

# January

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|---|--|--|---|
|  |   |  | 1<br> | 2<br>BREAKFAST<br>BURRITO<br>TATER ROUNDS<br>SALSA    |
| 5<br>CHICKEN SALAD<br>SANDWICH<br>LTOP<br>CHIPS/FLUFF      | 6<br>CABBAGE STEW<br>CRACKERS<br>PUDDING                      | 7<br>BBQ CHICKEN<br>PEAS & CARROTS<br>TOSSED SALAD*<br>PEACHES | 8<br>ENCHILADA<br>CASSEROLE<br>RANCH BEANS<br>PEARS                                      | 9<br>BOILED EGG<br>TOAST<br>SAUSAGE PATTIES<br>GRAPES |
| 12<br>BURRITO<br>SPANISH RICE<br>MIXED FRUIT               | 13<br>HOT HAM & CHEZ<br>SANDWICH<br>BAKED CHIPS<br>APPLESAUCE | 14<br>PORK CHOP<br>MAC & TOM<br>BREAD<br>APRICOTS              | 15<br>CHICKEN TORTILLA<br>SOUP<br>TORTILLA CHIPS<br>JELL-O W/FRUIT                       | 16<br>SCRAMBLED EGGS<br>SAUSAGE GRAVY<br>BISCUIT      |
| 19<br>MARTIN LUTHER<br>KING JR DAY                         | 20<br>GRILLED CHEZ<br>SANDWICH<br>CHICKEN NOODLE SOUP         | 21<br>SHEPARDS PIE<br>BREAD<br>CAKE                            | 22<br>GREAT NORTHERN<br>BEANS<br>SPINACH<br>CORNBREAD                                    | 23<br>CEREAL<br>SAUSAGE PATTIES<br>TOAST<br>GRAPES    |
| 26<br>WIENERS N KRAUT<br>VEGGIES<br>TOSSED SALAD*<br>CUTIE | 27<br>CHILI<br>CORNBREAD<br>ONIONS, CHEZ<br>MANDARIN ORANGES  | 28<br>CHICKEN FAJITAS<br>VEGGIES<br>TORITLLA<br>SALSA/CHIPS    | 29<br>ROAST<br>RED POT<br>CARROTS<br>ROLL/FRUIT  | 30<br>SCRAMBLED EGGS<br>BACON<br>CROISSANT<br>FRUIT   |

**MENU SUBJECT TO CHANGE\***

LUNCH IS SERVED FROM 11 AM TO 1PM  
BREAKFAST IS SERVED FROM 9AM TO 11AM

SERVING AT THE SHAWNEE SITE AND LITTLE AXE RESOURCE CENTER

JANUARY 1, WE WILL BE CLOSED

JANUARY 19, WE WILL BE CLOSED

IT'S TIME FOR NEW INTAKE FORMS- PLEASE FILL OUT AND RETURN – SO HAPPY TO HAVE A FEW ELDERS ALREADY FILLING THEM OUT!!!!

BE WEATHER AWARE- HAVE EXTRA WATER WITH YOU, HAVE YOUR PHONE CHARGED UP AND EXTRA BLANKET IN THE VEHICLE.

IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE LET US KNOW- YOU CAN CALL US AT 405-716-4941 OR EMAIL [dowings@astribes.com](mailto:dowings@astribes.com)



