specialist



**Buster Bread**  
Diabetes and Wellness  
Fitness Manager



Location: 1970 I56th Ave. N.E. Norman, O.K. 73071  
(405) 364-7298

For more information please visit our website at:  
<http://www.asthealth.org/tags/fitness>

Fitness Hours:

**Monday** 6:00 a.m.— 7:00 p.m.  
**Tuesday** 6:00 a.m.— 7:00 p.m.  
**Wednesday** 6:00 a.m.— 4:00 p.m.  
**Thursday** 6:00 a.m.— 7:00 p.m.  
**Friday** 6:00 a.m.— 5:00 p.m.  
**Saturday/Sunday** CLOSED

# AFTER HOUR PHARMACY NOTIFICATION

The Walgreens located at 100 12th Avenue NE in Norman, OK is **no longer contracted** with the AST Health System to pay for after hour emergency prescriptions due to losing its 24-hour service status.

Tribal members may now take prescriptions to:

**Walgreens**  
615 W. Main St  
Norman, OK  
(405) 573-5019

## AST PHARMACY

When requesting refills, please provide 24 hour notice until pick-up. The most efficient method is to have your refill numbers ready when you call the Pharmacy, and use our automated system.

Deliveries of controlled medications are not allowed.

If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with your current cell phone number.

Please inform us of changes in address, phone number, insurance and other contact information (changes at registration do not flow to pharmacy).

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

**Hours of Operation:**  
Little Axe: Monday-Friday 8am-5pm  
(7:30am-5:30pm Drive-Thru)  
Phone-(405)292-9530  
Shawnee: Monday-Friday 7am-5pm  
Phone-(405)878-5859

We are open through the lunch hour!!

**\*\*BOTH PHARMACY DEPARTMENTS ARE CLOSED WITH THE CLINICS THE FIRST WEDNESDAY AFTERNOON OF EVERY MONTH TO COMPLETE ADMINISTRATIVE DUTIES.\*\***

Thank You,  
AST Pharmacy Staff

## Absentee Shawnee Tribal Health System Behavioral Health Services



### Office Hours

Monday-thru-Friday

8:00 AM - 5:00 PM

Little Axe Clinic  
15951 Little Axe Drive  
Norman, OK 73025  
Ph. 405-701-7987

Shawnee Clinic  
2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
Ph. 405-878-4716

Services are offered through:

Little Axe Clinic & Shawnee Clinic for all Federally Recognized Tribes.

### AST BEHAVIORAL HEALTH SERVICES

For counseling information, contact:

Shawnee BH: Roberta Cooper (405) 878-4716  
Little Axe BH: Rolanda Smith (405) 701-7987



## Women's Health

Services provided at Shawnee Clinic  
405.878.4702  
Schedule an appointment

### Little Axe Health Center

Women's Health Services  
Located in the Primary Health Care

Providing & Promoting Preventative Health for All Women

Services include:

- Adult immunizations
- Breast & Pelvic Exams
- Mammogram Referral
- Bone Density Studies

Information about:

- Health Promotion
- Quitting Smoking
- Misuse of Alcohol and Drugs
- Nutrition
- Physical Fitness and Exercise
- Controlling Stress and Violence
- Prevention of Pregnancy
- AIDS and other Sexually Transmitted Diseases

Women's Health Services  
Little Axe Health Center  
15951 Little Axe Drive • Norman, OK 73026  
405.447.0300 • Fax 405.701.7605  
www.asthealth.org



# HEALTH AUTHORITY, INC. / LI-SI-WI-NWI HEALTH INC.

*Tribal Members please submit your resume and a letter of interest to be consider being place on Health Board.*

## **QUALIFICATIONS FOR HEALTH BOARD MEMBERS:**

- There must be 2 tribal members with health care experience.
- All other directors must have sufficient professional experience in various fields (business, accounting, public service, law administration to contribute productively to the Board.
- Appointees shall have a background check and may not be a staff member or employee of the health care system.

## **THUNDERBIRD ENTERTAINMENT CENTER, INC. (TEC BOARD)**

*Interested Tribal Members to be consider for board position.  
Please send letter of interest and a resume.*

## **QUALIFICATIONS:**

- Must be eligible to obtain a gaming license from the Absentee Shawnee Tribe Gaming Commission and possess experience in gaming operations, business, finance, or law and of the following:
  - ☒ Degree in Business Administration, Accounting, Marketing, Law or an equivalent field (Bachelor's degree or higher);
  - ☒ Minimum three (3) years' experience in business management;
  - ☒ Minimum two (2) years' experience in casino operations; or
  - ☒ Knowledge of federal Indian law, the Indian Gaming Regulatory Act, and related statutes and regulations

Please send letters and resume to Secretary John Johnson Office:

**2025 South Gordon Cooper Drive**

**Shawnee, Oklahoma 74801**

**Email: johnraymond.johnson@astribe.com**





“Over 57% Pott. Co. residents reported not storing their Meds in a locked, secure cabinet or box”

### **Do's and Don'ts of safe storage and disposal**

**DO** Properly discard medications that are no longer Needed or that have expired.

**DO** Keep track of how many pills you have during the course of treatment.

**DO** Lock up medications that are at risk for being abused- ask your pharmacist or other healthcare professional if the prescription medication prescribed to you or a Household member has abuse potential.

**DON'T** Throw medication in the trash or flush down toilet.

**DON'T** Leave medications that are at risk for being abused in plain sight or in places that aren't secure.

**DON'T** Repackage medication in unmarked containers.

Oklahoma SPF-TIG Project is funded by SAMHSA  
(Substance Abuse and Mental Health Services Administration)

## **Need a place to dispose your unwanted/unused medications?**

You can drop off your unwanted/unused prescriptions anytime at these locations:

**Tecumseh Police Department**  
109 West Washington  
Tecumseh, Ok 74873

**Shawnee Police Department**  
16 West 9<sup>th</sup> Street  
Shawnee, Ok 74804

**Pottawatomie County Sheriff's Department**  
325 North Broadway Ave  
Shawnee, Ok 74801

**Cleveland County Sheriff's Office**  
128 South Peters  
Norman, OK 73069

**Oklahoma University Police Department**  
2775 Monitor Ave  
Noman, OK 73072

**Norman Police Department**  
201 B West Gray  
Norman, OK 73069

**Moore Police Department**  
117 East Main Street  
Moore, OK 73160



**Absentee Shawnee Tribe of Oklahoma**

# Walpole Island First Nation History

## Tecumseh (Shooting Star / Panther Crouching in Wait) (c.1768-1813)

Tecumseh was the Great Leader of the Confederacy of Nations, a war chief, a statesman, and an orator who struggled to protect the Confederacy's sovereignty over its lands and waters. Tecumseh fought valiantly in the War of 1812 and in the Battle of the Thames. It is believed that Chief Oshawanoe retrieved Tecumseh's remains hidden near the battlefield and placed them on St. Anne Island. Chief Joseph White, his stepson Silas Shobway, and the Walpole Island Soldiers Club cared for Tecumseh's bones through the generations. Overlooking the lands and waters of Bkejwanong Territory, Tecumseh's remains were placed in this cairn on August 25, 1941. This final resting place was rededicated on October 2, 2013 in honour of the bicentennial of the War of 1812. Tecumseh's spirit, his memory, and his legacy live on today.

## Tecumseh (e-mgishmad nang / mzhizhiw dgashkiid baabijged) (c. 1768-1813)

Tecumseh gaa-maamo niigaanzid giw gaadbendaagzijig Nishnaabeg, miigaazo ogimaa, e-kji-kenjgaazod, ge gaa-bmiwdood naaknigewin, ge gaa-mbwaakaa-giigdad. Gii-gchi-maagwii wii-gnawenj gaadeg Nishnaabe dbendaagziwin niw dakiimwaan ge ziibiin. Tecumseh gii-gchi-miigaaza iw pii 1812 gaa-dzhi-mii-gaading maa Thames. Mii-gaa-nendmowaad Ogimaa Oshawanoe gii-wa-daapnaan Tecumseh wiiyaw gaa-ngwagaadeg besha gaa-dzhi mii-gaadwaad dash gii-sijgaazod maa St. Anne Island. Ogimaa Joseph White, ge doozhman Silas Shobway, ge giw Walpole Island zhimaagaayag maawnjidiwaad gii-gnawendaanaawaan Tecumseh kaneyan gwetaani-gbe'ing. E-baabjigaadeg niw kiinsan ge ziibiin maa Bkejwanong mnishe'ing.

Tecumseh kaneyan gii-sijgaadenoon gchi-bzinii mkakoong August 25, 1941. Miidash shkwaayaaj gii-bgidnind-gii-aanjchi-gaadeg October 2, 2013 chipiitenmangid iw pii niizhwaak bi-boonan zhaashgwa iw gii-miigaading 1812. Tecumseh ji-chaagman, iw e-zhi-mkwendmangid, geyaabi ge gaa-nji miigaazod ji-mkwendmangid gwa geyaabi noonga aawan.

This sign is set up at the monument telling their history of how they have cared for Tecumseh's remains.

Chief Miskokomon-Joyce Johnson, Director Heritage Centre, both Walpole Island  
First Nation-Sherman Tiger, AST Media Director



The unveiling of statue - Tecumseh



# **Piano & Guitar Lessons**

**\$10 Per Hour**

**Call Phil Bradley at 405-585-8801**

## **CTSA IS HIRING!**

CTSA is a Head Start, Early Head Start, and child care program in Shawnee, OK. We are currently seeking teachers to fill full time and part time positions.

CTSA is a tribal program that has been strong in the Shawnee community for over 40 years. We offer excellent services to families and a great work environment for employees. CTSA offers competitive pay and small class sizes. Full time employees can receive excellent benefits, education assistance, and ample time-off work.

Come join our team! Early childhood experience preferred. CDA credential preferred. All applications accepted.

Applications may be downloaded at [ctsaheadstart.org](http://ctsaheadstart.org) or picked up at 1535 N McKinley Ave. Shawnee, OK, 74801.

***CTSA is an equal opportunity employer.***

# Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy at the Education Department office or for download at [www.astribe.com](http://www.astribe.com).

- **Academic (K-12) Program**: assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- **Zahn Program**: established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- **Job Training Adult Education Program**: funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- Higher Education: **Education Incentive Award Program**: funds for undergraduate degrees, one associate or bachelor degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- **Graduate Scholarship Program**: funds for one master's degree or one doctoral degree, and can fund one graduate admissions test. This program has funding levels based upon full-time and part-time status.
- **Big Jim Youth Award Program**: annual incentive for High School Seniors for Academic Achievement and Athlete of the Year. Deadline for application submission is March 31<sup>st</sup> of each year.

All funding is based upon the availability of funds at the time of application.

**All applications and guidelines are available at [www.astribe.com](http://www.astribe.com). Click on Services and select Education.**

For more information, please call Tresha Spoon at (405) 275- 4030, Ext. 6242 or 1-800-256-3341 or email to [tresham@astribe.com](mailto:tresham@astribe.com).



ABSENTEE SHAWNEE TRIBAL

# HEALTH SYSTEM

Prevention. Progress. Pride.

## TRIBAL DAY OF ACTION!



Health Insurance  
Marketplace

### ENROLLMENT EVENTS

#### Shawnee Clinic

**Wednesday, November 4 | 9 a.m. - 4 p.m.**

#### Little Axe Health Center

**Thursday, November 5 | 9 a.m. - 4 p.m.**

**Learn about Medicare and explore your options!**

**See if you qualify for a no-cost plan on the Marketplace!**

*Consultations and enrollments courtesy of AST Health System Patient Benefit Advocates and OKINSUREME*

For more information contact:

Connie Bottaro-Little Axe Health Center Patient Benefit Advocate, 405.447.0300

Lela Culley-Shawnee Clinic Patient Benefit Advocate, 405.878.5850

[www.asthealth.org](http://www.asthealth.org)



# ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM

PUBLIC SERVICE ANNOUNCEMENT

## LITTLE AXE HEALTH CENTER EARNS ACR ACCREDITATION

Norman, OK — The Little Axe Health Center of the Absentee-Shawnee Tribe has been awarded a three-year term of accreditation in mammography as the result of a recent review by the American College of Radiology (ACR). Mammography is a specific type of imaging test that uses a low-dose x-ray system to examine breasts. A mammography exam, called a mammogram, is used to aid in the early detection and diagnosis of breast diseases in women.

The ACR gold seal of accreditation represents the highest level of image quality and patient safety. It is awarded only to facilities meeting ACR Practice Guidelines and Technical Standards after a peer-review evaluation by board-certified physicians and medical physicists who are experts in the field. Image quality, personnel qualifications, adequacy of facility equipment, quality control procedures, and quality assurance programs are assessed. The findings are reported to the ACR Committee on Accreditation, which subsequently provides the practice with a comprehensive report they can use for continuous practice improvement.

The ACR is a national professional organization serving more than 36,000 diagnostic/interventional radiologists, radiation oncologists, nuclear medicine physicians, and medical physicists with programs focusing on the practice of medical imaging and radiation oncology and the delivery of comprehensive health care services.

Prevention. Progress. Pride.

SHAWNEE CLINIC  
2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850

LITTLE AXE HEALTH CENTER  
15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

[WWW.ASTHEALTH.ORG](http://WWW.ASTHEALTH.ORG)

COPYRIGHT © 2015, ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM. ALL RIGHTS RESERVED.

# Informal SOCIAL SECURITY TIPS & TRICKS



Beginning May 17 **EVERY 3<sup>rd</sup> SUNDAY** from 3-4PM of each month

If you have already been approved for consideration of one of the Social Security Disability Programs (Title II or Title XVI) and would like some tips and information for completing forms, please come join us!

**DEL CITY LIBRARY**  
4509 SE 15th • 672-1377  
www.metrolibrary.org



DEL CITY LIBRARY PRESENTS :

# SCRABBLE CLUB

Wordy people, unite! Challenge fellow wordsmiths to a lively game of Scrabble and keep your vocabulary honed.

Every 4th Tuesday of the month from 6:30pm-7:30pm

Games supplies provided

For Adults



DEL CITY LIBRARY | 4509 SE 15th | 672-1377 | WWW.METROLIBRARY.ORG

## TECHNOLOGY: Cyber Security

by Joshua Gibson, MIS - IT Analyst

Have you ever received a random phone call and when you answered there was a pause for 2-3 secs and a message recording started? Well you've been randomly selected possibly by a robodialer! We'll get into details about that term soon. Phone fraud is a rising attack method that spans to international borders, enterprises, and industries. Nearly 1 out of 2,200 calls are fraud, which has increased 30% since 2013. This phone channel assailants use multipronged attacks, targeting consumers, retailers, and financial institutions simultaneously. The most efficient techniques these attackers use are robodialers point of origin is harder to trace back and they can work targeting simultaneous consumers. 1 in 6 phone numbers calling is a robodialer. 2.5 percent of U.S. phones receive at least 1 robocall every week. 86.2 million calls per month in the U.S. are phone scams.

Mobile phones are beginning to see this trend as the increase is climbing provided by the data below from 2011 to current. Consumer phone scams rely heavy on attacks casting on a wide net in scale wise. Phone fraud attacks seek the uninformed or vulnerable (e.g., the elderly, recent immigrants, young college students, etc.) One of the most common ways to exploit is by robocalling services. Attackers use tactics by messaging the consumer such as promising prizes, trips, free money, or other goods and services to get the consumer to interact. The more reported tactics are threatening messages, tellings consumers they're behind on taxes, missed jury duty, or arrest warrants.

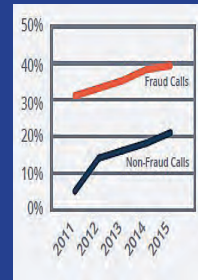


Figure 1.1

VoIP has played a factor for increases on fraud calls. Voice over IP (VoIP) has minimized or eliminated cost of phone calls, domestic and international. There has been recent evidence to suggest VoIP service is easier to steal than other kinds of telephony services as well. Attackers use VoIP lines for 53 percent of their calls, compared to 7.8 percent of the general public. VoIP is only as reliable as the underlying network security, if the existing network has security vulnerabilities exploits can occur.

Figure 1.2

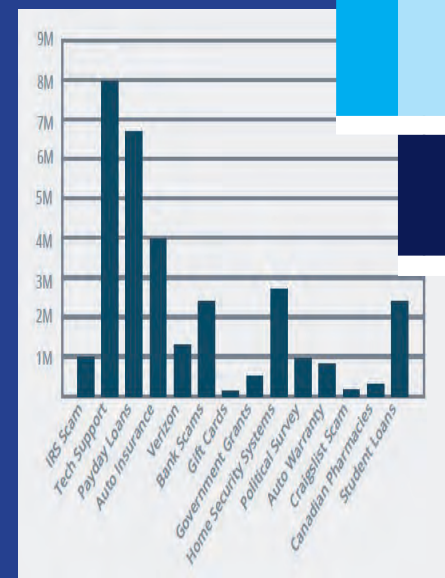
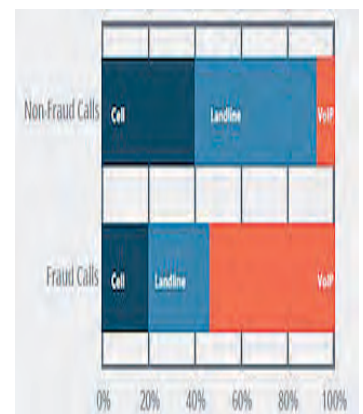


Figure 1.3

### CONCLUSION

The best safe-guard you have is to simply hang up when a recorded message is being played, don't disclose any personal information. If you press any button, most likely it will lead to more robodialers. Most mobile phones like the iPhone can block calls from within the phone settings under Settings>Phone>Blocked. Android's can be found >call settings>my device>blocking mode. You can check to see if your phone provider or internet company has services to screen and block robodialers as well.

You can report any experience you've had to <https://www.ftccomplaintassistant.gov> or by calling 1-888-383-1222.





# Vocational Rehabilitation Transitional Services

## Iowa Tribe of Oklahoma

### ▶ History:

The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians with disabilities for twenty years and counting, with Transition Services at six years. Our mission is to develop specialized services to American Indian students with disabilities currently making the transition from high school to work or achieving a post-secondary education.

### ▶ Services we can provide:

We assist with testing fees (ACT, SAT), provide work clothing for new jobs, tuition assistance, assistive devices such as hearing aids, walkers, wheelchairs, eye glasses, along with physical and mental evaluations.

### ▶ Qualifications:

You must be a member of a federally recognized tribe, a junior or senior in high school and must reside in on of the Iowa Tribe VR services area counties. You must also provide documentation from your doctor or physician noting your disability.

### COUNTIES served by ITOVR

KAY

NOBLE

PAWNEE

PAYNE

POTTAWATOMIE

LINCOLN

LOGAN



## Iowa Tribe of Oklahoma Vocational Rehabilitation

P.O. Box 728  
Perkins, OK 74059

Phone: 405-547-2402 ext 168

Toll free: 1-888-336-4692

Fax: 405-547-1090

E-mail: Christa Tsotaddle, Transitional Counselor  
ctsotaddle@iowanation.org



# "See the Person, Not the Disability"

# We Listen Ne-Hi-Ki-Wa-Sa-Pa

The AST Health System values ALL feedback.

We will listen....

**\*Patient Advocate Jim Robertson**  
405-447-0300

**\*Customer Service Line**  
405-701-7623

**\*Patient Questionnaire located in each of  
our clinics or on our website**  
[www.ASTHEALTH.ORG](http://www.ASTHEALTH.ORG)



### Little Axe Health Center

Absentee Shawnee Tribal Health System  
15951 Little Axe Drive  
Norman OK, 70326  
405-447-0300

### Shawnee Clinic

Absentee Shawnee Tribal Health System  
2029 S. Gordon Cooper Dr.  
Shawnee OK, 74801  
405-878-5850

## ABSENTEE SHAWNEE TRIBE OF OKLAHOMA DOMESTIC VIOLENCE DEPARTMENT

### **Domestic Violence and Sexual Assault Advocacy**

The AST Domestic Violence/Sexual Assault Programs are on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to survivors at hospitals, police stations and throughout the legal system. The programs also serve as a resource center to the community by offering educational information and referrals.

### **Transitional Housing**

The AST DV Transitional Housing Program serves victims of Domestic Violence/Sexual Assault. Participants have up to six months to obtain education and job skills needed to begin a new life.

### **Court Advocacy**

Assists survivors with domestic violence court related costs (when funding is available) and appearances as well as filing for emergency protective orders (EPO) or restraining orders.

### **Shelter Placement Assistance**

The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

### **Housing and Utility Assistance**

Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

### **Referral Assistance**

Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

### **Community Outreach**

The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and Non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 273-2888.

## Absentee Shawnee Housing Authority



### Programs Available

- Low Rent Housing
- Lease to Own Housing
- Down Payment & Closing Assistance
- Storm Shelter Assistance
- College Housing Assistance
- Emergency Home Repair
- Over Income AST Member Down Payment Assistance

**FOR INFORMATION ABOUT OUR SERVICES**

**PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE**

**LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE,OK.**

**WEBSITE: [WWW.ASHOUSINGAUTHORITY.COM](http://WWW.ASHOUSINGAUTHORITY.COM)**



# Absentee Shawnee Tribal Police Department

## Training for October:

Steven Crisp: LEDT (Law Enforcement Defense Driving Tactics)

Ric Mantooth: FBI\_LEEDA (Supervisor Training)  
Reserve Academy Coordinator

Joe Abbiss: MobilCop

James Woolbright: MobilCop

Shawn Crowley: Chief's Academy

## Events:

White Turkey Fun Run

Veterans Pow-Wow

Absentee Shawnee Tribal Safety Carnival: October 23 – AST Complex

Boo on Bell Street: October 22 – Downtown Shawnee

General Council Meeting: October 24 – Thunderbird Little Axe

# Little Axe

## After School Program 2015-2016

Come join us at the AST Resource Center!!!



- Free Tutoring in all subjects!
- Games and activities!
- Delinquency Prevention!
- Healthy Lifestyles!



**Open to All Middle School and High School Students**

**Open to Absentee Shawnee Tribal Students K-5 with a C.D.I.B.**



Everything is offered with no charge....Little Axe bus will transport students to the AST Resource Center on Peebly Road and parents are responsible for picking students up by 6:00pm.

**Duration: Starts August 31st and will run through the school year.  
Monday-Thursday, 2:45pm-6:00pm**



For more information and sign up please contact  
Blake Goodman at (405) 364-7569



HAPPY  
THANKSGIVING!



# FOSTER CARE

## WHAT IS A FOSTER CARE WORKER?

Foster care caseworker training involves completing a bachelor's degree program in social work through a college or university. Students take courses in psychology, abnormal psychology, sociology, economics, ethics, child welfare policies and complete a supervised internship.

The child's Foster Care Worker needs to be a partner with the foster parents to ensure that each child receives the full spectrum of services provided and/or arranged by the Department.

Some aspects of this relationship include the following:

- Sharing information on an ongoing basis regarding the child's individual needs, family situation and adjustment to the foster home
- Encouraging the foster parents to participate in the total service planning process
- Providing the foster parents the opportunity to discuss the child's progress and any unmet needs which they assess
- Providing the foster parent with information, support, guidance and referrals to other professionals on the child's behalf
- Helping the foster family, when necessary, to identify and obtain services for the foster child; e.g., medical, educational
- Ensuring that the foster family, on the child's behalf, has access to all financial resources available to the child while in foster care.

A Foster Care Worker works in conjunction with Tribal Courts, Tribal Law Enforcement, Bureau of Indian Affairs, and other county services. Indian Child Welfare's goal is to ensure the safety of our tribal children when they placed in foster care. The homes that our tribal children are placed in must complete Child Welfare Background Check, OSBI Background Check, Income Verification, Home Study, and a Physical. Our AST foster homes are licensed by our Foster Care Committee.

Foster Care Payments are as follows:

0-5 age \$14.73 day \$441.97 month

6-12 age \$17.12 day \$513.57 month

12 and over \$19.30 day \$579.13 month

**IN ORDER TO RECEIVE PAYMENT, ALL THE ABOVE  
MUST BE MET AND TURNED IN TO THE STATE.  
ONCE PROCESSED STATE PAYMENT WILL BE ISSUED.**

This is just a little information on what type of work a foster care worker performs on a daily basis. If you are interested in becoming a foster home, please call 405-878-4030 ext. 133.

# FOSTER CARE

Racial disproportionality is defined as the over-or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group's proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents

The sad reality is that there are not enough culturally appropriate homes for these children, resulting in the placement of Native American children in homes that do not share their cultural heritage or traditions. We want to place "our tribal" children in our own homes, to do this we need tribal members to open their homes and their hearts. Are you willing to open your heart? Are you willing to open your home?

If so, please contact Julie Wilson ICW/FC/CPS 878-4702 (ext. 133).



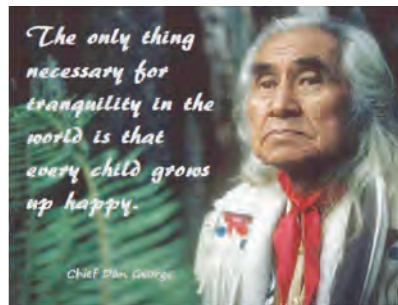
## GOT LOVE?



## FOSTER A CHILD

Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture. This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be?

**ABSENTEE SHAWNEE TRIBE CHILD WELFARE**  
**405-878-4702 (ext. 133)**



*The only thing necessary for tranquility in the world is that every child grows up happy.*  
CHIEF Dan George

Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the break-down of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture which in helps nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be? Will you, as Absentee Shawnee member, do your part if you are able? If you are interested in becoming a foster parent, please contact Juliann Wilson ICW/CPS/FOSTER CARE at 275-4030, ext. 133.

"I don't **want**  
a family.  
I **need** one."  
- Current Waiting Child

## <<<NOTICE>>>

Currently there are three (3) openings on the Foster Care Board. If you are interested in serving on the board, send your letter of interest to Secretary Dawsey at the Tribal Complex, 2025 S. Gordon Cooper Dr., Shawnee, OK 73801.

ABSENTEE SHAWNEE TRIBE  
OF INDIANS OF OKLAHOMA  
2025 S. GORDON COOPER DR.  
SHAWNEE, OK 74801



PRESORTED STANDARD  
US POSTAGE  
**PAID**  
OKLAHOMA CITY, OK  
PERMIT 2000

RETURN SERVICE  
REQUESTED

**AST Elders Council**  
**“Christmas in November”**  
 Date: November 21, 2015  
 Where: AST Resource Center  
 Time: Meeting at 12:00  
 Luncheon immediately after meeting

**All Elders 55 & older invited to attend!!**

Live Entertainment  
 Dance Contest  
 50/50 Raffle  
 Gift Exchange - \$20 Limit  
 Women bring a womans gift  
 Men bring a mens gift  
 Gifts need to be wrapped

**RSVP - (405) 447-1247**

Gov.	Governor Edwina Butler-Wolfe.....	6308	FINANCE	Belinda Collins(Controller).....	6283
	Eddie Brokeshoulder.....	6307		Genevieve Foster(Asst. Cont.).....	6282
	Lesa Shaw.....	6269		Amy Hilderbrand (Pay.Spec.).....	6280
	Lt. Gov.			Jessica Gonzales.....	6300
	Lt. Governor Isaac Gibson.....	6253		Courtney Green.....	6250
	Andy Warrhot.....	6309		Jenny Ware (Act. Pay.).....	6279
	Mary Billy.....	6267		Holly Davis (Act. Pay. Spec.).....	6265
	Scott Miller (BIA Spec.).....	6325		.....	6295
Secreta	Secretary Vera M. Dawsey.....	6289		David Deer.....	6320
	Jerry Ann Knox.....	6306		Twyla Blanchard (Staff Act. II).....	6233
	Alvina Barnes.....	6275		Jennifer Hernandez(Budget Analyst).....	6228
Treas	Treasurer Leah Bates.....	6239		Gienna Jones (Grants Admin).....	6338
	Donna Longhorn.....	6240		Sandra Burnett (Grants).....	6385
Rep.	Representative Ken Blanchard.....	6287	HUMAN RESOURCES	Cheri Hardeman.....	6252
	Leonard Longhorn.....	6335		Elizabeth Clark.....	6296
	RECEPTIONIST			Rachael Lankford.....	6222
	Lea Bettelyoun.....	4030		Dayna Dick.....	6337
	ATTORNEY		ICW	Ronelle Baker.....	8802
	Ray Campbell.....	6313		Julie Wilson.....	8803
	COURT			Debra Daugomah.....	8804
	Kathy Brock (Court Clerk).....	6241		LITTLE AXE RESOURCE CENTER	
	Vanessa Ryder.....	6260		Bucky LittleCharley.....	585-8310
	.....	6336		Duke Blanchard.....	585-3669
	CULT. PRES. /GIFT SHOP		MAINTENANCE	Receptionist.....	6243
	Joseph Blanchard(Director).....	6310		Cecil Walker.....	6316
	Carol Butler.....	6319		Reta Harjo.....	6249
	Colleen Butler.....	6340		Stephen Fife.....	6234
	Tracy Wind.....	6324		Donna Simon, Sherri Yetter, Isaac	
	Esther Lowden (Gift Shop Manager).....	6323		Bettelyoun, John Mann, Kevin Kaseca	
	Cecil Wilson.....	6245		Tom White, Donnie Marshall, Lance	
	Gift Shop.....	6273		Nanaeto, Levi Littlecreek.....	6331
	COMMUNITY DEVELOPMENT FINANCIAL INSTITUTION		MUSIC	Heather Napier.....	6264
	Heather Napier.....	6264		DOMESTIC VIOLENCE/FAMILY SERVICES	
	Kimberly Stephens.....	6277		Jackie Denny.....	6326
	Linda Gouge (Sexual Assault Adv).....	6333		Melissa Lopez.....	6315
	DV Advocate.....	6224		Ken Jones.....	8845
	.....	6298		Dakota Blanchard.....	8843
	Jarrod Lloyd.....	8844		Evelyn Pablito.....	8847
	.....	6255		POLICE DEPT.....	275-3200 / 275-3432
	Tresha Spoon.....	6242		Shawn Crowley (Chief).....	6302
	ELECTION COMMISSION			Diane Ponkilla.....	6261
	Emily Longman.....	6271		Trent Norton.....	6216
	LARRY BUCKLEY.....	6292		Anthony Johnson.....	6262
	Sujata Sturm.....	6288		Jason Brinker.....	6259
	HORSE SHOE BEND			Scott Wilson.....	6232
	(After School Program Director)			David Spector.....	6266
	Edwina Butler-Wolfe.....	6308		.....	6268
	Stuart Rollette.....	585-1346			

PROUREMENT	Asyacia Clayton.....	6291		Thomazine (Doss) Owings (DIR).....	6227
	Valentina Jimenez.....	6244		Johannie Mae Bettelyoun.....	6272
	Kayla Ketakea.....	6281		Donna Butler.....	6270
REALTY	.....			Robert Schoolfield.....	6270
	Johannie Hagan (Probate).....	6247		Ted Watson.....	6270
	Lea Tsotaddie.....	6248		OTHER EXTENSIONS	
	SOCIAL SERVICES			Bldg. 1 Conf. Rm.....	6294
	Annie Wilson (Director).....	6225		Bldg. 1 Break Rm.....	6305
	TAX COMMISSION/TAG			Gov. Bldg. 2 Conf. Rm.....	6330
	Alicia Engler.....	6257		Fam. Svs. Conf. Rm.....	6311
	Tara Battise.....	6237		Finance Conference Rm.....	6236
	.....	6258		OTHER ENTITIES & TOLL FREE	
	.....			All Nations Bank.....	273-0202
	.....			ASEDA.....	878-6782
	.....			Toll Free.....	1-800-256-3341
	.....			Brendle Corner.....	447-3372
	.....			Building Blocks.....	878-0633
	.....			(Billie Thompson, Briana Ponkilla)	
	.....			Housing.....	273-1050
	.....			Human Resources.....	275-1468
	.....			Indian Child Welfare.....	878-4702
	.....			Country Kitchen Restaurant.....	366-7220
	.....			Media.....	598-1279
	.....			(Sherman Tiger, Derek Hilderbrand)	
	.....			OEH/OEP.....	214-4235
	.....			Police Dept.....	275-3200 / 275-3432
	.....			Thunderbird Casino NRM.....	360-9270
	.....			Shawnee Casino.....	273-2679
	.....			Tribal Store (Little Axe).....	364-0668
	LITTLE AXE CLINIC			.....	
	Chitc - Medical.....	447-4300		.....	
	After hours.....	447-0498		.....	
	Chitc - Dental.....	307-9704		.....	
	Diabetes.....	360-0698		.....	
	Pharmacy.....	292-9530		.....	
	Resource Center.....	364-7298		.....	
	(Chrissy Vries, Lisier Breit, Blake Goldman)			.....	
	SHAWNEE CLINIC			.....	
	Clinic (Bldg. 17).....	878-5850		.....	
	Pharmacy.....	878-5859		.....	
	Toll Free.....	1-866-742-4977		.....	