

World Elder Abuse Awareness Day – June 15, 2019

It can be hard to imagine that anyone would deliberately want to harm an elderly person, but unfortunately, elder abuse does occur. Some instances of elder abuse are intended to exploit the person financially; you've probably heard of scams targeting seniors. In other cases, caretakers simply don't provide the basic necessities, like nutritious food, appropriate medication, safety, or assistance with hygiene. Help spread the word this June 15, which is World Elder Abuse Awareness Day. If you see something, say something.

Many seniors are not in a place to stand up for themselves, whether it's because they're physically frail or because they're scared of speaking up and fear repercussions. It's crucial for all of us to be on the lookout for signs of elder abuse, and to speak up if something seems wrong.

It's easy to see bad things and not say anything—whether that's senior abuse, or a mugging on the street. But this holiday reminds us just how important it is to look after, and look out for, our fellow humans. It reminds us to exercise compassion on a daily basis, and care about others rather than just ourselves.

If you do detect signs of abuse, document them. Take pictures of bruises or injuries, get a statement from the victim or any witnesses, and keep a log of any suspicious behavior or circumstances. You can then address your concerns with the manager or director of the long-term care facility or home care provider; if they do not take action, contact the police or an elder abuse attorney.

June 14th Flag Day



Flag Day is celebrated on June 14. It commemorates the adoption of the [flag of the United States](#) on June 14, 1777 by [resolution](#) of the [Second Continental Congress](#).^[1] The [United States Army](#) also celebrates the [U.S. Army Birthdays](#) on this date; Congress adopted "the American continental army" after reaching a consensus position in the Committee of the Whole on June 14, 1775.^{[2][3]}

June 16th is Father's Day!!!

June 18th we will have our Bingo at both sites 12 pm to 1 pm

~ Please keep hydrated this summer and use sunscreen!!

Homebound with the summer heat – if you leave an ice chest out please leave some form of ice to keep your food cold.

Any questions or concerns please call us at 405-275-4030 ext 6227